

Prova 15
17/11/2023 - 15:17

Femin., 400m Estilos

Absolutos
Resultados

Recordes Nacionais 25m Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Recordes Nacionais 25m Sen	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Recordes Nacionais 25m Jun 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15/04/2018
Recordes Nacionais 25m Jun 16	4:50.85	Diana Margarida, DURAES	FOCA	Silves	02/12/2011
Recordes Territoriais 25m Open	4:40.82	Angelica Maria, ANDRE	FCP	Leiria	28/11/2021
Recordes Territoriais 25m Sen	4:40.82	Angelica Maria, ANDRE	FCP	Leiria	28/11/2021
Recordes Territoriais 25m Jun 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15/04/2018
Recordes Territoriais 25m Jun 16	4:50.85	Diana Margarida, DURAES	FOCA	Silves	02/12/2011

TLP Juniores Femininos Jun: 5:45.55 / TLP Seniores Femininos Sen: 5:29.32

Pontos: FINA 2022

Lugar Nome Licena Ano Clube Tempo Final FINA

Juniores

1.	Ana Beatriz, VIEIRA	202851	07	Foca Quinta Da Lixa - Cnf	5:06.67	601
	50m: 32.77 32.77 150m: 1:51.29 41.41 250m: 3:16.39 44.71 350m: 4:34.35 33.64					
	100m: 1:09.88 37.11 200m: 2:31.68 40.39 300m: 4:00.71 44.32 400m: 5:06.67 32.32					
2.	Matilde Barros, LEAL	132883	07	Aquatico Pacense	5:11.51	574
	50m: 33.60 33.60 150m: 1:54.87 43.58 250m: 3:18.01 40.74 350m: 4:35.68 36.84					
	100m: 1:11.29 37.69 200m: 2:37.27 42.40 300m: 3:58.84 40.83 400m: 5:11.51 35.83					
3.	Francisca Martins, GOMES	207830	07	Porto	5:14.83	556
	50m: 34.42 34.42 150m: 1:55.28 42.32 250m: 3:19.76 44.16 350m: 4:39.39 36.74					
	100m: 1:12.96 38.54 200m: 2:35.60 40.32 300m: 4:02.65 42.89 400m: 5:14.83 35.44					
4.	Carolina Amadeu, FERREIRA	202815	08	Leixoes Sport Clube	5:20.86	525
	50m: 34.53 34.53 150m: 1:57.02 41.38 250m: 3:24.54 48.34 350m: 4:48.04 35.53					
	100m: 1:15.64 41.11 200m: 2:36.20 39.18 300m: 4:12.51 47.97 400m: 5:20.86 32.82					
5.	Lara Filipa, PINTO	200514	08	Porto	5:21.57	522
	50m: 35.01 35.01 150m: 1:56.51 40.79 250m: 3:23.66 46.73 350m: 4:46.69 36.30					
	100m: 1:15.72 40.71 200m: 2:36.93 40.42 300m: 4:10.39 46.73 400m: 5:21.57 34.88					
6.	Sofia Pereira, BRAZ	206537	07	CLIP Teams	5:23.30	513
	50m: 33.28 33.28 150m: 1:53.37 42.33 250m: 3:20.98 45.72 350m: 4:45.44 37.84					
	100m: 1:11.04 37.76 200m: 2:35.26 41.89 300m: 4:07.60 46.62 400m: 5:23.30 37.86					
7.	Bruna Maria, BARBOSA	202261	08	Aquatico Pacense	5:32.50	472
	50m: 35.66 35.66 150m: 1:59.76 43.05 250m: 3:29.44 48.71 350m: 4:55.97 37.95					
	100m: 1:16.71 41.05 200m: 2:40.73 40.97 300m: 4:18.02 48.58 400m: 5:32.50 36.53					
8.	Erica Ferreira, BARROS	151596	08	Aquatico Pacense	5:32.71	471
	50m: 35.95 35.95 150m: 2:04.94 47.60 250m: 3:32.53 43.81 350m: 4:56.79 39.38					
	100m: 1:17.34 41.39 200m: 2:48.72 43.78 300m: 4:17.41 44.88 400m: 5:32.71 35.92					
9.	Lara Mota, FERREIRA	209955	08	Assoc. Desportiva de Fafe	5:37.08	453
	50m: 35.76 35.76 150m: 2:02.26 45.18 250m: 3:34.25 47.08 350m: 4:59.99 37.88					
	100m: 1:17.08 41.32 200m: 2:47.17 44.91 300m: 4:22.11 47.86 400m: 5:37.08 37.09					
10.	Ana Gabriela, SILVA	203708	08	Natacao da Maia	5:38.21	448
	50m: 35.77 35.77 150m: 2:01.79 44.52 250m: 3:32.86 48.48 350m: 5:00.46 38.78					
	100m: 1:17.27 41.50 200m: 2:44.38 42.59 300m: 4:21.68 48.82 400m: 5:38.21 37.75					
11.	Ana Isabella, PAHOMI FTL	203336	08	Associacao Tubaroes de Gaia	6:11.41	338
	50m: 38.24 38.24 150m: 2:09.14 44.54 250m: 3:47.67 54.12 350m: 5:28.44 44.90					
	100m: 1:24.60 46.36 200m: 2:53.55 44.41 300m: 4:43.54 55.87 400m: 6:11.41 42.97					
12.	Ema Passos, BATISTA FTL	205169	08	Associacao Tubaroes de Gaia	6:39.03	273
	50m: 42.19 42.19 150m: 2:23.24 51.19 250m: 4:08.65 56.35 350m: 5:54.02 47.17					
	100m: 1:32.05 49.86 200m: 3:12.30 49.06 300m: 5:06.85 58.20 400m: 6:39.03 45.01					

DSQ Luciana Filipa, PINTO 201801 08 Porto
6.9 - O(A) nadador(a) n o comeou a executar a viragem imediatamente ap s terminar a braada na
posi o ventral aos 150 metros - SW 6.4

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78086

Registered to Associa o de Nata o do Norte de Portugal

19/11/2023 23:25 - P gina 1

|ORGANIZA O



|PARCEIRO INSTITUCIONAL



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Prova 15, Femin., 400m Estilos

Seniores

1.	Francisca Soares, MARTINS	126504	03	Foca Quinta Da Lixa - Cnf	4:44.27	755
	50m: 31.83 31.83	150m: 1:43.13 36.56	250m: 3:00.90 42.54	350m: 4:14.07 31.45		
	100m: 1:06.57 34.74	200m: 2:18.36 35.23	300m: 3:42.62 41.72	400m: 4:44.27 30.20		
2.	Ana Catarina, MONTEIRO	24320	93	Vilacondense	4:54.12	682
	50m: 30.23 30.23	150m: 1:43.72 39.52	250m: 3:04.00 41.98	350m: 4:20.67 34.72		
	100m: 1:04.20 33.97	200m: 2:22.02 38.30	300m: 3:45.95 41.95	400m: 4:54.12 33.45		
3.	Leonor Filipa, PINTO	132842	06	Porto	4:57.66	658
	50m: 32.76 32.76	150m: 1:48.03 38.65	250m: 3:07.85 42.38	350m: 4:24.39 34.60		
	100m: 1:09.38 36.62	200m: 2:25.47 37.44	300m: 3:49.79 41.94	400m: 4:57.66 33.27		
4.	Francisca Macedo, LOPES	129982	05	Vilacondense	5:15.47	552
	50m: 33.20 33.20	150m: 1:52.06 41.09	250m: 3:16.30 44.28	350m: 4:39.35 37.11		
	100m: 1:10.97 37.77	200m: 2:32.02 39.96	300m: 4:02.24 45.94	400m: 5:15.47 36.12		
5.	Maria Joao, FERREIRA	132732	06	Foca Quinta Da Lixa - Cnf	5:17.50	542
	50m: 34.41 34.41	150m: 1:52.11 39.33	250m: 3:17.20 47.09	350m: 4:41.52 37.58		
	100m: 1:12.78 38.37	200m: 2:30.11 38.00	300m: 4:03.94 46.74	400m: 5:17.50 35.98		
6.	Marta Lima, PIMENTEL	130230	04	Porto	5:18.98	534
	50m: 34.75 34.75	150m: 1:54.28 40.14	250m: 3:20.90 47.21	350m: 4:43.99 36.28		
	100m: 1:14.14 39.39	200m: 2:33.69 39.41	300m: 4:07.71 46.81	400m: 5:18.98 34.99		
7.	Gabriela Ferreira, NEVES	132731	06	Foca Quinta Da Lixa - Cnf	5:23.41	513
	50m: 34.09 34.09	150m: 1:54.01 42.36	250m: 3:22.94 46.80	350m: 4:47.60 37.66		
	100m: 1:11.65 37.56	200m: 2:36.14 42.13	300m: 4:09.94 47.00	400m: 5:23.41 35.81		
8.	Gabriela Santos, ROCHA	204325	05	Natacao de Valongo	5:27.20	495
	50m: 33.34 33.34	150m: 1:57.87 44.45	250m: 3:24.84 43.48	350m: 4:50.12 38.75		
	100m: 1:13.42 40.08	200m: 2:41.36 43.49	300m: 4:11.37 46.53	400m: 5:27.20 37.08		
9.	Daniela Alexandra, COSTA	129441	06	Leixoes Sport Clube	5:28.45	489
	50m: 36.53 36.53	150m: 1:59.60 41.24	250m: 3:28.02 48.89	350m: 4:52.97 36.13		
	100m: 1:18.36 41.83	200m: 2:39.13 39.53	300m: 4:16.84 48.82	400m: 5:28.45 35.48		
10.	Maria Santos, SILVA	202788	06	Vilacondense	5:39.45	443
	<i>FTL</i>					
	50m: 37.23 37.23	150m: 2:06.49 44.44	250m: 3:36.45 46.22	350m: 5:02.05 38.61		
	100m: 1:22.05 44.82	200m: 2:50.23 43.74	300m: 4:23.44 46.99	400m: 5:39.45 37.40		

Absolutos

1.	Francisca Soares, MARTINS	126504	03	Foca Quinta Da Lixa - Cnf	4:44.27	755
	50m: 31.83 31.83	150m: 1:43.13 36.56	250m: 3:00.90 42.54	350m: 4:14.07 31.45		
	100m: 1:06.57 34.74	200m: 2:18.36 35.23	300m: 3:42.62 41.72	400m: 4:44.27 30.20		
2.	Ana Catarina, MONTEIRO	24320	93	Vilacondense	4:54.12	682
	50m: 30.23 30.23	150m: 1:43.72 39.52	250m: 3:04.00 41.98	350m: 4:20.67 34.72		
	100m: 1:04.20 33.97	200m: 2:22.02 38.30	300m: 3:45.95 41.95	400m: 4:54.12 33.45		
3.	Leonor Filipa, PINTO	132842	06	Porto	4:57.66	658
	50m: 32.76 32.76	150m: 1:48.03 38.65	250m: 3:07.85 42.38	350m: 4:24.39 34.60		
	100m: 1:09.38 36.62	200m: 2:25.47 37.44	300m: 3:49.79 41.94	400m: 4:57.66 33.27		
4.	Ana Beatriz, VIEIRA	202851	07	Foca Quinta Da Lixa - Cnf	5:06.67	601
	50m: 32.77 32.77	150m: 1:51.29 41.41	250m: 3:16.39 44.71	350m: 4:34.35 33.64		
	100m: 1:09.88 37.11	200m: 2:31.68 40.39	300m: 4:00.71 44.32	400m: 5:06.67 32.32		
5.	Matilde Barros, LEAL	132883	07	Aquatico Pacense	5:11.51	574
	50m: 33.60 33.60	150m: 1:54.87 43.58	250m: 3:18.01 40.74	350m: 4:35.68 36.84		
	100m: 1:11.29 37.69	200m: 2:37.27 42.40	300m: 3:58.84 40.83	400m: 5:11.51 35.83		
6.	Francisca Martins, GOMES	207830	07	Porto	5:14.83	556
	50m: 34.42 34.42	150m: 1:55.28 42.32	250m: 3:19.76 44.16	350m: 4:39.39 36.74		
	100m: 1:12.96 38.54	200m: 2:35.60 40.32	300m: 4:02.65 42.89	400m: 5:14.83 35.44		
7.	Francisca Macedo, LOPES	129982	05	Vilacondense	5:15.47	552
	50m: 33.20 33.20	150m: 1:52.06 41.09	250m: 3:16.30 44.28	350m: 4:39.35 37.11		
	100m: 1:10.97 37.77	200m: 2:32.02 39.96	300m: 4:02.24 45.94	400m: 5:15.47 36.12		
8.	Maria Joao, FERREIRA	132732	06	Foca Quinta Da Lixa - Cnf	5:17.50	542
	50m: 34.41 34.41	150m: 1:52.11 39.33	250m: 3:17.20 47.09	350m: 4:41.52 37.58		
	100m: 1:12.78 38.37	200m: 2:30.11 38.00	300m: 4:03.94 46.74	400m: 5:17.50 35.98		

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78086

Registered to Associa o de Nata o do Norte de Portugal

19/11/2023 23:25 - P gina 2

ORGANIZAÇÃO



PARCEIRO INSTITUCIONAL



FORNECEDOR OFICIAL



Prova 15, Femin., 400m Estilos, Absolutos

Lugar	Nome	Licena	Ano	Clube	Tempo Final	FINA
9.	Marta Lima, PIMENTEL	130230	04	Porto	5:18.98	534
	50m: 34.75 34.75 150m: 1:54.28 40.14 250m: 3:20.90 47.21 350m: 4:43.99 36.28					
	100m: 1:14.14 39.39 200m: 2:33.69 39.41 300m: 4:07.71 46.81 400m: 5:18.98 34.99					
10.	Carolina Amadeu, FERREIRA	202815	08	Leixoes Sport Clube	5:20.86	525
	50m: 34.53 34.53 150m: 1:57.02 41.38 250m: 3:24.54 48.34 350m: 4:48.04 35.53					
	100m: 1:15.64 41.11 200m: 2:36.20 39.18 300m: 4:12.51 47.97 400m: 5:20.86 32.82					
11.	Lara Filipa, PINTO	200514	08	Porto	5:21.57	522
	50m: 35.01 35.01 150m: 1:56.51 40.79 250m: 3:23.66 46.73 350m: 4:46.69 36.30					
	100m: 1:15.72 40.71 200m: 2:36.93 40.42 300m: 4:10.39 46.73 400m: 5:21.57 34.88					
12.	Sofia Pereira, BRAZ	206537	07	CLIP Teams	5:23.30	513
	50m: 33.28 33.28 150m: 1:53.37 42.33 250m: 3:20.98 45.72 350m: 4:45.44 37.84					
	100m: 1:11.04 37.76 200m: 2:35.26 41.89 300m: 4:07.60 46.62 400m: 5:23.30 37.86					
13.	Gabriela Ferreira, NEVES	132731	06	Foca Quinta Da Lixa - Crf	5:23.41	513
	50m: 34.09 34.09 150m: 1:54.01 42.36 250m: 3:22.94 46.80 350m: 4:47.60 37.66					
	100m: 1:11.65 37.56 200m: 2:36.14 42.13 300m: 4:09.94 47.00 400m: 5:23.41 35.81					
14.	Gabriela Santos, ROCHA	204325	05	Natacao de Valongo	5:27.20	495
	50m: 33.34 33.34 150m: 1:57.87 44.45 250m: 3:24.84 43.48 350m: 4:50.12 38.75					
	100m: 1:13.42 40.08 200m: 2:41.36 43.49 300m: 4:11.37 46.53 400m: 5:27.20 37.08					
15.	Daniela Alexandra, COSTA	129441	06	Leixoes Sport Clube	5:28.45	489
	50m: 36.53 36.53 150m: 1:59.60 41.24 250m: 3:28.02 48.89 350m: 4:52.97 36.13					
	100m: 1:18.36 41.83 200m: 2:39.13 39.53 300m: 4:16.84 48.82 400m: 5:28.45 35.48					
16.	Bruna Maria, BARBOSA	202261	08	Aquatico Pacense	5:32.50	472
	50m: 35.66 35.66 150m: 1:59.76 43.05 250m: 3:29.44 48.71 350m: 4:55.97 37.95					
	100m: 1:16.71 41.05 200m: 2:40.73 40.97 300m: 4:18.02 48.58 400m: 5:32.50 36.53					
17.	Erica Ferreira, BARROS	151596	08	Aquatico Pacense	5:32.71	471
	50m: 35.95 35.95 150m: 2:04.94 47.60 250m: 3:32.53 43.81 350m: 4:56.79 39.38					
	100m: 1:17.34 41.39 200m: 2:48.72 43.78 300m: 4:17.41 44.88 400m: 5:32.71 35.92					
18.	Lara Mota, FERREIRA	209955	08	Assoc. Desportiva de Fafe	5:37.08	453
	50m: 35.76 35.76 150m: 2:02.26 45.18 250m: 3:34.25 47.08 350m: 4:59.99 37.88					
	100m: 1:17.08 41.32 200m: 2:47.17 44.91 300m: 4:22.11 47.86 400m: 5:37.08 37.09					
19.	Ana Gabriela, SILVA	203708	08	Natacao da Maia	5:38.21	448
	50m: 35.77 35.77 150m: 2:01.79 44.52 250m: 3:32.86 48.48 350m: 5:00.46 38.78					
	100m: 1:17.27 41.50 200m: 2:44.38 42.59 300m: 4:21.68 48.82 400m: 5:38.21 37.75					
20.	Maria Santos, SILVA	202788	06	Vilacondense	5:39.45	443
	<i>FTL</i>					
	50m: 37.23 37.23 150m: 2:06.49 44.44 250m: 3:36.45 46.22 350m: 5:02.05 38.61					
	100m: 1:22.05 44.82 200m: 2:50.23 43.74 300m: 4:23.44 46.99 400m: 5:39.45 37.40					
21.	Ana Isabella, PAHOMI	203336	08	Associacao Tubaroes de Gaia	6:11.41	338
	<i>FTL</i>					
	50m: 38.24 38.24 150m: 2:09.14 44.54 250m: 3:47.67 54.12 350m: 5:28.44 44.90					
	100m: 1:24.60 46.36 200m: 2:53.55 44.41 300m: 4:43.54 55.87 400m: 6:11.41 42.97					
22.	Ema Passos, BATISTA	205169	08	Associacao Tubaroes de Gaia	6:39.03	273
	<i>FTL</i>					
	50m: 42.19 42.19 150m: 2:23.24 51.19 250m: 4:08.65 56.35 350m: 5:54.02 47.17					
	100m: 1:32.05 49.86 200m: 3:12.30 49.06 300m: 5:06.85 58.20 400m: 6:39.03 45.01					
DSQ	Luciana Filipa, PINTO	201801	08	Porto		
	<i>6.9 - O(A) nadador(a) n�o comeou a executar a viragem imediatamente ap�s terminar a braada na posi�o ventral aos 150 metros - SW 6.4</i>					
EXH	Diana Margarida, DURAES	102992	96	Benfica	4:46.46	738
	50m: 31.41 31.41 150m: 1:43.48 37.17 250m: 3:00.74 41.21 350m: 4:15.25 32.79					
	100m: 1:06.31 34.90 200m: 2:19.53 36.05 300m: 3:42.46 41.72 400m: 4:46.46 31.21					

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78086

Registered to Associa o de Nata o do Norte de Portugal

19/11/2023 23:25 - P gina 3