Prova 8 | Masc., 3.600 Metros | Master
08/08/2026 | Resultados

Pos.	Nome Atleta	Ano Nasc.		Tempo final	Pts. CLG
Master A					
1.	João DAMAS	1997	Universitário do Porto	**1:08:18.35**	30,00
Master B					
1.	Francisco COBELO REPRESAS	1996	C.N. Ponteareas	**55:37.75**	30,00
2.	Gonçalo SAMPAIO DO MONTE GARCI	1993	Universitário do Porto	**1:03:01.60**	26,00
Master C					
1.	Samuel PACHECO	1990	Cn Master Torrijos	**55:24.20**	30,00
2.	Miguel MONTENEGRO	1988	Universitário do Porto	**1:04:39.85**	26,00
3.	Iván MARTÍNEZ DOMÍNGUEZ	1988	C.N. Ponteareas	**1:05:29.20**	23,00
4.	Mauro RODRIGUEZ BALIÑA	1990	C.N. Ponteareas	**1:12:56.95**	20,00
Master D					
1.	David RODRIGUEZ LAGO	1986	C.N. Ciudad de Santiago	**46:08.25**	30,00
Master E					
1.	Manuel CASTRO RODRIGUEZ	1979	C.N. Ponteareas	**49:03.35**	30,00
2.	Denis PEXEGUEIRO DOVAL	1979	C.N. Ponteareas	**50:07.60**	26,00
3.	Joaquim José SOUSA	1978	Universitário do Porto	**1:04:41.90**	23,00
4.	Edgar MANUEL GUIMARÃES	1980	Vitória S.C	**1:10:01.00**	20,00
Master F					
1.	Óscar SONEIRA REBOREDO	1975	C.N. Ciudad de Santiago	**52:25.85**	30,00
2.	Jesús Carlos QUINTAS BARROS	1973	Cn Escualos	**53:59.60**	26,00
3.	Daniel GARCIA CASTIÑEIURA	1974	C.N. Ciudad de Santiago	**57:18.45**	23,00
4.	Roberto Carlos MOURIÑO ORTIGUEIRA	1974	C.N. Ponteareas	**57:59.30**	20,00
5.	Elías CUETO ALVAREZ	1975	C.N. Ciudad de Santiago	**58:59.95**	18,00
Master G					
1.	Ramón Jesús LAMELO OTERO	1968	C.N. Ciudad de Santiago	**1:12:03.90**	30,00
Master H					
1.	Paulo TORRES	1962	C. Fluvial Portuense	**58:35.00**	30,00
2.	Sergio DE BETHENCOURT IGLESIAS	1963	C.N. Ciudad de Santiago	**1:02:24.15**	26,00
Master I					
1.	Óscar FILIPE GONÇALVES	1958	C. Fluvial Portuense	**1:05:37.25**	30,00
Master K					
WDR	Manuel MONROY FERNANDEZ	1950	C.N. Ponteareas		-

Prova 8, Masc., 3.600 Metros

Master

1.	David RODRIGUEZ LAGO	1986	C.N. Ciudad de Santiago	**46:08.25**	30,00
2.	Manuel CASTRO RODRIGUEZ	1979	C.N. Ponteareas	**49:03.35**	30,00
3.	Denis PEXEGUEIRO DOVAL	1979	C.N. Ponteareas	**50:07.60**	26,00
4.	Óscar SONEIRA REBOREDO	1975	C.N. Ciudad de Santiago	**52:25.85**	30,00
5.	Jesús Carlos QUINTAS BARROS	1973	Cn Escualos	**53:59.60**	26,00
6.	Samuel PACHECO	1990	Cn Master Torrijos	**55:24.20**	30,00
7.	Francisco COBELO REPRESAS	1996	C.N. Ponteareas	**55:37.75**	30,00
8.	Daniel GARCIA CASTIÑEIURA	1974	C.N. Ciudad de Santiago	**57:18.45**	23,00
9.	Roberto Carlos MOURIÑO ORTIGUEIRA	1974	C.N. Ponteareas	**57:59.30**	20,00
10.	Paulo TORRES	1962	C. Fluvial Portuense	**58:35.00**	30,00
11.	Elías CUETO ALVAREZ	1975	C.N. Ciudad de Santiago	**58:59.95**	18,00
12.	Sergio DE BETHENCOURT IGLESIAS	1963	C.N. Ciudad de Santiago	**1:02:24.15**	26,00
13.	Gonçalo SAMPAIO DO MONTE GARCI	1993	Universitário do Porto	**1:03:01.60**	26,00
14.	Miguel MONTENEGRO	1988	Universitário do Porto	**1:04:39.85**	26,00
15.	Joaquim José SOUSA	1978	Universitário do Porto	**1:04:41.90**	23,00
16.	Iván MARTÍNEZ DOMÍNGUEZ	1988	C.N. Ponteareas	**1:05:29.20**	23,00
17.	Óscar FILIPE GONÇALVES	1958	C. Fluvial Portuense	**1:05:37.25**	30,00
18.	João DAMAS	1997	Universitário do Porto	**1:08:18.35**	30,00
19.	Edgar MANUEL GUIMARÃES	1980	Vitória S.C	**1:10:01.00**	20,00
20.	Ramón Jesús LAMELO OTERO	1968	C.N. Ciudad de Santiago	**1:12:03.90**	30,00
21.	Mauro RODRIGUEZ BALIÑA	1990	C.N. Ponteareas	**1:12:56.95**	20,00
WDR	Manuel MONROY FERNANDEZ	1950	C.N. Ponteareas		-