

Prova 12
25/11/2022 - 15:54

Femin., 400m Livres

Juvenis
Resultados

Recorde Nacional 25m Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhague (DEN)	17/12/2017
Recorde Nacional 25m Juv A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20/12/2004
Recorde Nacional 25m Juv B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15/05/2004
Recorde Regional 25m Absoluto	4:10.22	Diana Margarida, DURAES	FCP	Porto	12/12/2015
Recorde Regional 25m Juv A	4:22.09	Francisca Soares, MARTINS	FOCA	Felgueiras	15/04/2018
Recorde Regional 25m Juv B	4:26.77	Alexandra Maria, SILVA	FCP	Antibes	21/12/1980

TLP Juvenis A Femininos Juv A: 5:19.65 / TLP Juvenis B Femininos Juv B: 5:28.87

Pontos: FINA 2021

Lugar	Nome	T. Reaç�o	Sexo	Licena	Ano	Clube	Tempo Final	FINA
Juvenis B								
1.	Filipa Carvalho, GALANTE	+0,96	F	203195	09	Vilacondense	4:52.50	511
	50m: 35.13 35.13	150m: 1:49.17 37.09	250m: 3:03.99 37.18	350m: 4:16.49 35.60	100m: 1:12.08 36.95	200m: 2:26.81 37.64	300m: 3:40.89 36.90	400m: 4:52.50 36.01
2.	Carolina Correia, MARTINS	+0,89	F	206183	09	Porto	4:58.85	479
	50m: 34.43 34.43	150m: 1:48.69 37.72	250m: 3:04.68 37.85	350m: 4:21.86 38.59	100m: 1:10.97 36.54	200m: 2:26.83 38.14	300m: 3:43.27 38.59	400m: 4:58.85 36.99
3.	Ana Moreira, ANTUNES	+0,89	F	203682	09	Famalio	5:00.11	473
	50m: 34.72 34.72	150m: 1:49.32 37.93	250m: 3:05.96 38.24	350m: 4:23.94 39.29	100m: 1:11.39 36.67	200m: 2:27.72 38.40	300m: 3:44.65 38.69	400m: 5:00.11 36.17
4.	Madalena Valente, MOREIRA	+0,64	F	207969	09	Colegio Efanor	5:03.16	459
	50m: 34.53 34.53	150m: 1:50.27 37.83	250m: 3:06.72 38.35	350m: 4:24.54 39.17	100m: 1:12.44 37.91	200m: 2:28.37 38.10	300m: 3:45.37 38.65	400m: 5:03.16 38.62
5.	Catarina Ribeiro, COSTA	+1,00	F	213894	09	Vit�ria Sport Clube	5:03.55	457
	50m: 35.09 35.09	150m: 1:51.06 38.62	250m: 3:08.74 38.87	350m: 4:26.43 38.49	100m: 1:12.44 37.35	200m: 2:29.87 38.81	300m: 3:47.94 39.20	400m: 5:03.55 37.12
6.	Mariana Silva, SANTOS	+1,01	F	206175	09	Porto	5:07.28	441
	50m: 34.43 34.43	150m: 1:50.12 38.35	250m: 3:09.00 39.61	350m: 4:28.48 39.51	100m: 1:11.77 37.34	200m: 2:29.39 39.27	300m: 3:48.97 39.97	400m: 5:07.28 38.80
7.	Ines Maria, FARIA	+0,95	F	205180	09	Porto	5:13.40	415
	50m: 36.68 36.68	150m: 1:56.60 39.66	250m: 3:17.02 39.64	350m: 4:35.53 39.21	100m: 1:16.94 40.26	200m: 2:37.38 40.78	300m: 3:56.32 39.30	400m: 5:13.40 37.87
8.	Vera Marques, SOARES	+0,86	F	203702	09	Famalio	5:16.83	402
	50m: 37.00 37.00	150m: 1:57.51 40.78	250m: 3:18.13 40.19	350m: 4:37.42 39.49	100m: 1:16.73 39.73	200m: 2:37.94 40.43	300m: 3:57.93 39.80	400m: 5:16.83 39.41
9.	Mafalda Coelho, PEIXOTO	+0,72	F	206406	09	Vit�ria Sport Clube	5:18.51	396
	50m: 36.11 36.11	150m: 1:55.27 39.99	250m: 3:16.59 40.54	350m: 4:38.77 41.12	100m: 1:15.28 39.17	200m: 2:36.05 40.78	300m: 3:57.65 41.06	400m: 5:18.51 39.74
10.	Leonor Moca, CRAVEIRO	+0,88	F	211383	09	Clube Naval Povoense	5:20.33	389
	50m: 36.04 36.04	150m: 1:56.93 40.53	250m: 3:18.77 40.97	350m: 4:41.57 40.99	100m: 1:16.40 40.36	200m: 2:37.80 40.87	300m: 4:00.58 41.81	400m: 5:20.33 38.76
11.	Ana Beatriz, TEIXEIRA	+0,91	F	209937	09	Natacao da Maia	5:23.58	377
	50m: 35.19 35.19	150m: 1:57.62 41.13	250m: 3:21.04 41.50	350m: 4:44.70 41.53	100m: 1:16.49 41.30	200m: 2:39.54 41.92	300m: 4:03.17 42.13	400m: 5:23.58 38.88
12.	Gabriela Sousa, BERNARDO FTL	+0,90	F	210445	09	Colegio Efanor	5:32.14	349
	50m: 37.32 37.32	150m: 2:01.66 42.61	250m: 3:25.93 42.06	350m: 4:50.99 42.29	100m: 1:19.05 41.73	200m: 2:43.87 42.21	300m: 4:08.70 42.77	400m: 5:32.14 41.15
13.	Jessica Alexandra, SILVA FTL	+0,91	F	210427	09	Tubar�es de Gaia	5:45.94	309
	50m: 36.90 36.90	150m: 2:03.00 44.47	250m: 3:31.64 44.36	350m: 5:02.53 45.80	100m: 1:18.53 41.63	200m: 2:47.28 44.28	300m: 4:16.73 45.09	400m: 5:45.94 43.41
14.	Catarina Pereira, ANTUNES FTL	+0,82	F	205193	09	Assoc. Desportiva de Fafe	6:16.80	239
	50m: 42.10 42.10	150m: 2:16.56 48.11	250m: 3:52.97 48.20	350m: 5:30.37 48.63	100m: 1:28.45 46.35	200m: 3:04.77 48.21	300m: 4:41.74 48.77	400m: 6:16.80 46.43

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O Juiz  rbitro

Splash Meet Manager, 11.74191

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26/11/2022 16:44 - P gina 1

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Prova 12, Femini., 400m Livres

Juvenis A

1.	Carolina Amadeu, FERREIRA	+0,81 F	202815	08	Leixoes Sport Clube	4:39.90	583
	50m: 33.14 33.14 100m: 1:09.04 35.90		150m: 1:44.80 35.76 200m: 2:20.14 35.34		250m: 2:55.33 35.19 300m: 3:30.18 34.85	350m: 4:05.52 35.34 400m: 4:39.90 34.38	
2.	Sofia Teixeira, BARBOSA	+0,96 F	200509	08	Porto	4:44.92	553
	50m: 33.58 33.58 100m: 1:09.35 35.77		150m: 1:45.28 35.93 200m: 2:20.88 35.60		250m: 2:56.30 35.42 300m: 3:32.77 36.47	350m: 4:09.21 36.44 400m: 4:44.92 35.71	
3.	Maria Joao, COSTA	+0,85 F	201391	08	Vilacondense	4:50.10	524
	50m: 32.74 32.74 100m: 1:08.90 36.16		150m: 1:45.28 36.38 200m: 2:22.04 36.76		250m: 2:59.17 37.13 300m: 3:36.66 37.49	350m: 4:14.05 37.39 400m: 4:50.10 36.05	
4.	Rita Silva, GOMES	+0,86 F	200932	08	Colegio Efanor	4:52.72	510
	50m: 33.43 33.43 100m: 1:09.46 36.03		150m: 1:46.53 37.07 200m: 2:24.19 37.66		250m: 3:01.52 37.33 300m: 3:39.16 37.64	350m: 4:16.55 37.39 400m: 4:52.72 36.17	
5.	Carolina Cunha, HENRIQUES	+0,88 F	205459	08	Foca Quinta Da Lixa - Cnf	4:57.21	487
	50m: 33.48 33.48 100m: 1:09.75 36.27		150m: 1:47.04 37.29 200m: 2:24.92 37.88		250m: 3:02.77 37.85 300m: 3:41.40 38.63	350m: 4:20.02 38.62 400m: 4:57.21 37.19	
6.	Luciana Filipa, PINTO	+0,84 F	201801	08	Porto	4:57.76	484
	50m: 34.24 34.24 100m: 1:10.98 36.74		150m: 1:49.11 38.13 200m: 2:26.90 37.79		250m: 3:04.87 37.97 300m: 3:42.85 37.98	350m: 4:20.24 37.39 400m: 4:57.76 37.52	
7.	Mafalda Pinto, SOUSA	+0,87 F	203348	08	Fluvial Portuense	4:59.82	474
	50m: 34.67 34.67 100m: 1:12.38 37.71		150m: 1:50.63 38.25 200m: 2:28.92 38.29		250m: 3:06.81 37.89 300m: 3:44.94 38.13	350m: 4:22.62 37.68 400m: 4:59.82 37.20	
8.	Laura Doellinger, CASTRO	+0,84 F	201105	08	Assoc. Desportiva de Fafe	5:03.58	457
	50m: 34.05 34.05 100m: 1:11.97 37.92		150m: 1:50.25 38.28 200m: 2:28.83 38.58		250m: 3:07.21 38.38 300m: 3:46.08 38.87	350m: 4:25.25 39.17 400m: 5:03.58 38.33	
9.	Beatriz Maria, NEVES	+0,85 F	201090	08	Leixoes Sport Clube	5:04.50	453
	50m: 33.97 33.97 100m: 1:11.44 37.47		150m: 1:50.08 38.64 200m: 2:29.03 38.95		250m: 3:07.90 38.87 300m: 3:47.23 39.33	350m: 4:26.23 39.00 400m: 5:04.50 38.27	
10.	Filipa Oliveira, COSTA	+0,99 F	203331	08	Natacao de Valongo	5:08.46	436
	50m: 34.42 34.42 100m: 1:12.75 38.33		150m: 1:51.88 39.13 200m: 2:30.31 38.43		250m: 3:10.30 39.99 300m: 3:50.17 39.87	350m: 4:29.63 39.46 400m: 5:08.46 38.83	
11.	Maria Leonor, MOUTINHO	+0,86 F	213221	08	Natacao da Maia	5:09.71	430
	50m: 33.55 33.55 100m: 1:11.91 38.36		150m: 1:52.54 40.63 200m: 2:32.08 39.54		250m: 3:11.98 39.90 300m: 3:51.62 39.64	350m: 4:31.18 39.56 400m: 5:09.71 38.53	
12.	Alexandra Noemia, SILVANO	+0,99 F	213220	08	Natacao da Maia	5:16.63	403
	50m: 36.98 36.98 100m: 1:17.38 40.40		150m: 1:57.79 40.41 200m: 2:36.93 39.14		250m: 3:16.66 39.73 300m: 3:57.17 40.51	350m: 4:37.12 39.95 400m: 5:16.63 39.51	
13.	Matilde Vidal, SILVA	+0,92 F	214613	08	Fluvial Portuense	5:18.33	396
	50m: 36.70 36.70 100m: 1:16.30 39.60		150m: 1:56.77 40.47 200m: 2:37.45 40.68		250m: 3:18.43 40.98 300m: 3:59.02 40.59	350m: 4:39.84 40.82 400m: 5:18.33 38.49	
14.	Maria Luis, SOUSA <i>FTL</i>	F	205537	08	Porto	5:21.94	383
	50m: 37.12 37.12 100m: 1:17.76 40.64		150m: 1:58.08 40.32 200m: 2:38.96 40.88		250m: 3:20.15 41.19 300m: 4:01.54 41.39	350m: 4:42.31 40.77 400m: 5:21.94 39.63	
15.	Erica Ferreira, BARROS <i>FTL</i>	+0,83 F	151596	08	Aquatico Pacense	5:27.05	365
	50m: 36.46 36.46 100m: 1:16.29 39.83		150m: 1:57.50 41.21 200m: 2:38.79 41.29		250m: 3:20.61 41.82 300m: 4:02.77 42.16	350m: 4:45.31 42.54 400m: 5:27.05 41.74	
16.	Ana Vitoria, LOPES <i>FTL</i>	+0,94 F	215066	08	Assoc. Desportiva de Fafe	5:35.27	339
	50m: 36.76 36.76 100m: 1:17.60 40.84		150m: 1:59.78 42.18 200m: 2:42.84 43.06		250m: 3:26.54 43.70 300m: 4:09.87 43.33	350m: 4:53.83 43.96 400m: 5:35.27 41.44	

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Prova 12, Femin., 400m Livres

Juvenis

1.	Carolina Amadeu, FERREIRA	+0,81 F	202815	08	Leixoes Sport Clube	4:39.90	583
	50m: 33.14 33.14 100m: 1:09.04 35.90		150m: 1:44.80 35.76 200m: 2:20.14 35.34		250m: 2:55.33 35.19 300m: 3:30.18 34.85	350m: 4:05.52 35.34 400m: 4:39.90 34.38	
2.	Sofia Teixeira, BARBOSA	+0,96 F	200509	08	Porto	4:44.92	553
	50m: 33.58 33.58 100m: 1:09.35 35.77		150m: 1:45.28 35.93 200m: 2:20.88 35.60		250m: 2:56.30 35.42 300m: 3:32.77 36.47	350m: 4:09.21 36.44 400m: 4:44.92 35.71	
3.	Maria Joao, COSTA	+0,85 F	201391	08	Vilacondense	4:50.10	524
	50m: 32.74 32.74 100m: 1:08.90 36.16		150m: 1:45.28 36.38 200m: 2:22.04 36.76		250m: 2:59.17 37.13 300m: 3:36.66 37.49	350m: 4:14.05 37.39 400m: 4:50.10 36.05	
4.	Filipa Carvalho, GALANTE	+0,96 F	203195	09	Vilacondense	4:52.50	511
	50m: 35.13 35.13 100m: 1:12.08 36.95		150m: 1:49.17 37.09 200m: 2:26.81 37.64		250m: 3:03.99 37.18 300m: 3:40.89 36.90	350m: 4:16.49 35.60 400m: 4:52.50 36.01	
5.	Rita Silva, GOMES	+0,86 F	200932	08	Colegio Efanor	4:52.72	510
	50m: 33.43 33.43 100m: 1:09.46 36.03		150m: 1:46.53 37.07 200m: 2:24.19 37.66		250m: 3:01.52 37.33 300m: 3:39.16 37.64	350m: 4:16.55 37.39 400m: 4:52.72 36.17	
6.	Carolina Cunha, HENRIQUES	+0,88 F	205459	08	Foca Quinta Da Lixa - Cnf	4:57.21	487
	50m: 33.48 33.48 100m: 1:09.75 36.27		150m: 1:47.04 37.29 200m: 2:24.92 37.88		250m: 3:02.77 37.85 300m: 3:41.40 38.63	350m: 4:20.02 38.62 400m: 4:57.21 37.19	
7.	Luciana Filipa, PINTO	+0,84 F	201801	08	Porto	4:57.76	484
	50m: 34.24 34.24 100m: 1:10.98 36.74		150m: 1:49.11 38.13 200m: 2:26.90 37.79		250m: 3:04.87 37.97 300m: 3:42.85 37.98	350m: 4:20.24 37.39 400m: 4:57.76 37.52	
8.	Carolina Correia, MARTINS	+0,89 F	206183	09	Porto	4:58.85	479
	50m: 34.43 34.43 100m: 1:10.97 36.54		150m: 1:48.69 37.72 200m: 2:26.83 38.14		250m: 3:04.68 37.85 300m: 3:43.27 38.59	350m: 4:21.86 38.59 400m: 4:58.85 36.99	
9.	Mafalda Pinto, SOUSA	+0,87 F	203348	08	Fluvial Portuense	4:59.82	474
	50m: 34.67 34.67 100m: 1:12.38 37.71		150m: 1:50.63 38.25 200m: 2:28.92 38.29		250m: 3:06.81 37.89 300m: 3:44.94 38.13	350m: 4:22.62 37.68 400m: 4:59.82 37.20	
10.	Ana Moreira, ANTUNES	+0,89 F	203682	09	Famalicao	5:00.11	473
	50m: 34.72 34.72 100m: 1:11.39 36.67		150m: 1:49.32 37.93 200m: 2:27.72 38.40		250m: 3:05.96 38.24 300m: 3:44.65 38.69	350m: 4:23.94 39.29 400m: 5:00.11 36.17	
11.	Madalena Valente, MOREIRA	+0,64 F	207969	09	Colegio Efanor	5:03.16	459
	50m: 34.53 34.53 100m: 1:12.44 37.91		150m: 1:50.27 37.83 200m: 2:28.37 38.10		250m: 3:06.72 38.35 300m: 3:45.37 38.65	350m: 4:24.54 39.17 400m: 5:03.16 38.62	
12.	Catarina Ribeiro, COSTA	+1,00 F	213894	09	Vit�ria Sport Clube	5:03.55	457
	50m: 35.09 35.09 100m: 1:12.44 37.35		150m: 1:51.06 38.62 200m: 2:29.87 38.81		250m: 3:08.74 38.87 300m: 3:47.94 39.20	350m: 4:26.43 38.49 400m: 5:03.55 37.12	
13.	Laura Doellinger, CASTRO	+0,84 F	201105	08	Assoc. Desportiva de Fafe	5:03.58	457
	50m: 34.05 34.05 100m: 1:11.97 37.92		150m: 1:50.25 38.28 200m: 2:28.83 38.58		250m: 3:07.21 38.38 300m: 3:46.08 38.87	350m: 4:25.25 39.17 400m: 5:03.58 38.33	
14.	Beatriz Maria, NEVES	+0,85 F	201090	08	Leixoes Sport Clube	5:04.50	453
	50m: 33.97 33.97 100m: 1:11.44 37.47		150m: 1:50.08 38.64 200m: 2:29.03 38.95		250m: 3:07.90 38.87 300m: 3:47.23 39.33	350m: 4:26.23 39.00 400m: 5:04.50 38.27	
15.	Mariana Silva, SANTOS	+1,01 F	206175	09	Porto	5:07.28	441
	50m: 34.43 34.43 100m: 1:11.77 37.34		150m: 1:50.12 38.35 200m: 2:29.39 39.27		250m: 3:09.00 39.61 300m: 3:48.97 39.97	350m: 4:28.48 39.51 400m: 5:07.28 38.80	
16.	Filipa Oliveira, COSTA	+0,99 F	203331	08	Natacao de Valongo	5:08.46	436
	50m: 34.42 34.42 100m: 1:12.75 38.33		150m: 1:51.88 39.13 200m: 2:30.31 38.43		250m: 3:10.30 39.99 300m: 3:50.17 39.87	350m: 4:29.63 39.46 400m: 5:08.46 38.83	
17.	Maria Leonor, MOUTINHO	+0,86 F	213221	08	Natacao da Maia	5:09.71	430
	50m: 33.55 33.55 100m: 1:11.91 38.36		150m: 1:52.54 40.63 200m: 2:32.08 39.54		250m: 3:11.98 39.90 300m: 3:51.62 39.64	350m: 4:31.18 39.56 400m: 5:09.71 38.53	
18.	Ines Maria, FARIA	+0,95 F	205180	09	Porto	5:13.40	415
	50m: 36.68 36.68 100m: 1:16.94 40.26		150m: 1:56.60 39.66 200m: 2:37.38 40.78		250m: 3:17.02 39.64 300m: 3:56.32 39.30	350m: 4:35.53 39.21 400m: 5:13.40 37.87	
19.	Alexandra Noemia, SILVANO	+0,99 F	213220	08	Natacao da Maia	5:16.63	403
	50m: 36.98 36.98 100m: 1:17.38 40.40		150m: 1:57.79 40.41 200m: 2:36.93 39.14		250m: 3:16.66 39.73 300m: 3:57.17 40.51	350m: 4:37.12 39.95 400m: 5:16.63 39.51	
20.	Vera Marques, SOARES	+0,86 F	203702	09	Famalicao	5:16.83	402
	50m: 37.00 37.00 100m: 1:16.73 39.73		150m: 1:57.51 40.78 200m: 2:37.94 40.43		250m: 3:18.13 40.19 300m: 3:57.93 39.80	350m: 4:37.42 39.49 400m: 5:16.83 39.41	

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Prova 12, Femin., 400m Livres, Juvenis

Lugar	Nome	T. Reaç�o	Sexo	Licena	Ano	Clube	Tempo Final	FINA
21.	Matilde Vidal, SILVA	+0,92	F	214613	08	Fluvial Portuense	5:18.33	396
	50m: 36.70 36.70			150m: 1:56.77 40.47		250m: 3:18.43 40.98	350m: 4:39.84 40.82	
	100m: 1:16.30 39.60			200m: 2:37.45 40.68		300m: 3:59.02 40.59	400m: 5:18.33 38.49	
22.	Mafalda Coelho, PEIXOTO	+0,72	F	206406	09	Vit�ria Sport Clube	5:18.51	396
	50m: 36.11 36.11			150m: 1:55.27 39.99		250m: 3:16.59 40.54	350m: 4:38.77 41.12	
	100m: 1:15.28 39.17			200m: 2:36.05 40.78		300m: 3:57.65 41.06	400m: 5:18.51 39.74	
23.	Leonor Moca, CRAVEIRO	+0,88	F	211383	09	Clube Naval Povoense	5:20.33	389
	50m: 36.04 36.04			150m: 1:56.93 40.53		250m: 3:18.77 40.97	350m: 4:41.57 40.99	
	100m: 1:16.40 40.36			200m: 2:37.80 40.87		300m: 4:00.58 41.81	400m: 5:20.33 38.76	
24.	Maria Luis, SOUSA		F	205537	08	Porto	5:21.94	383
	<i>FTL</i>							
	50m: 37.12 37.12			150m: 1:58.08 40.32		250m: 3:20.15 41.19	350m: 4:42.31 40.77	
	100m: 1:17.76 40.64			200m: 2:38.96 40.88		300m: 4:01.54 41.39	400m: 5:21.94 39.63	
25.	Ana Beatriz, TEIXEIRA	+0,91	F	209937	09	Natacao da Maia	5:23.58	377
	50m: 35.19 35.19			150m: 1:57.62 41.13		250m: 3:21.04 41.50	350m: 4:44.70 41.53	
	100m: 1:16.49 41.30			200m: 2:39.54 41.92		300m: 4:03.17 42.13	400m: 5:23.58 38.88	
26.	Erica Ferreira, BARROS	+0,83	F	151596	08	Aquatico Pacense	5:27.05	365
	<i>FTL</i>							
	50m: 36.46 36.46			150m: 1:57.50 41.21		250m: 3:20.61 41.82	350m: 4:45.31 42.54	
	100m: 1:16.29 39.83			200m: 2:38.79 41.29		300m: 4:02.77 42.16	400m: 5:27.05 41.74	
27.	Gabriela Sousa, BERNARDO	+0,90	F	210445	09	Colegio Efanor	5:32.14	349
	<i>FTL</i>							
	50m: 37.32 37.32			150m: 2:01.66 42.61		250m: 3:25.93 42.06	350m: 4:50.99 42.29	
	100m: 1:19.05 41.73			200m: 2:43.87 42.21		300m: 4:08.70 42.77	400m: 5:32.14 41.15	
28.	Ana Vitoria, LOPES	+0,94	F	215066	08	Assoc. Desportiva de Fafe	5:35.27	339
	<i>FTL</i>							
	50m: 36.76 36.76			150m: 1:59.78 42.18		250m: 3:26.54 43.70	350m: 4:53.83 43.96	
	100m: 1:17.60 40.84			200m: 2:42.84 43.06		300m: 4:09.87 43.33	400m: 5:35.27 41.44	
29.	Jessica Alexandra, SILVA	+0,91	F	210427	09	Tubar�es de Gaia	5:45.94	309
	<i>FTL</i>							
	50m: 36.90 36.90			150m: 2:03.00 44.47		250m: 3:31.64 44.36	350m: 5:02.53 45.80	
	100m: 1:18.53 41.63			200m: 2:47.28 44.28		300m: 4:16.73 45.09	400m: 5:45.94 43.41	
30.	Catarina Pereira, ANTUNES	+0,82	F	205193	09	Assoc. Desportiva de Fafe	6:16.80	239
	<i>FTL</i>							
	50m: 42.10 42.10			150m: 2:16.56 48.11		250m: 3:52.97 48.20	350m: 5:30.37 48.63	
	100m: 1:28.45 46.35			200m: 3:04.77 48.21		300m: 4:41.74 48.77	400m: 6:16.80 46.43	

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.74191

Registered to Associa o de Nata o do Norte de Portugal

26/11/2022 16:44 - P gina 4

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