

Event 30	Women, 400m Medley				Open
03/02/2019 - 18:00	C�mara Municipal da Povo de Varzim				Results Final
Recordes Nacionais 50m Open	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	09/04/2017
Recordes Nacionais 50m 18 +	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	09/04/2017
Recordes Nacionais 50m 17	4:52.12	KAMINSKAYA, Victoria	PIMP	Oeiras	27/07/2012
Recordes Nacionais 50m 16	4:54.00	ROCHA, Ines Neto	SANNP	Gij�n (ESP)	20/05/2017
Recordes Nacionais 50m 15	4:58.08	DURAES, Diana Margarida	FOCA	Povo de Varzim	05/08/2011
Recordes Nacionais 50m Juv	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24/07/2015
Recordes Nacionais 50m Juv	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24/07/2015
Recordes Nacionais 50m Inf A	5:11.29	ROCHA, Diana Ramos	EDV	Faro	20/07/2007
Recordes Nacionais 50m Inf B	5:14.05	RUIVO, Filipa Vilas	DNMG	S. Jo�o da Madeira	24/07/2009
Recorde Meeting	4:50.31	NEGRI, Susanna	ITA	Povo de Varzim	05/02/2011
Recorde Regional 50m Open	4:49.45	DURAES, Diana Margarida	FCP	Oeiras	11/03/2016
Recorde Regional 50m 18 +	4:49.45	DURAES, Diana Margarida	FCP	Oeiras	11/03/2016
Recorde Regional 50m 17	4:58.10	FERREIRA, Barbara Sousa	CNMAIA	Porto	15/06/2002
Recorde Regional 50m 16	4:54.00	ROCHA, Ines Neto	CAP	Gijon (ESP)	20/05/2017
Recorde Regional 50m 15	4:58.08	DURAES, Diana Margarida	FOCA	Povo de Varzim	05/08/2011
Recorde Regional 50m Juv	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24/07/2015
Recorde Regional 50m Inf A	5:11.89	DURAES, Diana Margarida	FOCA	S. Joao da Madeira	24/07/2009
Recorde Regional 50m Inf B	5:21.24	FREITAS, Marisa Santos	AHBVG	Campanh�	24/07/1998

TLP ABS FEMININOS Abs: 5:30.17

Points: FINA 2018

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	PTS	OBS
1.	VILAS VIDAL, Maria	F	534871596		Centro Gallego T. Deportiva	4:56.29	726	20,00	
	50m: 31.94 31.94				38.65 250m: 3:06.21 41.80	350m: 4:22.90 34.34			
	100m: 1:07.97 36.03				37.79 300m: 3:48.56 42.35	400m: 4:56.29 33.39			
2.	LOPES, Daniela Magalhaes	F	130098	05	Famalicao	5:14.70	606	18,00	
	50m: 32.38 32.38				42.93 250m: 3:21.10 45.60	350m: 4:41.26 34.78			
	100m: 1:10.43 38.05				42.14 300m: 4:06.48 45.38	400m: 5:14.70 33.44			
3.	CASTRO, Maria Freitas	F	124809	03	Assoc. Desportiva de Fafe	5:17.40	590	16,00	
	50m: 33.74 33.74				42.49 250m: 3:20.49 44.29	350m: 4:40.95 36.80			
	100m: 1:12.86 39.12				40.85 300m: 4:04.15 43.66	400m: 5:17.40 36.45			
4.	ZECCHIN, Martina	F	415766	02	SMGM Team Nuoto Lombardia	5:24.01	555	14,00	
	50m: 34.14 34.14				44.51 250m: 3:25.30 42.98	350m: 4:47.28 38.54			
	100m: 1:14.44 40.30				43.37 300m: 4:08.74 43.44	400m: 5:24.01 36.73			
5.	SANTOS, Madalena Almeida FTL	F	127414	03	Bombeiros Ponta Delgada	5:34.59	504	-	
	50m: 35.19 35.19				43.40 250m: 3:30.35 49.17	350m: 4:57.32 38.03			
	100m: 1:16.17 40.98				41.61 300m: 4:19.29 48.94	400m: 5:34.59 37.27			
6.	FONSECA, Laura Luz FTL	F	122825	03	Bombeiros Ponta Delgada	5:38.63	486	-	
	50m: 34.92 34.92				43.41 250m: 3:34.36 50.61	350m: 5:02.68 36.95			
	100m: 1:17.84 42.92				42.50 300m: 4:25.73 51.37	400m: 5:38.63 35.95			
7.	MAGALHAES, Ines Filipa FTL	F	121786	02	Aquatico Pacense	5:46.33	454	-	
	50m: 34.50 34.50				46.90 250m: 3:38.25 49.86	350m: 5:07.81 39.78			
	100m: 1:15.86 41.36				45.63 300m: 4:28.03 49.78	400m: 5:46.33 38.52			
DSQ	BLAZQUEZ, Paula Nunez	F	202782	01	Leixoes Sport Clube				
	704 - O(A) nadador, ap�s a viragem dos 200 metros, n�o manteve o corpo em posio ventral – SW 7.2,								

O Juiz  rbitro

O Secretariado do Juri

Splash Meet Manager, 11.57964

Registered to Associao de Natao do Norte de Portugal

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