

X Meeting Internacional da Póvoa de Varzim  
Póvoa de Varzim, 02-03-2-2019  
www.annp.pt

Event 8	Women, 400m Freestyle				Absolutos
02/02/2019 - 17:30	Clinica Medica da Foz				Startlist Finals
Recordes Nacionais 50m Open	4:09.49	DURAES, Diana Margarida	POR	Tarragona (ESP)	25/06/2018
Recordes Nacionais 50m 18 +	4:09.49	DURAES, Diana Margarida	POR	Tarragona (ESP)	25/06/2018
Recordes Nacionais 50m 17	4:14.67	HOLUB, Tamila Hryhorivna	SCB	Oeiras	23/07/2016
Recordes Nacionais 50m 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	04/08/2002
Recordes Nacionais 50m 15	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	07/06/2014
Recordes Nacionais 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26/07/2014
Recordes Nacionais 50m Inf A	4:31.53	SILVA, Alexandra Maria	POR	Skovde (SWE)	08/08/1980
Recordes Nacionais 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27/07/1979
Recorde Meeting	4:17.27	DURAES, Diana Margarida	POR	Póvoa de Varzim	13/02/2016
Recorde Regional 50m Open	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12/03/2016
Recorde Regional 50m 18 +	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12/03/2016
Recorde Regional 50m 17	4:23.18	FREITAS, Marcia Santos	VSC	Famalicao	09/07/2005
Recorde Regional 50m 16	4:23.86	SILVA, Alexandra Maria	FCP	Olivaís	16/04/1983
Recorde Regional 50m 15	4:26.91	SILVA, Alexandra Maria	FCP	Buenos Aires (ARG)	16/04/1982
Recorde Regional 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26/07/2014
Recorde Regional 50m Inf A	4:31.53	SILVA, Alexandra Maria	FCP	Skovde (TAN)	08/08/1980
Recorde Regional 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27/07/1979

TLP JUN\_SEN FEM 16 +: 4:53.11 / TLP INF\_JUV FEM 12 - 15: 5:08.56

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Final A</b>							
1	BLANCO, Silvia Medina	F	202609	Abs	01	Leixoes Sport Clube	4:36.01
2	BARBOSA, Mariana Fernandes	F	121985	Abs	02	Porto	4:35.91
3	CHEROUATI, Souad Nefissa	F	208644	Abs	89	Benfica	4:29.35
4	DURAES, Diana Margarida	F	102992	Abs	96	Portugal	4:21.70
5	VILAS VIDAL, Maria	F	53487155	Abs	96	Centro Gallego T. Deportiva	4:25.76
6	ROSA, Mafalda Sofia	F	127310	Abs	03	Rio Maior	4:33.36
7	FARIA, Ana Rita	F	117417	Abs	00	Porto	4:35.93
8	LOPES, Daniela Magalhaes	F	130098	Abs	05	Famalicao	4:37.64
<b>Final B</b>							
1	GALANTE, Ines Carvalho	F	128478	Abs	04	Vilacondense	4:48.51
2	MONTEIRO, Ines Rosado	F	121817	Abs	00	Clube Natacao de Vagos	4:47.39
3	MARTINS, Ines Alves	F	112126	Abs	01	Porto	4:42.83
4	CARRATU, Chiara	F	452024	Abs	01	SMGM Team Nuoto Lombardia	4:39.20
5	RODRIGUES, Helena Nunes	F	125022	Abs	03	Alges e Agueda XXI	4:42.43
6	PINHO, Carolina Teixeira	F	124769	Abs	04	Porto	4:42.95
7	SOARES, Catarina Silva	F	121977	Abs	03	Porto	4:48.10
8	FONSECA, Laura Luz	F	122825	Abs	03	Bombeiros Ponta Delgada	4:48.52
<b>Reserves</b>							
	SILVA, Ana Pimenta	F	126327	Abs	01	Desportiva Viana	4:49.00
	VIANA, Margarida Violante	F	132662	Abs	04	Ba-Leiria	4:49.95

O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager, 11.57964

Registered to Associação de Natação do Norte de Portugal

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