

Prova 5	Masc., 400m Estilos				Juvenis
19/11/2021 - 10:35					Resultados
Rec Nac 25m Absoluto	4:06.83	CARVALHO, Diogo Filipe	POR	Istambul (TUR)	11/12/2009
Rec Nac 25m Juv A	4:25.04	VITAL, Joao Alexandre	ADRCIMM	Tomar	13/12/2013
Rec Nac 25m Juv B	4:35.02	CARVALHO, Diogo Filipe	CGA	Braga	21/03/2003
Recorde Regional 25m Absoluto	4:15.91	NIZ, Adriano Miguel	FPN	Trieste (ITA)	09/12/2005
Recorde Regional 25m Juv A	4:30.52	NIZ, Adriano Miguel	CFV	Ferrol	13/04/2002
Recorde Regional 25m Juv B	4:40.42	SOUZA, Joao Claudio	GESP	Braga	22/02/2008

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Juvenis A								
1.	SANTOS, Rui Miguel	M	204083	06	Famalici�o	4:49.58	533	
	50m: 29.93 29.93		150m: 1:42.74		37.65	250m: 3:01.56	41.22	350m: 4:17.56 34.10
	100m: 1:05.09 35.16		200m: 2:20.34		37.60	300m: 3:43.46	41.90	400m: 4:49.58 32.02
2.	COSTA, Tomas Mendes	M	132343	06	Famalici�o	4:54.66	506	
	50m: 31.18 31.18		150m: 1:48.29		40.70	250m: 3:07.12	39.83	350m: 4:22.29 34.36
	100m: 1:07.59 36.41		200m: 2:27.29		39.00	300m: 3:47.93	40.81	400m: 4:54.66 32.37
3.	OLIVEIRA, Tomas Ferreira	M	151457	06	Natacao da Maia	4:55.05	504	
	50m: 30.86 30.86		150m: 1:43.07		35.69	250m: 3:02.83	43.82	350m: 4:21.56 35.32
	100m: 1:07.38 36.52		200m: 2:19.01		35.94	300m: 3:46.24	43.41	400m: 4:55.05 33.49
4.	CASTRO, Vasco Monteiro	M	202720	06	Porto	4:55.70	500	
	50m: 31.54 31.54		150m: 1:45.32		36.88	250m: 3:04.73	43.43	350m: 4:22.48 34.60
	100m: 1:08.44 36.90		200m: 2:21.30		35.98	300m: 3:47.88	43.15	400m: 4:55.70 33.22
5.	PEREIRA, Pedro Santos	M	202814	06	Leix�es Sport Clube	5:16.97	406	
	50m: 32.46 32.46		150m: 1:51.37		40.08	250m: 3:17.55	47.23	350m: 4:41.78 36.75
	100m: 1:11.29 38.83		200m: 2:30.32		38.95	300m: 4:05.03	47.48	400m: 5:16.97 35.19

Juvenis B

1.	CORREIA, Rodrigo Filipe	M	210429	07	Porto	5:00.32	477	
	50m: 31.26 31.26		150m: 1:45.17		37.40	250m: 3:07.74	46.10	350m: 4:27.47 33.95
	100m: 1:07.77 36.51		200m: 2:21.64		36.47	300m: 3:53.52	45.78	400m: 5:00.32 32.85
2.	RODRIGUES, Gil Afonso	M	148683	07	Fluvial Portuense	5:06.15	451	
	50m: 31.80 31.80		150m: 1:51.60		42.34	250m: 3:12.63	41.09	350m: 4:32.21 36.40
	100m: 1:09.26 37.46		200m: 2:31.54		39.94	300m: 3:55.81	43.18	400m: 5:06.15 33.94
3.	MARTELO, Francisco Bernardes	M	201758	07	Porto	5:14.82	414	
	50m: 32.77 32.77		150m: 1:52.21		42.17	250m: 3:18.76	45.56	350m: 4:40.12 35.57
	100m: 1:10.04 37.27		200m: 2:33.20		40.99	300m: 4:04.55	45.79	400m: 5:14.82 34.70
4.	FERREIRA, Miguel Guedes	M	205181	07	Porto	5:17.57	404	
	50m: 34.18 34.18		150m: 1:54.63		41.84	250m: 3:21.40	46.47	350m: 4:43.58 36.20
	100m: 1:12.79 38.61		200m: 2:34.93		40.30	300m: 4:07.38	45.98	400m: 5:17.57 33.99
5.	CARVALHO, Luis Filipe	M	132279	07	Clube Naval Povoense	5:18.44	400	
	50m: 33.36 33.36		150m: 1:52.73		41.29	250m: 3:20.61	48.13	350m: 4:45.72 37.25
	100m: 1:11.44 38.08		200m: 2:32.48		39.75	300m: 4:08.47	47.86	400m: 5:18.44 32.72
6.	SOUZA, Pedro Barros	M	132893	07	Porto	5:18.98	398	
	50m: 32.67 32.67		150m: 1:51.66		40.16	250m: 3:16.85	45.68	350m: 4:41.72 39.11
	100m: 1:11.50 38.83		200m: 2:31.17		39.51	300m: 4:02.61	45.76	400m: 5:18.98 37.26
7.	PINTO, Pedro Miguel	M	148621	07	Assoc. Desportiva de Fafe	5:21.31	390	
	50m: 32.58 32.58		150m: 1:51.62		41.34	250m: 3:19.01	46.82	350m: 4:44.77 38.16
	100m: 1:10.28 37.70		200m: 2:32.19		40.57	300m: 4:06.61	47.60	400m: 5:21.31 36.54
8.	COSTA, Andre Leitao	M	201806	07	Assoc. Desportiva de Fafe	5:34.07	347	
	50m: 34.45 34.45		150m: 1:59.23		44.53	250m: 3:29.01	47.72	350m: 4:57.52 39.00
	100m: 1:14.70 40.25		200m: 2:41.29		42.06	300m: 4:18.52	49.51	400m: 5:34.07 36.55
9.	MIRANDA, Tomas Machado	M	200780	07	Porto	5:50.42	300	
	50m: 40.20 40.20		150m: 2:11.42		43.43	250m: 3:43.26	50.00	350m: 5:14.20 39.70
	100m: 1:27.99 47.79		200m: 2:53.26		41.84	300m: 4:34.50	51.24	400m: 5:50.42 36.22
10.	CARVALHO, Martim Goncalves	M	209245	07	Assoc. Desportiva de Fafe	5:53.02	294	
	50m: 37.38 37.38		150m: 2:08.00		46.59	250m: 3:42.02	49.73	350m: 5:13.81 41.32
	100m: 1:21.41 44.03		200m: 2:52.29		44.29	300m: 4:32.49	50.47	400m: 5:53.02 39.21

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.71238

Registered to Associa o de Nata o do Norte de Portugal

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