

Prova 2
17/11/2023 - 9:06

Femin., 1500m Livres

Absolutos
Resultados

Recordes Nacionais 25m Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Recordes Nacionais 25m Sen	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Recordes Nacionais 25m Jun 17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	11/12/2015
Recordes Nacionais 25m Jun 16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	19/12/2014
Recordes Territoriais 25m Open	16:07.07	Angelica Maria, ANDRE	FCP	Leiria	09/12/2022
Recordes Territoriais 25m Sen	16:07.07	Angelica Maria, ANDRE	FCP	Leiria	09/12/2022
Recordes Territoriais 25m Jun 17	16:55.80	Alexandra Maria, SILVA	FCP	Antas	14/01/1984
Recordes Territoriais 25m Jun 16	16:48.20	Alexandra Maria, SILVA	FCP	Antas	15/01/1983

TLP Juniores Femininos Jun: 20:41.37 / TLP Seniores Femininos Sen: 19:43.08

Pontos: FINA 2022

Lugar Nome Licena Ano Clube Tempo Final FINA

Juniores

1. Mafalda Martins, MESQUITA	202805	07	Famalic�o	17:45.08	640
50m: 32.13 32.13	450m: 5:17.40 35.80	850m: 10:03.48 35.54	1250m: 14:49.73 35.63		
100m: 1:06.67 34.54	500m: 5:53.30 35.90	900m: 10:39.00 35.52	1300m: 15:25.63 35.90		
150m: 1:42.54 35.87	550m: 6:29.28 35.98	950m: 11:14.87 35.87	1350m: 16:00.98 35.35		
200m: 2:18.30 35.76	600m: 7:05.24 35.96	1000m: 11:50.83 35.96	1400m: 16:36.40 35.42		
250m: 2:54.13 35.83	650m: 7:41.06 35.82	1050m: 12:26.43 35.60	1450m: 17:11.63 35.23		
300m: 3:30.17 36.04	700m: 8:16.60 35.54	1100m: 13:02.38 35.95	1500m: 17:45.08 33.45		
350m: 4:06.04 35.87	750m: 8:52.35 35.75	1150m: 13:38.26 35.88			
400m: 4:41.60 35.56	800m: 9:27.94 35.59	1200m: 14:14.10 35.84			
2. Carolina Amadeu, FERREIRA	202815	08	Leixoes Sport Clube	18:12.71	592
50m: 32.57 32.57	450m: 5:22.60 36.52	850m: 10:16.76 36.65	1250m: 15:12.57 36.94		
100m: 1:07.76 35.19	500m: 5:59.32 36.72	900m: 10:53.59 36.83	1300m: 15:49.30 36.73		
150m: 1:43.49 35.73	550m: 6:36.24 36.92	950m: 11:30.76 37.17	1350m: 16:26.14 36.84		
200m: 2:19.59 36.10	600m: 7:12.83 36.59	1000m: 12:07.58 36.82	1400m: 17:02.24 36.10		
250m: 2:56.06 36.47	650m: 7:49.48 36.65	1050m: 12:44.42 36.84	1450m: 17:38.15 35.91		
300m: 3:32.52 36.46	700m: 8:26.29 36.81	1100m: 13:21.25 36.83	1500m: 18:12.71 34.56		
350m: 4:09.15 36.63	750m: 9:03.27 36.98	1150m: 13:58.46 37.21			
400m: 4:46.08 36.93	800m: 9:40.11 36.84	1200m: 14:35.63 37.17			
3. Lara Filipa, PINTO	200514	08	Porto	18:44.22	544
50m: 34.09 34.09	450m: 5:31.72 36.85	850m: 10:31.83 37.40	1250m: 15:37.09 38.40		
100m: 1:10.47 36.38	500m: 6:08.64 36.92	900m: 11:10.05 38.22	1300m: 16:14.97 37.88		
150m: 1:47.26 36.79	550m: 6:46.07 37.43	950m: 11:48.18 38.13	1350m: 16:53.26 38.29		
200m: 2:24.54 37.28	600m: 7:23.69 37.62	1000m: 12:26.41 38.23	1400m: 17:31.27 38.01		
250m: 3:02.48 37.94	650m: 8:01.20 37.51	1050m: 13:04.32 37.91	1450m: 18:08.47 37.20		
300m: 3:39.79 37.31	700m: 8:38.67 37.47	1100m: 13:42.51 38.19	1500m: 18:44.22 35.75		
350m: 4:17.33 37.54	750m: 9:16.37 37.70	1150m: 14:20.37 37.86			
400m: 4:54.87 37.54	800m: 9:54.43 38.06	1200m: 14:58.69 38.32			
4. Leonor Carvalho, SOARES	200784	08	Porto	18:45.50	542
50m: 34.05 34.05	450m: 5:30.61 37.47	850m: 10:30.26 37.81	1250m: 15:35.63 38.18		
100m: 1:10.84 36.79	500m: 6:07.98 37.37	900m: 11:08.17 37.91	1300m: 16:13.88 38.25		
150m: 1:47.42 36.58	550m: 6:45.27 37.29	950m: 11:46.05 37.88	1350m: 16:51.99 38.11		
200m: 2:24.59 37.17	600m: 7:22.57 37.30	1000m: 12:24.13 38.08	1400m: 17:30.16 38.17		
250m: 3:01.42 36.83	650m: 8:00.00 37.43	1050m: 13:02.23 38.10	1450m: 18:08.40 38.24		
300m: 3:38.67 37.25	700m: 8:37.47 37.47	1100m: 13:40.59 38.36	1500m: 18:45.50 37.10		
350m: 4:15.93 37.26	750m: 9:15.14 37.67	1150m: 14:19.16 38.57			
400m: 4:53.14 37.21	800m: 9:52.45 37.31	1200m: 14:57.45 38.29			
5. Ana Carolina, NEVES	200350	08	Fluvial Portuense	19:26.08	487
50m: 33.18 33.18	450m: 5:38.75 39.55	850m: 10:53.64 39.42	1250m: 16:10.37 39.50		
100m: 1:09.17 35.99	500m: 6:17.72 38.97	900m: 11:33.35 39.71	1300m: 16:50.21 39.84		
150m: 1:46.10 36.93	550m: 6:57.05 39.33	950m: 12:12.79 39.44	1350m: 17:30.55 40.34		
200m: 2:23.97 37.87	600m: 7:36.51 39.46	1000m: 12:51.94 39.15	1400m: 18:09.94 39.39		
250m: 3:02.62 38.65	650m: 8:15.81 39.30	1050m: 13:31.56 39.62	1450m: 18:49.05 39.11		
300m: 3:41.16 38.54	700m: 8:55.21 39.40	1100m: 14:11.41 39.85	1500m: 19:26.08 37.03		
350m: 4:19.96 38.80	750m: 9:34.60 39.39	1150m: 14:51.03 39.62			
400m: 4:59.20 39.24	800m: 10:14.22 39.62	1200m: 15:30.87 39.84			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78086

Registered to Associao de Natao do Norte de Portugal

19/11/2023 23:26 - P gina 1

|ORGANIZAO



|PARCEIRO INSTITUCIONAL



|FORNECEDOR OFICIAL



Prova 2, Femin., 1500m Livres, Juniores

Lugar	Nome	Licença	Ano	Clube	Tempo Final	FINA
6.	Lara Mota, FERREIRA	209955	08	Assoc. Desportiva de Fafe	19:26.39	487
	50m: 34.25 34.25	450m: 5:40.57 38.70	850m: 10:54.07 39.79	1250m: 16:11.54 39.81		
	100m: 1:10.88 36.63	500m: 6:19.62 39.05	900m: 11:33.54 39.47	1300m: 16:51.26 39.72		
	150m: 1:49.14 38.26	550m: 6:58.80 39.18	950m: 12:13.14 39.60	1350m: 17:31.30 40.04		
	200m: 2:27.79 38.65	600m: 7:37.84 39.04	1000m: 12:52.69 39.55	1400m: 18:10.84 39.54		
	250m: 3:06.59 38.80	650m: 8:16.74 38.90	1050m: 13:32.45 39.76	1450m: 18:49.81 38.97		
	300m: 3:44.84 38.25	700m: 8:55.58 38.84	1100m: 14:12.23 39.78	1500m: 19:26.39 36.58		
	350m: 4:23.59 38.75	750m: 9:35.08 39.50	1150m: 14:51.92 39.69			
	400m: 5:01.87 38.28	800m: 10:14.28 39.20	1200m: 15:31.73 39.81			
7.	Matilde Vidal, SILVA	214613	08	Fluvial Portuense	19:49.19	460
	50m: 36.49 36.49	450m: 5:50.73 39.82	850m: 11:08.77 39.72	1250m: 16:29.03 40.54		
	100m: 1:15.49 39.00	500m: 6:30.37 39.64	900m: 11:48.54 39.77	1300m: 17:09.34 40.31		
	150m: 1:54.29 38.80	550m: 7:09.92 39.55	950m: 12:28.07 39.53	1350m: 17:49.65 40.31		
	200m: 2:33.52 39.23	600m: 7:49.74 39.82	1000m: 13:07.91 39.84	1400m: 18:30.13 40.48		
	250m: 3:12.70 39.18	650m: 8:29.38 39.64	1050m: 13:47.95 40.04	1450m: 19:10.31 40.18		
	300m: 3:52.02 39.32	700m: 9:09.23 39.85	1100m: 14:28.18 40.23	1500m: 19:49.19 38.88		
	350m: 4:31.35 39.33	750m: 9:49.36 40.13	1150m: 15:08.03 39.85			
	400m: 5:10.91 39.56	800m: 10:29.05 39.69	1200m: 15:48.49 40.46			
8.	Melissa Freitas, NOGUEIRA FTL	210657	07	Assoc. Desportiva de Fafe	20:58.39	388
	50m: 35.87 35.87	450m: 6:06.49 42.32	850m: 11:46.21 42.71	1250m: 17:28.71 42.95		
	100m: 1:15.08 39.21	500m: 6:48.88 42.39	900m: 12:28.92 42.71	1300m: 18:11.43 42.72		
	150m: 1:55.71 40.63	550m: 7:31.51 42.63	950m: 13:11.50 42.58	1350m: 18:53.75 42.32		
	200m: 2:36.92 41.21	600m: 8:14.08 42.57	1000m: 13:53.96 42.46	1400m: 19:36.49 42.74		
	250m: 3:18.34 41.42	650m: 8:55.77 41.69	1050m: 14:36.01 42.05	1450m: 20:18.06 41.57		
	300m: 4:00.25 41.91	700m: 9:38.81 43.04	1100m: 15:19.64 43.63	1500m: 20:58.39 40.33		
	350m: 4:41.99 41.74	750m: 10:21.51 42.70	1150m: 16:02.34 42.70			
	400m: 5:24.17 42.18	800m: 11:03.50 41.99	1200m: 16:45.76 43.42			

Seniores

1.	Ines Martins, SILVA	127134	04	Vilacondense	18:00.13	613
	50m: 31.54 31.54	450m: 5:16.75 35.85	850m: 10:07.22 36.72	1250m: 14:58.84 36.85		
	100m: 1:06.07 34.53	500m: 5:52.60 35.85	900m: 10:43.88 36.66	1300m: 15:35.61 36.77		
	150m: 1:41.46 35.39	550m: 6:28.65 36.05	950m: 11:20.39 36.51	1350m: 16:12.76 37.15		
	200m: 2:17.24 35.78	600m: 7:04.81 36.16	1000m: 11:56.66 36.27	1400m: 16:49.15 36.39		
	250m: 2:53.13 35.89	650m: 7:40.97 36.16	1050m: 12:32.86 36.20	1450m: 17:25.71 36.56		
	300m: 3:29.15 36.02	700m: 8:17.19 36.22	1100m: 13:09.47 36.61	1500m: 18:00.13 34.42		
	350m: 4:05.00 35.85	750m: 8:53.75 36.56	1150m: 13:45.76 36.29			
	400m: 4:40.90 35.90	800m: 9:30.50 36.75	1200m: 14:21.99 36.23			
2.	Maria Luis, SA	131836	06	Fluvial Portuense	18:02.50	609
	50m: 30.92 30.92	450m: 5:14.29 35.80	850m: 10:06.84 36.62	1250m: 15:03.14 37.01		
	100m: 1:05.16 34.24	500m: 5:50.65 36.36	900m: 10:43.23 36.39	1300m: 15:39.95 36.81		
	150m: 1:40.25 35.09	550m: 6:26.84 36.19	950m: 11:20.08 36.85	1350m: 16:16.48 36.53		
	200m: 2:15.96 35.71	600m: 7:02.92 36.08	1000m: 11:57.47 37.39	1400m: 16:52.73 36.25		
	250m: 2:51.26 35.30	650m: 7:39.87 36.95	1050m: 12:34.76 37.29	1450m: 17:28.70 35.97		
	300m: 3:27.10 35.84	700m: 8:16.67 36.80	1100m: 13:12.03 37.27	1500m: 18:02.50 33.80		
	350m: 4:02.97 35.87	750m: 8:53.51 36.84	1150m: 13:49.12 37.09			
	400m: 4:38.49 35.52	800m: 9:30.22 36.71	1200m: 14:26.13 37.01			
3.	Rita Sofia, NUNES	129103	05	Colegio Efanor	18:02.64	609
	50m: 32.26 32.26	450m: 5:19.78 36.48	850m: 10:12.56 36.02	1250m: 15:04.97 36.67		
	100m: 1:07.19 34.93	500m: 5:56.67 36.89	900m: 10:48.83 36.27	1300m: 15:41.58 36.61		
	150m: 1:42.86 35.67	550m: 6:33.55 36.88	950m: 11:25.59 36.76	1350m: 16:17.63 36.05		
	200m: 2:18.74 35.88	600m: 7:10.51 36.96	1000m: 12:02.38 36.79	1400m: 16:53.58 35.95		
	250m: 2:54.64 35.90	650m: 7:47.07 36.56	1050m: 12:39.04 36.66	1450m: 17:29.09 35.51		
	300m: 3:30.73 36.09	700m: 8:23.81 36.74	1100m: 13:15.75 36.71	1500m: 18:02.64 33.55		
	350m: 4:06.72 35.99	750m: 9:00.18 36.37	1150m: 13:52.19 36.44			
	400m: 4:43.30 36.58	800m: 9:36.54 36.36	1200m: 14:28.30 36.11			
4.	Marta Lima, PIMENTEL	130230	04	Porto	18:17.96	584
	50m: 33.25 33.25	450m: 5:20.79 36.41	850m: 10:14.25 36.66	1250m: 15:11.79 37.49		
	100m: 1:08.32 35.07	500m: 5:57.34 36.55	900m: 10:51.00 36.75	1300m: 15:49.09 37.30		
	150m: 1:43.95 35.63	550m: 6:33.94 36.60	950m: 11:27.86 36.86	1350m: 16:26.58 37.49		
	200m: 2:19.79 35.84	600m: 7:10.41 36.47	1000m: 12:04.98 37.12	1400m: 17:04.02 37.44		
	250m: 2:55.89 36.10	650m: 7:46.95 36.54	1050m: 12:42.12 37.14	1450m: 17:41.19 37.17		
	300m: 3:32.21 36.32	700m: 8:23.98 37.03	1100m: 13:19.70 37.58	1500m: 18:17.96 36.77		
	350m: 4:08.32 36.11	750m: 9:00.88 36.90	1150m: 13:57.01 37.31			
	400m: 4:44.38 36.06	800m: 9:37.59 36.71	1200m: 14:34.30 37.29			

O Secret rio do Juri

O Juiz  rbitro

Prova 2, Femin., 1500m Livres, Seniores

Lugar	Nome	Licença	Ano	Clube	Tempo Final	FINA
5.	Maria Santos, SILVA FTL	202788	06	Vilacondense	19:53.52	455
	50m: 34.90 34.90	450m: 5:46.85 39.67	850m: 11:07.08 40.22	1250m: 16:30.49 40.79		
	100m: 1:12.76 37.86	500m: 6:26.92 40.07	900m: 11:47.61 40.53	1300m: 17:11.57 41.08		
	150m: 1:50.80 38.04	550m: 7:06.77 39.85	950m: 12:27.05 39.44	1350m: 17:52.58 41.01		
	200m: 2:29.72 38.92	600m: 7:46.46 39.69	1000m: 13:07.30 40.25	1400m: 18:33.21 40.63		
	250m: 3:08.96 39.24	650m: 8:26.53 40.07	1050m: 13:47.89 40.59	1450m: 19:13.75 40.54		
	300m: 3:48.24 39.28	700m: 9:06.52 39.99	1100m: 14:28.65 40.76	1500m: 19:53.52 39.77		
	350m: 4:27.75 39.51	750m: 9:46.55 40.03	1150m: 15:09.21 40.56			
	400m: 5:07.18 39.43	800m: 10:26.86 40.31	1200m: 15:49.70 40.49			
6.	Jessica Filipa, SILVA FTL	123095	03	Associaçao Tubaroes de Gai	20:40.59	405
	50m: 35.81 35.81	450m: 6:01.44 40.95	850m: 11:34.22 41.64	1250m: 17:12.52 42.23		
	100m: 1:14.87 39.06	500m: 6:42.90 41.46	900m: 12:16.42 42.20	1300m: 17:54.51 41.99		
	150m: 1:54.73 39.86	550m: 7:24.45 41.55	950m: 12:58.56 42.14	1350m: 18:36.52 42.01		
	200m: 2:35.14 40.41	600m: 8:06.11 41.66	1000m: 13:40.71 42.15	1400m: 19:18.82 42.30		
	250m: 3:15.99 40.85	650m: 8:47.40 41.29	1050m: 14:23.12 42.41	1450m: 20:00.57 41.75		
	300m: 3:57.55 41.56	700m: 9:29.18 41.78	1100m: 15:05.60 42.48	1500m: 20:40.59 40.02		
	350m: 4:39.18 41.63	750m: 10:10.82 41.64	1150m: 15:47.71 42.11			
	400m: 5:20.49 41.31	800m: 10:52.58 41.76	1200m: 16:30.29 42.58			

Absolutos

1.	Mafalda Martins, MESQUITA	202805	07	Famaliç�o	17:45.08	640
	50m: 32.13 32.13	450m: 5:17.40 35.80	850m: 10:03.48 35.54	1250m: 14:49.73 35.63		
	100m: 1:06.67 34.54	500m: 5:53.30 35.90	900m: 10:39.00 35.52	1300m: 15:25.63 35.90		
	150m: 1:42.54 35.87	550m: 6:29.28 35.98	950m: 11:14.87 35.87	1350m: 16:00.98 35.35		
	200m: 2:18.30 35.76	600m: 7:05.24 35.96	1000m: 11:50.83 35.96	1400m: 16:36.40 35.42		
	250m: 2:54.13 35.83	650m: 7:41.06 35.82	1050m: 12:26.43 35.60	1450m: 17:11.63 35.23		
	300m: 3:30.17 36.04	700m: 8:16.60 35.54	1100m: 13:02.38 35.95	1500m: 17:45.08 33.45		
	350m: 4:06.04 35.87	750m: 8:52.35 35.75	1150m: 13:38.26 35.88			
	400m: 4:41.60 35.56	800m: 9:27.94 35.59	1200m: 14:14.10 35.84			
2.	Ines Martins, SILVA	127134	04	Vilacondense	18:00.13	613
	50m: 31.54 31.54	450m: 5:16.75 35.85	850m: 10:07.22 36.72	1250m: 14:58.84 36.85		
	100m: 1:06.67 34.53	500m: 5:52.60 35.85	900m: 10:43.88 36.66	1300m: 15:35.61 36.77		
	150m: 1:41.46 35.39	550m: 6:28.65 36.05	950m: 11:20.39 36.51	1350m: 16:12.76 37.15		
	200m: 2:17.24 35.78	600m: 7:04.81 36.16	1000m: 11:56.66 36.27	1400m: 16:49.15 36.39		
	250m: 2:53.13 35.89	650m: 7:40.97 36.16	1050m: 12:32.86 36.20	1450m: 17:25.71 36.56		
	300m: 3:29.15 36.02	700m: 8:17.19 36.22	1100m: 13:09.47 36.61	1500m: 18:00.13 34.42		
	350m: 4:05.00 35.85	750m: 8:53.75 36.56	1150m: 13:45.76 36.29			
	400m: 4:40.90 35.90	800m: 9:30.50 36.75	1200m: 14:21.99 36.23			
3.	Maria Luis, SA	131836	06	Fluvial Portuense	18:02.50	609
	50m: 30.92 30.92	450m: 5:14.29 35.80	850m: 10:06.84 36.62	1250m: 15:03.14 37.01		
	100m: 1:05.16 34.24	500m: 5:50.65 36.36	900m: 10:43.23 36.39	1300m: 15:39.95 36.81		
	150m: 1:40.25 35.09	550m: 6:26.84 36.19	950m: 11:20.08 36.85	1350m: 16:16.48 36.53		
	200m: 2:15.96 35.71	600m: 7:02.92 36.08	1000m: 11:57.47 37.39	1400m: 16:52.73 36.25		
	250m: 2:51.26 35.30	650m: 7:39.87 36.95	1050m: 12:34.76 37.29	1450m: 17:28.70 35.97		
	300m: 3:27.10 35.84	700m: 8:16.67 36.80	1100m: 13:12.03 37.27	1500m: 18:02.50 33.80		
	350m: 4:02.97 35.87	750m: 8:53.51 36.84	1150m: 13:49.12 37.09			
	400m: 4:38.49 35.52	800m: 9:30.22 36.71	1200m: 14:26.13 37.01			
4.	Rita Sofia, NUNES	129103	05	Colegio Efanor	18:02.64	609
	50m: 32.26 32.26	450m: 5:19.78 36.48	850m: 10:12.56 36.02	1250m: 15:04.97 36.67		
	100m: 1:07.19 34.93	500m: 5:56.67 36.89	900m: 10:48.83 36.27	1300m: 15:41.58 36.61		
	150m: 1:42.86 35.67	550m: 6:33.55 36.88	950m: 11:25.59 36.76	1350m: 16:17.63 36.05		
	200m: 2:18.74 35.88	600m: 7:10.51 36.96	1000m: 12:02.38 36.79	1400m: 16:53.58 35.95		
	250m: 2:54.64 35.90	650m: 7:47.07 36.56	1050m: 12:39.04 36.66	1450m: 17:29.09 35.51		
	300m: 3:30.73 36.09	700m: 8:23.81 36.74	1100m: 13:15.75 36.71	1500m: 18:02.64 33.55		
	350m: 4:06.72 35.99	750m: 9:00.18 36.37	1150m: 13:52.19 36.44			
	400m: 4:43.30 36.58	800m: 9:36.54 36.36	1200m: 14:28.30 36.11			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78086

Registered to Associaç o de Nataç o do Norte de Portugal

19/11/2023 23:26 - P gina 3

|ORGANIZAÇÃO



|PARCEIRO INSTITUCIONAL



|FORNECEDOR OFICIAL



Prova 2, Femin., 1500m Livres, Absolutos

Lugar	Nome	Licença	Ano	Clube	Tempo Final	FINA
5.	Carolina Amadeu, FERREIRA	202815	08	Leixoes Sport Clube	18:12.71	592
	50m: 32.57 32.57	450m: 5:22.60 36.52	850m: 10:16.76 36.65	1250m: 15:12.57 36.94		
	100m: 1:07.76 35.19	500m: 5:59.32 36.72	900m: 10:53.59 36.83	1300m: 15:49.30 36.73		
	150m: 1:43.49 35.73	550m: 6:36.24 36.92	950m: 11:30.76 37.17	1350m: 16:26.14 36.84		
	200m: 2:19.59 36.10	600m: 7:12.83 36.59	1000m: 12:07.58 36.82	1400m: 17:02.24 36.10		
	250m: 2:56.06 36.47	650m: 7:49.48 36.65	1050m: 12:44.42 36.84	1450m: 17:38.15 35.91		
	300m: 3:32.52 36.46	700m: 8:26.29 36.81	1100m: 13:21.25 36.83	1500m: 18:12.71 34.56		
	350m: 4:09.15 36.63	750m: 9:03.27 36.98	1150m: 13:58.46 37.21			
	400m: 4:46.08 36.93	800m: 9:40.11 36.84	1200m: 14:35.63 37.17			
6.	Marta Lima, PIMENTEL	130230	04	Porto	18:17.96	584
	50m: 33.25 33.25	450m: 5:20.79 36.41	850m: 10:14.25 36.66	1250m: 15:11.79 37.49		
	100m: 1:08.32 35.07	500m: 5:57.34 36.55	900m: 10:51.00 36.75	1300m: 15:49.09 37.30		
	150m: 1:43.95 35.63	550m: 6:33.94 36.60	950m: 11:27.86 36.86	1350m: 16:26.58 37.49		
	200m: 2:19.79 35.84	600m: 7:10.41 36.47	1000m: 12:04.98 37.12	1400m: 17:04.02 37.44		
	250m: 2:55.89 36.10	650m: 7:46.95 36.54	1050m: 12:42.12 37.14	1450m: 17:41.19 37.17		
	300m: 3:32.21 36.32	700m: 8:23.98 37.03	1100m: 13:19.70 37.58	1500m: 18:17.96 36.77		
	350m: 4:08.32 36.11	750m: 9:00.88 36.90	1150m: 13:57.01 37.31			
	400m: 4:44.38 36.06	800m: 9:37.59 36.71	1200m: 14:34.30 37.29			
7.	Lara Filipa, PINTO	200514	08	Porto	18:44.22	544
	50m: 34.09 34.09	450m: 5:31.72 36.85	850m: 10:31.83 37.40	1250m: 15:37.09 38.40		
	100m: 1:10.47 36.38	500m: 6:08.64 36.92	900m: 11:10.05 38.22	1300m: 16:14.97 37.88		
	150m: 1:47.26 36.79	550m: 6:46.07 37.43	950m: 11:48.18 38.13	1350m: 16:53.26 38.29		
	200m: 2:24.54 37.28	600m: 7:23.69 37.62	1000m: 12:26.41 38.23	1400m: 17:31.27 38.01		
	250m: 3:02.48 37.94	650m: 8:01.20 37.51	1050m: 13:04.32 37.91	1450m: 18:08.47 37.20		
	300m: 3:39.79 37.31	700m: 8:38.67 37.47	1100m: 13:42.51 38.19	1500m: 18:44.22 35.75		
	350m: 4:17.33 37.54	750m: 9:16.37 37.70	1150m: 14:20.37 37.86			
	400m: 4:54.87 37.54	800m: 9:54.43 38.06	1200m: 14:58.69 38.32			
8.	Leonor Carvalho, SOARES	200784	08	Porto	18:45.50	542
	50m: 34.05 34.05	450m: 5:30.61 37.47	850m: 10:30.26 37.81	1250m: 15:35.63 38.18		
	100m: 1:10.84 36.79	500m: 6:07.98 37.37	900m: 11:08.17 37.91	1300m: 16:13.88 38.25		
	150m: 1:47.42 36.58	550m: 6:45.27 37.29	950m: 11:46.05 37.88	1350m: 16:51.99 38.11		
	200m: 2:24.59 37.17	600m: 7:22.57 37.30	1000m: 12:24.13 38.08	1400m: 17:30.16 38.17		
	250m: 3:01.42 36.83	650m: 8:00.00 37.43	1050m: 13:02.23 38.10	1450m: 18:08.40 38.24		
	300m: 3:38.67 37.25	700m: 8:37.47 37.47	1100m: 13:40.59 38.36	1500m: 18:45.50 37.10		
	350m: 4:15.93 37.26	750m: 9:15.14 37.67	1150m: 14:19.16 38.57			
	400m: 4:53.14 37.21	800m: 9:52.45 37.31	1200m: 14:57.45 38.29			
9.	Ana Carolina, NEVES	200350	08	Fluvial Portuense	19:26.08	487
	50m: 33.18 33.18	450m: 5:38.75 39.55	850m: 10:53.64 39.42	1250m: 16:10.37 39.50		
	100m: 1:09.17 35.99	500m: 6:17.72 38.97	900m: 11:33.35 39.71	1300m: 16:50.21 39.84		
	150m: 1:46.10 36.93	550m: 6:57.05 39.33	950m: 12:12.79 39.44	1350m: 17:30.55 40.34		
	200m: 2:23.97 37.87	600m: 7:36.51 39.46	1000m: 12:51.94 39.15	1400m: 18:09.94 39.39		
	250m: 3:02.62 38.65	650m: 8:15.81 39.30	1050m: 13:31.56 39.62	1450m: 18:49.05 39.11		
	300m: 3:41.16 38.54	700m: 8:55.21 39.40	1100m: 14:11.41 39.85	1500m: 19:26.08 37.03		
	350m: 4:19.96 38.80	750m: 9:34.60 39.39	1150m: 14:51.03 39.62			
	400m: 4:59.20 39.24	800m: 10:14.22 39.62	1200m: 15:30.87 39.84			
10.	Lara Mota, FERREIRA	209955	08	Assoc. Desportiva de Fafe	19:26.39	487
	50m: 34.25 34.25	450m: 5:40.57 38.70	850m: 10:54.07 39.79	1250m: 16:11.54 39.81		
	100m: 1:10.88 36.63	500m: 6:19.62 39.05	900m: 11:33.54 39.47	1300m: 16:51.26 39.72		
	150m: 1:49.14 38.26	550m: 6:58.80 39.18	950m: 12:13.14 39.60	1350m: 17:31.30 40.04		
	200m: 2:27.79 38.65	600m: 7:37.84 39.04	1000m: 12:52.69 39.55	1400m: 18:10.84 39.54		
	250m: 3:06.59 38.80	650m: 8:16.74 38.90	1050m: 13:32.45 39.76	1450m: 18:49.81 38.97		
	300m: 3:44.84 38.25	700m: 8:55.58 38.84	1100m: 14:12.23 39.78	1500m: 19:26.39 36.58		
	350m: 4:23.59 38.75	750m: 9:35.08 39.50	1150m: 14:51.92 39.69			
	400m: 5:01.87 38.28	800m: 10:14.28 39.20	1200m: 15:31.73 39.81			
11.	Matilde Vidal, SILVA	214613	08	Fluvial Portuense	19:49.19	460
	50m: 36.49 36.49	450m: 5:50.73 39.82	850m: 11:08.77 39.72	1250m: 16:29.03 40.54		
	100m: 1:15.49 39.00	500m: 6:30.37 39.64	900m: 11:48.54 39.77	1300m: 17:09.34 40.31		
	150m: 1:54.29 38.80	550m: 7:09.92 39.55	950m: 12:28.07 39.53	1350m: 17:49.65 40.31		
	200m: 2:33.52 39.23	600m: 7:49.74 39.82	1000m: 13:07.91 39.84	1400m: 18:30.13 40.48		
	250m: 3:12.70 39.18	650m: 8:29.38 39.64	1050m: 13:47.95 40.04	1450m: 19:10.31 40.18		
	300m: 3:52.02 39.32	700m: 9:09.23 39.85	1100m: 14:28.18 40.23	1500m: 19:49.19 38.88		
	350m: 4:31.35 39.33	750m: 9:49.36 40.13	1150m: 15:08.03 39.85			
	400m: 5:10.91 39.56	800m: 10:29.05 39.69	1200m: 15:48.49 40.46			

O Secret rio do Juri

O Juiz  rbitro

Prova 2, Femin., 1500m Livres, Absolutos

Lugar	Nome	Licença	Ano	Clube	Tempo Final	FINA
12.	Maria Santos, SILVA <i>FTL</i>	202788	06	Vilacondense	19:53.52	455
	50m: 34.90 34.90	450m: 5:46.85 39.67	850m: 11:07.08 40.22	1250m: 16:30.49 40.79		
	100m: 1:12.76 37.86	500m: 6:26.92 40.07	900m: 11:47.61 40.53	1300m: 17:11.57 41.08		
	150m: 1:50.80 38.04	550m: 7:06.77 39.85	950m: 12:27.05 39.44	1350m: 17:52.58 41.01		
	200m: 2:29.72 38.92	600m: 7:46.46 39.69	1000m: 13:07.30 40.25	1400m: 18:33.21 40.63		
	250m: 3:08.96 39.24	650m: 8:26.53 40.07	1050m: 13:47.89 40.59	1450m: 19:13.75 40.54		
	300m: 3:48.24 39.28	700m: 9:06.52 39.99	1100m: 14:28.65 40.76	1500m: 19:53.52 39.77		
	350m: 4:27.75 39.51	750m: 9:46.55 40.03	1150m: 15:09.21 40.56			
	400m: 5:07.18 39.43	800m: 10:26.86 40.31	1200m: 15:49.70 40.49			
13.	Jessica Filipa, SILVA <i>FTL</i>	123095	03	Associaçao Tubaroes de Gai	20:40.59	405
	50m: 35.81 35.81	450m: 6:01.44 40.95	850m: 11:34.22 41.64	1250m: 17:12.52 42.23		
	100m: 1:14.87 39.06	500m: 6:42.90 41.46	900m: 12:16.42 42.20	1300m: 17:54.51 41.99		
	150m: 1:54.73 39.86	550m: 7:24.45 41.55	950m: 12:58.56 42.14	1350m: 18:36.52 42.01		
	200m: 2:35.14 40.41	600m: 8:06.11 41.66	1000m: 13:40.71 42.15	1400m: 19:18.82 42.30		
	250m: 3:15.99 40.85	650m: 8:47.40 41.29	1050m: 14:23.12 42.41	1450m: 20:00.57 41.75		
	300m: 3:57.55 41.56	700m: 9:29.18 41.78	1100m: 15:05.60 42.48	1500m: 20:40.59 40.02		
	350m: 4:39.18 41.63	750m: 10:10.82 41.64	1150m: 15:47.71 42.11			
	400m: 5:20.49 41.31	800m: 10:52.58 41.76	1200m: 16:30.29 42.58			
14.	Melissa Freitas, NOGUEIRA <i>FTL</i>	210657	07	Assoc. Desportiva de Fafe	20:58.39	388
	50m: 35.87 35.87	450m: 6:06.49 42.32	850m: 11:46.21 42.71	1250m: 17:28.71 42.95		
	100m: 1:15.08 39.21	500m: 6:48.88 42.39	900m: 12:28.92 42.71	1300m: 18:11.43 42.72		
	150m: 1:55.71 40.63	550m: 7:31.51 42.63	950m: 13:11.50 42.58	1350m: 18:53.75 42.32		
	200m: 2:36.92 41.21	600m: 8:14.08 42.57	1000m: 13:53.96 42.46	1400m: 19:36.49 42.74		
	250m: 3:18.34 41.42	650m: 8:55.77 41.69	1050m: 14:36.01 42.05	1450m: 20:18.06 41.57		
	300m: 4:00.25 41.91	700m: 9:38.81 43.04	1100m: 15:19.64 43.63	1500m: 20:58.39 40.33		
	350m: 4:41.99 41.74	750m: 10:21.51 42.70	1150m: 16:02.34 42.70			
	400m: 5:24.17 42.18	800m: 11:03.50 41.99	1200m: 16:45.76 43.42			
EXH	Diana Margarida, DURAES	102992	96	Benfica	16:31.62	793
	50m: 31.04 31.04	450m: 4:54.23 32.82	850m: 9:17.66 32.88	1250m: 13:44.25 33.47		
	100m: 1:03.86 32.82	500m: 5:27.30 33.07	900m: 9:50.75 33.09	1300m: 14:17.87 33.62		
	150m: 1:36.48 32.62	550m: 6:00.10 32.80	950m: 10:23.72 32.97	1350m: 14:51.52 33.65		
	200m: 2:09.42 32.94	600m: 6:32.98 32.88	1000m: 10:56.91 33.19	1400m: 15:25.10 33.58		
	250m: 2:42.48 33.06	650m: 7:05.87 32.89	1050m: 11:30.30 33.39	1450m: 15:58.72 33.62		
	300m: 3:15.47 32.99	700m: 7:39.02 33.15	1100m: 12:03.59 33.29	1500m: 16:31.62 32.90		
	350m: 3:48.51 33.04	750m: 8:12.01 32.99	1150m: 12:37.13 33.54			
	400m: 4:21.41 32.90	800m: 8:44.78 32.77	1200m: 13:10.78 33.65			