

Prova 24
17/03/2024 - 9:30

Femin., 400m Livres

Open
Resultados

Rec Nac Adapt 50m S5	59:00.00	,								
Rec Nac Adapt 50m S6	11:31.70	Ana Sofia, BARBOSA	FCP	P�ova de Varzim						27/11/2021
Rec Nac Adapt 50m S7	9:59.80	Ana Branca, SAMPAIO	SANNP	Valladolid (ESP)						05/05/2018
Rec Nac Adapt 50m S8	5:42.76	Ana Filipa, CASTRO	FVCD	Oeiras						11/05/2019
Rec Nac Adapt 50m S9	4:59.78	Susana Pereira, VEIGA	CNCVG	Funchal						01/04/2023
Rec Nac Adapt 50m S10	5:18.60	Teresa Lamego, NEVES	POR	Eindhoven (NED)						07/08/2014
Rec Nac Adapt 50m S11	59:00.00	start,								
Rec Nac Adapt 50m S12	59:00.00	start,								
Rec Nac Adapt 50m S13	59:00.00	start,								
Rec Nac Adapt 50m S14	6:25.10	Sonia Castanheiro, RESENDE	SCA	Vila Franca de Xira						05/03/2016
Rec Nac Adapt 50m S15	5:50.21	Susana Maria, LOURENCO	SCP	Coimbra						13/08/2011
Rec Nac Adapt 50m S16	7:18.70	Maria Joao, TABORDA	FCP	Povoa de Varzim						07/04/2019
Rec Nac Adapt 50m S17	59:00.00	start,								
Rec Nac Adapt 50m S21	7:04.36	Filipa Sa, REIS	POR	Padova (ITA)						08/09/2023

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	Pts
Classe S6-S14 - Absolutos							
1.	Renata Vaz, PINTO		108165	99	ADADA	6:12.70	429
	100m: 1:25.84 1:25.84	200m: 3:00.67 1:34.83			300m: 4:37.85 1:37.18	400m: 6:12.70 1:34.85	
2.	Joana Filipa, PINHO		139533	02	Sporting Clube de Aveiro	7:10.01	269
	100m: 1:36.86 1:36.86	200m: 3:28.06 1:51.20			300m: 5:21.76 1:53.70	400m: 7:10.01 1:48.25	
DNS	Carlota Girao, FERREIRA		216675	06	ADADA		

Classe S21 - Absolutos

1.	Marta Alexandra, DIAS		222044	98	Palmela Desporto	12:43.14	
	100m: 2:47.05 2:47.05	200m: 6:02.31 3:15.26			300m: 9:17.98 3:15.67	400m: 12:43.14 3:25.16	
EXH	Debora Filipa, SANTOS		132091	92	Fluvial Portuense	9:38.70	
	100m: 2:17.28 2:17.28	200m: 4:45.12 2:27.84			300m: 7:12.10 2:26.98	400m: 9:38.70 2:26.60	