

Prova 15	Masc., 400m Livres				Absolutos
19/03/2022 - 16:00					Resultados
Recordes Nacionais 50m Absoluto	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recordes Nacionais 50m Sen	3:50.56	Jose Paulo, LOPES	POR	Barcelona (ESP)	06/06/2021
Recordes Nacionais 50m 18	3:53.79	Jose Paulo, LOPES	SCB	Oeiras	28/07/2018
Recordes Nacionais 50m 17	3:57.15	Gustavo Manuel, SANTA	POR	Helsinki (FIN)	14/07/2010
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel, SANTA	POR	Tampere (FIN)	21/07/2009
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29/07/2006
Recorde Regional 50m Absoluto	3:52.29	Jorge Manuel, MAIA	GDNVNF	Malaga (ESP)	14/06/2008
Recorde Regional 50m Sen	3:52.29	Jorge Manuel, MAIA	GDNVNF	Malaga (ESP)	14/06/2008
Recorde Regional 50m 18	3:58.61	Luis Miguel, MONTEIRO	FCP	Loule	03/08/2001
Recorde Regional 50m 17	3:59.53	Tomas Teixeira, LOPES	FOCA	Coimbra	24/05/2019
Recorde Regional 50m Juv A	4:02.13	Jorge Manuel, MAIA	GDNVNF	EULisboa	29/05/2005
Recorde Regional 50m Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29/07/2006

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				FINA	Obs
1.	Alexandre Ramos, GONCALVES	M	128601	05	CNCE	4:17.63				623	
	50m: 29.24 29.24	150m: 1:34.11 32.40	250m: 2:39.23 32.50	350m: 3:45.50 33.11							
	100m: 1:01.71 32.47	200m: 2:06.73 32.62	300m: 3:12.39 33.16	400m: 4:17.63 32.13							
2.	Afonso Martim, LEITE	M	127335	05	FOCA	4:20.70				601	
	50m: 29.37 29.37	150m: 1:34.62 32.90	250m: 2:41.09 33.36	350m: 3:48.76 33.51							
	100m: 1:01.72 32.35	200m: 2:07.73 33.11	300m: 3:15.25 34.16	400m: 4:20.70 31.94							
3.	Joao Carlos, BARROS	M	200357	06	CFP	4:27.46				557	
	50m: 29.76 29.76	150m: 1:35.92 33.65	250m: 2:44.50 34.39	350m: 3:54.19 34.99							
	100m: 1:02.27 32.51	200m: 2:10.11 34.19	300m: 3:19.20 34.70	400m: 4:27.46 33.27							
4.	Goncalo Sampaio, SALGADO	M	121720	02	Famalic�o	4:35.57				509	
	50m: 29.75 29.75	150m: 1:36.31 33.77	250m: 2:47.96 36.13	350m: 4:00.14 36.20							
	100m: 1:02.54 32.79	200m: 2:11.83 35.52	300m: 3:23.94 35.98	400m: 4:35.57 35.43							
5.	Rodrigo Goncalves, BARROS	M	201802	07	ADF	4:48.30				444	
	50m: 32.44 32.44	150m: 1:45.43 36.93	250m: 3:00.45 37.20	350m: 4:13.32 35.68							
	100m: 1:08.50 36.06	200m: 2:23.25 37.82	300m: 3:37.64 37.19	400m: 4:48.30 34.98							
6.	Andre Leitao, COSTA	M	201806	07	ADF	4:51.57				429	
	50m: 32.37 32.37	150m: 1:45.95 37.23	250m: 3:01.13 36.79	350m: 4:15.70 36.83							
	100m: 1:08.72 36.35	200m: 2:24.34 38.39	300m: 3:38.87 37.74	400m: 4:51.57 35.87							
WDR	Artur Guterres, CARVALHO	M	202266	06	CFV						
EXH	Filipe Santos, CARDOSO	M	130500	04	CAPGE	4:20.18				605	
	50m: 29.79 29.79	150m: 1:35.29 33.09	250m: 2:42.00 33.40	350m: 3:48.86 32.88							
	100m: 1:02.20 32.41	200m: 2:08.60 33.31	300m: 3:15.98 33.98	400m: 4:20.18 31.32							
EXH	Marcio Fernandes, GOMES	M	200286	04	SCB	4:25.14				571	
	50m: 30.44 30.44	150m: 1:36.02 33.38	250m: 2:43.85 33.94	350m: 3:51.57 33.89							
	100m: 1:02.64 32.20	200m: 2:09.91 33.89	300m: 3:17.68 33.83	400m: 4:25.14 33.57							
EXH	Afonso Miguel, NOGUEIRA	M	200633	07	SCB	4:57.71				403	
	50m: 32.65 32.65	150m: 1:49.75 38.99	250m: 3:05.61 37.73	350m: 4:21.82 37.63							
	100m: 1:10.76 38.11	200m: 2:27.88 38.13	300m: 3:44.19 38.58	400m: 4:57.71 35.89							
EXH	Tomas Nolan, SANTOS	M	148625	06	CNAC	5:15.44				339	
	50m: 29.12 29.12	150m: 1:52.15 49.71	250m: 3:15.51 41.69	350m: 4:36.47 40.14							
	100m: 1:02.44 33.32	200m: 2:33.82 41.67	300m: 3:56.33 40.82	400m: 5:15.44 38.97							

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.72268

Registered to Associa o de Nata o do Norte de Portugal

21/03/2022 0:01 - P gina 1

|ORGANIZAÇÃO



|PARCEIRO INSTITUCIONAL



|PARCEIRO



|FORNECEDOR OFICIAL

