

Prova 1	Femin., 400m Livres				Absoluto
27/11/2021 - 15:30					Resultados
Rec Nac Adaptada S6	11:47.11	BARBOSA, Ana Sofia	FCP	Porto	25/04/2021
Rec Nac Adaptada S8	5:42.76	CASTRO, Ana Filipa	FVCD	Oeiras	11/05/2019
Rec Nac Adaptada S7	9:59.80	SAMPAIO, Ana Branca	SANNP	Valladolid (ESP)	05/05/2018
Rec Nac Adaptada S9	5:02.09	VEIGA, Susana Pereira	CNCVG	Coimbra	25/04/2021
Rec Nac Adaptada S10	5:18.60	NEVES, Teresa Lamego	POR	Eindhoven (NED)	07/08/2014
Rec Nac Adaptada S11	59:00.00	, start			
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	59:00.00	, start			
Rec Nac Adaptada S14	6:25.10	RESENDE, Sonia Castanheiro	SCA	Vila Franca de Xira	05/03/2016
Rec Nac Adaptada S15	5:50.21	LOURENCO, Susana Maria	SCP	Coimbra	13/08/2011
Rec Nac Adaptada S16	7:18.70	TABORDA, Maria Joao	FCP	Povoa de Varzim	07/04/2019
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	7:37.73	REIS, Filipa Sa	POR	Olbia (ITA)	21/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Classe S1-S14-Absolutos

1.	TORRES, Iara Pinto	05	S8	A, 3, 5, 1	FCP	7:24.19	265
	50m: 43.82 43.82	150m: 2:31.77	56.34	250m: 4:30.85	1:00.64	350m: 6:26.77	57.37
	100m: 1:35.43 51.61	200m: 3:30.21	58.44	300m: 5:29.40	58.55	400m: 7:24.19	57.42
2.	SOARES, Maria Mafalda	02	S14		ADADA	7:40.80	218
	50m: 47.90 47.90	150m: 2:44.91	1:00.51	250m: 4:46.35	1:00.39	350m: 6:45.35	58.87
	100m: 1:44.40 56.50	200m: 3:45.96	1:01.05	300m: 5:46.48	1:00.13	400m: 7:40.80	55.45
3.	ALMEIDA, Beatriz Moreira	04	S14		ADADA	9:11.89	127
	50m: 57.29 57.29	150m: 3:15.52	1:10.97	250m: 5:37.87	1:09.41	350m: 8:02.59	1:12.21
	100m: 2:04.55 1:07.26	200m: 4:28.46	1:12.94	300m: 6:50.38	1:12.51	400m: 9:11.89	1:09.30
4.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	11:31.70	96
	<i>Recorde Nacional</i>						
	50m: 1:21.85 1:21.85	150m: 4:19.91	1:28.36	250m: 7:14.52	1:26.48	350m: 10:07.44	1:25.60
	100m: 2:51.55 1:29.70	200m: 5:48.04	1:28.13	300m: 8:41.84	1:27.32	400m: 11:31.70	1:24.26

WDR	MORAIS, Maria Matilde	06	S10	12,+	ADADA		
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Classe S6-Seniores

1.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	11:31.70	96
	<i>Recorde Nacional</i>						
	50m: 1:21.85 1:21.85	150m: 4:19.91	1:28.36	250m: 7:14.52	1:26.48	350m: 10:07.44	1:25.60
	100m: 2:51.55 1:29.70	200m: 5:48.04	1:28.13	300m: 8:41.84	1:27.32	400m: 11:31.70	1:24.26

Classe S8-Seniores

1.	TORRES, Iara Pinto	05	S8	A, 3, 5, 1	FCP	7:24.19	265
	50m: 43.82 43.82	150m: 2:31.77	56.34	250m: 4:30.85	1:00.64	350m: 6:26.77	57.37
	100m: 1:35.43 51.61	200m: 3:30.21	58.44	300m: 5:29.40	58.55	400m: 7:24.19	57.42

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.71238

Registered to Associa o de Nata o do Norte de Portugal

29/11/2021 10:04 - P gina 1

Prova 1, Femin., 400m Livres

Classe S10-Esperanças

WDR MORAIS, Maria Matilde 06 S10 12,+ ADADA

Classe S14-Seniores

1.	SOARES, Maria Mafalda	02	S14		ADADA				7:40.80	218
	50m: 47.90 47.90		150m: 2:44.91	1:00.51	250m: 4:46.35	1:00.39	350m: 6:45.35	58.87		
	100m: 1:44.40 56.50		200m: 3:45.96	1:01.05	300m: 5:46.48	1:00.13	400m: 7:40.80	55.45		
2.	ALMEIDA, Beatriz Moreira	04	S14		ADADA				9:11.89	127
	50m: 57.29 57.29		150m: 3:15.52	1:10.97	250m: 5:37.87	1:09.41	350m: 8:02.59	1:12.21		
	100m: 2:04.55 1:07.26		200m: 4:28.46	1:12.94	300m: 6:50.38	1:12.51	400m: 9:11.89	1:09.30		
EXH	CASTRO, Ana Filipa	97	S8	12	Feira Viva				6:06.65	472
	50m: 39.27 39.27		150m: 2:12.22	46.42	250m: 3:46.39	46.99	350m: 5:21.10	46.87		
	100m: 1:25.80 46.53		200m: 2:59.40	47.18	300m: 4:34.23	47.84	400m: 6:06.65	45.55		
EXH	NEVES, Camila Anjos	01	S113		ALHANDRA SC				6:32.82	
	50m: 42.61 42.61		150m: 2:19.24	48.61	250m: 4:00.74	51.16	350m: 5:44.49	51.63		
	100m: 1:30.63 48.02		200m: 3:09.58	50.34	300m: 4:52.86	52.12	400m: 6:32.82	48.33		
EXH	SIMOES, Diana Vieira	98	S14	W	SCA				6:55.35	298
	50m: 42.32 42.32		150m: 2:25.24	53.11	250m: 4:13.52	54.43	350m: 6:01.89	53.83		
	100m: 1:32.13 49.81		200m: 3:19.09	53.85	300m: 5:08.06	54.54	400m: 6:55.35	53.46		
EXH	TAVARES, Ana Filipa	93	S8	A 12+	ALHANDRA SC				8:48.58	158
	50m: 54.88 54.88		150m: 3:07.38	1:08.41	250m: 4:07.79		350m: 6:23.68			
	100m: 1:58.97 1:04.09		200m: 4:16.55	1:09.17	300m: 6:33.98	2:26.19	400m: 8:48.58	2:24.90		
EXH	SANTOS, Debora Filipa	92	S113		CFV				9:31.87	
	50m: 1:05.30 1:05.30		150m: 3:32.68	1:14.62	250m: 5:57.31	1:11.22	350m: 8:21.94	1:12.61		
	100m: 2:18.06 1:12.76		200m: 4:46.09	1:13.41	300m: 7:09.33	1:12.02	400m: 9:31.87	1:09.93		