

Event 8	Women, 400m Freestyle				Absolutos
02/02/2019 - 10:05	Clínica Medica da Foz				Results Prelim
Recordes Nacionais 50m Open	4:09.49	DURAES, Diana Margarida	POR	Tarragona (ESP)	25/06/2018
Recordes Nacionais 50m 18 +	4:09.49	DURAES, Diana Margarida	POR	Tarragona (ESP)	25/06/2018
Recordes Nacionais 50m 17	4:14.67	HOLUB, Tamila Hryhorivna	SCB	Oeiras	23/07/2016
Recordes Nacionais 50m 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	04/08/2002
Recordes Nacionais 50m 15	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	07/06/2014
Recordes Nacionais 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26/07/2014
Recordes Nacionais 50m Inf A	4:31.53	SILVA, Alexandra Maria	POR	Skovde (SWE)	08/08/1980
Recordes Nacionais 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27/07/1979
Recorde Meeting	4:17.27	DURAES, Diana Margarida	POR	Póvoa de Varzim	13/02/2016
Recorde Regional 50m Open	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12/03/2016
Recorde Regional 50m 18 +	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12/03/2016
Recorde Regional 50m 17	4:23.18	FREITAS, Marcia Santos	VSC	Famalicao	09/07/2005
Recorde Regional 50m 16	4:23.86	SILVA, Alexandra Maria	FCP	Olivais	16/04/1983
Recorde Regional 50m 15	4:26.91	SILVA, Alexandra Maria	FCP	Buenos Aires (ARG)	16/04/1982
Recorde Regional 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26/07/2014
Recorde Regional 50m Inf A	4:31.53	SILVA, Alexandra Maria	FCP	Skovde (TAN)	08/08/1980
Recorde Regional 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27/07/1979

TLP JUN\_SEN FEM 16 +: 4:53.11 / TLP INF\_JUV FEM 12 - 15: 5:08.56

Points: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
<b>Absolutos</b>									
1.	DURAES, Diana Margarida	F	102992	96	Portugal	<b>4:21.70</b>	737	-	A
	50m: 30.87 30.87	150m: 1:36.76	33.07	250m: 2:42.76	32.97	350m: 3:48.82	33.14		
	100m: 1:03.69 32.82	200m: 2:09.79	33.03	300m: 3:15.68	32.92	400m: 4:21.70	32.88		
2.	VILAS VIDAL, Maria	F	534871	596	Centro Gallego T. Deportiva	<b>4:25.76</b>	704	-	A
	50m: 31.44 31.44	150m: 1:37.82	33.27	250m: 2:45.05	33.72	350m: 3:52.63	33.74		
	100m: 1:04.55 33.11	200m: 2:11.33	33.51	300m: 3:18.89	33.84	400m: 4:25.76	33.13		
3.	CHEROUATI, Souad Nefissa	F	208644	89	Benfica	<b>4:29.35</b>	676	-	A
	50m: 32.19 32.19	150m: 1:40.40	33.93	250m: 2:48.40	33.78	350m: 3:55.99	33.78		
	100m: 1:06.47 34.28	200m: 2:14.62	34.22	300m: 3:22.21	33.81	400m: 4:29.35	33.36		
4.	ROSA, Mafalda Sofia	F	127310	03	Rio Maior	<b>4:33.36</b>	647	-	A
	50m: 32.54 32.54	150m: 1:41.49	34.41	250m: 2:49.85	34.15	350m: 3:59.16	34.33		
	100m: 1:07.08 34.54	200m: 2:15.70	34.21	300m: 3:24.83	34.98	400m: 4:33.36	34.20		
5.	BARBOSA, Mariana Fernandes	F	121985	02	Porto	<b>4:35.91</b>	629	-	A
	50m: 32.21 32.21	150m: 1:44.03	36.05	250m: 2:52.87	33.72	350m: 4:02.21	34.83		
	100m: 1:07.98 35.77	200m: 2:19.15	35.12	300m: 3:27.38	34.51	400m: 4:35.91	33.70		
6.	FARIA, Ana Rita	F	117417	00	Porto	<b>4:35.93</b>	629	-	A
	50m: 32.24 32.24	150m: 1:42.07	34.87	250m: 2:52.15	35.07	350m: 4:02.05	35.00		
	100m: 1:07.20 34.96	200m: 2:17.08	35.01	300m: 3:27.05	34.90	400m: 4:35.93	33.88		
7.	BLANCO, Silvia Medina	F	202609	01	Leixoes Sport Clube	<b>4:36.01</b>	628	-	A
	50m: 31.33 31.33	150m: 1:40.22	35.02	250m: 2:50.89	35.67	350m: 4:02.39	36.00		
	100m: 1:05.20 33.87	200m: 2:15.22	35.00	300m: 3:26.39	35.50	400m: 4:36.01	33.62		
8.	LOPES, Daniela Magalhaes	F	130098	05	Famalicao	<b>4:37.64</b>	617	-	A
	50m: 31.18 31.18	150m: 1:41.04	35.28	250m: 2:52.40	35.55	350m: 4:03.13	35.23		
	100m: 1:05.76 34.58	200m: 2:16.85	35.81	300m: 3:27.90	35.50	400m: 4:37.64	34.51		
9.	CARRATU, Chiara	F	452024	01	SMGM Team Nuoto Lombardia	<b>4:39.20</b>	607	-	B
	50m: 31.85 31.85	150m: 1:41.78	34.96	250m: 2:52.71	35.82	350m: 4:04.07	35.49		
	100m: 1:06.82 34.97	200m: 2:16.89	35.11	300m: 3:28.58	35.87	400m: 4:39.20	35.13		
10.	RODRIGUES, Helena Nunes	F	125022	03	Alges e Agueda XXI	<b>4:42.43</b>	586	-	B
	50m: 32.23 32.23	150m: 1:43.52	36.02	250m: 2:55.85	36.28	350m: 4:07.73	36.03		
	100m: 1:07.50 35.27	200m: 2:19.57	36.05	300m: 3:31.70	35.85	400m: 4:42.43	34.70		
11.	MARTINS, Ines Alves	F	112126	01	Porto	<b>4:42.83</b>	584	-	B
	50m: 32.25 32.25	150m: 1:43.30	35.56	250m: 2:55.43	36.08	350m: 4:07.94	36.21		
	100m: 1:07.74 35.49	200m: 2:19.35	36.05	300m: 3:31.73	36.30	400m: 4:42.83	34.89		
12.	PINHO, Carolina Teixeira	F	124769	04	Porto	<b>4:42.95</b>	583	-	B
	50m: 32.21 32.21	150m: 1:42.20	35.03	250m: 2:53.98	36.16	350m: 4:06.65	36.38		
	100m: 1:07.17 34.96	200m: 2:17.82	35.62	300m: 3:30.27	36.29	400m: 4:42.95	36.30		
13.	MONTEIRO, Ines Rosado	F	121817	00	Clube Natacao de Vagos	<b>4:47.39</b>	557	-	B
	50m: 33.00 33.00	150m: 1:45.08	36.36	250m: 2:58.11	36.54	350m: 4:11.76	36.53		
	100m: 1:08.72 35.72	200m: 2:21.57	36.49	300m: 3:35.23	37.12	400m: 4:47.39	35.63		
14.	SOARES, Catarina Silva	F	121977	03	Porto	<b>4:48.10</b>	552	-	B
	50m: 31.74 31.74	150m: 1:42.09	35.93	250m: 2:56.01	37.40	350m: 4:11.29	37.53		
	100m: 1:06.16 34.42	200m: 2:18.61	36.52	300m: 3:33.76	37.75	400m: 4:48.10	36.81		

O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager, 11.57964

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Event 8, Women, 400m Freestyle, Prelim, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
15.	GALANTE, Ines Carvalho 50m: 32.29 32.29 100m: 1:07.94 35.65	F	128478	04	Vilacondense 36.64 250m: 2:58.66 37.27 36.81 300m: 3:35.98 37.32	<b>4:48.51</b>	550	36.80 35.73	- B
16.	FONSECA, Laura Luz 50m: 32.35 32.35 100m: 1:07.52 35.17	F	122825	03	Bombeiros Ponta Delgada 35.92 250m: 2:57.23 37.03 36.76 300m: 3:34.43 37.20	<b>4:48.52</b>	550	37.66 36.43	- B
17.	SILVA, Ana Pimenta 50m: 32.46 32.46 100m: 1:07.72 35.26	F	126327	01	Desportiva Viana 36.56 250m: 2:58.39 36.97 37.14 300m: 3:35.63 37.24	<b>4:49.00</b>	547	37.37 36.00	- R
18.	VIANA, Margarida Violante 50m: 33.09 33.09 100m: 1:09.32 36.23	F	132662	04	Ba-Leiria 36.31 250m: 2:59.37 36.44 37.30 300m: 3:36.89 37.52	<b>4:49.95</b>	542	4:13.63 36.74 4:49.95 36.32	- R
19.	SANTOS, Carolina Ascenso 50m: 32.40 32.40 100m: 1:07.81 35.41	F	121271	01	Ginasio Santo Tirso 36.08 250m: 2:58.04 37.01 37.14 300m: 3:35.97 37.93	<b>4:50.04</b>	541	4:13.19 37.22 4:50.04 36.85	-
20.	VERTEMARA, Sabrina Ilaria 50m: 32.78 32.78 100m: 1:08.68 35.90	F	512847	00	SMGM Team Nuoto Lombardia 36.43 250m: 2:59.24 36.99 37.14 300m: 3:37.22 37.98	<b>4:52.11</b>	530	4:15.05 37.83 4:52.11 37.06	-
21.	ALMEIDA, Catarina Nunes 50m: 33.43 33.43 100m: 1:10.52 37.09	F	124745	04	Galitos / Bresimar 37.13 250m: 3:02.63 37.53 37.45 300m: 3:40.17 37.54	<b>4:52.13</b>	530	4:17.04 36.87 4:52.13 35.09	-
22.	PIMENTEL, Marta Lima 50m: 32.98 32.98 100m: 1:08.96 35.98	F	130230	04	Fluvial Portuense 37.59 250m: 3:01.23 37.18 37.50 300m: 3:38.87 37.64	<b>4:52.28</b>	529	4:15.98 37.11 4:52.28 36.30	-
23.	PEREIRA, Carolina Rei 50m: 32.67 32.67 100m: 1:09.23 36.56	F	128060	05	Clube Natacao de Vagos 37.34 250m: 3:02.53 37.99 37.97 300m: 3:41.11 38.58	<b>4:53.31</b>	523	4:18.89 37.78 4:53.31 34.42	-
24.	LIMA, Jessica Soares <i>FIL</i> 50m: 33.33 33.33 100m: 1:09.45 36.12	F	126993	02	Braga 150m: 1:46.01 36.56 250m: 3:00.51 37.27 200m: 2:23.24 37.23 300m: 3:38.44 37.93	<b>4:53.82</b>	521	4:16.51 38.07 4:53.82 37.31	-
25.	COSTA, Mariana Martins 50m: 32.65 32.65 100m: 1:09.12 36.47	F	127658	05	Famalicao 37.19 250m: 3:02.14 38.08 37.75 300m: 3:40.33 38.19	<b>4:54.11</b>	519	4:17.70 37.37 4:54.11 36.41	-
26.	FERREIRA, Marta Oliveira 50m: 33.69 33.69 100m: 1:10.48 36.79	F	125854	04	Ginasio Santo Tirso 36.99 250m: 3:02.68 37.58 37.63 300m: 3:40.61 37.93	<b>4:54.26</b>	518	4:18.37 37.76 4:54.26 35.89	-
27.	NOGUEIRA, Nara Soraia 50m: 33.42 33.42 100m: 1:09.62 36.20	F	127914	05	Natacao de Valongo 37.45 250m: 3:02.88 37.92 37.89 300m: 3:41.01 38.13	<b>4:55.67</b>	511	4:18.92 37.91 4:55.67 36.75	-
28.	SILVA, Ines Martins 50m: 32.86 32.86 100m: 1:08.78 35.92	F	127134	04	Vilacondense 36.82 250m: 3:01.95 38.30 38.05 300m: 3:40.28 38.33	<b>4:56.14</b>	509	4:18.55 38.27 4:56.14 37.59	-
29.	FERNANDES, Maria Elias 50m: 33.71 33.71 100m: 1:11.23 37.52	F	130196	04	Desportiva Viana 37.77 250m: 3:05.09 37.83 38.26 300m: 3:43.11 38.02	<b>4:56.66</b>	506	4:20.71 37.60 4:56.66 35.95	-
30.	MONTEIRO, Barbara Oliveira 50m: 34.36 34.36 100m: 1:11.17 36.81	F	132707	04	Braga 37.59 250m: 3:04.61 37.58 38.27 300m: 3:42.92 38.31	<b>4:57.19</b>	503	4:20.65 37.73 4:57.19 36.54	-
31.	HUTYY, Adriana Carolina 50m: 34.23 34.23 100m: 1:11.36 37.13	F	133415	05	Braga 37.77 250m: 3:04.24 37.05 38.06 300m: 3:43.00 38.76	<b>4:57.76</b>	500	4:20.82 37.82 4:57.76 36.94	-
32.	PACHECO, Maria Manuel <i>FIL</i> 50m: 33.54 33.54 100m: 1:10.26 36.72	F	120072	03	Bombeiros Ponta Delgada 37.81 250m: 3:04.20 38.12 38.01 300m: 3:42.27 38.07	<b>4:58.24</b>	498	4:20.67 38.40 4:58.24 37.57	-
33.	TROIA, Beatriz Rosa 50m: 32.79 32.79 100m: 1:09.47 36.68	F	127809	04	Vilacondense 37.48 250m: 3:03.06 37.79 38.32 300m: 3:41.00 37.94	<b>4:59.40</b>	492	4:20.49 39.49 4:59.40 38.91	-
34.	MARTINS, Ines Correia 50m: 33.84 33.84 100m: 1:10.30 36.46	F	129741	04	Porto 37.00 250m: 3:02.76 37.87 37.59 300m: 3:41.46 38.70	<b>5:00.20</b>	488	4:20.79 39.33 5:00.20 39.41	-
35.	ALVES, Maria Francisca 50m: 33.54 33.54 100m: 1:10.72 37.18	F	132906	04	Ba-Leiria 37.44 250m: 3:04.84 38.46 38.22 300m: 3:44.03 39.19	<b>5:01.35</b>	483	4:23.26 39.23 5:01.35 38.09	-
36.	RIOS, Maria Manuel 50m: 33.90 33.90 100m: 1:11.17 37.27	F	201297	04	Leixoes Sport Clube 38.73 250m: 3:07.69 38.80 38.99 300m: 3:46.85 39.16	<b>5:03.64</b>	472	4:25.85 39.00 5:03.64 37.79	-

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Event 8, Women, 400m Freestyle, Prelim, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
37.	SIMOES, Rita Mendes 50m: 33.95 33.95 100m: 1:11.61 37.66	F	128073	04	Ba-Leiria 38.68 250m: 3:08.03 38.93 38.81 300m: 3:47.05 39.02	<b>5:03.82</b>	471	-	-
38.	SAMORAJ, Oliwia 50m: 33.83 33.83 100m: 1:11.41 37.58	F	106414605107		MKS Piaseczno 37.92 250m: 3:08.32 39.56 39.43 300m: 3:47.80 39.48	<b>5:05.20</b>	465	-	-
39.	GOMES, Lia Beatriz 50m: 32.40 32.40 100m: 1:10.48 38.08	F	200413	06	Vitoria Sport Clube 38.65 250m: 3:07.69 38.88 39.68 300m: 3:48.14 40.45	<b>5:06.24</b>	460	-	-
40.	VASCONCELOS, Lara Rodrigues FTL 50m: 34.99 34.99 100m: 1:13.93 38.94	F	128983	05	Galitos / Bresimar 40.07 250m: 3:13.40 39.61 39.79 300m: 3:53.08 39.68	<b>5:10.91</b>	439	-	-
41.	COELHO, Barbara Castro FTL 50m: 33.05 33.05 100m: 1:10.66 37.61	F	123752	04	Clube Colegio de Lamas 39.46 250m: 3:12.41 41.45 40.84 300m: 3:53.46 41.05	<b>5:11.63</b>	436	-	-
42.	NEVES, Diana Isabel FTL 50m: 35.37 35.37 100m: 1:14.63 39.26	F	124771	04	Fluvial Portuense 39.80 250m: 3:13.31 39.49 39.39 300m: 3:53.69 40.38	<b>5:11.86</b>	435	-	-
43.	CABRAL, Sofia Vieira FTL 50m: 33.99 33.99 100m: 1:12.82 38.83	F	123106	05	Bombeiros Ponta Delgada 41.48 250m: 3:18.93 42.44 42.19 300m: 4:01.55 42.62	<b>5:25.43</b>	383	-	-
44.	SILVEIRA, Sofia Pereira FTL 50m: 37.56 37.56 100m: 1:18.03 40.47	F	131899	05	Bombeiros Ponta Delgada 41.96 250m: 3:24.56 41.70 42.87 300m: 4:06.43 41.87	<b>5:29.30</b>	370	-	-
WDR	SOARES, Carolina Silva	F	123910	03	Natacao de Valongo			-	-
WDR	RANGEL, Beatriz Pereira	F	127574	04	Fluvial Portuense			-	-

16 years and older

1.	DURAES, Diana Margarida 50m: 30.87 30.87 100m: 1:03.69 32.82	F	102992	96	Portugal 33.07 250m: 2:42.76 32.97 33.03 300m: 3:15.68 32.92	<b>4:21.70</b>	737	-	A
2.	VILAS VIDAL, Maria 50m: 31.44 31.44 100m: 1:04.55 33.11	F	534871596		Centro Gallego T. Deportiva 33.27 250m: 2:45.05 33.72 33.51 300m: 3:18.89 33.84	<b>4:25.76</b>	704	-	A
3.	CHEROUATI, Souad Nefissa 50m: 32.19 32.19 100m: 1:06.47 34.28	F	208644	89	Benfica 33.93 250m: 2:48.40 33.78 34.22 300m: 3:22.21 33.81	<b>4:29.35</b>	676	-	A
4.	ROSA, Mafalda Sofia 50m: 32.54 32.54 100m: 1:07.08 34.54	F	127310	03	Rio Maior 34.41 250m: 2:49.85 34.15 34.21 300m: 3:24.83 34.98	<b>4:33.36</b>	647	-	A
5.	BARBOSA, Mariana Fernandes 50m: 32.21 32.21 100m: 1:07.98 35.77	F	121985	02	Porto 36.05 250m: 2:52.87 33.72 35.12 300m: 3:27.38 34.51	<b>4:35.91</b>	629	-	A
6.	FARIA, Ana Rita 50m: 32.24 32.24 100m: 1:07.20 34.96	F	117417	00	Porto 34.87 250m: 2:52.15 35.07 35.01 300m: 3:27.05 34.90	<b>4:35.93</b>	629	-	A
7.	BLANCO, Silvia Medina 50m: 31.33 31.33 100m: 1:05.20 33.87	F	202609	01	Leixoes Sport Clube 35.02 250m: 2:50.89 35.67 35.00 300m: 3:26.39 35.50	<b>4:36.01</b>	628	-	A
8.	CARRATU, Chiara 50m: 31.85 31.85 100m: 1:06.82 34.97	F	452024	01	SMGM Team Nuoto Lombardia 34.96 250m: 2:52.71 35.82 35.11 300m: 3:28.58 35.87	<b>4:39.20</b>	607	-	B
9.	RODRIGUES, Helena Nunes 50m: 32.23 32.23 100m: 1:07.50 35.27	F	125022	03	Alges e Agueda XXI 36.02 250m: 2:55.85 36.28 36.05 300m: 3:31.70 35.85	<b>4:42.43</b>	586	-	B
10.	MARTINS, Ines Alves 50m: 32.25 32.25 100m: 1:07.74 35.49	F	112126	01	Porto 35.56 250m: 2:55.43 36.08 36.05 300m: 3:31.73 36.30	<b>4:42.83</b>	584	-	B

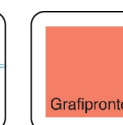
O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager, 11.57964

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Event 8, Women, 400m Freestyle, Prelim, 16 years and older

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
11.	MONTEIRO, Ines Rosado	F	121817	00	Clube Natacao de Vagos	<b>4:47.39</b>	557	-	B
	50m: 33.00 33.00		150m: 1:45.08		36.36 250m: 2:58.11	36.54	350m: 4:11.76		36.53
	100m: 1:08.72 35.72		200m: 2:21.57		36.49 300m: 3:35.23	37.12	400m: 4:47.39		35.63
12.	SOARES, Catarina Silva	F	121977	03	Porto	<b>4:48.10</b>	552	-	B
	50m: 31.74 31.74		150m: 1:42.09		35.93 250m: 2:56.01	37.40	350m: 4:11.29		37.53
	100m: 1:06.16 34.42		200m: 2:18.61		36.52 300m: 3:33.76	37.75	400m: 4:48.10		36.81
13.	FONSECA, Laura Luz	F	122825	03	Bombeiros Ponta Delgada	<b>4:48.52</b>	550	-	B
	50m: 32.35 32.35		150m: 1:43.44		35.92 250m: 2:57.23	37.03	350m: 4:12.09		37.66
	100m: 1:07.52 35.17		200m: 2:20.20		36.76 300m: 3:34.43	37.20	400m: 4:48.52		36.43
14.	SILVA, Ana Pimenta	F	126327	01	Desportiva Viana	<b>4:49.00</b>	547	-	R
	50m: 32.46 32.46		150m: 1:44.28		36.56 250m: 2:58.39	36.97	350m: 4:13.00		37.37
	100m: 1:07.72 35.26		200m: 2:21.42		37.14 300m: 3:35.63	37.24	400m: 4:49.00		36.00
15.	SANTOS, Carolina Ascenso	F	121271	01	Ginasio Santo Tirso	<b>4:50.04</b>	541	-	
	50m: 32.40 32.40		150m: 1:43.89		36.08 250m: 2:58.04	37.01	350m: 4:13.19		37.22
	100m: 1:07.81 35.41		200m: 2:21.03		37.14 300m: 3:35.97	37.93	400m: 4:50.04		36.85
16.	VERTEMARA, Sabrina Ilaria	F	512847	00	SMGM Team Nuoto Lombardia	<b>4:52.11</b>	530	-	
	50m: 32.78 32.78		150m: 1:45.11		36.43 250m: 2:59.24	36.99	350m: 4:15.05		37.83
	100m: 1:08.68 35.90		200m: 2:22.25		37.14 300m: 3:37.22	37.98	400m: 4:52.11		37.06
17.	LIMA, Jessica Soares <i>FTL</i>	F	126993	02	Braga	<b>4:53.82</b>	521	-	
	50m: 33.33 33.33		150m: 1:46.01		36.56 250m: 3:00.51	37.27	350m: 4:16.51		38.07
	100m: 1:09.45 36.12		200m: 2:23.24		37.23 300m: 3:38.44	37.93	400m: 4:53.82		37.31
18.	PACHECO, Maria Manuel <i>FTL</i>	F	120072	03	Bombeiros Ponta Delgada	<b>4:58.24</b>	498	-	
	50m: 33.54 33.54		150m: 1:48.07		37.81 250m: 3:04.20	38.12	350m: 4:20.67		38.40
	100m: 1:10.26 36.72		200m: 2:26.08		38.01 300m: 3:42.27	38.07	400m: 4:58.24		37.57
WDR	SOARES, Carolina Silva	F	123910	03	Natacao de Valongo			-	

12 - 15 years

1.	LOPES, Daniela Magalhaes	F	130098	05	Famalicao	<b>4:37.64</b>	617	-	A
	50m: 31.18 31.18		150m: 1:41.04		35.28 250m: 2:52.40	35.55	350m: 4:03.13		35.23
	100m: 1:05.76 34.58		200m: 2:16.85		35.81 300m: 3:27.90	35.50	400m: 4:37.64		34.51
2.	PINHO, Carolina Teixeira	F	124769	04	Porto	<b>4:42.95</b>	583	-	B
	50m: 32.21 32.21		150m: 1:42.20		35.03 250m: 2:53.98	36.16	350m: 4:06.65		36.38
	100m: 1:07.17 34.96		200m: 2:17.82		35.62 300m: 3:30.27	36.29	400m: 4:42.95		36.30
3.	GALANTE, Ines Carvalho	F	128478	04	Vilacondense	<b>4:48.51</b>	550	-	B
	50m: 32.29 32.29		150m: 1:44.58		36.64 250m: 2:58.66	37.27	350m: 4:12.78		36.80
	100m: 1:07.94 35.65		200m: 2:21.39		36.81 300m: 3:35.98	37.32	400m: 4:48.51		35.73
4.	VIANA, Margarida Violante	F	132662	04	Ba-Leiria	<b>4:49.95</b>	542	-	R
	50m: 33.09 33.09		150m: 1:45.63		36.31 250m: 2:59.37	36.44	350m: 4:13.63		36.74
	100m: 1:09.32 36.23		200m: 2:22.93		37.30 300m: 3:36.89	37.52	400m: 4:49.95		36.32
5.	ALMEIDA, Catarina Nunes	F	124745	04	Galitos / Bresimar	<b>4:52.13</b>	530	-	
	50m: 33.43 33.43		150m: 1:47.65		37.13 250m: 3:02.63	37.53	350m: 4:17.04		36.87
	100m: 1:10.52 37.09		200m: 2:25.10		37.45 300m: 3:40.17	37.54	400m: 4:52.13		35.09
6.	PIMENTEL, Marta Lima	F	130230	04	Fluvial Portuense	<b>4:52.28</b>	529	-	
	50m: 32.98 32.98		150m: 1:46.55		37.59 250m: 3:01.23	37.18	350m: 4:15.98		37.11
	100m: 1:08.96 35.98		200m: 2:24.05		37.50 300m: 3:38.87	37.64	400m: 4:52.28		36.30
7.	PEREIRA, Carolina Rei	F	128060	05	Clube Natacao de Vagos	<b>4:53.31</b>	523	-	
	50m: 32.67 32.67		150m: 1:46.57		37.34 250m: 3:02.53	37.99	350m: 4:18.89		37.78
	100m: 1:09.23 36.56		200m: 2:24.54		37.97 300m: 3:41.11	38.58	400m: 4:53.31		34.42
8.	COSTA, Mariana Martins	F	127658	05	Famalicao	<b>4:54.11</b>	519	-	
	50m: 32.65 32.65		150m: 1:46.31		37.19 250m: 3:02.14	38.08	350m: 4:17.70		37.37
	100m: 1:09.12 36.47		200m: 2:24.06		37.75 300m: 3:40.33	38.19	400m: 4:54.11		36.41
9.	FERREIRA, Marta Oliveira	F	125854	04	Ginasio Santo Tirso	<b>4:54.26</b>	518	-	
	50m: 33.69 33.69		150m: 1:47.47		36.99 250m: 3:02.68	37.58	350m: 4:18.37		37.76
	100m: 1:10.48 36.79		200m: 2:25.10		37.63 300m: 3:40.61	37.93	400m: 4:54.26		35.89
10.	NOGUEIRA, Nara Soraia	F	127914	05	Natacao de Valongo	<b>4:55.67</b>	511	-	
	50m: 33.42 33.42		150m: 1:47.07		37.45 250m: 3:02.88	37.92	350m: 4:18.92		37.91
	100m: 1:09.62 36.20		200m: 2:24.96		37.89 300m: 3:41.01	38.13	400m: 4:55.67		36.75
11.	SILVA, Ines Martins	F	127134	04	Vilacondense	<b>4:56.14</b>	509	-	
	50m: 32.86 32.86		150m: 1:45.00		36.82 250m: 3:01.95	38.30	350m: 4:18.55		38.27
	100m: 1:08.78 35.92		200m: 2:23.65		38.05 300m: 3:40.28	38.33	400m: 4:56.14		37.59
12.	FERNANDES, Maria Elias	F	130196	04	Desportiva Viana	<b>4:56.66</b>	506	-	
	50m: 33.71 33.71		150m: 1:49.00		37.77 250m: 3:05.09	37.83	350m: 4:20.71		37.60
	100m: 1:11.23 37.52		200m: 2:27.26		38.26 300m: 3:43.11	38.02	400m: 4:56.66		35.95

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Event 8, Girls, 400m Freestyle, Prelim, 12 - 15 years

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	PTS	OBS
13.	MONTEIRO, Barbara Oliveira	F	132707	04	Braga	<b>4:57.19</b>	503	-	
	50m: 34.36 34.36		150m: 1:48.76		250m: 3:04.61 37.58	350m: 4:20.65 37.73			
	100m: 1:11.17 36.81		200m: 2:27.03		300m: 3:42.92 38.31	400m: 4:57.19 36.54			
14.	HUTYY, Adriana Carolina	F	133415	05	Braga	<b>4:57.76</b>	500	-	
	50m: 34.23 34.23		150m: 1:49.13		250m: 3:04.24 37.05	350m: 4:20.82 37.82			
	100m: 1:11.36 37.13		200m: 2:27.19		300m: 3:43.00 38.76	400m: 4:57.76 36.94			
15.	TROIA, Beatriz Rosa	F	127809	04	Vilacondense	<b>4:59.40</b>	492	-	
	50m: 32.79 32.79		150m: 1:46.95		250m: 3:03.06 37.79	350m: 4:20.49 39.49			
	100m: 1:09.47 36.68		200m: 2:25.27		300m: 3:41.00 37.94	400m: 4:59.40 38.91			
16.	MARTINS, Ines Correia	F	129741	04	Porto	<b>5:00.20</b>	488	-	
	50m: 33.84 33.84		150m: 1:47.30		250m: 3:02.76 37.87	350m: 4:20.79 39.33			
	100m: 1:10.30 36.46		200m: 2:24.89		300m: 3:41.46 38.70	400m: 5:00.20 39.41			
17.	ALVES, Maria Francisca	F	132906	04	Ba-Leiria	<b>5:01.35</b>	483	-	
	50m: 33.54 33.54		150m: 1:48.16		250m: 3:04.84 38.46	350m: 4:23.26 39.23			
	100m: 1:10.72 37.18		200m: 2:26.38		300m: 3:44.03 39.19	400m: 5:01.35 38.09			
18.	RIOS, Maria Manuel	F	201297	04	Leixoes Sport Clube	<b>5:03.64</b>	472	-	
	50m: 33.90 33.90		150m: 1:49.90		250m: 3:07.69 38.80	350m: 4:25.85 39.00			
	100m: 1:11.17 37.27		200m: 2:28.89		300m: 3:46.85 39.16	400m: 5:03.64 37.79			
19.	SIMOES, Rita Mendes	F	128073	04	Ba-Leiria	<b>5:03.82</b>	471	-	
	50m: 33.95 33.95		150m: 1:50.29		250m: 3:08.03 38.93	350m: 4:25.89 38.84			
	100m: 1:11.61 37.66		200m: 2:29.10		300m: 3:47.05 39.02	400m: 5:03.82 37.93			
20.	SAMORAJ, Oliwia	F	106414605107		MKS Piaseczno	<b>5:05.20</b>	465	-	
	50m: 33.83 33.83		150m: 1:49.33		250m: 3:08.32 39.56	350m: 4:27.16 39.36			
	100m: 1:11.41 37.58		200m: 2:28.76		300m: 3:47.80 39.48	400m: 5:05.20 38.04			
21.	GOMES, Lia Beatriz	F	200413	06	Vitoria Sport Clube	<b>5:06.24</b>	460	-	
	50m: 32.40 32.40		150m: 1:49.13		250m: 3:07.69 38.88	350m: 4:27.03 38.89			
	100m: 1:10.48 38.08		200m: 2:28.81		300m: 3:48.14 40.45	400m: 5:06.24 39.21			
22.	VASCONCELOS, Lara Rodrigues <i>FTL</i>	F	128983	05	Galitos / Bresimar	<b>5:10.91</b>	439	-	
	50m: 34.99 34.99		150m: 1:54.00		250m: 3:13.40 39.61	350m: 4:32.73 39.65			
	100m: 1:13.93 38.94		200m: 2:33.79		300m: 3:53.08 39.68	400m: 5:10.91 38.18			
23.	COELHO, Barbara Castro <i>FTL</i>	F	123752	04	Clube Colegio de Lamas	<b>5:11.63</b>	436	-	
	50m: 33.05 33.05		150m: 1:50.12		250m: 3:12.41 41.45	350m: 4:33.93 40.47			
	100m: 1:10.66 37.61		200m: 2:30.96		300m: 3:53.46 41.05	400m: 5:11.63 37.70			
24.	NEVES, Diana Isabel <i>FTL</i>	F	124771	04	Fluvial Portuense	<b>5:11.86</b>	435	-	
	50m: 35.37 35.37		150m: 1:54.43		250m: 3:13.31 39.49	350m: 4:32.82 39.13			
	100m: 1:14.63 39.26		200m: 2:33.82		300m: 3:53.69 40.38	400m: 5:11.86 39.04			
25.	CABRAL, Sofia Vieira <i>FTL</i>	F	123106	05	Bombeiros Ponta Delgada	<b>5:25.43</b>	383	-	
	50m: 33.99 33.99		150m: 1:54.30		250m: 3:18.93 42.44	350m: 4:43.58 42.03			
	100m: 1:12.82 38.83		200m: 2:36.49		300m: 4:01.55 42.62	400m: 5:25.43 41.85			
26.	SILVEIRA, Sofia Pereira <i>FTL</i>	F	131899	05	Bombeiros Ponta Delgada	<b>5:29.30</b>	370	-	
	50m: 37.56 37.56		150m: 1:59.99		250m: 3:24.56 41.70	350m: 4:48.62 42.19			
	100m: 1:18.03 40.47		200m: 2:42.86		300m: 4:06.43 41.87	400m: 5:29.30 40.68			
WDR	RANGEL, Beatriz Pereira	F	127574	04	Fluvial Portuense			-	

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