

Prova 27  
05/02/2023 - 16:51

Masc., 400m Livres

Absolutos  
Resultados Final

Recorde Nacional Absoluto	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recorde Nacional Sen	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recorde Nacional 18	3:53.79	Jose Paulo, LOPES	SCB	Oeiras	28/07/2018
Recorde Nacional 17	3:57.15	Gustavo Manuel, SANTA	POR	Helsinquia (FIN)	14/07/2010
Recorde Nacional Juv A	3:59.38	Gustavo Manuel, SANTA	POR	Tampere (FIN)	21/07/2009
Recorde Nacional Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29/07/2006
Recorde Nacional Inf A	4:15.99	Pedro Fontoura, OLIVEIRA	CFB	Badajoz (ESP)	11/07/2004
Recorde Nacional Inf B	4:28.42	Pedro Fontoura, OLIVEIRA	CFB	Restelo	26/07/2003
Recorde Meeting	3:55.57	START,		P�voa de Varzim	

TLP - ABS MASCULINOS : 4:37.27

Lugar	Nome	T. Reaç�o	Classe	Licena	Ano	Clube	Tempo Final	Pts
<b>Final A</b>								
1.	Jose Paulo, LOPES	+0,71		117924	00	Braga	<b>3:58.10</b>	20,00
	50m: 27.55 27.55	150m: 1:27.51 30.04	250m: 2:27.93 29.94	350m: 3:28.38 30.19	100m: 57.47 29.92	200m: 1:57.99 30.48	300m: 2:58.19 30.26	400m: 3:58.10 29.72
2.	Gustavo Pires, MARQUES	+0,73		124443	04	Clube Uni�o 1919	<b>4:02.01</b>	18,00
	50m: 27.65 27.65	150m: 1:28.73 30.63	250m: 2:29.82 30.31	350m: 3:31.42 30.48	100m: 58.10 30.45	200m: 1:59.51 30.78	300m: 3:00.94 31.12	400m: 4:02.01 30.59
3.	Francisco Rodriguez, AMARAL	+0,74		122608	02	Porto	<b>4:06.18</b>	16,00
	50m: 28.62 28.62	150m: 1:29.96 30.77	250m: 2:31.89 30.89	350m: 3:34.88 31.54	100m: 59.19 30.57	200m: 2:01.00 31.04	300m: 3:03.34 31.45	400m: 4:06.18 31.30
4.	Mart�n, PARDO PERNAS	+0,77		1075757	02	Federaci�n Gallega Nataci�n	<b>4:12.78</b>	14,00
	50m: 28.62 28.62	150m: 1:31.48 31.61	250m: 2:35.05 31.86	350m: 3:40.30 32.66	100m: 59.87 31.25	200m: 2:03.19 31.71	300m: 3:07.64 32.59	400m: 4:12.78 32.48
5.	Rui Silva, PEREIRA	+0,95		205327	08	Portugal	<b>4:16.70</b>	13,00
	50m: 29.62 29.62	150m: 1:34.68 32.82	250m: 2:40.24 32.23	350m: 3:45.53 32.61	100m: 1:01.86 32.24	200m: 2:08.01 33.33	300m: 3:12.92 32.68	400m: 4:16.70 31.17
6.	Goncalo Renato, CARVALHO	+0,76		127586	04	Porto	<b>4:17.09</b>	12,00
	50m: 29.59 29.59	150m: 1:34.14 32.28	250m: 2:39.94 32.64	350m: 3:45.57 32.59	100m: 1:01.86 32.27	200m: 2:07.30 33.16	300m: 3:12.98 33.04	400m: 4:17.09 31.52
7.	Afonso Martim, LEITE	+0,78		127335	05	Foca Quinta Da Lixa - Cnf	<b>4:17.51</b>	11,00
	50m: 29.62 29.62	150m: 1:34.29 32.61	250m: 2:40.13 32.92	350m: 3:45.71 32.80	100m: 1:01.68 32.06	200m: 2:07.21 32.92	300m: 3:12.91 32.78	400m: 4:17.51 31.80
8.	Afonso Filipe, COSTA	+0,71		126380	03	Louzan Natacao/EFAPEL	<b>4:19.55</b>	10,00
	50m: 28.60 28.60	150m: 1:32.37 32.24	250m: 2:38.56 32.96	350m: 3:46.25 33.73	100m: 1:00.13 31.53	200m: 2:05.60 33.23	300m: 3:12.52 33.96	400m: 4:19.55 33.30
<b>Final B</b>								
9.	Bruno Silva, LOUREIRO	+0,78		129872	06	Porto	<b>4:17.53</b>	9,00
	50m: 29.66 29.66	150m: 1:34.84 32.42	250m: 2:40.03 31.94	350m: 3:45.29 32.41	100m: 1:02.42 32.76	200m: 2:08.09 33.25	300m: 3:12.88 32.85	400m: 4:17.53 32.24
10.	Joao Maria, SOUSA	+0,78		130462	05	Braga	<b>4:19.26</b>	7,00
	50m: 29.29 29.29	150m: 1:33.77 32.54	250m: 2:39.71 33.11	350m: 3:46.87 33.70	100m: 1:01.23 31.94	200m: 2:06.60 32.83	300m: 3:13.17 33.46	400m: 4:19.26 32.39
11.	Filipe Santos, CARDOSO	+0,65		130500	04	Gafanha da Encarna�o	<b>4:19.63</b>	6,00
	50m: 30.33 30.33	150m: 1:36.62 33.29	250m: 2:43.40 33.40	350m: 3:49.17 32.59	100m: 1:03.33 33.00	200m: 2:10.00 33.38	300m: 3:16.58 33.18	400m: 4:19.63 30.46
12.	Guilherme Maia, CARDOSO	+0,73		129393	05	Columbofila Cantanhedense	<b>4:22.63</b>	5,00
	50m: 30.39 30.39	150m: 1:36.71 33.38	250m: 2:43.66 33.29	350m: 3:51.02 33.52	100m: 1:03.33 32.94	200m: 2:10.37 33.66	300m: 3:17.50 33.84	400m: 4:22.63 31.61
13.	Antonio Miguel, COSTA	+0,78		202259	07	Assoc. Desportiva de Fafe	<b>4:22.64</b>	4,00
	50m: 30.60 30.60	150m: 1:36.71 33.17	250m: 2:43.83 33.54	350m: 3:51.11 33.35	100m: 1:03.54 32.94	200m: 2:10.29 33.58	300m: 3:17.76 33.93	400m: 4:22.64 31.53
14.	Gabriel Moreira, SANTOS	+0,80		127679	04	Famalici�o	<b>4:23.35</b>	3,00
	50m: 30.01 30.01	150m: 1:35.62 32.97	250m: 2:42.92 33.19	350m: 3:49.90 33.42	100m: 1:02.65 32.64	200m: 2:09.73 34.11	300m: 3:16.48 33.56	400m: 4:23.35 33.45

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.75806

Registered to Associa o de Nata o do Norte de Portugal

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Prova 27, Masc., 400m Livres, Final, Absolutos

Lugar	Nome	T. Reaç�o	Classe	Licena	Ano	Clube	Tempo Final	Pts
15.	Marcio Fernandes, GOMES	+0,71		200286	04	Braga	<b>4:28.15</b>	2,00
	50m: 31.05 31.05	150m: 1:38.22	33.58	250m: 2:46.26	33.76	350m: 3:55.03	34.43	
	100m: 1:04.64 33.59	200m: 2:12.50	34.28	300m: 3:20.60	34.34	400m: 4:28.15	33.12	
16.	Joao Pedro, TORRES	+0,90		127551	05	Porto	<b>4:29.89</b>	1,00
	50m: 30.84 30.84	150m: 1:37.83	33.64	250m: 2:46.85	34.87	350m: 3:56.26	34.67	
	100m: 1:04.19 33.35	200m: 2:11.98	34.15	300m: 3:21.59	34.74	400m: 4:29.89	33.63	

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.75806

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