

Prova 37	Femin., 400m Estilos					Juvenis
21/11/2021 - 10:35						Resultados
Rec Nac 25m Absoluto	4:36.19	KAMINSKAYA, Victoria	POR	Copenhagen (DEN)	13/12/2017	
Rec Nac 25m Absoluto	4:36.19	KAMINSKAYA, Victoria	POR	Copenhagen (DEN)	13/12/2017	
Rec Nac 25m Juv A	4:51.85	SANTOS, Ana Claudia	SFUAP	Setubal	21/11/2004	
Rec Nac 25m Juv B	4:56.53	CUNHA, Mariana Pacheco	CFP	Porto	05/05/2018	
Recorde Regional 25m Absoluto	4:42.89	MONTEIRO, Ana Catarina	CFV	Felgueiras	21/12/2018	
Recorde Regional 25m Juv A	4:55.09	DURAES, Diana Margarida	FOCA	Guarda	10/12/2010	
Recorde Regional 25m Juv B	4:56.53	CUNHA, Mariana Pacheco	CFP	Porto	05/05/2018	

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
Juvenis A									
1.	GOMES, Francisca Martins	F	207830	07	Porto	5:33.65	467		
	50m: 37.30				150m: 2:04.95	44.44	250m: 3:33.36	44.77	350m: 4:57.61
	100m: 1:20.51				200m: 2:48.59	43.64	300m: 4:19.07	45.71	400m: 5:33.65
									38.54
									36.04
2.	SOUSA, Ines Rebelo	F	203317	07	Porto	5:52.14	397		
	50m: 39.15				150m: 2:11.16	45.84	250m: 3:43.81	47.89	350m: 5:12.29
	100m: 1:25.32				200m: 2:55.92	44.76	300m: 4:31.61	47.80	400m: 5:52.14
									40.68
									39.85
3.	SOARES, Rita Marques	F	132341	07	Famalicao	5:53.54	392		
	50m: 36.60				150m: 2:03.43	43.45	250m: 3:39.82	53.12	350m: 5:13.42
	100m: 1:19.98				200m: 2:46.70	43.27	300m: 4:32.71	52.89	400m: 5:53.54
									40.71
									40.12
4.	NOGUEIRA, Melissa Freitas	F		07	Assoc. Desportiva de Fafe	6:27.85	297		
	50m: 42.68				150m: 2:27.90	48.98	250m: 4:07.00	51.88	350m: 5:45.30
	100m: 1:38.92				200m: 3:15.12	47.22	300m: 5:00.66	53.66	400m: 6:27.85
									44.64
									42.55

Juvenis B

1.	PINTO, Lara Filipa	F	200514	08	Porto	5:33.82	466		
	50m: 34.92				150m: 1:57.63	42.26	250m: 3:28.24	48.49	350m: 4:56.31
	100m: 1:15.37				200m: 2:39.75	42.12	300m: 4:16.96	48.72	400m: 5:33.82
									39.35
									37.51
2.	SILVA, Ana Gabriela	F	203708	08	Natacao da Maia	5:48.43	410		
	50m: 36.38				150m: 2:04.31	44.87	250m: 3:37.33	49.43	350m: 5:09.09
	100m: 1:19.44				200m: 2:47.90	43.59	300m: 4:27.99	50.66	400m: 5:48.43
									41.10
									39.34
3.	LAMEIRA, Lara Martins	F	201091	08	Leix�es Sport Clube	5:54.55	389		
	50m: 37.00				150m: 2:09.26	46.25	250m: 3:42.66	49.28	350m: 5:14.86
	100m: 1:23.01				200m: 2:53.38	44.12	300m: 4:32.60	49.94	400m: 5:54.55
									42.26
									39.69
4.	CAIXEIRO, Mafalda Rego	F	201092	08	Leix�es Sport Clube	5:58.53	376		
	50m: 37.53				150m: 2:08.27	45.87	250m: 3:42.77	49.80	350m: 5:15.92
	100m: 1:22.40				200m: 2:52.97	44.70	300m: 4:34.41	51.64	400m: 5:58.53
									41.51
									42.61
5.	MARTINS, Maria Joao	F	204552	08	Assoc. Desportiva de Fafe	5:58.98	375		
	50m: 34.89				150m: 2:00.65	44.22	250m: 3:39.40	53.53	350m: 5:15.79
	100m: 1:16.43				200m: 2:45.87	45.22	300m: 4:33.29	53.89	400m: 5:58.98
									42.50
									43.19
6.	CASTRO, Laura Doellinger	F	201105	08	Assoc. Desportiva de Fafe	6:00.09	371		
	50m: 39.55				150m: 2:12.51	46.35	250m: 3:46.94	49.50	350m: 5:19.83
	100m: 1:26.16				200m: 2:57.44	44.93	300m: 4:37.98	51.04	400m: 6:00.09
									41.85
									40.26
7.	FONTES, Matilde Reis	F	207037	08	Clube Naval Povoense	6:09.06	345		
	50m: 38.49				150m: 2:09.20	45.39	250m: 3:47.23	54.72	350m: 5:26.66
	100m: 1:23.81				200m: 2:52.51	43.31	300m: 4:42.70	55.47	400m: 6:09.06
									43.96
									42.40

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.71238

Registered to Associa o de Nata o do Norte de Portugal

21/11/2021 17:12 - P gina 1