

Prova 27	Femin., 400m Livres				Absolutos
28-04-2019 - 10:15	TURBO				Resultados Elimin
Rec Nac 25 m Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Nac 25 m Sen	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Nac 25 m 17	4:10.52	Tamila Hryhorivna, HOLUB	POR	Porto	12-12-2015
Rec Nac 25 m 16	4:13.53	Ana Reis, SOUSA	POR	Porto	09-12-2017
Rec Nac 25 m Juv A	4:18.39	Ana Claudia, SANTOS	POR	Cantanhede	20-12-2004
Rec Nac 25 m Juv B	4:23.08	Susana Patricia, MIGUEL	POR	Alhandra	15-05-2004
Rec Nac 25 m Inf A	4:25.30	Alexandra Maria, SILVA	POR	Porto	19-07-1980
Rec Nac 25 m Inf B	4:38.40	Filipa Vilas, RUIVO	POR	Alcobaça	13-06-2009
Recorde Regional 25m Absoluto	4:10.22	Diana Margarida, DURAES	FCP	Porto	12-12-2015
Recorde Regional 25m Sen	4:11.62	Diana Margarida, DURAES	FCP	Porto	12-12-2015
Recorde Regional 25m 17	4:14.95	Joana Aguiar, RODRIGUES	FCP	Leiria	05-12-2009
Recorde Regional 25m 16	4:18.68	Joana Filipa, SANTOS	VSC	Guimarães	07-12-2008
Recorde Regional 25m Juv A	4:22.09	Francisca Soares, MARTINS	FOCA	Felgueiras	15-04-2018
Recorde Regional 25m Juv B	4:26.77	Alexandra Maria, SILVA	FCP	Antibes	21-12-1980
Recorde Regional 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19-07-1980
Recorde Regional 25m Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29-07-1979

Inf-Juv Fem Inf-Juv: 5:06.03 / Jun-Sen Fem Jun-Sen: 4:50.71

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Pts	OBS
<b>Infantis-Juvenis</b>									
1.	Daniela Magalhaes, LOPES	F	130098	05	Famalicao	<b>4:31.13</b>	647	-	Q
	50m: 31.05 31.05		150m: 1:39.21		34.68	250m: 2:48.47	34.52	350m: 3:57.60	34.41
	100m: 1:04.53 33.48		200m: 2:13.95		34.74	300m: 3:23.19	34.72	400m: 4:31.13	33.53
2.	Carolina Teixeira, PINHO	F	124769	04	Porto	<b>4:37.84</b>	601	-	Q
	50m: 31.63 31.63		150m: 1:41.08		34.76	250m: 2:51.49	35.10	350m: 4:02.09	35.24
	100m: 1:06.32 34.69		200m: 2:16.39		35.31	300m: 3:26.85	35.36	400m: 4:37.84	35.75
3.	Filipa Manso, PRETO	F	122150	04	Porto	<b>4:39.03</b>	593	-	Q
	50m: 32.72 32.72		150m: 1:42.86		35.18	250m: 2:52.70	35.13	350m: 4:04.06	35.90
	100m: 1:07.68 34.96		200m: 2:17.57		34.71	300m: 3:28.16	35.46	400m: 4:39.03	34.97
4.	Marta Lima, PIMENTEL	F	130230	04	Fluvial Portuense	<b>4:39.78</b>	588	-	Q
	50m: 31.66 31.66		150m: 1:41.55		35.51	250m: 2:53.05	35.96	350m: 4:04.92	36.03
	100m: 1:06.04 34.38		200m: 2:17.09		35.54	300m: 3:28.89	35.84	400m: 4:39.78	34.86
5.	Joana Francisca, RODRIGUES	F	127509	04	Uniao Coimbra	<b>4:41.38</b>	578	-	Q
	50m: 31.99 31.99		150m: 1:42.26		35.40	250m: 2:54.00	36.16	350m: 4:06.29	36.36
	100m: 1:06.86 34.87		200m: 2:17.84		35.58	300m: 3:29.93	35.93	400m: 4:41.38	35.09
6.	Francisca Macedo, LOPES	F	129982	05	Vilacondense	<b>4:43.16</b>	568	-	Q
	50m: 31.87 31.87		150m: 1:43.38		36.23	250m: 2:55.11	35.68	350m: 4:07.63	36.38
	100m: 1:07.15 35.28		200m: 2:19.43		36.05	300m: 3:31.25	36.14	400m: 4:43.16	35.53
7.	Ines Carvalho, GALANTE	F	128478	04	Vilacondense	<b>4:44.56</b>	559	-	Q
	50m: 32.51 32.51		150m: 1:44.19		36.31	250m: 2:56.90	36.19	350m: 4:09.80	36.26
	100m: 1:07.88 35.37		200m: 2:20.71		36.52	300m: 3:33.54	36.64	400m: 4:44.56	34.76
8.	Adriana Carolina, HUTY	F	133415	05	Braga	<b>4:46.00</b>	551	-	Q
	50m: 32.68 32.68		150m: 1:43.97		36.14	250m: 2:57.07	36.89	350m: 4:10.17	36.29
	100m: 1:07.83 35.15		200m: 2:20.18		36.21	300m: 3:33.88	36.81	400m: 4:46.00	35.83
9.	Ines Martins, SILVA	F	127134	04	Vilacondense	<b>4:46.18</b>	550	-	R
	50m: 32.60 32.60		150m: 1:43.43		35.98	250m: 2:56.46	36.86	350m: 4:10.51	37.05
	100m: 1:07.45 34.85		200m: 2:19.60		36.17	300m: 3:33.46	37.00	400m: 4:46.18	35.67
10.	Mariana Martins, COSTA	F	127658	05	Famalicao	<b>4:46.82</b>	546	-	R
	50m: 32.52 32.52		150m: 1:43.88		35.97	250m: 2:56.72	36.83	350m: 4:10.63	37.04
	100m: 1:07.91 35.39		200m: 2:19.89		36.01	300m: 3:33.59	36.87	400m: 4:46.82	36.19
11.	Nara Soraia, NOGUEIRA	F	127914	05	Natacao de Valongo	<b>4:48.99</b>	534	-	
	50m: 32.30 32.30		150m: 1:44.11		36.47	250m: 2:58.90	37.64	350m: 4:13.49	37.18
	100m: 1:07.64 35.34		200m: 2:21.26		37.15	300m: 3:36.31	37.41	400m: 4:48.99	35.50
12.	Barbara Oliveira, MONTEIRO	F	132707	04	Braga	<b>4:49.17</b>	533	-	
	50m: 32.90 32.90		150m: 1:44.04		36.02	250m: 2:57.35	36.83	350m: 4:12.42	37.59
	100m: 1:08.02 35.12		200m: 2:20.52		36.48	300m: 3:34.83	37.48	400m: 4:49.17	36.75
13.	Lia Beatriz, GOMES	F	200413	06	Vitória Sport Clube	<b>4:52.17</b>	517	-	
	50m: 32.73 32.73		150m: 1:45.32		36.96	250m: 3:00.30	37.57	350m: 4:16.59	38.11
	100m: 1:08.36 35.63		200m: 2:22.73		37.41	300m: 3:38.48	38.18	400m: 4:52.17	35.58
14.	Mariana Silva, TAVARES	F	132128	04	Clube Desportivo Estarreja	<b>4:52.59</b>	514	-	
	50m: 32.86 32.86		150m: 1:46.07		36.90	250m: 3:01.97	38.08	350m: 4:17.58	37.52
	100m: 1:09.17 36.31		200m: 2:23.89		37.82	300m: 3:40.06	38.09	400m: 4:52.59	35.01
15.	Marta Oliveira, FERREIRA	F	125854	04	Ginásio Santo Tirso	<b>4:53.82</b>	508	-	
	50m: 34.10 34.10		150m: 1:47.53		36.53	250m: 3:02.27	37.24	350m: 4:17.46	37.88
	100m: 1:11.00 36.90		200m: 2:25.03		37.50	300m: 3:39.58	37.31	400m: 4:53.82	36.36

O Secretário do Juri

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Splash Meet Manager, 11.59270

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29-04-2019 12:52 - Página 1

Prova 27, Femin., 400m Livres, Elimin, Infantis-Juvenis

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Pts	OBS
16.	Rita Sofia, NUNES	F	129103 05	Fluvial Portuense	<b>4:54.22</b>	506	-	
	50m: 33.25 33.25		150m: 1:46.81 37.01	250m: 3:02.65 37.97	350m: 4:18.20 37.25			36.02
	100m: 1:09.80 36.55		200m: 2:24.68 37.87	300m: 3:40.95 38.30	400m: 4:54.22			
17.	Beatriz Pereira, RANGEL	F	127574 04	Fluvial Portuense	<b>5:00.20</b>	476	-	
	50m: 34.10 34.10		150m: 1:48.52 37.62	250m: 3:05.08 38.28	350m: 4:22.14 38.31			38.06
	100m: 1:10.90 36.80		200m: 2:26.80 38.28	300m: 3:43.83 38.75	400m: 5:00.20			
18.	Eva Pinho, RESENDE	F	132170 04	Clube Desportivo Estarreja	<b>5:00.62</b>	474	-	
	50m: 33.81 33.81		150m: 1:48.79 38.06	250m: 3:05.90 38.61	350m: 4:23.39 38.90			37.23
	100m: 1:10.73 36.92		200m: 2:27.29 38.50	300m: 3:44.49 38.59	400m: 5:00.62			
19.	Joana Barbas, RAMOS	F	153484 06	Gafanha da Encarnação	<b>5:03.48</b>	461	-	
	50m: 35.11 35.11		150m: 1:50.90 38.13	250m: 3:07.83 38.76	350m: 4:25.59 39.22			37.89
	100m: 1:12.77 37.66		200m: 2:29.07 38.54	300m: 3:46.37 38.54	400m: 5:03.48			
20.	Mafalda Vestia, FIDALGO	F	131471 04	Uniao Coimbra	<b>5:03.63</b>	460	-	
	50m: 34.59 34.59		150m: 1:49.65 37.87	250m: 3:07.05 38.64	350m: 4:24.89 39.12			38.74
	100m: 1:11.78 37.19		200m: 2:28.41 38.76	300m: 3:45.77 38.72	400m: 5:03.63			
21.	Anita Gouveia, COSTA	F	200417 06	Uniao Coimbra	<b>5:03.91</b>	459	-	
	50m: 34.74 34.74		150m: 1:50.94 38.49	250m: 3:08.40 38.66	350m: 4:26.09 38.96			37.82
	100m: 1:12.45 37.71		200m: 2:29.74 38.80	300m: 3:47.13 38.73	400m: 5:03.91			
22.	Ana Rita, CAPITAO FTL	F	129981 05	Vilacondense	<b>5:06.26</b>	449	-	
	50m: 34.53 34.53		150m: 1:50.90 38.60	250m: 3:09.32 39.22	350m: 4:28.07 39.20			38.19
	100m: 1:12.30 37.77		200m: 2:30.10 39.20	300m: 3:48.87 39.55	400m: 5:06.26			
23.	Barbara Castro, COELHO FTL	F	123752 04	Colegio SMLamas	<b>5:06.69</b>	447	-	
	50m: 30.21 30.21		150m: 1:40.60 36.30	250m: 3:03.85 45.80	350m: 4:27.31 41.24			39.38
	100m: 1:04.30 34.09		200m: 2:18.05 37.45	300m: 3:46.07 42.22	400m: 5:06.69			
24.	Carolina Esteves, PEIXOTO FTL	F	133308 06	Braga	<b>5:07.22</b>	444	-	
	50m: 34.27 34.27		150m: 1:51.18 39.19	250m: 3:10.04 39.39	350m: 4:29.24 39.37			37.98
	100m: 1:11.99 37.72		200m: 2:30.65 39.47	300m: 3:49.87 39.83	400m: 5:07.22			
25.	Ines Esteves, COUTINHO FTL	F	200369 05	Individual ANNP	<b>5:29.44</b>	360	-	
	50m: 34.70 34.70		150m: 1:54.32 40.96	250m: 3:19.37 42.98	350m: 4:46.46 43.65			42.98
	100m: 1:13.36 38.66		200m: 2:36.39 42.07	300m: 4:02.81 43.44	400m: 5:29.44			
WDR	Alexia Bastos, BARROS	F	128583 04	Assoc. Desportiva de Fafe			-	
WDR	Maria Ines, SILVA	F	200371 05	Porto			-	

Juniores-Seniores

1.	Ana Catarina, MONTEIRO	F	24320 93	Vilacondense	<b>4:19.23</b>	740	-	Q
	50m: 29.53 29.53		150m: 1:34.45 32.64	250m: 2:40.38 32.92	350m: 3:47.07 33.23			32.16
	100m: 1:01.81 32.28		200m: 2:07.46 33.01	300m: 3:13.84 33.46	400m: 4:19.23			
2.	Ana Rita, RAMOS	F	126775 02	Porto	<b>4:23.21</b>	707	-	Q
	50m: 30.32 30.32		150m: 1:35.74 32.95	250m: 2:42.47 33.48	350m: 3:50.11 33.85			33.10
	100m: 1:02.79 32.47		200m: 2:08.99 33.25	300m: 3:16.26 33.79	400m: 4:23.21			
3.	Francisca Soares, MARTINS	F	126504 03	Foca	<b>4:30.16</b>	654	-	Q
	50m: 30.95 30.95		150m: 1:39.25 34.47	250m: 2:48.94 34.89	350m: 3:57.37 33.75			32.79
	100m: 1:04.78 33.83		200m: 2:14.05 34.80	300m: 3:23.62 34.68	400m: 4:30.16			
4.	Maria Leonor, AMORIM	F	122000 03	Porto	<b>4:31.91</b>	641	-	Q
	50m: 31.10 31.10		150m: 1:39.05 34.35	250m: 2:48.84 34.84	350m: 3:58.07 34.43			33.84
	100m: 1:04.70 33.60		200m: 2:14.00 34.95	300m: 3:23.64 34.80	400m: 4:31.91			
5.	Joana Ribeiro, MARTINS	F	129164 03	Benfica	<b>4:35.69</b>	615	-	Q
	50m: 32.79 32.79		150m: 1:43.83 35.30	250m: 2:52.96 34.16	350m: 4:01.92 34.56			33.77
	100m: 1:08.53 35.74		200m: 2:18.80 34.97	300m: 3:27.36 34.40	400m: 4:35.69			
6.	Carolina Silva, SOARES	F	123910 03	Natacao de Valongo	<b>4:37.30</b>	604	-	Q
	50m: 31.36 31.36		150m: 1:40.07 35.01	250m: 2:50.59 35.25	350m: 4:02.66 36.19			34.64
	100m: 1:05.17 33.81		200m: 2:15.34 35.27	300m: 3:26.47 35.88	400m: 4:37.30			
7.	Ines Alves, MARTINS	F	112126 01	Porto	<b>4:37.49</b>	603	-	Q
	50m: 32.15 32.15		150m: 1:40.65 34.38	250m: 2:51.04 35.30	350m: 4:02.89 36.03			34.60
	100m: 1:06.27 34.12		200m: 2:15.74 35.09	300m: 3:26.86 35.82	400m: 4:37.49			
8.	Ana Filipa, VEIGA	F	125558 01	Gafanha da Encarnação	<b>4:38.07</b>	599	-	Q
	50m: 32.06 32.06		150m: 1:41.87 35.01	250m: 2:52.31 35.41	350m: 4:03.24 35.42			34.83
	100m: 1:06.86 34.80		200m: 2:16.90 35.03	300m: 3:27.82 35.51	400m: 4:38.07			
9.	Ana Raquel, GRAVETO	F	129628 02	Benfica	<b>4:43.44</b>	566	-	R
	50m: 32.12 32.12		150m: 1:42.64 35.65	250m: 2:54.23 35.97	350m: 4:07.10 36.45			36.34
	100m: 1:06.99 34.87		200m: 2:18.26 35.62	300m: 3:30.65 36.42	400m: 4:43.44			

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29-04-2019 12:52 - Página 2

Prova 27, Femin., 400m Livres, Elimin, Juniores-Seniores

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Pts	OBS
10.	Mariana Nunes, MARQUES	F	126768 03	Clube Desportivo Estarreja	<b>4:43.90</b>	563	-	R
	50m: 32.18 32.18		150m: 1:43.53	35.84 250m: 2:55.98	36.25	350m: 4:09.12	36.34	
	100m: 1:07.69 35.51		200m: 2:19.73	36.20 300m: 3:32.78	36.80	400m: 4:43.90	34.78	
11.	Maria Joao, FERNANDES	F	102092 97	Fluvial Portuense	<b>4:47.63</b>	542	-	
	50m: 32.43 32.43		150m: 1:42.77	35.69 250m: 2:55.99	36.94	350m: 4:10.55	37.64	
	100m: 1:07.08 34.65		200m: 2:19.05	36.28 300m: 3:32.91	36.92	400m: 4:47.63	37.08	
12.	Ana Carmo, PINHEIRO	F	124856 02	Ginásio Santo Tirso	<b>4:49.50</b>	531	-	
	50m: 33.02 33.02		150m: 1:45.50	36.74 250m: 2:59.27	37.07	350m: 4:13.90	36.89	
	100m: 1:08.76 35.74		200m: 2:22.20	36.70 300m: 3:37.01	37.74	400m: 4:49.50	35.60	
13.	Ines Matos, SOUSA	F	125190 03	Uniao Coimbra	<b>4:50.48</b>	526	-	
	50m: 33.10 33.10		150m: 1:45.49	36.63 250m: 2:59.54	37.25	350m: 4:14.04	37.12	
	100m: 1:08.86 35.76		200m: 2:22.29	36.80 300m: 3:36.92	37.38	400m: 4:50.48	36.44	