

Prova 8
04/02/2023 - 10:43

Femin., 400m Livres

Absolutos
Resultados Elimin

Recorde Nacional Absoluto	4:09.49	Diana Margarida, DURAES	POR	Tarragona (ESP)	25/06/2018
Recorde Nacional Sen	4:09.49	Diana Margarida, DURAES	POR	Tarragona (ESP)	25/06/2018
Recorde Nacional 17	4:14.67	Tamila Hryhorivna, HOLUB	SCB	Oeiras	23/07/2016
Recorde Nacional 16	4:20.37	Marta Andreia, FERREIRA	POR	Berlim (GER)	04/08/2002
Recorde Nacional Juv A	4:20.78	Tamila Hryhorivna, HOLUB	POR	Porto	07/06/2014
Recorde Nacional Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
Recorde Nacional Inf A	4:31.53	Alexandra Maria, SILVA	POR	Skovde (SWE)	08/08/1980
Recorde Nacional Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27/07/1979
Recorde Nacional S8	5:42.76	Ana Filipa, CASTRO	FVCD	Oeiras	11/05/2019
Recorde Meeting	4:14.02	Diana Margarida, DURAES	POR	Povoa de Varzim	02/02/2019

TLP - ABS FEMININOS : 4:57.92

Lugar	Nome	T. Reaç�o	Classe	Licena	Ano	Clube	Tempo Final	Pts
1.	Diana Margarida, DURAES	+0,76		102992	96	Benfica	4:21.34	- A
	50m: 31.01 31.01	150m: 1:36.55 32.84	250m: 2:42.47 32.99	350m: 3:48.74 33.16	400m: 4:21.34 32.60			
	100m: 1:03.71 32.70	200m: 2:09.48 32.93	300m: 3:15.58 33.11					
2.	Maria, DE VALDÉS �LVAREZ	+0,84		1132861	98	Federaci�n Gallega Nataci�n	4:22.56	- A
	50m: 31.06 31.06	150m: 1:36.21 32.63	250m: 2:42.82 33.18	350m: 3:49.43 33.34	400m: 4:22.56 33.13			
	100m: 1:03.58 32.52	200m: 2:09.64 33.43	300m: 3:16.09 33.27					
3.	Tamila Hryhorivna, HOLUB	+0,83		116887	99	Braga	4:25.45	- A
	50m: 31.24 31.24	150m: 1:37.62 33.29	250m: 2:44.55 33.37	350m: 3:51.98 33.68	400m: 4:25.45 33.47			
	100m: 1:04.33 33.09	200m: 2:11.18 33.56	300m: 3:18.30 33.75					
4.	Raquel, CANDO SANTOS	+0,82		1075937	03	Federaci�n Gallega Nataci�n	4:27.41	- A
	50m: 31.85 31.85	150m: 1:38.20 33.27	250m: 2:45.41 33.37	350m: 3:53.81 34.08	400m: 4:27.41 33.60			
	100m: 1:04.93 33.08	200m: 2:12.04 33.84	300m: 3:19.73 34.32					
5.	Angelica Maria, ANDRE	+0,75		15497	94	Porto	4:29.07	- A
	50m: 31.28 31.28	150m: 1:38.53 33.97	250m: 2:47.96 34.92	350m: 3:56.79 34.43	400m: 4:29.07 32.28			
	100m: 1:04.56 33.28	200m: 2:13.04 34.51	300m: 3:22.36 34.40					
6.	Alba, G�MEZ MESIAS	+0,76		1037642	00	Federaci�n Gallega Nataci�n	4:29.17	- A
	50m: 31.17 31.17	150m: 1:38.79 33.90	250m: 2:47.67 34.61	350m: 3:56.52 34.02	400m: 4:29.17 32.65			
	100m: 1:04.89 33.72	200m: 2:13.06 34.27	300m: 3:22.50 34.83					
7.	Gaia, VALENTE	+0,76		518071	07	Team Lombardia Nuoto	4:29.90	- A
	50m: 31.02 31.02	150m: 1:38.48 33.67	250m: 2:47.48 34.98	350m: 3:56.74 34.82	400m: 4:29.90 33.16			
	100m: 1:04.81 33.79	200m: 2:12.50 34.02	300m: 3:21.92 34.44					
8.	Joana Nunes, CARDEAL	+0,86		124752	02	Academico Viseu Futebol Clube	4:33.50	- A
	50m: 31.24 31.24	150m: 1:39.75 34.53	250m: 2:49.38 34.88	350m: 3:59.42 34.87	400m: 4:33.50 34.08			
	100m: 1:05.22 33.98	200m: 2:14.50 34.75	300m: 3:24.55 35.17					
9.	Beatriz Nunes, CARDEAL	+0,69		124753	04	Academico Viseu Futebol Clube	4:34.55	- B
	50m: 31.97 31.97	150m: 1:41.38 34.89	250m: 2:51.47 34.72	350m: 4:01.23 34.80	400m: 4:34.55 33.32			
	100m: 1:06.49 34.52	200m: 2:16.75 35.37	300m: 3:26.43 34.96					
10.	Ines Santos, AMORIM	+0,84		200626	06	Escola Desportiva de Viana	4:36.45	- B
	50m: 32.09 32.09	150m: 1:41.50 34.73	250m: 2:51.72 34.93	350m: 4:02.56 35.45	400m: 4:36.45 33.89			
	100m: 1:06.77 34.68	200m: 2:16.79 35.29	300m: 3:27.11 35.39					
11.	Francisca Macedo, LOPES	+0,82		129982	05	Vilacondense	4:38.15	- B
	50m: 31.26 31.26	150m: 1:39.93 34.35	250m: 2:50.46 35.32	350m: 4:02.53 36.20	400m: 4:38.15 35.62			
	100m: 1:05.58 34.32	200m: 2:15.14 35.21	300m: 3:26.33 35.87					
12.	Carolina Esteves, PEIXOTO	+0,91		133308	06	Braga	4:40.30	- B
	50m: 32.16 32.16	150m: 1:42.02 35.22	250m: 2:53.15 35.59	350m: 4:05.13 35.87	400m: 4:40.30 35.17			
	100m: 1:06.80 34.64	200m: 2:17.56 35.54	300m: 3:29.26 36.11					
13.	Daniela Magalhaes, LOPES	+0,82		130098	05	Famalici�o	4:40.93	- B
	50m: 31.94 31.94	150m: 1:41.26 35.03	250m: 2:53.13 35.98	350m: 4:05.45 35.85	400m: 4:40.93 35.48			
	100m: 1:06.23 34.29	200m: 2:17.15 35.89	300m: 3:29.60 36.47					
14.	Margarida Vieira, PINTO	+0,81		204344	07	Braga	4:41.23	- B
	50m: 31.49 31.49	150m: 1:41.12 35.36	250m: 2:52.76 36.03	350m: 4:05.45 36.15	400m: 4:41.23 35.78			
	100m: 1:05.76 34.27	200m: 2:16.73 35.61	300m: 3:29.30 36.54					
15.	Marta Lima, PIMENTEL	+0,83		130230	04	Porto	4:42.74	- B
	50m: 32.64 32.64	150m: 1:43.13 35.60	250m: 2:55.33 36.07	350m: 4:07.48 36.06	400m: 4:42.74 35.26			
	100m: 1:07.53 34.89	200m: 2:19.26 36.13	300m: 3:31.42 36.09					

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.75806

Registered to Associa o de Nata o do Norte de Portugal

05/02/2023 9:47 - P gina 1

|ORGANIZA O



|PARCEIRO



|FORNECEDOR OFICIAL



Prova 8, Femin., 400m Livres, Elimin, Absolutos

Lugar	Nome	T. Reaç�o	Classe	Licença	Ano	Clube	Tempo Final	Pts
16.	Rita Sofia, NUNES	+0,78		129103	05	Colegio Efanor	4:45.32	- B
	50m: 31.99 31.99	150m: 1:42.69 35.93	250m: 2:56.13 36.82	350m: 4:09.62 37.08				
	100m: 1:06.76 34.77	200m: 2:19.31 36.62	300m: 3:32.54 36.41	400m: 4:45.32 35.70				
17.	Catarina Gaspar, PIRES	+0,85		129871	06	Porto	4:47.70	- R
	50m: 32.52 32.52	150m: 1:42.64 35.42	250m: 2:55.70 36.67	350m: 4:10.41 37.35				
	100m: 1:07.22 34.70	200m: 2:19.03 36.39	300m: 3:33.06 37.36	400m: 4:47.70 37.29				
18.	Vanessa Sofia, OLIVEIRA	+0,88		127640	05	Gafanha da Encarnaç�o	4:48.52	- R
	50m: 33.39 33.39	150m: 1:45.88 36.83	250m: 2:59.37 36.94	350m: 4:12.91 36.87				
	100m: 1:09.05 35.66	200m: 2:22.43 36.55	300m: 3:36.04 36.67	400m: 4:48.52 35.61				
19.	Joana Barbas, RAMOS	+0,85		153484	06	Gafanha da Encarnaç�o	4:48.80	-
	50m: 33.29 33.29	150m: 1:46.08 36.45	250m: 2:59.79 36.75	350m: 4:12.74 36.27				
	100m: 1:09.63 36.34	200m: 2:23.04 36.96	300m: 3:36.47 36.68	400m: 4:48.80 36.06				
20.	Ines Martins, SILVA	+0,87		127134	04	Vilacondense	4:50.60	-
	50m: 32.37 32.37	150m: 1:44.55 37.08	250m: 2:59.58 37.43	350m: 4:14.24 36.85				
	100m: 1:07.47 35.10	200m: 2:22.15 37.60	300m: 3:37.39 37.81	400m: 4:50.60 36.36				
21.	Lia Beatriz, GOMES	+0,78		200413	06	Vit�ria Sport Clube	4:50.67	-
	50m: 32.41 32.41	150m: 1:44.46 36.69	250m: 2:58.81 37.35	350m: 4:13.94 37.59				
	100m: 1:07.77 35.36	200m: 2:21.46 37.00	300m: 3:36.35 37.54	400m: 4:50.67 36.73				
22.	Daniela Silva, LIGEIRO	+0,74		127210	04	Viana Natacao	4:52.26	-
	50m: 32.75 32.75	150m: 1:45.48 36.97	250m: 2:59.99 37.30	350m: 4:14.98 37.49				
	100m: 1:08.51 35.76	200m: 2:22.69 37.21	300m: 3:37.49 37.50	400m: 4:52.26 37.28				
23.	Anastacia, PROTOLYUK	+0,78		205586	09	Columbofila Cantanhedense	4:54.14	-
	50m: 34.27 34.27	150m: 1:48.35 37.28	250m: 3:03.70 37.72	350m: 4:18.54 37.09				
	100m: 1:11.07 36.80	200m: 2:25.98 37.63	300m: 3:41.45 37.75	400m: 4:54.14 35.60				
WDR	Margaux Verger, GOURSON			218761	95	Fluvial Portuense		-
EXH	Ana Filipa, CASTRO	+0,84	S8	131735	97	Feira Viva	5:53.94	-
	FTL							
	50m: 41.33 41.33	150m: 2:12.48 45.24	250m: 3:42.40 44.71	350m: 5:11.08 44.00				
	100m: 1:27.24 45.91	200m: 2:57.69 45.21	300m: 4:27.08 44.68	400m: 5:53.94 42.86				