

Prova 27	Femin., 400m Livres				Absolutos
28-04-2019 - 17:10	TURBO				Startlist Final
Rec Nac 25 m Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Nac 25 m Sen	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Nac 25 m 17	4:10.52	Tamila Hryhorivna, HOLUB	POR	Porto	12-12-2015
Rec Nac 25 m 16	4:13.53	Ana Reis, SOUSA	POR	Porto	09-12-2017
Rec Nac 25 m Juv A	4:18.39	Ana Claudia, SANTOS	POR	Cantanhede	20-12-2004
Rec Nac 25 m Juv B	4:23.08	Susana Patricia, MIGUEL	POR	Alhandra	15-05-2004
Rec Nac 25 m Inf A	4:25.30	Alexandra Maria, SILVA	POR	Porto	19-07-1980
Rec Nac 25 m Inf B	4:38.40	Filipa Vilas, RUIVO	POR	Alcobaça	13-06-2009
Recorde Regional 25m Absoluto	4:10.22	Diana Margarida, DURAES	FCP	Porto	12-12-2015
Recorde Regional 25m Sen	4:11.62	Diana Margarida, DURAES	FCP	Porto	12-12-2015
Recorde Regional 25m 17	4:14.95	Joana Aguiar, RODRIGUES	FCP	Leiria	05-12-2009
Recorde Regional 25m 16	4:18.68	Joana Filipa, SANTOS	VSC	Guimarães	07-12-2008
Recorde Regional 25m Juv A	4:22.09	Francisca Soares, MARTINS	FOCA	Felgueiras	15-04-2018
Recorde Regional 25m Juv B	4:26.77	Alexandra Maria, SILVA	FCP	Antibes	21-12-1980
Recorde Regional 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19-07-1980
Recorde Regional 25m Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29-07-1979

Inf-Juv Fem Inf-Juv: 5:06.03 / Jun-Sen Fem Jun-Sen: 4:50.71

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
Final, Infantis-Juvenis, 17:10							
1	Ines Carvalho, GALANTE	F	128478	Inf-Juv 04		Vilacondense	4:44.56
2	Joana Francisca, RODRIGUES	F	127509	Inf-Juv 04		Uniao Coimbra	4:41.38
3	Filipa Manso, PRETO	F	122150	Inf-Juv 04		Porto	4:39.03
4	Daniela Magalhaes, LOPES	F	130098	Inf-Juv 05		Famalicão	4:31.13
5	Carolina Teixeira, PINHO	F	124769	Inf-Juv 04		Porto	4:37.84
6	Marta Lima, PIMENTEL	F	130230	Inf-Juv 04		Fluvial Portuense	4:39.78
7	Francisca Macedo, LOPES	F	129982	Inf-Juv 05		Vilacondense	4:43.16
8	Adriana Carolina, HUTYY	F	133415	Inf-Juv 05		Braga	4:46.00
Inscrições suplentes, Infantis-Juvenis							
	Ines Martins, SILVA	F	127134	Inf-Juv 04		Vilacondense	4:46.18
	Mariana Martins, COSTA	F	127658	Inf-Juv 05		Famalicão	4:46.82
Final, Juniores-Seniores, 17:15							
1	Ana Filipa, VEIGA	F	125558	Jun-Sen01		Gafanha da Encarnação	4:38.07
2	Carolina Silva, SOARES	F	123910	Jun-Sen03		Natacao de Valongo	4:37.30
3	Maria Leonor, AMORIM	F	122000	Jun-Sen03		Porto	4:31.91
4	Ana Rita, RAMOS	F	126775	Jun-Sen02		Porto	4:23.21
5	Francisca Soares, MARTINS	F	126504	Jun-Sen03		Foca	4:30.16
6	Joana Ribeiro, MARTINS	F	129164	Jun-Sen03		Benfica	4:35.69
7	Ines Alves, MARTINS	F	112126	Jun-Sen01		Porto	4:37.49
8	Mariana Nunes, MARQUES	F	126768	Jun-Sen03		Clube Desportivo Estarreja	4:43.90