

Prova 8	Femin., 400m Livres				Absolutos	
04-06-2016 - 17:25	Clínica Medica da Foz				Resultados Final	
Recordes Nacionais 50m Absoluto	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12-03-2016	
Recordes Nacionais 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27-07-1979	
Recordes Nacionais 50m Inf A	4:31.53	SILVA, Alexandra Maria	POR	Skovde (SWE)	08-08-1980	
Recordes Nacionais 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26-07-2014	
Recordes Nacionais 50m 15	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	07-06-2014	
Recordes Nacionais 50m 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	04-08-2002	
Recordes Nacionais 50m 17	4:16.90	HOLUB, Tamila Hryhorivna	SCB	Coimbra	28-05-2016	
Recordes Nacionais 50m 18 +	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12-03-2016	
Recorde Meeting	4:16.00	POTEC, Camelia	ROU	Porto	26-06-1999	

TLP_INF_JUV_FEM_12 - 15: 5:23.86 / TLP_JUN_SEN_FEM_16 +: 4:57.95

Pontos: FINA 2015

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
Final A									
1.	DURAES, Diana Margarida <i>MEETING RECORD</i>	F	102992	96	Porto	4:14.24	824	20,00	
	50m: 29.22 29.22	150m: 1:32.63 32.01	250m: 2:37.36 32.32	350m: 3:42.48 32.76		100m: 1:00.62 31.40	200m: 2:05.04 32.41	300m: 3:09.72 32.36	400m: 4:14.24 31.76
2.	HOLUB, Tamila Hryhorivna	F	116887	99	Portugal	4:20.44	766	18,00	
	50m: 30.90 30.90	150m: 1:36.28 32.83	250m: 2:42.04 32.96	350m: 3:48.19 33.00		100m: 1:03.73 32.92	200m: 2:09.08 32.80	300m: 3:15.19 33.15	400m: 4:20.44 32.25
3.	AMORIM, Maria Teresa	F	20104	97	Porto	4:24.90	728	16,00	
	50m: 30.81 30.81	150m: 1:36.63 32.90	250m: 2:43.70 33.62	350m: 3:51.76 34.13		100m: 1:03.73 32.92	200m: 2:10.08 33.45	300m: 3:17.63 33.93	400m: 4:24.90 33.14
4.	ARREDONDO URRUCHI, Alexia	F	584283	2002	CN Santa Olaya	4:28.47	699	14,00	
	50m: 30.61 30.61	150m: 1:38.25 34.30	250m: 2:46.44 34.13	350m: 3:54.88 34.17		100m: 1:03.95 33.34	200m: 2:12.31 34.06	300m: 3:20.71 34.27	400m: 4:28.47 33.59
5.	HENRIQUES, Ines Jacinto	F	120220	00	Portugal	4:30.22	686	13,00	
	50m: 30.86 30.86	150m: 1:38.24 33.95	250m: 2:46.55 34.06	350m: 3:55.84 34.63		100m: 1:04.29 33.43	200m: 2:12.49 34.25	300m: 3:21.21 34.66	400m: 4:30.22 34.38
6.	FARIA, Ana Rita	F	117417	00	Portugal	4:31.25	678	12,00	
	50m: 30.51 30.51	150m: 1:38.39 34.41	250m: 2:47.44 34.65	350m: 3:56.95 34.87		100m: 1:03.98 33.47	200m: 2:12.79 34.40	300m: 3:22.08 34.64	400m: 4:31.25 34.30
7.	SUAREZ GONZALEZ, Gracia	F	536791	1800	CN Santa Olaya	4:31.66	675	11,00	
	50m: 31.54 31.54	150m: 1:40.03 34.74	250m: 2:49.06 34.49	350m: 3:58.34 34.67		100m: 1:05.29 33.75	200m: 2:14.57 34.54	300m: 3:23.67 34.61	400m: 4:31.66 33.32
8.	ORTEGA, Marta	F	479938	897	CE Mediterrani	4:31.99	673	10,00	
	50m: 31.22 31.22	150m: 1:38.99 33.98	250m: 2:48.25 34.75	350m: 3:58.41 35.18		100m: 1:05.01 33.79	200m: 2:13.50 34.51	300m: 3:23.23 34.98	400m: 4:31.99 33.58
Final B									
9.	WÜTHRICH, Rachel	F		95	Region RZW	4:32.15	671	9,00	
	50m: 32.09 32.09	150m: 1:39.94 34.40	250m: 2:48.86 34.54	350m: 3:58.46 34.83		100m: 1:05.54 33.45	200m: 2:14.32 34.38	300m: 3:23.63 34.77	400m: 4:32.15 33.69
10.	COSTA, Maria Carolina	F	119080	01	Porto	4:38.35	628	7,00	
	50m: 30.72 30.72	150m: 1:40.14 35.17	250m: 2:50.91 35.63	350m: 4:03.02 36.12		100m: 1:04.97 34.25	200m: 2:15.28 35.14	300m: 3:26.90 35.99	400m: 4:38.35 35.33
11.	GALLINA, Francesca	F		01	Sogeis Swim Team	4:39.99	617	6,00	
	50m: 32.37 32.37	150m: 1:43.59 36.02	250m: 2:55.42 35.90	350m: 4:06.63 34.60		100m: 1:07.57 35.20	200m: 2:19.52 35.93	300m: 3:32.03 36.61	400m: 4:39.99 33.36
12.	FERNANDES, Maria Joao	F	102092	97	Vilacondense	4:41.51	607	5,00	
	50m: 31.84 31.84	150m: 1:42.45 35.43	250m: 2:53.81 35.83	350m: 4:06.46 36.65		100m: 1:07.02 35.18	200m: 2:17.98 35.53	300m: 3:29.81 36.00	400m: 4:41.51 35.05
13.	ROSA, Mafalda Sofia	F	127310	03	Rio Maior	4:42.92	598	4,00	
	50m: 33.18 33.18	150m: 1:44.29 36.06	250m: 2:55.77 35.71	350m: 4:07.69 35.84		100m: 1:08.23 35.05	200m: 2:20.06 35.77	300m: 3:31.85 36.08	400m: 4:42.92 35.23
14.	LEMONS, Leila Tavarria	F	127860	00	Vilacondense	4:44.05	590	3,00	
	50m: 31.99 31.99	150m: 1:43.44 36.00	250m: 2:56.47 36.22	350m: 4:08.97 35.46		100m: 1:07.44 35.45	200m: 2:20.25 36.81	300m: 3:33.51 37.04	400m: 4:44.05 35.08
15.	SILVA, Rafaela Araujo	F	119630	00	Famalicao	4:45.97	579	2,00	
	50m: 31.81 31.81	150m: 1:43.56 36.36	250m: 2:57.19 36.91	350m: 4:10.63 36.46		100m: 1:07.20 35.39	200m: 2:20.28 36.72	300m: 3:34.17 36.98	400m: 4:45.97 35.34
16.	SANCHO, Paula	F	464919	902	CE Mediterrani	4:46.85	573	1,00	
	50m: 32.92 32.92	150m: 1:44.69 36.39	250m: 2:57.84 36.78	350m: 4:11.41 36.81		100m: 1:08.30 35.38	200m: 2:21.06 36.37	300m: 3:34.60 36.76	400m: 4:46.85 35.44

O Juiz  rbitro

Splash Meet Manager, 11.43111

Registered to Associa o de Nata o do Norte de Portugal

O Secretariado do J ri

05-06-2016 16:33 - P gina 1

