

Prova 7	Masc., 400m Livres				Absolutos
12/04/2025 - 17:54					Resultados Final
Recorde Nacional Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recorde Nacional Sen	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recorde Nacional Jun 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Recorde Nacional Jun 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024
Recorde Nacional Juv A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Recorde Nacional Juv B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023
Recorde Nacional Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Recorde Nacional Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santar�m	04/04/2003
Recorde Meeting	3:47.82	Jose Paulo, LOPES	POR	Felgueiras	13/04/2024

INF - JUV - MASCULINOS Inf - Juv: 4:48.06 / JUN - SEN - MASCULINOS Jun - Sen: 4:27.41

Pontos: FINA 2023

Lugar	Nome	Licen�a	Clube	Tempo Final	AQUA	Pts
Infantis - Juvenis						
1.	Martim Cunha, MACEDO	204594	Natacao da Maia	4:03.44	662	10,00
	50m: 27.66 27.66	150m: 1:27.27 30.07	250m: 2:29.07 31.10	350m: 3:32.15 31.47		
	100m: 57.20 29.54	200m: 1:57.97 30.70	300m: 3:00.68 31.61	400m: 4:03.44 31.29		
2.	Bernardo Silva, DEUS	209237	Fluvial Portuense	4:06.67	637	8,00
	50m: 27.82 27.82	150m: 1:28.96 30.89	250m: 2:31.76 31.37	350m: 3:35.17 31.54		
	100m: 58.07 30.25	200m: 2:00.39 31.43	300m: 3:03.63 31.87	400m: 4:06.67 31.50		
3.	Tomas Augusto, REIS	219434	Os Belenenses	4:09.59	614	6,00
	50m: 28.58 28.58	150m: 1:30.70 31.24	250m: 2:35.14 32.18	350m: 3:39.50 31.80		
	100m: 59.46 30.88	200m: 2:02.96 32.26	300m: 3:07.70 32.56	400m: 4:09.59 30.09		
4.	Renato Ferreira, MIMOSO	211467	Benfica	4:09.64	614	5,00
	50m: 27.83 27.83	150m: 1:29.72 31.57	250m: 2:35.21 33.00	350m: 3:39.81 31.74		
	100m: 58.15 30.32	200m: 2:02.21 32.49	300m: 3:08.07 32.86	400m: 4:09.64 29.83		
5.	Joao Nuno, GASPAS	203634	Condeixa Aqua Clube	4:17.86	557	4,00
	50m: 29.03 29.03	150m: 1:32.44 31.95	250m: 2:39.11 33.57	350m: 3:46.24 33.60		
	100m: 1:00.49 31.46	200m: 2:05.54 33.10	300m: 3:12.64 33.53	400m: 4:17.86 31.62		
6.	Jose Moutinho, VALENTE	211367	Fluvial Portuense	4:19.83	545	3,00
	50m: 28.33 28.33	150m: 1:32.14 32.69	250m: 2:38.71 33.58	350m: 3:46.69 34.17		
	100m: 59.45 31.12	200m: 2:05.13 32.99	300m: 3:12.52 33.81	400m: 4:19.83 33.14		
7.	Rodrigo Teixeira, PINTO	206287	Foca Quinta da Lixa CNF	4:25.36	511	2,00
	50m: 29.14 29.14	150m: 1:33.47 32.38	250m: 2:40.34 33.75	350m: 3:50.03 35.16		
	100m: 1:01.09 31.95	200m: 2:06.59 33.12	300m: 3:14.87 34.53	400m: 4:25.36 35.33		
8.	Raul Ventura, BARROS	210422	Braga	4:27.40	500	1,00
	50m: 30.20 30.20	150m: 1:35.85 33.51	250m: 2:44.86 34.59	350m: 3:53.27 34.09		
	100m: 1:02.34 32.14	200m: 2:10.27 34.42	300m: 3:19.18 34.32	400m: 4:27.40 34.13		

Juniores - Seniores

1.	Gabriel Carvalho, FERRAO	132345	Benfica	3:53.21	753	10,00
	50m: 26.79 26.79	150m: 1:25.89 29.73	250m: 2:25.61 29.85	350m: 3:24.74 29.37		
	100m: 56.16 29.37	200m: 1:55.76 29.87	300m: 2:55.37 29.76	400m: 3:53.21 28.47		
2.	Bernardo Jorge, SIMOES	130250	Os Belenenses	3:56.46	723	8,00
	50m: 27.06 27.06	150m: 1:26.37 29.87	250m: 2:26.42 30.00	350m: 3:26.44 29.92		
	100m: 56.50 29.44	200m: 1:56.42 30.05	300m: 2:56.52 30.10	400m: 3:56.46 30.02		
3.	Tomas Amor, SARREIRA	132117	Porto	3:59.53	695	6,00
	50m: 27.44 27.44	150m: 1:28.02 30.42	250m: 2:28.74 30.46	350m: 3:29.61 30.53		
	100m: 57.60 30.16	200m: 1:58.28 30.26	300m: 2:59.08 30.34	400m: 3:59.53 29.92		
4.	Tomas Pinto, PEIXOTO	203354	Porto	4:05.32	647	5,00
	50m: 28.87 28.87	150m: 1:31.55 31.42	250m: 2:33.46 29.92	350m: 3:36.03 31.44		
	100m: 1:00.13 31.26	200m: 2:03.54 31.99	300m: 3:04.59 31.13	400m: 4:05.32 29.29		
5.	Joao Ferreira, MARQUES	201190	Academica de Coimbra	4:05.68	644	4,00
	50m: 28.05 28.05	150m: 1:30.61 31.73	250m: 2:33.30 30.93	350m: 3:36.12 31.07		
	100m: 58.88 30.83	200m: 2:02.37 31.76	300m: 3:05.05 31.75	400m: 4:05.68 29.56		
6.	Andre Leitao, COSTA	201806	Foca Quinta da Lixa CNF	4:05.91	643	3,00
	50m: 28.10 28.10	150m: 1:29.75 30.82	250m: 2:32.39 31.19	350m: 3:35.38 31.33		
	100m: 58.93 30.83	200m: 2:01.20 31.45	300m: 3:04.05 31.66	400m: 4:05.91 30.53		

O Secret rio do Juri

www.annp.pt

O Juiz  rbitro

Splash Meet Manager, 11.81803

Registered to Associa o de Nata o do Norte de Portugal

13/04/2025 20:00 - P gina 1

|ORGANIZA O



|PARCEIROS INSTITUCIONAIS



|PARCEIRO



|FORNECEDOR OFICIAL



Prova 7, Masc., 400m Livres, Final, Juniores - Seniores

Lugar	Nome	Licença	Clube	Tempo Final	AQUA	Pts
7.	Tiago Andre, CANELAS	200358	Fluvial Portuense	4:07.89	627	2,00
	50m: 28.76 28.76	150m: 1:31.24 31.41	250m: 2:34.37 31.28	350m: 3:37.29 31.62		
	100m: 59.83 31.07	200m: 2:03.09 31.85	300m: 3:05.67 31.30	400m: 4:07.89 30.60		
8.	Goncalo Renato, CARVALHO	127586	Porto	4:12.46	594	1,00
	50m: 28.20 28.20	150m: 1:30.51 31.21	250m: 2:35.01 32.68	350m: 3:40.62 33.07		
	100m: 59.30 31.10	200m: 2:02.33 31.82	300m: 3:07.55 32.54	400m: 4:12.46 31.84		