

X Meeting Internacional da Povo a de Varzim  
Povo a de Varzim, 02-03-2-2019  
www.annp.pt

Event 11	Men, 400m Medley				Open
02/02/2019 - 18:10	TURBO				Startlist Final
Recordes Nacionais 50m Open	4:15.84	SANTOS, Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Recordes Nacionais 50m Sen	4:15.84	SANTOS, Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Recordes Nacionais 50m 18	4:21.42	LOPES, Jose Paulo	POR	Helsinki (FIN)	08/07/2018
Recordes Nacionais 50m 17	4:25.23	VITAL, Joao Alexandre	POR	Singapore	29/08/2015
Recordes Nacionais 50m Juv A	4:32.66	VITAL, Joao Alexandre	ADRCIMM	Coimbra	01/06/2014
Recordes Nacionais 50m Juv B	4:37.06	VITAL, Joao Alexandre	POR	Utrecht (NED)	16/07/2013
Recordes Nacionais 50m Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	P�ova Varzim	23/07/2004
Recordes Nacionais 50m Inf B	4:54.87	RUIVO, Andre Vilas	DNMG	S. Joao da Madeira	12/07/2013
Recorde Meeting	4:25.14	OPELL, Aaron	USA	Povo�a de Varzim	06/02/2011
Recorde Regional 50m Open	4:30.01	ALMEIDA, Carlos Esteves	FCP	Povo�a de Varzim (ESP)	19/04/2014
Recorde Regional 50m Sen	4:30.01	ALMEIDA, Carlos Esteves	FCP	Povo�a de Varzim	19/04/2014
Recorde Regional 50m 18	4:31.48	ARAUJO, Paulo Ricardo	GDNVNF	Antuerpia (BEL)	22/07/2007
Recorde Regional 50m 17	4:33.38	NIZ, Adriano Miguel	CFV	Lisboa	29/03/2003
Recorde Regional 50m Juv A	4:37.49	NIZ, Adriano Miguel	CFV	EULisboa	18/05/2002
Recorde Regional 50m Juv B	4:41.92	SILVA, Tomas Correia	FCP	Coimbra	30/07/2010
Recorde Regional 50m Inf A	4:48.40	BORGES, Rui Paulo	FCP	Coimbra	06/08/1981
Recorde Regional 50m Inf B	5:07.83	BORGES, Rui Paulo	FCP	Coimbra	16/08/1980

TLP ABS MASCULINOS Abs: 5:02.26

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Final</b>							
1	GALAN VICENTE, Pablo	M	991125884	Open	02	Centro Gallego T. Deportiva	4:54.69
2	ALVES, Nuno Rafael	M	25140	Open	90	Aquatico Pacense	4:52.39
3	SOUTO VILAS, Carlos	M	54152176	Open	03	Centro Gallego T. Deportiva	4:46.58
4	LOPES, Jose Paulo	M	117924	Open	00	Portugal	4:36.08
5	LOPES, Gabriel Jose	M	24488	Open	97	Portugal	4:39.38
6	SIMOES, Rafael Gomes	M	119705	Open	00	Braga	4:47.64
7	SILVA, Nuno Marques	M	127406	Open	04	Ba-Leiria	4:53.41
8	SAMPAIO, Jose Pedro	M	108295	Open	98	Fluvial Portuense	4:54.97
<b>Reserves</b>							
	MARTINS, Pedro Veiguinha	M	107233	Open	96	Braga	4:56.52
	SANTOS, Pedro Miguel	M	121987	Open	01	Porto	4:58.80

O Juiz  rbitro

O Secretariado do J ri

Splash Meet Manager, 11.57964

Registered to Associao de Natao do Norte de Portugal

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