

Prova 40 Masc., 800m Livres Absolutos
23/04/2023 - 16:37 Resultados

Recorde Nacional 25m Absoluto	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Recorde Nacional 25m Sen	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Recorde Nacional 25m Jun 18	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	11/12/2015
Recorde Nacional 25m Jun 17	8:00.80	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
Recorde Nacional 25m Juv A	8:09.43	Rui Filipe, COSTA	VSC	Senhora da Hora	12/05/2007
Recorde Nacional 25m Juv B	8:25.99	Rui Silva, PEREIRA	POR	Tomar	14/01/2023
Recorde Nacional 25m Inf A	8:36.36	Andre Vilas, RUIVO	DNMG	Nazar�	25/05/2014
Recorde Nacional 25m Inf B	9:07.20	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013

INF - JUV - MASCULINOS Inf - Juv: 9:49.77 / JUN - SEN - MASCULINOS Jun - Sen: 9:09.66

Pontos: FINA 2022

Lugar	Nome	T. Reaç�o	Licenç	Ano	Clube	Tempo Final	Pts
Infantis - Juvenis							
1.	Rodrigo Costa, BORGES	+0,76	133190	07	Fluvial Portuense	8:38.52	625
	50m: 28.91 28.91	250m: 2:38.90 33.05	450m: 4:50.45 32.72	650m: 7:02.26 32.92			
	100m: 1:00.65 31.74	300m: 3:11.76 32.86	500m: 5:23.07 32.62	700m: 7:34.84 32.58			
	150m: 1:33.04 32.39	350m: 3:44.67 32.91	550m: 5:56.14 33.07	750m: 8:07.36 32.52			
	200m: 2:05.85 32.81	400m: 4:17.73 33.06	600m: 6:29.34 33.20	800m: 8:38.52 31.16			
2.	Guilherme Costa, SOARES	+0,76	201093	08	Vilacondense	8:43.61	607
	50m: 30.54 30.54	250m: 2:41.43 32.92	450m: 4:54.04 32.78	650m: 7:07.41 33.15			
	100m: 1:03.20 32.66	300m: 3:14.69 33.26	500m: 5:27.37 33.33	700m: 7:40.50 33.09			
	150m: 1:35.72 32.52	350m: 3:47.96 33.27	550m: 6:00.88 33.51	750m: 8:13.60 33.10			
	200m: 2:08.51 32.79	400m: 4:21.26 33.30	600m: 6:34.26 33.38	800m: 8:43.61 30.01			
3.	Miguel Fragoso, MEDEIROS	+0,77	200778	08	Porto	8:43.85	606
	50m: 30.07 30.07	250m: 2:41.46 32.85	450m: 4:54.37 33.00	650m: 7:07.91 33.29			
	100m: 1:02.50 32.43	300m: 3:14.72 33.26	500m: 5:27.48 33.11	700m: 7:40.57 32.66			
	150m: 1:35.25 32.75	350m: 3:48.01 33.29	550m: 6:01.04 33.56	750m: 8:13.70 33.13			
	200m: 2:08.61 33.36	400m: 4:21.37 33.36	600m: 6:34.62 33.58	800m: 8:43.85 30.15			
4.	Tiago Andre, CANELAS	+0,77	200358	08	Fluvial Portuense	8:53.94	572
	50m: 29.83 29.83	250m: 2:42.83 33.52	450m: 4:58.98 34.28	650m: 7:14.81 34.13			
	100m: 1:02.69 32.86	300m: 3:16.36 33.53	500m: 5:32.86 33.88	700m: 7:48.61 33.80			
	150m: 1:35.82 33.13	350m: 3:50.45 34.09	550m: 6:06.60 33.74	750m: 8:22.08 33.47			
	200m: 2:09.31 33.49	400m: 4:24.70 34.25	600m: 6:40.68 34.08	800m: 8:53.94 31.86			
5.	Goncalo Augusto, SOARES	+0,97	206424	08	Porto	8:55.83	566
	50m: 30.21 30.21	250m: 2:43.46 33.71	450m: 4:58.84 33.62	650m: 7:15.10 33.98			
	100m: 1:02.98 32.77	300m: 3:17.38 33.92	500m: 5:32.90 34.06	700m: 7:49.24 34.14			
	150m: 1:36.11 33.13	350m: 3:51.62 34.24	550m: 6:06.89 33.99	750m: 8:22.95 33.71			
	200m: 2:09.75 33.64	400m: 4:25.22 33.60	600m: 6:41.12 34.23	800m: 8:55.83 32.88			
6.	Afonso Miguel, NOGUEIRA	+0,79	200633	07	Braga	9:11.66	519
	50m: 30.79 30.79	250m: 2:48.12 34.75	450m: 5:07.80 34.52	650m: 7:28.53 35.24			
	100m: 1:04.18 33.39	300m: 3:23.23 35.11	500m: 5:42.78 34.98	700m: 8:03.61 35.08			
	150m: 1:38.49 34.31	350m: 3:58.24 35.01	550m: 6:17.80 35.02	750m: 8:38.52 34.91			
	200m: 2:13.37 34.88	400m: 4:33.28 35.04	600m: 6:53.29 35.49	800m: 9:11.66 33.14			
7.	Luis Pedro, GONCALVES	+0,97	146966	08	Braga	9:15.11	509
	50m: 31.20 31.20	250m: 2:47.82 34.68	450m: 5:08.11 34.76	650m: 7:29.07 35.44			
	100m: 1:04.39 33.19	300m: 3:22.96 35.14	500m: 5:42.95 34.84	700m: 8:05.02 35.95			
	150m: 1:38.36 33.97	350m: 3:57.98 35.02	550m: 6:18.14 35.19	750m: 8:40.74 35.72			
	200m: 2:13.14 34.78	400m: 4:33.35 35.37	600m: 6:53.63 35.49	800m: 9:15.11 34.37			
8.	Martim Goncalves, JESUS	+0,81	207329	08	Sporting Club Caminhense	9:33.47	462
	50m: 31.66 31.66	250m: 2:53.60 36.34	450m: 5:19.42 36.32	650m: 7:46.83 36.76			
	100m: 1:06.17 34.51	300m: 3:30.09 36.49	500m: 5:56.30 36.88	700m: 8:23.50 36.67			
	150m: 1:41.49 35.32	350m: 4:06.67 36.58	550m: 6:33.25 36.95	750m: 8:59.81 36.31			
	200m: 2:17.26 35.77	400m: 4:43.10 36.43	600m: 7:10.07 36.82	800m: 9:33.47 33.66			
9.	Diogo Filipe, CORREIA	+0,70	204338	07	Braga	9:45.32	434
	50m: 31.49 31.49	250m: 2:56.74 36.97	450m: 5:26.06 37.58	650m: 7:56.24 37.15			
	100m: 1:06.17 34.68	300m: 3:33.69 36.95	500m: 6:03.40 37.34	700m: 8:34.23 37.99			
	150m: 1:42.64 36.47	350m: 4:11.09 37.40	550m: 6:40.97 37.57	750m: 9:11.58 37.35			
	200m: 2:19.77 37.13	400m: 4:48.48 37.39	600m: 7:19.09 38.12	800m: 9:45.32 33.74			
WDR	Miguel Guedes, FERREIRA		205181	07	Porto		

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O Juiz  rbitro

Splash Meet Manager, 11.76277

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PARCEIROS INSTITUCIONAIS

PARCEIRO

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Prova 40, Masc., 800m Livres

Juniores - Seniores

1.	Francisco Rodriguez, AMARAL	+0,77	122608	02	Porto	8:07.10	754
	50m: 28.32 28.32	250m: 2:31.30 30.68	450m: 4:34.25 30.56	650m: 6:36.44 30.55			
	100m: 58.81 30.49	300m: 3:02.07 30.77	500m: 5:04.63 30.38	700m: 7:07.15 30.71			
	150m: 1:29.64 30.83	350m: 3:32.78 30.71	550m: 5:35.31 30.68	750m: 7:37.62 30.47			
	200m: 2:00.62 30.98	400m: 4:03.69 30.91	600m: 6:05.89 30.58	800m: 8:07.10 29.48			
2.	Goncalo Renato, CARVALHO	+0,70	127586	04	Porto	8:29.94	657
	50m: 29.40 29.40	250m: 2:36.74 32.14	450m: 4:45.22 31.98	650m: 6:54.41 32.51			
	100m: 1:01.10 31.70	300m: 3:08.86 32.12	500m: 5:17.35 32.13	700m: 7:26.76 32.35			
	150m: 1:32.95 31.85	350m: 3:40.88 32.02	550m: 5:49.64 32.29	750m: 7:59.31 32.55			
	200m: 2:04.60 31.65	400m: 4:13.24 32.36	600m: 6:21.90 32.26	800m: 8:29.94 30.63			
3.	Joao Maria, SOUSA	+0,79	130462	05	Braga	8:30.51	655
	50m: 28.98 28.98	250m: 2:36.44 32.01	450m: 4:44.72 32.03	650m: 6:54.23 32.67			
	100m: 1:00.49 31.51	300m: 3:08.58 32.14	500m: 5:16.89 32.17	700m: 7:26.96 32.73			
	150m: 1:32.38 31.89	350m: 3:40.70 32.12	550m: 5:49.17 32.28	750m: 7:59.56 32.60			
	200m: 2:04.43 32.05	400m: 4:12.69 31.99	600m: 6:21.56 32.39	800m: 8:30.51 30.95			
4.	Bruno Silva, LOUREIRO	+0,80	129872	06	Porto	8:35.57	636
	50m: 29.80 29.80	250m: 2:37.98 32.15	450m: 4:47.69 32.45	650m: 6:58.99 32.73			
	100m: 1:01.66 31.86	300m: 3:10.26 32.28	500m: 5:20.42 32.73	700m: 7:31.82 32.83			
	150m: 1:33.57 31.91	350m: 3:42.34 32.08	550m: 5:53.24 32.82	750m: 8:04.33 32.51			
	200m: 2:05.83 32.26	400m: 4:15.24 32.90	600m: 6:26.26 33.02	800m: 8:35.57 31.24			
5.	Francisco Couto, FRAZAO	+0,86	131112	06	Individual Coimbra	8:36.29	633
	50m: 29.43 29.43	250m: 2:39.78 33.30	450m: 4:50.32 32.50	650m: 7:00.93 32.46			
	100m: 1:01.51 32.08	300m: 3:12.66 32.88	500m: 5:22.81 32.49	700m: 7:33.74 32.81			
	150m: 1:33.79 32.28	350m: 3:45.25 32.59	550m: 5:55.63 32.82	750m: 8:06.21 32.47			
	200m: 2:06.48 32.69	400m: 4:17.82 32.57	600m: 6:28.47 32.84	800m: 8:36.29 30.08			
6.	Marcio Fernandes, GOMES	+0,79	200286	04	Braga	8:36.87	631
	50m: 30.33 30.33	250m: 2:39.68 32.79	450m: 4:50.98 32.95	650m: 7:02.93 33.08			
	100m: 1:02.33 32.00	300m: 3:12.39 32.71	500m: 5:24.58 33.60	700m: 7:35.54 32.61			
	150m: 1:34.49 32.16	350m: 3:45.16 32.77	550m: 5:57.19 32.61	750m: 8:06.93 31.39			
	200m: 2:06.89 32.40	400m: 4:18.03 32.87	600m: 6:29.85 32.66	800m: 8:36.87 29.94			
7.	Alexandre Ramos, GONCALVES	+0,75	128601	05	Sporting Clube Sao Joao Ver	8:49.30	587
	50m: 29.43 29.43	250m: 2:37.42 32.05	450m: 4:51.48 34.07	650m: 7:07.96 34.31			
	100m: 1:01.26 31.83	300m: 3:10.41 32.99	500m: 5:25.58 34.10	700m: 7:42.57 34.61			
	150m: 1:33.41 32.15	350m: 3:43.87 33.46	550m: 5:59.51 33.93	750m: 8:16.36 33.79			
	200m: 2:05.37 31.96	400m: 4:17.41 33.54	600m: 6:33.65 34.14	800m: 8:49.30 32.94			
8.	Milan Santos, JEVIC	+0,82	132777	06	Braga	8:56.52	564
	50m: 29.63 29.63	250m: 2:41.25 33.00	450m: 4:57.96 34.64	650m: 7:17.29 35.14			
	100m: 1:02.10 32.47	300m: 3:15.17 33.92	500m: 5:32.67 34.71	700m: 7:51.42 34.13			
	150m: 1:35.46 33.36	350m: 3:49.08 33.91	550m: 6:07.48 34.81	750m: 8:24.78 33.36			
	200m: 2:08.25 32.79	400m: 4:23.32 34.24	600m: 6:42.15 34.67	800m: 8:56.52 31.74			
9.	Abel Renato, FERREIRA	+0,74	131149	05	Alg�s e �gueda XXI	8:57.56	561
	50m: 30.95 30.95	250m: 2:45.09 33.79	450m: 4:59.40 33.06	650m: 7:15.75 34.21			
	100m: 1:04.33 33.38	300m: 3:18.68 33.59	500m: 5:33.17 33.77	700m: 7:50.27 34.52			
	150m: 1:37.87 33.54	350m: 3:52.57 33.89	550m: 6:07.22 34.05	750m: 8:24.24 33.97			
	200m: 2:11.30 33.43	400m: 4:26.34 33.77	600m: 6:41.54 34.32	800m: 8:57.56 33.32			
WDR	Jose Paulo, LOPES		117924	00	Braga		

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