

Prova 5	Masc., 200m Costas					Absolutos
19/03/2022 - 9:50						Startlist
Recordes Nacionais 50m Absoluto	1:57.06	Francisco Rogerio, SANTOS	SCP	Porto		06/06/2021
Recordes Nacionais 50m Sen	1:57.06	Francisco Rogerio, SANTOS	SCP	Porto		06/06/2021
Recordes Nacionais 50m 18	2:00.07	Joao Nogueira, COSTA	POR	Budapest (HUN)		25/08/2019
Recordes Nacionais 50m 17	2:03.06	Pedro Diogo, OLIVEIRA	POR	Budapest (HUN)		15/07/2005
Recordes Nacionais 50m Juv A	2:06.59	Joao Alexandre, VITAL	POR	Netanya (ISR)		28/06/2014
Recordes Nacionais 50m Juv B	2:06.44	Joao Alexandre, VITAL	POR	Utrecht (NED)		17/07/2013
Recorde Regional 50m Absoluto	1:58.58	Joao Nogueira, COSTA	VSC	Budapest (HUN)		16/08/2020
Recorde Regional 50m Sen	1:58.58	Joao Nogueira, COSTA	VSC	Budapest (HUN)		
Recorde Regional 50m 18	2:00.07	Joao Nogueira, COSTA	VSC	Budapest (HUN)		25/08/2019
Recorde Regional 50m 17	2:04.96	Adriano Miguel, NIZ	CFV	Glasgow (GBR)		01/08/2003
Recorde Regional 50m Juv A	2:08.09	Adriano Miguel, NIZ	CFV	Jamor		10/05/2002
Recorde Regional 50m Juv B	2:11.44	Ricardo Filipe, ROCHA	CAP	Oeiras		22/07/2017

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo	
<u>S�rie 1 de 3, 9:50</u>								
3	Rodrigo Manuel, MONTEIRO	M	132895	Abs	07	Porto	2:45.24	WDR
4	Rodrigo Miguel, FERNANDES	M	200798	Abs	07	CNV	2:36.59	WDR
5	Renato Gouveia, TEIXEIRA	M	204599	Abs	07	FOCA	2:25.58	WDR
<u>S�rie 2 de 3, 9:55</u>								
1	Tomas Machado, MIRANDA	M	200780	Abs	07	Porto	2:39.60	
2	Pedro Miguel, PINTO	M	148621	Abs	07	ADF	2:34.44	
3	Pedro Santos, PEREIRA	M	202814	Abs	06	LSC	2:27.58	
4	Alberto Antonio, SANTOS	M	127524	Abs	01	CNAC	2:18.01	EXH
5	Tiago Fonseca, CARVALHO	M	127099	Abs	03	CNPO	2:18.30	
6	Rui Goncalves, OLIVEIRA	M	20359	Abs	93	CNMAIA	2:22.66	
7	Rodrigo Manuel, NETO	M	127952	Abs	04	CAP	2:35.67	
8	Duarte Correia, GARCIA	M	202823	Abs	07	LSC	2:43.70	
<u>S�rie 3 de 3, 10:00</u>								
1	Tiago Diniz, LIMA	M	132172	Abs	04	CDE	2:17.27	EXH
2	Miguel Azevedo, ROCHA	M	131262	Abs	06	ADP	2:24.66	WDR
3	Francisco Manuel, ZENZA	M	112097	Abs	01	CNMAIA	2:11.21	
4	Gaspar Pinheiro, LIMA	M	127892	Abs	04	LSC	2:09.59	
5	Filipe Silva, RIBEIRO	M	132090	Abs	05	LSC	2:18.70	
6	Tomas Ferreira, OLIVEIRA	M	151457	Abs	06	CNMAIA	2:20.95	
7	Joao Anibal, REMELHE	M	130349	Abs	05	SCB	2:16.64	EXH
8	Manuel Joaquim, LEAL	M	130075	Abs	06	CAP	2:41.10	