

Prova 7 Absolutos
22/04/2023 - 10:06 Resultados Elimin
Masc., 400m Livres

Recorde Nacional 25m Absoluto	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recorde Nacional 25m Sen	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recorde Nacional 25m Jun 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Recorde Nacional 25m Jun 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24/11/2007
Recorde Nacional 25m Juv A	3:58.82	Diogo Matos, RIBEIRO	CUC	Mealhada	07/12/2019
Recorde Nacional 25m Juv B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023
Recorde Nacional 25m Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Recorde Nacional 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

INF - JUV - MASCULINOS Inf - Juv: 4:48.06 / JUN - SEN - MASCULINOS Jun - Sen: 4:27.41

Pontos: FINA 2022

Lugar	Nome	T. Reaçao	Licença	Ano	Clube	Tempo Final	Pts		
Infantis - Juvenis									
1.	Guilherme Costa, SOARES	+0,75	201093	08	Vilacondense	4:11.89	598 Q		
	50m: 28.90 28.90	150m: 1:32.87 32.22	250m: 2:36.60 31.26	350m: 3:40.59 32.05		100m: 1:00.65 31.75	200m: 2:05.34 32.47	300m: 3:08.54 31.94	400m: 4:11.89 31.30
2.	Tomas Pinto, PEIXOTO	+0,78	203354	08	Porto	4:14.93	577 Q		
	50m: 28.35 28.35	150m: 1:31.50 31.65	250m: 2:35.96 32.38	350m: 3:41.96 33.11		100m: 59.85 31.50	200m: 2:03.58 32.08	300m: 3:08.85 32.89	400m: 4:14.93 32.97
3.	Rodrigo Costa, BORGES	+0,73	133190	07	Fluvial Portuense	4:15.45	573 Q		
	50m: 28.74 28.74	150m: 1:31.66 31.77	250m: 2:36.75 32.51	350m: 3:42.46 33.01		100m: 59.89 31.15	200m: 2:04.24 32.58	300m: 3:09.45 32.70	400m: 4:15.45 32.99
4.	Miguel Fragoso, MEDEIROS	+0,81	200778	08	Porto	4:16.70	565 Q		
	50m: 29.45 29.45	150m: 1:33.74 32.37	250m: 2:38.64 32.37	350m: 3:44.54 32.94		100m: 1:01.37 31.92	200m: 2:06.27 32.53	300m: 3:11.60 32.96	400m: 4:16.70 32.16
5.	Tiago Andre, CANELAS	+0,71	200358	08	Fluvial Portuense	4:21.86	532 Q		
	50m: 28.98 28.98	150m: 1:34.51 33.22	250m: 2:41.85 33.82	350m: 3:50.11 33.97		100m: 1:01.29 32.31	200m: 2:08.03 33.52	300m: 3:16.14 34.29	400m: 4:21.86 31.75
6.	Luis Filipe, CARVALHO	+0,67	132279	07	Clube Naval Povoense	4:23.47	522 Q		
	50m: 30.29 30.29	150m: 1:36.21 32.77	250m: 2:42.19 32.72	350m: 3:49.43 33.48		100m: 1:03.44 33.15	200m: 2:09.47 33.26	300m: 3:15.95 33.76	400m: 4:23.47 34.04
7.	Afonso Miguel, NOGUEIRA	+0,89	200633	07	Braga	4:23.63	521 Q		
	50m: 30.30 30.30	150m: 1:36.62 33.36	250m: 2:44.70 33.93	350m: 3:52.39 33.84		100m: 1:03.26 32.96	200m: 2:10.77 34.15	300m: 3:18.55 33.85	400m: 4:23.63 31.24
8.	Andre Leitao, COSTA	+0,71	201806	07	Assoc. Desportiva de Fafe	4:23.75	521 Q		
	50m: 30.84 30.84	150m: 1:37.94 34.14	250m: 2:45.26 33.38	350m: 3:52.65 33.58		100m: 1:03.80 32.96	200m: 2:11.88 33.94	300m: 3:19.07 33.81	400m: 4:23.75 31.10
9.	Goncalo Augusto, SOARES	+0,87	206424	08	Porto	4:24.51	516 R		
	50m: 29.79 29.79	150m: 1:35.01 33.15	250m: 2:43.18 34.17	350m: 3:51.36 34.21		100m: 1:01.86 32.07	200m: 2:09.01 34.00	300m: 3:17.15 33.97	400m: 4:24.51 33.15
10.	Goncalo Andre, FERREIRA	+0,85	151733	07	Ginásio Vila Real	4:26.43	505 R		
	50m: 29.73 29.73	150m: 1:36.72 33.98	250m: 2:45.09 33.66	350m: 3:53.09 34.31		100m: 1:02.74 33.01	200m: 2:11.43 34.71	300m: 3:18.78 33.69	400m: 4:26.43 33.34
11.	Luis Pedro, GONCALVES	+1,00	146966	08	Braga	4:26.95	502		
	50m: 31.40 31.40	150m: 1:38.21 34.31	250m: 2:45.37 33.47	350m: 3:53.61 34.22		100m: 1:03.90 32.50	200m: 2:11.90 33.69	300m: 3:19.39 34.02	400m: 4:26.95 33.34
12.	Tomas Rocha, DORES	+0,75	200766	07	Colegio Efanor	4:27.30	500		
	50m: 29.79 29.79	150m: 1:36.40 33.71	250m: 2:45.10 34.33	350m: 3:54.17 34.20		100m: 1:02.69 32.90	200m: 2:10.77 34.37	300m: 3:19.97 34.87	400m: 4:27.30 33.13
13.	Martim Cunha, MACEDO	+0,82	204594	09	Natacao da Maia	4:31.83	476		
	50m: 30.34 30.34	150m: 1:37.46 34.27	250m: 2:47.14 34.82	350m: 3:57.85 35.75		100m: 1:03.19 32.85	200m: 2:12.32 34.86	300m: 3:22.10 34.96	400m: 4:31.83 33.98
14.	David Luis, ANTUNES	+0,76	201934	07	Fluvial Portuense	4:34.45	462		
	50m: 30.57 30.57	150m: 1:39.00 34.87	250m: 2:49.78 35.46	350m: 4:00.73 35.39		100m: 1:04.13 33.56	200m: 2:14.32 35.32	300m: 3:25.34 35.56	400m: 4:34.45 33.72
15.	Pedro Lages, MARTINS	+0,81	208429	07	Algés e Águeda XXI	4:41.57	428		
	50m: 31.08 31.08	150m: 1:40.75 35.49	250m: 2:52.03 35.67	350m: 4:05.51 37.14		100m: 1:05.26 34.18	200m: 2:16.36 35.61	300m: 3:28.37 36.34	400m: 4:41.57 36.06
WDR	Miguel Guedes, FERREIRA		205181	07	Porto				

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.76277

Registered to Associação de Nataçao do Norte de Portugal

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PARCEIROS INSTITUCIONAIS

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Prova 7, Masc., 400m Livres, Elimin

Juniores - Seniores

1.	Francisco Rodriguez, AMARAL	+0,81	122608	02	Porto	4:03.06	665	Q
	50m: 28.19 28.19	150m: 1:29.73 30.96	250m: 2:31.74 31.09	350m: 3:32.98 30.70				
	100m: 58.77 30.58	200m: 2:00.65 30.92	300m: 3:02.28 30.54	400m: 4:03.06 30.08				
2.	Goncalo Renato, CARVALHO	+0,69	127586	04	Porto	4:07.43	631	Q
	50m: 28.50 28.50	150m: 1:30.59 31.30	250m: 2:33.25 31.42	350m: 3:36.64 31.53				
	100m: 59.29 30.79	200m: 2:01.83 31.24	300m: 3:05.11 31.86	400m: 4:07.43 30.79				
3.	Afonso Carvalho, SILVA	+0,76	130127	05	Famalic�o	4:07.76	628	Q
	50m: 27.64 27.64	150m: 1:30.35 31.51	250m: 2:34.06 31.96	350m: 3:37.62 31.70				
	100m: 58.84 31.20	200m: 2:02.10 31.75	300m: 3:05.92 31.86	400m: 4:07.76 30.14				
4.	Diogo Barbosa, NUNES	+0,75	110529	00	Colegio Efanor	4:11.14	603	Q
	50m: 28.83 28.83	150m: 1:32.04 31.69	250m: 2:35.97 31.69	350m: 3:39.61 31.92				
	100m: 1:00.35 31.52	200m: 2:04.28 32.24	300m: 3:07.69 31.72	400m: 4:11.14 31.53				
5.	Afonso Martim, LEITE	+0,80	127335	05	Foca Quinta da Lixa CNF	4:11.62	600	Q
	50m: 28.84 28.84	150m: 1:32.21 31.67	250m: 2:36.66 32.36	350m: 3:41.08 32.21				
	100m: 1:00.54 31.70	200m: 2:04.30 32.09	300m: 3:08.87 32.21	400m: 4:11.62 30.54				
6.	Alexandre Ramos, GONCALVES	+0,72	128601	05	Sporting Clube Sao Joao Ver	4:12.29	595	Q
	50m: 28.63 28.63	150m: 1:30.30 31.08	250m: 2:34.95 32.55	350m: 3:40.40 32.54				
	100m: 59.22 30.59	200m: 2:02.40 32.10	300m: 3:07.86 32.91	400m: 4:12.29 31.89				
7.	Bruno Silva, LOUREIRO	+0,78	129872	06	Porto	4:14.55	579	Q
	50m: 28.88 28.88	150m: 1:31.94 31.87	250m: 2:37.07 32.63	350m: 3:42.87 32.92				
	100m: 1:00.07 31.19	200m: 2:04.44 32.50	300m: 3:09.95 32.88	400m: 4:14.55 31.68				
8.	Marcio Fernandes, GOMES	+0,78	200286	04	Braga	4:15.61	572	Q
	50m: 30.00 30.00	150m: 1:33.71 32.34	250m: 2:39.11 32.86	350m: 3:45.51 33.09				
	100m: 1:01.37 31.37	200m: 2:06.25 32.54	300m: 3:12.42 33.31	400m: 4:15.61 30.10				
9.	Joao Pedro, TORRES	+0,88	127551	05	Porto	4:19.73	545	R
	50m: 28.91 28.91	150m: 1:32.59 32.09	250m: 2:39.38 33.46	350m: 3:46.96 33.56				
	100m: 1:00.50 31.59	200m: 2:05.92 33.33	300m: 3:13.40 34.02	400m: 4:19.73 32.77				
10.	Miguel Costa, DURAO	+1,02	201051	06	Braga	4:21.24	536	R
	50m: 29.59 29.59	150m: 1:35.30 32.99	250m: 2:42.34 33.70	350m: 3:50.21 34.21				
	100m: 1:02.31 32.72	200m: 2:08.64 33.34	300m: 3:16.00 33.66	400m: 4:21.24 31.03				
11.	Milan Santos, JEVIC	+0,82	132777	06	Braga	4:21.27	536	
	50m: 28.59 28.59	150m: 1:33.65 33.40	250m: 2:42.40 34.25	350m: 3:48.71 32.00				
	100m: 1:00.25 31.66	200m: 2:08.15 34.50	300m: 3:16.71 34.31	400m: 4:21.27 32.56				
12.	Abel Renato, FERREIRA	+0,75	131149	05	Alg�s e �gueda XXI	4:22.60	528	
	50m: 29.28 29.28	150m: 1:33.58 32.52	250m: 2:39.90 33.71	350m: 3:49.02 34.84				
	100m: 1:01.06 31.78	200m: 2:06.19 32.61	300m: 3:14.18 34.28	400m: 4:22.60 33.58				
13.	Eduardo Nuno, FARIA	+0,76	200280	06	Braga	4:23.15	524	
	50m: 28.85 28.85	150m: 1:34.11 32.93	250m: 2:41.43 34.03	350m: 3:49.74 34.21				
	100m: 1:01.18 32.33	200m: 2:07.40 33.29	300m: 3:15.53 34.10	400m: 4:23.15 33.41				
WDR	Jose Paulo, LOPES		117924	00	Braga			
WDR	Joao Maria, SOUSA		130462	05	Braga			
WDR	Gabriel Moreira, SANTOS		127679	04	Famalic�o			

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O Juiz  rbitro

Splash Meet Manager, 11.76277

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