

Prova 7	Masc., 400m Livres				Absolutos
27-04-2019 - 10:10	TURBO				Resultados Elimin
Rec Nac 25 m Absoluto	3:42.91	Miguel Duarte, NASCIMENTO	POR	Porto	09-12-2017
Rec Nac 25 m Sen	3:42.91	Miguel Duarte, NASCIMENTO	POR	Porto	09-12-2017
Rec Nac 25 m 18	3:50.52	Adriano Miguel, NIZ	POR	Fafe	26-06-2004
Rec Nac 25 m 17	3:56.54	Rui Filipe, COSTA	POR	Felgueiras	24-11-2007
Rec Nac 25 m Juv A	3:59.31	Joao Carlos, SANTOS	POR	Algés	08-07-2012
Rec Nac 25 m Juv B	4:03.22	Joao Pedro, GIL	POR	Algés	08-07-2012
Rec Nac 25 m Inf A	4:12.35	Andre Vilas, RUIVO	POR	Campo Maior	29-03-2014
Rec Nac 25 m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	POR	Santarém	04-04-2003
Recorde Regional 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istanbul (TUR)	10-12-2009
Recorde Regional 25m Sen	3:45.58	Fabio Manuel, PEREIRA	FPN	Istanbul (TUR)	10-12-2009
Recorde Regional 25m 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26-06-2004
Recorde Regional 25m 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24-11-2007
Recorde Regional 25m Juv A	3:59.35	Rui Filipe, COSTA	VSC	Caldas da Rainha	01-12-2006
Recorde Regional 25m Juv B	4:06.60	Luis Miguel, MONTEIRO	FCP	Lousada	28-02-1998
Recorde Regional 25m Inf A	4:13.70	Rui Paulo, BORGES	FCP	Antas	25-07-1981
Recorde Regional 25m Inf B	4:26.90	Joao Claudio, SOUSA	GESP	Felgueiras	08-04-2006

Inf-Juv Masc Inf-Juv: 4:36.97 / Jun-Sen Masc Jun-Sen: 4:23.10

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Pts	OBS
Infantis-Juvenis									
1.	Martim Miranda, MACHADO	M	123726	03	Uniao Coimbra	4:14.83	577	-	Q
	50m: 29.25 29.25		150m: 1:33.19		32.29 250m: 2:38.12	32.44	350m: 3:43.40	32.64	
	100m: 1:00.90 31.65		200m: 2:05.68		32.49 300m: 3:10.76	32.64	400m: 4:14.83	31.43	
2.	Diogo Severino, NUNES	M	128592	04	Natacao de Valongo	4:14.88	577	-	Q
	50m: 28.01 28.01		150m: 1:30.81		31.81 250m: 2:35.84	32.57	350m: 3:42.45	33.02	
	100m: 59.00 30.99		200m: 2:03.27		32.46 300m: 3:09.43	33.59	400m: 4:14.88	32.43	
3.	Ruben Fonseca, DIAS	M	125780	03	Natacao de Valongo	4:17.95	557	-	Q
	50m: 28.43 28.43		150m: 1:31.92		32.13 250m: 2:38.31	33.52	350m: 3:44.92	33.17	
	100m: 59.79 31.36		200m: 2:04.79		32.87 300m: 3:11.75	33.44	400m: 4:17.95	33.03	
4.	Fernando Costa, CARVALHO	M	129065	03	Foca	4:18.02	556	-	Q
	50m: 28.91 28.91		150m: 1:33.27		32.36 250m: 2:38.54	33.12	350m: 3:44.95	33.19	
	100m: 1:00.91 32.00		200m: 2:05.42		32.15 300m: 3:11.76	33.22	400m: 4:18.02	33.07	
5.	Alexandre Alves, PEREIRA	M	127808	03	Braga	4:20.58	540	-	Q
	50m: 29.11 29.11		150m: 1:34.64		33.17 250m: 2:41.43	33.55	350m: 3:48.65	33.45	
	100m: 1:01.47 32.36		200m: 2:07.88		33.24 300m: 3:15.20	33.77	400m: 4:20.58	31.93	
6.	Rodrigo Jorge, NETO	M	204423	03	Aquatico Pacense	4:20.92	538	-	Q
	50m: 29.70 29.70		150m: 1:34.69		32.87 250m: 2:41.08	33.30	350m: 3:47.78	33.42	
	100m: 1:01.82 32.12		200m: 2:07.78		33.09 300m: 3:14.36	33.28	400m: 4:20.92	33.14	
7.	Hugo Alexandre, COSTA	M	127917	03	Natacao de Valongo	4:21.27	536	-	Q
	50m: 29.14 29.14		150m: 1:34.74		33.19 250m: 2:41.21	32.85	350m: 3:48.35	33.54	
	100m: 1:01.55 32.41		200m: 2:08.36		33.62 300m: 3:14.81	33.60	400m: 4:21.27	32.92	
8.	David Costa, BORGES	M	127198	04	Fluvial Portuense	4:22.55	528	-	Q
	50m: 29.34 29.34		150m: 1:35.43		33.16 250m: 2:42.74	33.33	350m: 3:49.53	33.50	
	100m: 1:02.27 32.93		200m: 2:09.41		33.98 300m: 3:16.03	33.29	400m: 4:22.55	33.02	
9.	Joao Carlos, FERREIRA	M	127550	03	Porto	4:26.09	507	-	R
	50m: 29.49 29.49		150m: 1:35.37		33.39 250m: 2:42.69	33.86	350m: 3:51.92	34.62	
	100m: 1:01.98 32.49		200m: 2:08.83		33.46 300m: 3:17.30	34.61	400m: 4:26.09	34.17	
10.	Bernardo Nunes, VASCONCELOS	M	129429	03	Foca	4:27.14	501	-	R
	50m: 29.66 29.66		150m: 1:36.92		33.53 250m: 2:44.57	33.76	350m: 3:53.78	34.51	
	100m: 1:03.39 33.73		200m: 2:10.81		33.89 300m: 3:19.27	34.70	400m: 4:27.14	33.36	
11.	Joao Luis, SA	M	124728	03	Fluvial Portuense	4:27.65	498	-	
	50m: 29.13 29.13		150m: 1:35.63		33.85 250m: 2:44.30	34.26	350m: 3:53.24	34.44	
	100m: 1:01.78 32.65		200m: 2:10.04		34.41 300m: 3:18.80	34.50	400m: 4:27.65	34.41	
12.	Rui Mamede, SANTOS	M	131125	04	Uniao Coimbra	4:28.02	496	-	
	50m: 28.83 28.83		150m: 1:34.71		33.58 250m: 2:44.25	34.80	350m: 3:54.16	35.15	
	100m: 1:01.13 32.30		200m: 2:09.45		34.74 300m: 3:19.01	34.76	400m: 4:28.02	33.86	
13.	Joao Carlos, CARVALHO	M	132713	05	Braga	4:28.45	494	-	
	50m: 29.96 29.96		150m: 1:36.81		33.98 250m: 2:46.72	34.86	350m: 3:56.25	34.69	
	100m: 1:02.83 32.87		200m: 2:11.86		35.05 300m: 3:21.56	34.84	400m: 4:28.45	32.20	
14.	Joao Pedro, MOREIRA	M	200349	04	Fluvial Portuense	4:28.46	494	-	
	50m: 29.81 29.81		150m: 1:36.60		34.01 250m: 2:46.20	34.82	350m: 3:55.34	34.40	
	100m: 1:02.59 32.78		200m: 2:11.38		34.78 300m: 3:20.94	34.74	400m: 4:28.46	33.12	
15.	Diogo Guimaraes, PEREIRA	M	203491	03	Vitória Sport Clube	4:28.71	492	-	
	50m: 30.20 30.20		150m: 1:38.20		34.14 250m: 2:47.43	34.88	350m: 3:55.82	34.04	
	100m: 1:04.06 33.86		200m: 2:12.55		34.35 300m: 3:21.78	34.35	400m: 4:28.71	32.89	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.59270

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Prova 7, Masc., 400m Livres, Elimina, Infantis-Juvenis

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Pts	OBS
16.	Afonso Vilhena, COSTA	M	124873 04	Vilacondense	4:28.73	492	-	
	50m: 29.55 29.55		150m: 1:37.66	34.31	250m: 2:46.43	34.31	350m: 3:55.05	34.44
	100m: 1:03.35 33.80		200m: 2:12.12	34.46	300m: 3:20.61	34.18	400m: 4:28.73	33.68
17.	Guilherme Lobo, PINTO	M	126503 04	Foca	4:29.87	486	-	
	50m: 30.37 30.37		150m: 1:38.42	34.29	250m: 2:46.82	33.99	350m: 3:56.39	34.95
	100m: 1:04.13 33.76		200m: 2:12.83	34.41	300m: 3:21.44	34.62	400m: 4:29.87	33.48
18.	Goncalo Maria, MARANTES	M	121980 03	Porto	4:30.12	485	-	
	50m: 30.37 30.37		150m: 1:38.22	34.49	250m: 2:47.21	34.25	350m: 3:56.57	35.03
	100m: 1:03.73 33.36		200m: 2:12.96	34.74	300m: 3:21.54	34.33	400m: 4:30.12	33.55
19.	Ruben Filipe, SILVA	M	124865 03	Foca	4:30.73	481	-	
	50m: 30.85 30.85		150m: 1:38.10	34.07	250m: 2:46.84	34.48	350m: 3:56.61	34.95
	100m: 1:04.03 33.18		200m: 2:12.36	34.26	300m: 3:21.66	34.82	400m: 4:30.73	34.12
20.	Joao Maria, SOUSA	M	130462 05	Braga	4:30.88	481	-	
	50m: 29.37 29.37		150m: 1:37.77	34.77	250m: 2:47.16	34.88	350m: 3:57.00	35.28
	100m: 1:03.00 33.63		200m: 2:12.28	34.51	300m: 3:21.72	34.56	400m: 4:30.88	33.88
21.	Antonio Miguel, SANTOS	M	124713 03	Vilacondense	4:32.20	474	-	
	50m: 31.30 31.30		150m: 1:40.14	34.83	250m: 2:49.87	34.46	350m: 3:58.74	34.23
	100m: 1:05.31 34.01		200m: 2:15.41	35.27	300m: 3:24.51	34.64	400m: 4:32.20	33.46
22.	Jose Goncalo, PEREIRA	M	131258 04	Assoc. Desportiva de Fafe	4:34.98	459	-	
	50m: 31.17 31.17		150m: 1:40.53	34.84	250m: 2:50.67	35.11	350m: 4:00.54	34.70
	100m: 1:05.69 34.52		200m: 2:15.56	35.03	300m: 3:25.84	35.17	400m: 4:34.98	34.44
23.	Diogo Pontes, PEREIRA	M	131880 03	Assoc. Desportiva de Fafe	4:35.36	457	-	
	50m: 31.33 31.33		150m: 1:39.94	34.65	250m: 2:49.90	34.93	350m: 4:01.29	35.54
	100m: 1:05.29 33.96		200m: 2:14.97	35.03	300m: 3:25.75	35.85	400m: 4:35.36	34.07
24.	Joao Bernardo, FERNANDES FL	M	129686 03	Clube Naval Povoense	4:40.93	431	-	
	50m: 30.11 30.11		150m: 1:38.73	34.73	250m: 2:50.51	36.19	350m: 4:04.10	37.43
	100m: 1:04.00 33.89		200m: 2:14.32	35.59	300m: 3:26.67	36.16	400m: 4:40.93	36.83
DSQ	Tiago Fonseca, CARVALHO	M	127099 03	Clube Naval Povoense				
	<i>403 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4</i>							

Juniores-Seniores

1.	Diogo Barbosa, NUNES	M	110529 00	Porto	4:04.25	656	-	Q
	50m: 28.17 28.17		150m: 1:30.15	30.93	250m: 2:32.59	31.41	350m: 3:34.75	31.15
	100m: 59.22 31.05		200m: 2:01.18	31.03	300m: 3:03.60	31.01	400m: 4:04.25	29.50
2.	Jose Pedro, SAMPAIO	M	108295 98	Fluvial Portuense	4:04.33	655	-	Q
	50m: 28.92 28.92		150m: 1:31.79	31.22	250m: 2:33.95	30.74	350m: 3:35.11	30.39
	100m: 1:00.57 31.65		200m: 2:03.21	31.42	300m: 3:04.72	30.77	400m: 4:04.33	29.22
3.	Sergio Filipe, TRAVANCA	M	117385 00	Leixões Sport Clube	4:05.60	645	-	Q
	50m: 28.16 28.16		150m: 1:30.76	31.39	250m: 2:33.41	31.65	350m: 3:35.36	31.06
	100m: 59.37 31.21		200m: 2:01.76	31.00	300m: 3:04.30	30.89	400m: 4:05.60	30.24
4.	Rafael Alcantara, AIRES	M	125130 01	Benfica	4:06.82	635	-	Q
	50m: 28.77 28.77		150m: 1:30.71	31.04	250m: 2:32.85	31.06	350m: 3:35.61	31.29
	100m: 59.67 30.90		200m: 2:01.79	31.08	300m: 3:04.32	31.47	400m: 4:06.82	31.21
5.	Pedro Miguel, SANTOS	M	121987 01	Porto	4:06.93	635	-	Q
	50m: 28.18 28.18		150m: 1:30.43	31.46	250m: 2:32.39	30.58	350m: 3:34.86	31.45
	100m: 58.97 30.79		200m: 2:01.81	31.38	300m: 3:03.41	31.02	400m: 4:06.93	32.07
6.	Pedro Miguel, PINTO	M	129924 02	Sporting	4:12.16	596	-	Q
	50m: 29.36 29.36		150m: 1:33.45	32.28	250m: 2:37.40	31.44	350m: 3:40.94	31.79
	100m: 1:01.17 31.81		200m: 2:05.96	32.51	300m: 3:09.15	31.75	400m: 4:12.16	31.22
7.	Tiago Novais, MAGALHAES	M	205628 01	Fluvial Portuense	4:13.22	588	-	Q
	50m: 28.12 28.12		150m: 1:31.48	32.29	250m: 2:36.05	32.22	350m: 3:40.87	32.42
	100m: 59.19 31.07		200m: 2:03.83	32.35	300m: 3:08.45	32.40	400m: 4:13.22	32.35
8.	Ricardo Jorge, MOREIRA	M	122012 01	Natacao de Valongo	4:13.68	585	-	Q
	50m: 28.71 28.71		150m: 1:32.06	31.90	250m: 2:36.86	32.41	350m: 3:42.50	33.01
	100m: 1:00.16 31.45		200m: 2:04.45	32.39	300m: 3:09.49	32.63	400m: 4:13.68	31.18
9.	Bruno Rafael, MACHADO	M	119176 01	Fluvial Portuense	4:14.30	581	-	R
	50m: 27.91 27.91		150m: 1:32.24	32.63	250m: 2:36.87	31.78	350m: 3:42.59	32.86
	100m: 59.61 31.70		200m: 2:05.09	32.85	300m: 3:09.73	32.86	400m: 4:14.30	31.71
10.	Daniel Luis, CARVALHO	M	124253 02	Braga	4:16.08	569	-	R
	50m: 28.86 28.86		150m: 1:33.00	32.49	250m: 2:38.33	32.80	350m: 3:43.97	32.84
	100m: 1:00.51 31.65		200m: 2:05.53	32.53	300m: 3:11.13	32.80	400m: 4:16.08	32.11
11.	Victor Hugo, ACIOLI	M	207165 02	Clube Desportivo Feirense	4:18.45	553	-	
	50m: 28.93 28.93		150m: 1:33.91	32.92	250m: 2:41.21	33.63	350m: 3:47.43	32.80
	100m: 1:00.99 32.06		200m: 2:07.58	33.67	300m: 3:14.63	33.42	400m: 4:18.45	31.02
12.	Bernardo Vinagre, ARZILEIRO	M	123175 01	Uniao Coimbra	4:19.14	549	-	
	50m: 29.38 29.38		150m: 1:34.15	32.53	250m: 2:39.80	32.76	350m: 3:46.85	33.56
	100m: 1:01.62 32.24		200m: 2:07.04	32.89	300m: 3:13.29	33.49	400m: 4:19.14	32.29

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O Juiz Arbitro

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Prova 7, Masc., 400m Livres, Elimin, Juniores-Seniores

Lugar	Nome	Sexo	Licença	Ano	Clube				Tempo Final	FINA	Pts	OBS
13.	Pedro Veiguinha, MARTINS	M	107233	96	Braga				4:21.92	532	-	
	50m: 29.24 29.24		150m: 1:32.89		32.14	250m: 2:40.15	34.17	350m: 3:49.11	34.47			
	100m: 1:00.75 31.51		200m: 2:05.98		33.09	300m: 3:14.64	34.49	400m: 4:21.92	32.81			
14.	Diogo Alexandre, CASTELEIRO	M	126581	01	Sporting				4:22.32	529	-	
	50m: 29.10 29.10		150m: 1:34.44		32.96	250m: 2:41.59	33.69	350m: 3:49.10	33.84			
	100m: 1:01.48 32.38		200m: 2:07.90		33.46	300m: 3:15.26	33.67	400m: 4:22.32	33.22			
15.	Goncalo Sampaio, SALGADO <i>FTL</i>	M	121720	02	Famalicao				4:24.30	517	-	
	50m: 28.80 28.80		150m: 1:34.12		33.29	250m: 2:41.86	33.95	350m: 3:50.55	34.33			
	100m: 1:00.83 32.03		200m: 2:07.91		33.79	300m: 3:16.22	34.36	400m: 4:24.30	33.75			
16.	Luis Manuel, RIBEIRO <i>FTL</i>	M	120816	02	Porto				4:26.52	505	-	
	50m: 29.52 29.52		150m: 1:34.20		33.03	250m: 2:42.49	34.60	350m: 3:52.28	34.88			
	100m: 1:01.17 31.65		200m: 2:07.89		33.69	300m: 3:17.40	34.91	400m: 4:26.52	34.24			
17.	Joao Mano, COSTA <i>FTL</i>	M	121356	01	Braga				4:28.50	493	-	
	50m: 29.82 29.82		150m: 1:35.59		33.48	250m: 2:44.20	34.44	350m: 3:54.05	35.08			
	100m: 1:02.11 32.29		200m: 2:09.76		34.17	300m: 3:18.97	34.77	400m: 4:28.50	34.45			

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