

Prova 3 Masc., 800m Livres Absolutos
17/11/2023 - 9:48 Resultados

Recordes Nacionais 25m Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Recordes Nacionais 25m Sen	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Recordes Nacionais 25m Jun 18	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	11/12/2015
Recordes Nacionais 25m Jun 17	8:00.80	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
Recordes Territoriais 25m Open	8:00.12	Fernando Eurico, COSTA	FPN	Hels�nquia (FIN)	09/12/2006
Recordes Territoriais 25m Sen	8:00.12	Fernando Eurico, COSTA	FPN	Hels�nquia (FIN)	09/12/2006
Recordes Territoriais 25m Jun 18	8:08.15	Pedro Miguel, SANTOS	FCP	Felgueiras	28/04/2019
Recordes Territoriais 25m Jun 17	8:07.77	Rui Filipe, COSTA	VSC	Amarante	10/05/2008

TLP Juniores Masculinos Jun: 9:44.18 / TLP Seniores Masculinos Sen: 9:14.05

Pontos: FINA 2022

Lugar	Nome	Licena	Ano	Clube	Tempo Final	FINA
1.	Bruno Silva, LOUREIRO	129872	06	Porto	8:26.99	669
	50m: 29.30 29.30	250m: 2:35.94 31.46	450m: 4:44.06 32.02	650m: 6:53.05 32.65		
	100m: 1:00.96 31.66	300m: 3:07.60 31.66	500m: 5:15.87 31.81	700m: 7:25.13 32.08		
	150m: 1:32.58 31.62	350m: 3:39.99 32.39	550m: 5:47.94 32.07	750m: 7:56.78 31.65		
	200m: 2:04.48 31.90	400m: 4:12.04 32.05	600m: 6:20.40 32.46	800m: 8:26.99 30.21		
2.	Rodrigo Costa, BORGES	133190	07	Fluvial Portuense	8:27.18	668
	50m: 29.02 29.02	250m: 2:35.67 31.91	450m: 4:43.46 32.18	650m: 6:53.20 32.42		
	100m: 1:00.38 31.36	300m: 3:07.26 31.59	500m: 5:15.85 32.39	700m: 7:25.58 32.38		
	150m: 1:32.24 31.86	350m: 3:39.09 31.83	550m: 5:48.27 32.42	750m: 7:57.38 31.80		
	200m: 2:03.76 31.52	400m: 4:11.28 32.19	600m: 6:20.78 32.51	800m: 8:27.18 29.80		
3.	Rodrigo Ferreira, PEREIRA	205524	06	Famalio	8:37.06	630
	50m: 28.78 28.78	250m: 2:39.09 32.77	450m: 4:50.85 33.08	650m: 7:01.59 32.63		
	100m: 1:01.15 32.37	300m: 3:12.00 32.91	500m: 5:23.33 32.48	700m: 7:33.70 32.11		
	150m: 1:33.56 32.41	350m: 3:44.77 32.77	550m: 5:56.16 32.83	750m: 8:06.07 32.37		
	200m: 2:06.32 32.76	400m: 4:17.77 33.00	600m: 6:28.96 32.80	800m: 8:37.06 30.99		
4.	Rui Miguel, SANTOS	204083	06	Famalio	8:43.06	609
	50m: 28.93 28.93	250m: 2:38.03 33.06	450m: 4:50.93 33.42	650m: 7:04.26 33.38		
	100m: 1:00.76 31.83	300m: 3:11.16 33.13	500m: 5:24.23 33.30	700m: 7:37.93 33.67		
	150m: 1:32.92 32.16	350m: 3:44.42 33.26	550m: 5:57.43 33.20	750m: 8:11.22 33.29		
	200m: 2:04.97 32.05	400m: 4:17.51 33.09	600m: 6:30.88 33.45	800m: 8:43.06 31.84		
5.	Vasco Monteiro, CASTRO	202720	06	Porto	8:43.47	607
	50m: 30.10 30.10	250m: 2:39.55 32.56	450m: 4:51.41 33.25	650m: 7:04.38 33.45		
	100m: 1:01.95 31.85	300m: 3:12.21 32.66	500m: 5:24.70 33.29	700m: 7:38.14 33.76		
	150m: 1:34.50 32.55	350m: 3:45.20 32.99	550m: 5:57.65 32.95	750m: 8:11.67 33.53		
	200m: 2:06.99 32.49	400m: 4:18.16 32.96	600m: 6:30.93 33.28	800m: 8:43.47 31.80		
6.	Antonio Miguel, COSTA	202259	07	Assoc. Desportiva de Fafe	8:51.04	582
	50m: 30.04 30.04	250m: 2:40.26 32.84	450m: 4:54.67 33.96	650m: 7:10.41 34.03		
	100m: 1:02.11 32.07	300m: 3:13.40 33.14	500m: 5:28.54 33.87	700m: 7:44.67 34.26		
	150m: 1:34.51 32.40	350m: 3:46.95 33.55	550m: 6:02.43 33.89	750m: 8:18.80 34.13		
	200m: 2:07.42 32.91	400m: 4:20.71 33.76	600m: 6:36.38 33.95	800m: 8:51.04 32.24		
7.	Andre Leitao, COSTA	201806	07	Assoc. Desportiva de Fafe	8:52.15	578
	50m: 30.06 30.06	250m: 2:43.37 32.99	450m: 4:57.00 33.71	650m: 7:12.72 34.70		
	100m: 1:03.51 33.45	300m: 3:16.57 33.20	500m: 5:30.68 33.68	700m: 7:46.40 33.68		
	150m: 1:37.16 33.65	350m: 3:50.05 33.48	550m: 6:04.79 34.11	750m: 8:20.40 34.00		
	200m: 2:10.38 33.22	400m: 4:23.29 33.24	600m: 6:38.02 33.23	800m: 8:52.15 31.75		
8.	Guilherme Mahua, SOARES	200790	07	Porto	8:55.37	568
	50m: 27.58 27.58	250m: 2:41.52 34.32	450m: 4:57.97 33.93	650m: 7:14.10 33.96		
	100m: 59.77 32.19	300m: 3:15.73 34.21	500m: 5:32.30 34.33	700m: 7:48.15 34.05		
	150m: 1:33.27 33.50	350m: 3:49.90 34.17	550m: 6:06.24 33.94	750m: 8:21.98 33.83		
	200m: 2:07.20 33.93	400m: 4:24.04 34.14	600m: 6:40.14 33.90	800m: 8:55.37 33.39		
9.	Paulo Tiago, VALES	201752	07	Porto	8:59.75	554
	50m: 29.98 29.98	250m: 2:43.41 33.61	450m: 4:58.81 34.07	650m: 7:17.52 34.98		
	100m: 1:02.91 32.93	300m: 3:16.84 33.43	500m: 5:32.97 34.16	700m: 7:52.47 34.95		
	150m: 1:36.57 33.66	350m: 3:50.75 33.91	550m: 6:07.89 34.92	750m: 8:27.37 34.90		
	200m: 2:09.80 33.23	400m: 4:24.74 33.99	600m: 6:42.54 34.65	800m: 8:59.75 32.38		
10.	Francisco Bernardes, MARTELO	201758	07	Porto	9:04.39	540
	50m: 30.19 30.19	250m: 2:44.11 33.93	450m: 5:00.95 34.77	650m: 7:20.18 34.89		
	100m: 1:03.29 33.10	300m: 3:18.05 33.94	500m: 5:35.50 34.55	700m: 7:55.15 34.97		
	150m: 1:36.60 33.31	350m: 3:52.10 34.05	550m: 6:10.28 34.78	750m: 8:30.34 35.19		
	200m: 2:10.18 33.58	400m: 4:26.18 34.08	600m: 6:45.29 35.01	800m: 9:04.39 34.05		

O Secret rio do Juri

O Juiz  rbitro

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19/11/2023 23:25 - P gina 1

|ORGANIZAO



|PARCEIRO INSTITUCIONAL



|FORNECEDOR OFICIAL



Prova 3, Masc., 800m Livres, Juniores

Lugar	Nome	Licença	Ano	Clube	Tempo Final	FINA
11.	Rodrigo Santos, CONCEICAO	204488	06	Clube Naval Povoense	9:04.98	538
	50m: 29.21 29.21	250m: 2:44.30 34.31	450m: 5:01.95 34.55	650m: 7:21.30 34.85		
	100m: 1:01.91 32.70	300m: 3:18.67 34.37	500m: 5:36.39 34.44	700m: 7:56.54 35.24		
	150m: 1:35.81 33.90	350m: 3:52.72 34.05	550m: 6:11.53 35.14	750m: 8:31.61 35.07		
	200m: 2:09.99 34.18	400m: 4:27.40 34.68	600m: 6:46.45 34.92	800m: 9:04.98 33.37		
12.	David Luis, ANTUNES	201934	07	Fluvial Portuense	9:45.03	435
	<i>FTL</i>					
	50m: 31.44 31.44	250m: 2:57.32 37.20	450m: 5:26.61 37.63	650m: 7:55.52 36.96		
	100m: 1:06.44 35.00	300m: 3:34.36 37.04	500m: 6:03.85 37.24	700m: 8:32.65 37.13		
	150m: 1:43.21 36.77	350m: 4:11.48 37.12	550m: 6:41.35 37.50	750m: 9:09.59 36.94		
	200m: 2:20.12 36.91	400m: 4:48.98 37.50	600m: 7:18.56 37.21	800m: 9:45.03 35.44		
13.	Afonso Moreira, BRAGA	219474	07	Associaçao Tubaroes de Gai	10:42.36	328
	<i>FTL</i>					
	50m: 32.96 32.96	250m: 3:11.24 41.41	450m: 5:56.65 41.32	650m: 8:42.90 41.35		
	100m: 1:09.39 36.43	300m: 3:52.63 41.39	500m: 6:38.04 41.39	700m: 9:23.75 40.85		
	150m: 1:48.72 39.33	350m: 4:34.10 41.47	550m: 7:19.84 41.80	750m: 10:03.94 40.19		
	200m: 2:29.83 41.11	400m: 5:15.33 41.23	600m: 8:01.55 41.71	800m: 10:42.36 38.42		

Seniores

1.	Francisco Rodriguez, AMARAL	122608	02	Porto	8:16.77	711
	50m: 29.13 29.13	250m: 2:34.49 31.51	450m: 4:39.91 31.11	650m: 6:44.77 31.19		
	100m: 1:00.26 31.13	300m: 3:05.86 31.37	500m: 5:10.90 30.99	700m: 7:16.19 31.42		
	150m: 1:31.56 31.30	350m: 3:37.32 31.46	550m: 5:42.25 31.35	750m: 7:47.25 31.06		
	200m: 2:02.98 31.42	400m: 4:08.80 31.48	600m: 6:13.58 31.33	800m: 8:16.77 29.52		
2.	Tomas Amor, SARREIRA	132117	05	Porto	8:16.95	710
	50m: 28.57 28.57	250m: 2:34.45 31.48	450m: 4:39.72 31.23	650m: 6:44.74 31.31		
	100m: 59.74 31.17	300m: 3:05.80 31.35	500m: 5:11.04 31.32	700m: 7:16.35 31.61		
	150m: 1:31.39 31.65	350m: 3:37.17 31.37	550m: 5:42.16 31.12	750m: 7:47.71 31.36		
	200m: 2:02.97 31.58	400m: 4:08.49 31.32	600m: 6:13.43 31.27	800m: 8:16.95 29.24		
3.	Joao Nogueira, COSTA	124315	01	Vit�ria Sport Clube	8:27.03	668
	50m: 27.10 27.10	250m: 2:33.60 32.18	450m: 4:42.43 31.76	650m: 6:52.14 32.70		
	100m: 57.83 30.73	300m: 3:05.65 32.05	500m: 5:14.53 32.10	700m: 7:25.09 32.95		
	150m: 1:29.46 31.63	350m: 3:38.26 32.61	550m: 5:46.50 31.97	750m: 7:57.98 32.89		
	200m: 2:01.42 31.96	400m: 4:10.67 32.41	600m: 6:19.44 32.94	800m: 8:27.03 29.05		
4.	Goncalo Renato, CARVALHO	127586	04	Porto	8:31.01	653
	50m: 29.67 29.67	250m: 2:36.30 31.72	450m: 4:44.43 32.02	650m: 6:53.76 32.69		
	100m: 1:00.99 31.32	300m: 3:08.23 31.93	500m: 5:16.54 32.11	700m: 7:26.44 32.68		
	150m: 1:32.76 31.77	350m: 3:40.24 32.01	550m: 5:48.81 32.27	750m: 7:59.25 32.81		
	200m: 2:04.58 31.82	400m: 4:12.41 32.17	600m: 6:21.07 32.26	800m: 8:31.01 31.76		
5.	Tomas Carvalhinho, RIBEIRO	131799	05	Natacao da Maia	9:01.05	550
	50m: 29.82 29.82	250m: 2:45.65 34.49	450m: 5:03.13 34.41	650m: 7:20.62 33.93		
	100m: 1:03.26 33.44	300m: 3:20.05 34.40	500m: 5:37.82 34.69	700m: 7:53.68 33.06		
	150m: 1:37.31 34.05	350m: 3:54.36 34.31	550m: 6:12.38 34.56	750m: 8:24.47 30.79		
	200m: 2:11.16 33.85	400m: 4:28.72 34.36	600m: 6:46.69 34.31	800m: 9:01.05 36.58		
6.	David Nunes, SOUSA	112204	96	Clube Naval Povoense	10:06.99	389
	<i>FTL</i>					
	50m: 30.55 30.55	250m: 2:57.44 38.04	450m: 5:32.74 39.04	650m: 8:11.48 39.57		
	100m: 1:05.32 34.77	300m: 3:35.58 38.14	500m: 6:12.39 39.65	700m: 8:51.26 39.78		
	150m: 1:41.80 36.48	350m: 4:14.25 38.67	550m: 6:52.32 39.93	750m: 9:29.90 38.64		
	200m: 2:19.40 37.60	400m: 4:53.70 39.45	600m: 7:31.91 39.59	800m: 10:06.99 37.09		
DNS	Joao Pedro, TORRES	127551	05	Porto		
DNS	Gabriel Moreira, SANTOS	127679	04	Famaliç�o		

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Splash Meet Manager, 11.78086

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19/11/2023 23:25 - P gina 2

Prova 3, Masc., 800m Livres

Absolutos

1.	Francisco Rodriguez, AMARAL	122608	02	Porto	8:16.77	711
	50m: 29.13 29.13	250m: 2:34.49 31.51	450m: 4:39.91 31.11	650m: 6:44.77 31.19		
	100m: 1:00.26 31.13	300m: 3:05.86 31.37	500m: 5:10.90 30.99	700m: 7:16.19 31.42		
	150m: 1:31.56 31.30	350m: 3:37.32 31.46	550m: 5:42.25 31.35	750m: 7:47.25 31.06		
	200m: 2:02.98 31.42	400m: 4:08.80 31.48	600m: 6:13.58 31.33	800m: 8:16.77 29.52		
2.	Tomas Amor, SARREIRA	132117	05	Porto	8:16.95	710
	50m: 28.57 28.57	250m: 2:34.45 31.48	450m: 4:39.72 31.23	650m: 6:44.74 31.31		
	100m: 59.74 31.17	300m: 3:05.80 31.35	500m: 5:11.04 31.32	700m: 7:16.35 31.61		
	150m: 1:31.39 31.65	350m: 3:37.17 31.37	550m: 5:42.16 31.12	750m: 7:47.71 31.36		
	200m: 2:02.97 31.58	400m: 4:08.49 31.32	600m: 6:13.43 31.27	800m: 8:16.95 29.24		
3.	Bruno Silva, LOUREIRO	129872	06	Porto	8:26.99	669
	50m: 29.30 29.30	250m: 2:35.94 31.46	450m: 4:44.06 32.02	650m: 6:53.05 32.65		
	100m: 1:00.96 31.66	300m: 3:07.60 31.66	500m: 5:15.87 31.81	700m: 7:25.13 32.08		
	150m: 1:32.58 31.62	350m: 3:39.99 32.39	550m: 5:47.94 32.07	750m: 7:56.78 31.65		
	200m: 2:04.48 31.90	400m: 4:12.04 32.05	600m: 6:20.40 32.46	800m: 8:26.99 30.21		
4.	Joao Nogueira, COSTA	124315	01	Vit�ria Sport Clube	8:27.03	668
	50m: 27.10 27.10	250m: 2:33.60 32.18	450m: 4:42.43 31.76	650m: 6:52.14 32.70		
	100m: 57.83 30.73	300m: 3:05.65 32.05	500m: 5:14.53 32.10	700m: 7:25.09 32.95		
	150m: 1:29.46 31.63	350m: 3:38.26 32.61	550m: 5:46.50 31.97	750m: 7:57.98 32.89		
	200m: 2:01.42 31.96	400m: 4:10.67 32.41	600m: 6:19.44 32.94	800m: 8:27.03 29.05		
5.	Rodrigo Costa, BORGES	133190	07	Fluvial Portuense	8:27.18	668
	50m: 29.02 29.02	250m: 2:35.67 31.91	450m: 4:43.46 32.18	650m: 6:53.20 32.42		
	100m: 1:00.38 31.36	300m: 3:07.26 31.59	500m: 5:15.85 32.39	700m: 7:25.58 32.38		
	150m: 1:32.24 31.86	350m: 3:39.09 31.83	550m: 5:48.27 32.42	750m: 7:57.38 31.80		
	200m: 2:03.76 31.52	400m: 4:11.28 32.19	600m: 6:20.78 32.51	800m: 8:27.18 29.80		
6.	Goncalo Renato, CARVALHO	127586	04	Porto	8:31.01	653
	50m: 29.67 29.67	250m: 2:36.30 31.72	450m: 4:44.43 32.02	650m: 6:53.76 32.69		
	100m: 1:00.99 31.32	300m: 3:08.23 31.93	500m: 5:16.54 32.11	700m: 7:26.44 32.68		
	150m: 1:32.76 31.77	350m: 3:40.24 32.01	550m: 5:48.81 32.27	750m: 7:59.25 32.81		
	200m: 2:04.58 31.82	400m: 4:12.41 32.17	600m: 6:21.07 32.26	800m: 8:31.01 31.76		
7.	Rodrigo Ferreira, PEREIRA	205524	06	Famalic�o	8:37.06	630
	50m: 28.78 28.78	250m: 2:39.09 32.77	450m: 4:50.85 33.08	650m: 7:01.59 32.63		
	100m: 1:01.15 32.37	300m: 3:12.00 32.91	500m: 5:23.33 32.48	700m: 7:33.70 32.11		
	150m: 1:33.56 32.41	350m: 3:44.77 32.77	550m: 5:56.16 32.83	750m: 8:06.07 32.37		
	200m: 2:06.32 32.76	400m: 4:17.77 33.00	600m: 6:28.96 32.80	800m: 8:37.06 30.99		
8.	Rui Miguel, SANTOS	204083	06	Famalic�o	8:43.06	609
	50m: 28.93 28.93	250m: 2:38.03 33.06	450m: 4:50.93 33.42	650m: 7:04.26 33.38		
	100m: 1:00.76 31.83	300m: 3:11.16 33.13	500m: 5:24.23 33.30	700m: 7:37.93 33.67		
	150m: 1:32.92 32.16	350m: 3:44.42 33.26	550m: 5:57.43 33.20	750m: 8:11.22 33.29		
	200m: 2:04.97 32.05	400m: 4:17.51 33.09	600m: 6:30.88 33.45	800m: 8:43.06 31.84		
9.	Vasco Monteiro, CASTRO	202720	06	Porto	8:43.47	607
	50m: 30.10 30.10	250m: 2:39.55 32.56	450m: 4:51.41 33.25	650m: 7:04.38 33.45		
	100m: 1:01.95 31.85	300m: 3:12.21 32.66	500m: 5:24.70 33.29	700m: 7:38.14 33.76		
	150m: 1:34.50 32.55	350m: 3:45.20 32.99	550m: 5:57.65 32.95	750m: 8:11.67 33.53		
	200m: 2:06.99 32.49	400m: 4:18.16 32.96	600m: 6:30.93 33.28	800m: 8:43.47 31.80		
10.	Antonio Miguel, COSTA	202259	07	Assoc. Desportiva de Fafe	8:51.04	582
	50m: 30.04 30.04	250m: 2:40.26 32.84	450m: 4:54.67 33.96	650m: 7:10.41 34.03		
	100m: 1:02.11 32.07	300m: 3:13.40 33.14	500m: 5:28.54 33.87	700m: 7:44.67 34.26		
	150m: 1:34.51 32.40	350m: 3:46.95 33.55	550m: 6:02.43 33.89	750m: 8:18.80 34.13		
	200m: 2:07.42 32.91	400m: 4:20.71 33.76	600m: 6:36.38 33.95	800m: 8:51.04 32.24		
11.	Andre Leitao, COSTA	201806	07	Assoc. Desportiva de Fafe	8:52.15	578
	50m: 30.06 30.06	250m: 2:43.37 32.99	450m: 4:57.00 33.71	650m: 7:12.72 34.70		
	100m: 1:03.51 33.45	300m: 3:16.57 33.20	500m: 5:30.68 33.68	700m: 7:46.40 33.68		
	150m: 1:37.16 33.65	350m: 3:50.05 33.48	550m: 6:04.79 34.11	750m: 8:20.40 34.00		
	200m: 2:10.38 33.22	400m: 4:23.29 33.24	600m: 6:38.02 33.23	800m: 8:52.15 31.75		
12.	Guilherme Mahua, SOARES	200790	07	Porto	8:55.37	568
	50m: 27.58 27.58	250m: 2:41.52 34.32	450m: 4:57.97 33.93	650m: 7:14.10 33.96		
	100m: 59.77 32.19	300m: 3:15.73 34.21	500m: 5:32.30 34.33	700m: 7:48.15 34.05		
	150m: 1:33.27 33.50	350m: 3:49.90 34.17	550m: 6:06.24 33.94	750m: 8:21.98 33.83		
	200m: 2:07.20 33.93	400m: 4:24.04 34.14	600m: 6:40.14 33.90	800m: 8:55.37 33.39		
13.	Paulo Tiago, VALES	201752	07	Porto	8:59.75	554
	50m: 29.98 29.98	250m: 2:43.41 33.61	450m: 4:58.81 34.07	650m: 7:17.52 34.98		
	100m: 1:02.91 32.93	300m: 3:16.84 33.43	500m: 5:32.97 34.16	700m: 7:52.47 34.95		
	150m: 1:36.57 33.66	350m: 3:50.75 33.91	550m: 6:07.89 34.92	750m: 8:27.37 34.90		
	200m: 2:09.80 33.23	400m: 4:24.74 33.99	600m: 6:42.54 34.65	800m: 8:59.75 32.38		

O Secret rio do Juri

O Juiz  rbitro

Prova 3, Masc., 800m Livres, Absolutos

Lugar	Nome	Licença	Ano	Clube	Tempo Final	FINA
14.	Tomas Carvalhinho, RIBEIRO	131799	05	Natacao da Maia	9:01.05	550
	50m: 29.82 29.82	250m: 2:45.65 34.49	450m: 5:03.13 34.41	650m: 7:20.62 33.93		
	100m: 1:03.26 33.44	300m: 3:20.05 34.40	500m: 5:37.82 34.69	700m: 7:53.68 33.06		
	150m: 1:37.31 34.05	350m: 3:54.36 34.31	550m: 6:12.38 34.56	750m: 8:24.47 30.79		
	200m: 2:11.16 33.85	400m: 4:28.72 34.36	600m: 6:46.69 34.31	800m: 9:01.05 36.58		
15.	Francisco Bernardes, MARTELO	201758	07	Porto	9:04.39	540
	50m: 30.19 30.19	250m: 2:44.11 33.93	450m: 5:00.95 34.77	650m: 7:20.18 34.89		
	100m: 1:03.29 33.10	300m: 3:18.05 33.94	500m: 5:35.50 34.55	700m: 7:55.15 34.97		
	150m: 1:36.60 33.31	350m: 3:52.10 34.05	550m: 6:10.28 34.78	750m: 8:30.34 35.19		
	200m: 2:10.18 33.58	400m: 4:26.18 34.08	600m: 6:45.29 35.01	800m: 9:04.39 34.05		
16.	Rodrigo Santos, CONCEICAO	204488	06	Clube Naval Povoense	9:04.98	538
	50m: 29.21 29.21	250m: 2:44.30 34.31	450m: 5:01.95 34.55	650m: 7:21.30 34.85		
	100m: 1:01.91 32.70	300m: 3:18.67 34.37	500m: 5:36.39 34.44	700m: 7:56.54 35.24		
	150m: 1:35.81 33.90	350m: 3:52.72 34.05	550m: 6:11.53 35.14	750m: 8:31.61 35.07		
	200m: 2:09.99 34.18	400m: 4:27.40 34.68	600m: 6:46.45 34.92	800m: 9:04.98 33.37		
17.	David Luis, ANTUNES FTL	201934	07	Fluvial Portuense	9:45.03	435
	50m: 31.44 31.44	250m: 2:57.32 37.20	450m: 5:26.61 37.63	650m: 7:55.52 36.96		
	100m: 1:06.44 35.00	300m: 3:34.36 37.04	500m: 6:03.85 37.24	700m: 8:32.65 37.13		
	150m: 1:43.21 36.77	350m: 4:11.48 37.12	550m: 6:41.35 37.50	750m: 9:09.59 36.94		
	200m: 2:20.12 36.91	400m: 4:48.98 37.50	600m: 7:18.56 37.21	800m: 9:45.03 35.44		
18.	David Nunes, SOUSA FTL	112204	96	Clube Naval Povoense	10:06.99	389
	50m: 30.55 30.55	250m: 2:57.44 38.04	450m: 5:32.74 39.04	650m: 8:11.48 39.57		
	100m: 1:05.32 34.77	300m: 3:35.58 38.14	500m: 6:12.39 39.65	700m: 8:51.26 39.78		
	150m: 1:41.80 36.48	350m: 4:14.25 38.67	550m: 6:52.32 39.93	750m: 9:29.90 38.64		
	200m: 2:19.40 37.60	400m: 4:53.70 39.45	600m: 7:31.91 39.59	800m: 10:06.99 37.09		
19.	Afonso Moreira, BRAGA FTL	219474	07	Associacao Tubaroes de Gai	10:42.36	328
	50m: 32.96 32.96	250m: 3:11.24 41.41	450m: 5:56.65 41.32	650m: 8:42.90 41.35		
	100m: 1:09.39 36.43	300m: 3:52.63 41.39	500m: 6:38.04 41.39	700m: 9:23.75 40.85		
	150m: 1:48.72 39.33	350m: 4:34.10 41.47	550m: 7:19.84 41.80	750m: 10:03.94 40.19		
	200m: 2:29.83 41.11	400m: 5:15.33 41.23	600m: 8:01.55 41.71	800m: 10:42.36 38.42		
DNS	Joao Pedro, TORRES	127551	05	Porto		
DNS	Gabriel Moreira, SANTOS	127679	04	Famalic�o		