

Prova 7	Masc., 400m Livres				Absolutos
27-04-2019 - 17:05	TURBO				Resultados Final
Rec Nac 25 m Absoluto	3:42.91	Miguel Duarte, NASCIMENTO	POR	Porto	09-12-2017
Rec Nac 25 m Sen	3:42.91	Miguel Duarte, NASCIMENTO	POR	Porto	09-12-2017
Rec Nac 25 m 18	3:50.52	Adriano Miguel, NIZ	POR	Fafe	26-06-2004
Rec Nac 25 m 17	3:56.54	Rui Filipe, COSTA	POR	Felgueiras	24-11-2007
Rec Nac 25 m Juv A	3:59.31	Joao Carlos, SANTOS	POR	Algés	08-07-2012
Rec Nac 25 m Juv B	4:03.22	Joao Pedro, GIL	POR	Algés	08-07-2012
Rec Nac 25 m Inf A	4:12.35	Andre Vilas, RUIVO	POR	Campo Maior	29-03-2014
Rec Nac 25 m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	POR	Santarém	04-04-2003
Recorde Regional 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istanbul (TUR)	10-12-2009
Recorde Regional 25m Sen	3:45.58	Fabio Manuel, PEREIRA	FPN	Istanbul (TUR)	10-12-2009
Recorde Regional 25m 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26-06-2004
Recorde Regional 25m 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24-11-2007
Recorde Regional 25m Juv A	3:59.35	Rui Filipe, COSTA	VSC	Caldas da Rainha	01-12-2006
Recorde Regional 25m Juv B	4:06.60	Luis Miguel, MONTEIRO	FCP	Lousada	28-02-1998
Recorde Regional 25m Inf A	4:13.70	Rui Paulo, BORGES	FCP	Antas	25-07-1981
Recorde Regional 25m Inf B	4:26.90	Joao Claudio, SOUSA	GESP	Felgueiras	08-04-2006

Inf-Juv Masc Inf-Juv: 4:36.97 / Jun-Sen Masc Jun-Sen: 4:23.10

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Pts	OBS
Infantis-Juvenis									
1.	Fernando Costa, CARVALHO	M	129065	03	Foca	4:10.29	609	10,00	
	50m: 28.37 28.37		150m: 1:31.47 31.85		250m: 2:35.51 31.73		350m: 3:39.03 31.51		
	100m: 59.62 31.25		200m: 2:03.78 32.31		300m: 3:07.52 32.01		400m: 4:10.29 31.26		
2.	Martim Miranda, MACHADO	M	123726	03	Uniao Coimbra	4:10.88	605	8,00	
	50m: 28.88 28.88		150m: 1:31.92 31.68		250m: 2:35.99 31.90		350m: 3:40.07 31.99		
	100m: 1:00.24 31.36		200m: 2:04.09 32.17		300m: 3:08.08 32.09		400m: 4:10.88 30.81		
3.	Diogo Severino, NUNES	M	128592	04	Natacao de Valongo	4:10.96	604	6,00	
	50m: 28.80 28.80		150m: 1:31.80 31.76		250m: 2:35.82 32.01		350m: 3:40.50 32.27		
	100m: 1:00.04 31.24		200m: 2:03.81 32.01		300m: 3:08.23 32.41		400m: 4:10.96 30.46		
4.	Ruben Fonseca, DIAS	M	125780	03	Natacao de Valongo	4:16.51	566	5,00	
	50m: 28.42 28.42		150m: 1:31.19 31.77		250m: 2:37.47 33.53		350m: 3:44.11 33.29		
	100m: 59.42 31.00		200m: 2:03.94 32.75		300m: 3:10.82 33.35		400m: 4:16.51 32.40		
5.	Alexandre Alves, PEREIRA	M	127808	03	Braga	4:17.79	558	4,00	
	50m: 29.19 29.19		150m: 1:33.73 32.75		250m: 2:40.19 33.13		350m: 3:46.59 33.16		
	100m: 1:00.98 31.79		200m: 2:07.06 33.33		300m: 3:13.43 33.24		400m: 4:17.79 31.20		
6.	Hugo Alexandre, COSTA	M	127917	03	Natacao de Valongo	4:19.36	548	3,00	
	50m: 28.94 28.94		150m: 1:33.47 32.83		250m: 2:40.61 33.81		350m: 3:47.56 33.22		
	100m: 1:00.64 31.70		200m: 2:06.80 33.33		300m: 3:14.34 33.73		400m: 4:19.36 31.80		
7.	Rodrigo Jorge, NETO	M	204423	03	Aquatico Pacense	4:20.89	538	2,00	
	50m: 29.13 29.13		150m: 1:34.89 33.17		250m: 2:41.98 33.79		350m: 3:48.72 33.19		
	100m: 1:01.72 32.59		200m: 2:08.19 33.30		300m: 3:15.53 33.55		400m: 4:20.89 32.17		
8.	David Costa, BORGES	M	127198	04	Fluvial Portuense	4:24.15	518	1,00	
	50m: 29.03 29.03		150m: 1:35.45 33.64		250m: 2:42.34 33.70		350m: 3:50.73 34.29		
	100m: 1:01.81 32.78		200m: 2:08.64 33.19		300m: 3:16.44 34.10		400m: 4:24.15 33.42		

Juniores-Seniores

1.	Pedro Miguel, SANTOS	M	121987	01	Porto	3:54.34	743	10,00	
	50m: 26.72 26.72		150m: 1:24.65 28.98		250m: 2:23.69 29.66		350m: 3:24.77 30.47		
	100m: 55.67 28.95		200m: 1:54.03 29.38		300m: 2:54.30 30.61		400m: 3:54.34 29.57		
2.	Diogo Barbosa, NUNES	M	110529	00	Porto	3:59.44	696	8,00	
	50m: 27.00 27.00		150m: 1:25.62 29.71		250m: 2:26.96 30.73		350m: 3:29.49 31.54		
	100m: 55.91 28.91		200m: 1:56.23 30.61		300m: 2:57.95 30.99		400m: 3:59.44 29.95		
3.	Sergio Filipe, TRAVANCA	M	117385	00	Leixões Sport Clube	3:59.71	694	6,00	
	50m: 27.33 27.33		150m: 1:27.19 30.31		250m: 2:28.11 30.15		350m: 3:29.92 30.77		
	100m: 56.88 29.55		200m: 1:57.96 30.77		300m: 2:59.15 31.04		400m: 3:59.71 29.79		
4.	Rafael Alcantara, AIRES	M	125130	01	Benfica	4:02.52	670	5,00	
	50m: 28.00 28.00		150m: 1:29.03 30.50		250m: 2:30.52 30.81		350m: 3:32.63 30.94		
	100m: 58.53 30.53		200m: 1:59.71 30.68		300m: 3:01.69 31.17		400m: 4:02.52 29.89		
5.	Jose Pedro, SAMPAIO	M	108295	98	Fluvial Portuense	4:10.24	610	4,00	
	50m: 27.73 27.73		150m: 1:28.26 30.40		250m: 2:30.17 30.87		350m: 3:36.06 33.55		
	100m: 57.86 30.13		200m: 1:59.30 31.04		300m: 3:02.51 32.34		400m: 4:10.24 34.18		
6.	Pedro Miguel, PINTO	M	129924	02	Sporting	4:12.65	592	3,00	
	50m: 28.74 28.74		150m: 1:33.67 32.58		250m: 2:38.44 31.74		350m: 3:42.12 31.95		
	100m: 1:01.09 32.35		200m: 2:06.70 33.03		300m: 3:10.17 31.73		400m: 4:12.65 30.53		

O Secretário do Juri

Splash Meet Manager, 11.59270

Registered to Associação de Nataçao do Norte de Portugal

O Juiz Árbitro

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Prova 7, Masc., 400m Livres, Final, Juniores-Seniores

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Pts	OBS	
7.	Ricardo Jorge, MOREIRA	M	122012	01	Natacao de Valongo	4:15.20	575	2,00		
	50m: 28.56				150m: 1:30.89	31.60	250m: 2:35.78	32.74	350m: 3:42.62	40.93
	100m: 59.29				200m: 2:03.04	32.15	300m: 3:01.69	25.91	400m: 4:15.20	32.58
8.	Tiago Novais, MAGALHAES	M	205628	01	Fluvial Portuense	4:18.28	554	1,00		
	50m: 28.74				150m: 1:32.49	32.26	250m: 2:38.52	32.91	350m: 3:45.25	33.41
	100m: 1:00.23				200m: 2:05.61	33.12	300m: 3:11.84	33.32	400m: 4:18.28	33.03