

Prova 19
04/02/2023 - 16:03

Masc., 1500m Livres

Absolutos
Resultados

Recorde Nacional Absoluto	15:15.12	Guilherme Filipe, PINA	SCP	Coimbra	30/03/2017
Recorde Nacional Sen	15:15.12	Guilherme Filipe, PINA	SCP	Coimbra	30/03/2017
Recorde Nacional 18	15:23.46	Guilherme Filipe, PINA	POR	Hodmezovasarhely (HUN)	07/07/2016
Recorde Nacional 17	15:43.45	Guilherme Filipe, PINA	POR	Singapore (SGP)	30/08/2015
Recorde Nacional Juv A	15:45.55	Gustavo Manuel, SANTA	POR	Tampere (FIN)	23/07/2009
Recorde Nacional Juv B	16:30.45	Duarte Miguel, JORGE	CGA	Oeiras	21/07/2016
Recorde Nacional Inf A	16:43.48	Pedro Fontoura, OLIVEIRA	CFB	Rio Maior	19/06/2004
Recorde Nacional Inf B	17:21.58	Pedro Fontoura, OLIVEIRA	CFB	Restelo	27/07/2003
Recorde Meeting	15:21.94	START,		P�ova de Varzim	

TLP - ABS MASCULINOS : 17:59.71

Lugar	Nome	T. Reaç�o	Classe	Licença	Ano	Clube	Tempo Final	Pts
1.	Francisco Rodriguez, AMARAL	+0,81		122608	02	Porto	16:10.04	20,00
	50m: 29.74	29.74	450m: 4:50.56	32.42	850m: 9:07.55	32.23	1250m: 13:27.05	32.34
	100m: 1:01.59	31.85	500m: 5:23.08	32.52	900m: 9:39.96	32.41	1300m: 14:00.13	33.08
	150m: 1:33.80	32.21	550m: 5:54.92	31.84	950m: 10:12.30	32.34	1350m: 14:32.95	32.82
	200m: 2:06.19	32.39	600m: 6:26.84	31.92	1000m: 10:44.70	32.40	1400m: 15:06.04	33.09
	250m: 2:38.99	32.80	650m: 6:58.87	32.03	1050m: 11:17.21	32.51	1450m: 15:38.57	32.53
	300m: 3:12.48	33.49	700m: 7:30.88	32.01	1100m: 11:49.74	32.53	1500m: 16:10.04	31.47
	350m: 3:45.32	32.84	750m: 8:03.00	32.12	1150m: 12:22.07	32.33		
	400m: 4:18.14	32.82	800m: 8:35.32	32.32	1200m: 12:54.71	32.64		
2.	Mario, M�ENDEZ PUGA	+0,75		1079855	03	Federaci�n Gallega Nataci�n	16:19.98	18,00
	50m: 29.17	29.17	450m: 4:50.87	32.70	850m: 9:13.64	33.09	1250m: 13:38.73	33.33
	100m: 1:01.00	31.83	500m: 5:23.51	32.64	900m: 9:46.63	32.99	1300m: 14:11.35	32.62
	150m: 1:33.47	32.47	550m: 5:56.02	32.51	950m: 10:20.26	33.63	1350m: 14:43.93	32.58
	200m: 2:05.90	32.43	600m: 6:28.43	32.41	1000m: 10:53.02	32.76	1400m: 15:16.47	32.54
	250m: 2:38.85	32.95	650m: 7:01.53	33.10	1050m: 11:26.39	33.37	1450m: 15:48.92	32.45
	300m: 3:12.50	33.65	700m: 7:34.33	32.80	1100m: 11:59.14	32.75	1500m: 16:19.98	31.06
	350m: 3:45.56	33.06	750m: 8:07.65	33.32	1150m: 12:32.44	33.30		
	400m: 4:18.17	32.61	800m: 8:40.55	32.90	1200m: 13:05.40	32.96		
3.	Gustavo Pires, MARQUES	+0,76		124443	04	Clube Uni�o 1919	16:33.06	16,00
	50m: 29.81	29.81	450m: 4:51.56	32.69	850m: 9:17.51	33.56	1250m: 13:45.49	33.56
	100m: 1:01.97	32.16	500m: 5:24.26	32.70	900m: 9:51.18	33.67	1300m: 14:19.39	33.90
	150m: 1:34.62	32.65	550m: 5:56.74	32.48	950m: 10:24.43	33.25	1350m: 14:52.85	33.46
	200m: 2:07.47	32.85	600m: 6:29.91	33.17	1000m: 10:57.97	33.54	1400m: 15:26.63	33.78
	250m: 2:39.92	32.45	650m: 7:03.31	33.40	1050m: 11:31.28	33.31	1450m: 16:00.14	33.51
	300m: 3:12.98	33.06	700m: 7:36.87	33.56	1100m: 12:05.01	33.73	1500m: 16:33.06	32.92
	350m: 3:46.11	33.13	750m: 8:10.27	33.40	1150m: 12:38.38	33.37		
	400m: 4:18.87	32.76	800m: 8:43.95	33.68	1200m: 13:11.93	33.55		
4.	Rui Silva, PEREIRA	+0,89		205327	08	Portugal	16:47.20	14,00
	50m: 29.87	29.87	450m: 4:59.41	33.20	850m: 9:30.06	33.79	1250m: 14:00.82	33.82
	100m: 1:03.03	33.16	500m: 5:33.43	34.02	900m: 10:04.25	34.19	1300m: 14:35.12	34.30
	150m: 1:36.51	33.48	550m: 6:07.19	33.76	950m: 10:38.23	33.98	1350m: 15:08.78	33.66
	200m: 2:10.05	33.54	600m: 6:41.02	33.83	1000m: 11:12.20	33.97	1400m: 15:42.47	33.69
	250m: 2:43.96	33.91	650m: 7:14.05	33.03	1050m: 11:45.85	33.65	1450m: 16:15.33	32.86
	300m: 3:18.23	34.27	700m: 7:48.38	34.33	1100m: 12:20.09	34.24	1500m: 16:47.20	31.87
	350m: 3:52.45	34.22	750m: 8:22.33	33.95	1150m: 12:53.19	33.10		
	400m: 4:26.21	33.76	800m: 8:56.27	33.94	1200m: 13:27.00	33.81		
5.	Goncalo Renato, CARVALHO	+0,74		127586	04	Porto	16:47.82	13,00
	50m: 31.26	31.26	450m: 5:00.15	33.20	850m: 9:30.30	33.98	1250m: 14:00.97	33.93
	100m: 1:05.18	33.92	500m: 5:33.50	33.35	900m: 10:04.32	34.02	1300m: 14:35.19	34.22
	150m: 1:38.85	33.67	550m: 6:07.41	33.91	950m: 10:38.34	34.02	1350m: 15:09.03	33.84
	200m: 2:12.80	33.95	600m: 6:41.14	33.73	1000m: 11:12.18	33.84	1400m: 15:42.62	33.59
	250m: 2:46.25	33.45	650m: 7:14.50	33.36	1050m: 11:45.98	33.80	1450m: 16:15.87	33.25
	300m: 3:20.01	33.76	700m: 7:48.58	34.08	1100m: 12:19.76	33.78	1500m: 16:47.82	31.95
	350m: 3:53.42	33.41	750m: 8:22.50	33.92	1150m: 12:53.56	33.80		
	400m: 4:26.95	33.53	800m: 8:56.32	33.82	1200m: 13:27.04	33.48		
6.	Guilherme Maia, CARDOSO	+0,78		129393	05	Columbofila Cantanhedense	17:03.85	12,00
	50m: 31.51	31.51	450m: 5:04.80	34.19	850m: 9:37.22	34.10	1250m: 14:13.22	34.40
	100m: 1:05.61	34.10	500m: 5:39.07	34.27	900m: 10:11.39	34.17	1300m: 14:47.99	34.77
	150m: 1:39.56	33.95	550m: 6:12.99	33.92	950m: 10:45.91	34.52	1350m: 15:22.19	34.20
	200m: 2:13.79	34.23	600m: 6:47.28	34.29	1000m: 11:20.76	34.85	1400m: 15:56.34	34.15
	250m: 2:48.21	34.42	650m: 7:21.01	33.73	1050m: 11:55.36	34.60	1450m: 16:30.42	34.08
	300m: 3:22.35	34.14	700m: 7:55.27	34.26	1100m: 12:29.93	34.57	1500m: 17:03.85	33.43
	350m: 3:56.61	34.26	750m: 8:29.34	34.07	1150m: 13:04.09	34.16		
	400m: 4:30.61	34.00	800m: 9:03.12	33.78	1200m: 13:38.82	34.73		

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O Juiz  rbitro

Splash Meet Manager, 11.75806

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Prova 19, Masc., 1500m Livres, Absolutos

Lugar	Nome	T. Reaç�o	Classe	Licença	Ano	Clube	Tempo Final	Pts
7.	Joao Maria, SOUSA	+0,77		130462	05	Braga	17:04.66	11,00
	50m: 29.41 29.41	450m: 4:57.59	34.12	850m: 9:32.81	34.60	1250m: 14:12.57	34.82	
	100m: 1:02.05 32.64	500m: 5:31.74	34.15	900m: 10:07.78	34.97	1300m: 14:47.62	35.05	
	150m: 1:34.76 32.71	550m: 6:06.04	34.30	950m: 10:42.56	34.78	1350m: 15:22.60	34.98	
	200m: 2:08.19 33.43	600m: 6:40.47	34.43	1000m: 11:17.82	35.26	1400m: 15:57.37	34.77	
	250m: 2:41.75 33.56	650m: 7:14.68	34.21	1050m: 11:52.29	34.47	1450m: 16:31.34	33.97	
	300m: 3:15.68 33.93	700m: 7:49.17	34.49	1100m: 12:27.60	35.31	1500m: 17:04.66	33.32	
	350m: 3:49.46 33.78	750m: 8:23.52	34.35	1150m: 13:02.48	34.88			
	400m: 4:23.47 34.01	800m: 8:58.21	34.69	1200m: 13:37.75	35.27			
8.	Rodrigo Costa, BORGES	+0,74		133190	07	Fluvial Portuense	17:10.69	10,00
	50m: 30.20 30.20	450m: 5:04.25	34.57	850m: 9:41.02	34.46	1250m: 14:19.44	34.72	
	100m: 1:03.34 33.14	500m: 5:38.77	34.52	900m: 10:15.75	34.73	1300m: 14:54.02	34.58	
	150m: 1:37.65 34.31	550m: 6:13.37	34.60	950m: 10:50.54	34.79	1350m: 15:28.83	34.81	
	200m: 2:11.86 34.21	600m: 6:47.79	34.42	1000m: 11:25.29	34.75	1400m: 16:03.17	34.34	
	250m: 2:46.21 34.35	650m: 7:22.60	34.81	1050m: 11:59.92	34.63	1450m: 16:37.24	34.07	
	300m: 3:20.73 34.52	700m: 7:57.50	34.90	1100m: 12:35.05	35.13	1500m: 17:10.69	33.45	
	350m: 3:54.98 34.25	750m: 8:32.00	34.50	1150m: 13:10.04	34.99			
	400m: 4:29.68 34.70	800m: 9:06.56	34.56	1200m: 13:44.72	34.68			
9.	Miguel Fragoso, MEDEIROS	+0,91		200778	08	Portugal	17:16.78	9,00
	50m: 31.88 31.88	450m: 5:08.57	34.86	850m: 9:46.18	34.74	1250m: 14:24.54	34.66	
	100m: 1:06.46 34.58	500m: 5:43.27	34.70	900m: 10:21.03	34.85	1300m: 14:59.56	35.02	
	150m: 1:41.00 34.54	550m: 6:18.01	34.74	950m: 10:55.71	34.68	1350m: 15:34.29	34.73	
	200m: 2:15.38 34.38	600m: 6:52.77	34.76	1000m: 11:30.65	34.94	1400m: 16:09.40	35.11	
	250m: 2:50.01 34.63	650m: 7:27.45	34.68	1050m: 12:05.50	34.85	1450m: 16:43.46	34.06	
	300m: 3:24.52 34.51	700m: 8:02.18	34.73	1100m: 12:40.40	34.90	1500m: 17:16.78	33.32	
	350m: 3:59.09 34.57	750m: 8:36.98	34.80	1150m: 13:15.08	34.68			
	400m: 4:33.71 34.62	800m: 9:11.44	34.46	1200m: 13:49.88	34.80			
10.	Milan Santos, JEVIC	+0,78		132777	06	Braga	17:24.88	7,00
	50m: 30.62 30.62	450m: 5:06.43	34.97	850m: 9:49.77	35.66	1250m: 14:33.33	35.59	
	100m: 1:04.17 33.55	500m: 5:41.84	35.41	900m: 10:24.98	35.21	1300m: 15:07.97	34.64	
	150m: 1:38.35 34.18	550m: 6:17.51	35.67	950m: 11:00.65	35.67	1350m: 15:43.99	36.02	
	200m: 2:12.62 34.27	600m: 6:53.06	35.55	1000m: 11:36.01	35.36	1400m: 16:18.19	34.20	
	250m: 2:46.99 34.37	650m: 7:28.41	35.35	1050m: 12:11.79	35.78	1450m: 16:52.49	34.30	
	300m: 3:21.58 34.59	700m: 8:03.75	35.34	1100m: 12:47.31	35.52	1500m: 17:24.88	32.39	
	350m: 3:56.27 34.69	750m: 8:38.71	34.96	1150m: 13:22.65	35.34			
	400m: 4:31.46 35.19	800m: 9:14.11	35.40	1200m: 13:57.74	35.09			
11.	Marcio Fernandes, GOMES	+0,74		200286	04	Braga	17:28.85	6,00
	50m: 31.22 31.22	450m: 5:05.28	34.81	850m: 9:47.35	35.16	1250m: 14:32.91	36.05	
	100m: 1:04.70 33.48	500m: 5:40.70	35.42	900m: 10:22.55	35.20	1300m: 15:09.08	36.17	
	150m: 1:38.17 33.47	550m: 6:15.95	35.25	950m: 10:57.80	35.25	1350m: 15:44.45	35.37	
	200m: 2:12.27 34.10	600m: 6:51.11	35.16	1000m: 11:32.91	35.11	1400m: 16:20.49	36.04	
	250m: 2:46.44 34.17	650m: 7:26.14	35.03	1050m: 12:08.80	35.89	1450m: 16:55.20	34.71	
	300m: 3:21.21 34.77	700m: 8:01.72	35.58	1100m: 12:44.78	35.98	1500m: 17:28.85	33.65	
	350m: 3:55.53 34.32	750m: 8:37.03	35.31	1150m: 13:20.71	35.93			
	400m: 4:30.47 34.94	800m: 9:12.19	35.16	1200m: 13:56.86	36.15			
12.	Joao Neves, LUCAS	+0,79		133528	06	Columbifila Cantanhedense	17:43.67	5,00
	50m: 32.17 32.17	450m: 5:17.12	35.36	850m: 10:01.60	35.36	1250m: 14:47.21	35.77	
	100m: 1:07.54 35.37	500m: 5:52.81	35.69	900m: 10:37.35	35.75	1300m: 15:23.12	35.91	
	150m: 1:42.83 35.29	550m: 6:28.20	35.39	950m: 11:13.05	35.70	1350m: 15:58.67	35.55	
	200m: 2:18.74 35.91	600m: 7:04.01	35.81	1000m: 11:48.85	35.80	1400m: 16:34.73	36.06	
	250m: 2:54.12 35.38	650m: 7:39.33	35.32	1050m: 12:24.08	35.23	1450m: 17:09.98	35.25	
	300m: 3:30.11 35.99	700m: 8:15.12	35.79	1100m: 13:00.09	36.01	1500m: 17:43.67	33.69	
	350m: 4:05.68 35.57	750m: 8:50.31	35.19	1150m: 13:35.49	35.40			
	400m: 4:41.76 36.08	800m: 9:26.24	35.93	1200m: 14:11.44	35.95			
13.	Filipe Manso, LARANJO	+0,94		202281	07	Escola Desportiva de Viana	17:45.23	4,00
	50m: 31.30 31.30	450m: 5:13.63	35.80	850m: 10:00.97	36.11	1250m: 14:48.86	36.26	
	100m: 1:06.16 34.86	500m: 5:49.42	35.79	900m: 10:36.69	35.72	1300m: 15:24.47	35.61	
	150m: 1:41.21 35.05	550m: 6:25.24	35.82	950m: 11:12.65	35.96	1350m: 16:00.68	36.21	
	200m: 2:16.22 35.01	600m: 7:00.48	35.24	1000m: 11:48.40	35.75	1400m: 16:36.31	35.63	
	250m: 2:51.33 35.11	650m: 7:36.55	36.07	1050m: 12:24.71	36.31	1450m: 17:11.52	35.21	
	300m: 3:26.74 35.41	700m: 8:12.07	35.52	1100m: 13:00.67	35.96	1500m: 17:45.23	33.71	
	350m: 4:02.45 35.71	750m: 8:48.30	36.23	1150m: 13:36.68	36.01			
	400m: 4:37.83 35.38	800m: 9:24.86	36.56	1200m: 14:12.60	35.92			

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Prova 19, Masc., 1500m Livres, Absolutos

Lugar	Nome	T. Reao	Classe	Licena	Ano	Clube	Tempo Final	Pts
14.	Alexandre Ramos, GONCALVES	+0,78		128601	05	Sporting Clube Sao Joao Ver	18:00.63	-
	<i>FTL</i>							
	50m: 31.71 31.71	450m: 5:12.06	35.33	850m: 9:59.72	36.48	1250m: 14:59.53	37.52	
	100m: 1:06.19 34.48	500m: 5:47.46	35.40	900m: 10:36.90	37.18	1300m: 15:36.59	37.06	
	150m: 1:40.77 34.58	550m: 6:22.87	35.41	950m: 11:14.10	37.20	1350m: 16:13.65	37.06	
	200m: 2:15.78 35.01	600m: 6:58.54	35.67	1000m: 11:51.71	37.61	1400m: 16:49.96	36.31	
	250m: 2:50.65 34.87	650m: 7:34.09	35.55	1050m: 12:28.90	37.19	1450m: 17:25.59	35.63	
	300m: 3:25.67 35.02	700m: 8:10.38	36.29	1100m: 13:06.77	37.87	1500m: 18:00.63	35.04	
	350m: 4:01.08 35.41	750m: 8:46.43	36.05	1150m: 13:44.13	37.36			
	400m: 4:36.73 35.65	800m: 9:23.24	36.81	1200m: 14:22.01	37.88			
15.	Guilherme Costa, SOARES	+0,93		201093	08	Vilacondense	18:01.29	-
	<i>FTL</i>							
	50m: 31.30 31.30	450m: 5:15.21	36.30	900m: 10:44.44	37.02	1300m: 15:38.56	36.86	
	100m: 1:05.41 34.11	500m: 5:51.99	36.78	950m: 11:20.88	36.44	1350m: 16:14.52	35.96	
	150m: 1:40.18 34.77	550m: 6:28.13	36.14	1000m: 11:57.85	36.97	1400m: 16:51.35	36.83	
	200m: 2:15.61 35.43	600m: 7:05.07	36.94	1050m: 12:33.92	36.07	1450m: 17:26.52	35.17	
	250m: 2:50.90 35.29	700m: 8:18.13	1:13.06	1100m: 13:10.70	36.78	1500m: 18:01.29	34.77	
	300m: 3:26.87 35.97	750m: 8:54.10	35.97	1150m: 13:47.59	36.89			
	350m: 4:02.58 35.71	800m: 9:31.13	37.03	1200m: 14:24.87	37.28			
	400m: 4:38.91 36.33	850m: 10:07.42	36.29	1250m: 15:01.70	36.83			
16.	Tiago Diniz, LIMA	+0,82		132172	04	Estarreja/PROZINCO	18:03.11	-
	<i>FTL</i>							
	50m: 31.32 31.32	450m: 5:17.08	36.00	850m: 10:06.15	36.49	1250m: 15:02.02	36.89	
	100m: 1:06.31 34.99	500m: 5:53.34	36.26	900m: 10:42.58	36.43	1300m: 15:39.06	37.04	
	150m: 1:41.81 35.50	550m: 6:29.41	36.07	950m: 11:19.24	36.66	1350m: 16:15.67	36.61	
	200m: 2:17.46 35.65	600m: 7:05.64	36.23	1000m: 11:56.21	36.97	1400m: 16:52.21	36.54	
	250m: 2:53.11 35.65	650m: 7:41.34	35.70	1050m: 12:33.36	37.15	1450m: 17:27.93	35.72	
	300m: 3:29.04 35.93	700m: 8:17.23	35.89	1100m: 13:10.74	37.38	1500m: 18:03.11	35.18	
	350m: 4:04.91 35.87	750m: 8:53.26	36.03	1150m: 13:47.97	37.23			
	400m: 4:41.08 36.17	800m: 9:29.66	36.40	1200m: 14:25.13	37.16			
WDR	Eduardo Nuno, FARIA			200280	06	Braga		-

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Splash Meet Manager, 11.75806

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