

Associação de Natação do Norte de Portugal  
38.º Meeting Internacional do Porto  
Porto, 10 - 11/06/2023

Event 16  
10/06/2023 - 12:01

Women, 400m Freestyle

Absolutos  
Results Prelim

Recordes Nacionais 50m Open	4:09.49	Diana Margarida, DURAES	POR	Tarragona (ESP)	25/06/2018
Recordes Nacionais 50m Sen	4:09.49	Diana Margarida, DURAES	POR	Tarragona (ESP)	25/06/2018
Recordes Nacionais 50m Jun 17	4:14.67	Tamila Hryhorivna, HOLUB	SCB	Oeiras	23/07/2016
Recordes Nacionais 50m Jun 16	4:20.37	Marta Andreia, FERREIRA	POR	Berlim (GER)	04/08/2002
Recordes Nacionais 50m Juv A	4:20.78	Tamila Hryhorivna, HOLUB	POR	Porto	07/06/2014
Recordes Nacionais 50m Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria, SILVA	POR	Skovde (SWE)	08/08/1980
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27/07/1979
Recordes Territoriais 50m Open	4:11.02	Francisca Soares, MARTINS	FOCA	Funchal	01/04/2023
Recordes Territoriais 50m Sen	4:11.02	Francisca Soares, MARTINS	FOCA	Funchal	01/04/2023
Recordes Territoriais 50m Jun 17	4:20.42	Francisca Soares, MARTINS	FOCA	Algarve	15/08/2020
Recordes Territoriais 50m Jun 16	4:22.01	Francisca Soares, MARTINS	FOCA	Gijon (ESP)	19/05/2019
Recordes Territoriais 50m Juv A	4:26.91	Alexandra Maria, SILVA	FCP	Buenos Aires (ARG)	16/04/1982
Recordes Territoriais 50m Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
Recordes Territoriais 50m Inf A	4:31.53	Alexandra Maria, SILVA	FCP	Skovde (TAN)	08/08/1980
Recordes Territoriais 50m Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27/07/1979
Recorde Meeting	4:13.32	Ilaria, CELLA	ITA	Porto	02/06/2018

TLP - ABS FEMININOS : 4:53.11

Points: FINA 2022

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	FINA	Pts
1.	Ema Jeronimo, CONCEICAO	+0,82	129812	03	Benfica	<b>4:20.55</b>	747	- A
	50m: 30.62 30.62	150m: 1:35.36 32.46	250m: 2:41.62 33.28	300m: 3:15.31 33.69	350m: 3:48.33 33.02	400m: 4:20.55 32.22		
2.	Diana Margarida, DURAES	+0,76	102992	96	Benfica	<b>4:20.63</b>	746	- A
	50m: 30.35 30.35	150m: 1:35.31 32.59	250m: 2:41.56 33.02	300m: 3:14.99 33.43	350m: 3:48.12 33.13	400m: 4:20.63 32.51		
3.	Tamila Hryhorivna, HOLUB	+0,77	116887	99	Braga	<b>4:24.59</b>	713	- A
	50m: 30.52 30.52	150m: 1:36.91 33.10	250m: 2:43.64 33.54	300m: 3:17.23 33.59	350m: 3:51.22 33.99	400m: 4:24.59 33.37		
4.	Joana Nunes, CARDEAL	+0,78	124752	02	Academico Viseu Futebol Clu	<b>4:28.39</b>	683	- A
	50m: 30.52 30.52	150m: 1:37.48 33.62	250m: 2:45.18 34.02	300m: 3:19.42 34.24	350m: 3:54.38 34.96	400m: 4:28.39 34.01		
5.	Beatriz Nunes, CARDEAL	+0,70	124753	04	Academico Viseu Futebol Clu	<b>4:31.16</b>	663	- A
	50m: 30.63 30.63	150m: 1:38.70 34.30	250m: 2:48.27 34.88	300m: 3:23.07 34.80	350m: 3:57.76 34.69	400m: 4:31.16 33.40		
6.	Mariana Amaral, MENDES	+0,78	123959	02	Sporting	<b>4:31.97</b>	657	- A
	50m: 31.71 31.71	150m: 1:39.94 34.11	250m: 2:49.00 34.54	300m: 3:23.59 34.59	350m: 3:58.30 34.71	400m: 4:31.97 33.67		
7.	Daniela Magalhaes, LOPES	+0,80	130098	05	Famalicao	<b>4:34.71</b>	637	- A
	50m: 31.42 31.42	150m: 1:40.16 34.78	250m: 2:50.20 35.44	300m: 3:25.02 34.82	350m: 3:50.34 35.32	400m: 4:34.71 34.37		
8.	Beatriz Silva, LOURO	+0,68	129303	07	Louletano / Loule Concelho	<b>4:35.75</b>	630	- A
	50m: 31.26 31.26	150m: 1:40.11 34.73	250m: 2:50.37 35.22	300m: 3:25.73 35.36	350m: 4:01.02 35.29	400m: 4:35.75 34.73		
9.	Nina, MANI	+0,75		09	Swiss Aquatics RZW	<b>4:37.03</b>	621	- B
	50m: 32.23 32.23	150m: 1:42.19 35.15	250m: 2:53.88 36.03	300m: 3:29.53 35.65	350m: 4:04.26 34.73	400m: 4:37.03 32.77		
10.	Mafalda Marques, PINTO	+0,77	125422	02	Sporting	<b>4:39.11</b>	608	- B
	50m: 31.78 31.78	150m: 1:41.62 35.00	250m: 2:52.42 35.58	300m: 3:28.37 35.95	350m: 4:04.69 36.32	400m: 4:39.11 34.42		
11.	Talia, JORDAN	+0,78		07	Swiss Aquatics RZW	<b>4:39.90</b>	602	- B
	50m: 32.29 32.29	150m: 1:43.98 35.49	250m: 2:55.91 35.35	300m: 3:31.53 35.62	350m: 4:05.62 34.09	400m: 4:39.90 34.28		
12.	Rita Sofia, NUNES	+0,87	129103	05	Colegio Efanor	<b>4:40.29</b>	600	- B
	50m: 32.00 32.00	150m: 1:42.22 35.53	250m: 2:53.72 35.56	300m: 3:29.75 36.03	350m: 4:05.18 35.43	400m: 4:40.29 35.11		
13.	Marta Lima, PIMENTEL	+0,81	130230	04	Porto	<b>4:41.29</b>	594	- B
	50m: 32.07 32.07	150m: 1:42.66 35.66	250m: 2:54.80 36.06	300m: 3:30.71 35.91	350m: 4:06.59 35.88	400m: 4:41.29 34.70		

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.76277

Registered to Associação de Natação do Norte de Portugal

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Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	FINA	Pts
14.	Catarina Gaspar, PIRES 50m: 32.08 32.08 100m: 1:06.20 34.12	+0,82 150m: 1:41.68 35.48 200m: 2:17.33 35.65	129871	06	Porto	4:41.84 250m: 2:53.67 36.34 300m: 3:29.89 36.22 350m: 4:06.54 36.65 400m: 4:41.84 35.30	590	- B
15.	Misty, MAYE 50m: 31.42 31.42 100m: 1:06.46 35.04	+0,73 150m: 1:42.91 36.45 200m: 2:19.54 36.63		02	Swiss Aquatics RZW	4:43.32 250m: 2:55.93 36.39 300m: 3:32.58 36.65 350m: 4:08.62 36.04 400m: 4:43.32 34.70	581	- B
16.	Carolina Esteves, PEIXOTO 50m: 32.01 32.01 100m: 1:06.49 34.48	+0,81 150m: 1:41.98 35.49 200m: 2:17.96 35.98	133308	06	Braga	4:43.38 250m: 2:54.19 36.23 300m: 3:30.72 36.53 350m: 4:07.59 36.87 400m: 4:43.38 35.79	580	- B
17.	Joana Barbas, RAMOS 50m: 32.62 32.62 100m: 1:08.04 35.42	+0,80 150m: 1:44.08 36.04 200m: 2:20.05 35.97	153484	06	Gafanha da Encarnacao	4:44.06 250m: 2:56.49 36.44 300m: 3:32.55 36.06 350m: 4:08.86 36.31 400m: 4:44.06 35.20	576	- R
18.	Bianca Filipa, ALMEIDA 50m: 31.81 31.81 100m: 1:06.67 34.86	+0,80 150m: 1:42.74 36.07 200m: 2:19.73 36.99	204110	07	Alges e Agueda XXI	4:47.83 250m: 2:56.83 37.10 300m: 3:34.33 37.50 350m: 4:11.34 37.01 400m: 4:47.83 36.49	554	- R
19.	Vanessa Sofia, OLIVEIRA 50m: 33.09 33.09 100m: 1:08.27 35.18	+0,83 150m: 1:45.05 36.78 200m: 2:21.42 36.37	127640	05	Gafanha da Encarnacao	4:48.50 250m: 2:58.67 37.25 300m: 3:35.53 36.86 350m: 4:12.52 36.99 400m: 4:48.50 35.98	550	-
20.	Catarina Isabel, CARLOTA 50m: 32.66 32.66 100m: 1:08.45 35.79	+0,77 150m: 1:45.61 37.16 200m: 2:22.69 37.08	132493	05	Selecao de Santarem	4:51.94 250m: 3:00.51 37.82 300m: 3:37.72 37.21 350m: 4:15.46 37.74 400m: 4:51.94 36.48	531	-
21.	Maria Carvalho, PINTO FTL 50m: 32.44 32.44 100m: 1:08.56 36.12	+0,86 150m: 1:45.80 37.24 200m: 2:23.41 37.61	206343	09	Viana Natacao	4:54.80 250m: 3:01.87 38.46 300m: 3:39.66 37.79 350m: 4:17.89 38.23 400m: 4:54.80 36.91	516	-
22.	Ana Carolina, NEVES FTL 50m: 32.05 32.05 100m: 1:08.24 36.19	+0,67 150m: 1:45.98 37.74 200m: 2:24.30 38.32	200350	08	Fluvial Portuense	4:56.25 250m: 3:02.61 38.31 300m: 3:40.81 38.20 350m: 4:18.86 38.05 400m: 4:56.25 37.39	508	-
WDR	Margaux Verger, GOURSON		218761	95	Fluvial Portuense			-
WDR	Margarida Vieira, PINTO		204344	07	Braga			-

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