

VII Meeting Internacional da Póvoa de Varzim  
Póvoa de Varzim, 13-14-2-2016

| Prova 4<br>13-02-2016 - 9:20    | Femin., 200m Costas<br>Clínica Medica da Foz |                           |       |                 | Absolutos<br>Resultados Elimin |
|---------------------------------|--|---------------------------|-------|-----------------|--------------------------------|
| Recordes Nacionais 50m Absoluto | 2:15.27                                      | AZEVEDO, Francisca Gomes  | SAD   | Coimbra         | 20-06-2015                     |
| Recordes Nacionais 50m Inf B    | 2:33.03                                      | SOUSA, Keissy Joselin     | FCP   | Famalicao       | 27-07-1997                     |
| Recordes Nacionais 50m Inf A    | 2:23.57                                      | AZEVEDO, Rafaela Gomes    | POR   | Genova (ITA)    | 20-06-2015                     |
| Recordes Nacionais 50m Juv      | 2:22.61                                      | SILVA, Joana Carina       | LSXXI | Póvoa de Varzim | 06-02-2011                     |
| Recordes Nacionais 50m 15       | 2:17.38                                      | SILVA, Joana Carina       | LSXXI | Coimbra         | 05-04-2012                     |
| Recordes Nacionais 50m 16       | 2:17.98                                      | MARTINHEIRA, Catia Raquel | POR   | Lima (PER)      | 18-08-2011                     |
| Recordes Nacionais 50m 17       | 2:15.53                                      | FRISCHKNECHT, Rita Barros | SAD   | Coimbra         | 02-04-2015                     |
| Recordes Nacionais 50m 18 +     | 2:15.27                                      | AZEVEDO, Francisca Gomes  | SAD   | Coimbra         | 02-04-2015                     |
| Recorde Meeting                 | 2:16.28                                      | , START                   |       | Póvoa de Varzim |                                |

TLP JUN\_SEN FEM 16 +: 2:38.94 / TLP INF\_JUV FEM 12 - 15: 2:55.85

Pontos: FINA 2016

| Lugar            | Nome                       | Sexo          | Licença | Ano | Clube                      | Tempo Final    | FINA          | PTS   | OBS |
|------------------|----------------------------|---------------|---------|-----|----------------------------|----------------|---------------|-------|-----|
| <b>Absolutos</b> |                            |               |         |     |                            |                |               |       |     |
| 1.               | NEVES, Vania Soares        | F             | 12380   | 90  | Fluvial Portuense          | <b>2:29.53</b> | 571           | -     | A   |
|                  | 50m: 34.89 34.89           | 100m: 1:13.21 |         |     | 38.32 150m: 1:51.89        | 38.68          | 200m: 2:29.53 | 37.64 |     |
| 2.               | DOMINGUES, Monica Seara    | F             | 110972  | 00  | Nautico Marinha Grande     | <b>2:30.04</b> | 565           | -     | A   |
|                  | 50m: 36.54 36.54           | 100m: 1:15.05 |         |     | 38.51 150m: 1:53.12        | 38.07          | 200m: 2:30.04 | 36.92 |     |
| 3.               | GRANJEIA, Teresa Isabel    | F             | 112368  | 01  | Galitos/Bresimar           | <b>2:32.38</b> | 539           | -     | A   |
|                  | 50m: 35.11 35.11           | 100m: 1:13.13 |         |     | 38.02 150m: 1:52.70        | 39.57          | 200m: 2:32.38 | 39.68 |     |
| 4.               | JARDIM, Catarina Alexandra | F             | 104449  | 98  | Famalicao                  | <b>2:32.81</b> | 535           | -     | A   |
|                  | 50m: 35.22 35.22           | 100m: 1:14.07 |         |     | 38.85 150m: 1:53.44        | 39.37          | 200m: 2:32.81 | 39.37 |     |
| 5.               | SANTOS, Alexandra Jesus    | F             | 117408  | 00  | Leixoes                    | <b>2:33.60</b> | 526           | -     | A   |
|                  | 50m: 34.91 34.91           | 100m: 1:13.50 |         |     | 38.59 150m: 1:53.68        | 40.18          | 200m: 2:33.60 | 39.92 |     |
| 6.               | OLIVEIRA, Mafalda Joana    | F             | 119096  | 02  | Lousada Seculo XXI         | <b>2:35.34</b> | 509           | -     | A   |
|                  | 50m: 36.57 36.57           | 100m: 1:15.97 |         |     | 39.40 150m: 1:57.00        | 41.03          | 200m: 2:35.34 | 38.34 |     |
| 7.               | LOURENCO, Alice Carmo      | F             | 122236  | 02  | Viana Natacao              | <b>2:36.67</b> | 496           | -     | A   |
|                  | 50m: 36.86 36.86           | 100m: 1:16.29 |         |     | 39.43 150m: 1:57.10        | 40.81          | 200m: 2:36.67 | 39.57 |     |
| 8.               | ANDRE, Sofia Oliveira      | F             | 121038  | 01  | Nautico Marinha Grande     | <b>2:37.18</b> | 491           | -     | A   |
|                  | 50m: 37.27 37.27           | 100m: 1:16.62 |         |     | 39.35 150m: 1:57.26        | 40.64          | 200m: 2:37.18 | 39.92 |     |
| 9.               | MARTINS, Maria Esteves     | F             | 112378  | 01  | Galitos/Bresimar           | <b>2:37.34</b> | 490           | -     | B   |
|                  | 50m: 36.68 36.68           | 100m: 1:16.60 |         |     | 39.92 150m: 1:57.78        | 41.18          | 200m: 2:37.34 | 39.56 |     |
| 10.              | MAIA, Mariana Sousa        | F             | 118219  | 02  | Famalicao                  | <b>2:38.06</b> | 483           | -     | B   |
|                  | 50m: 37.15 37.15           | 100m: 1:17.01 |         |     | 39.86 150m: 1:58.28        | 41.27          | 200m: 2:38.06 | 39.78 |     |
| 11.              | FELIX, Marta Silva         | F             | 119385  | 99  | Sporting Clube de Aveiro   | <b>2:39.29</b> | 472           | -     | B   |
|                  | 50m: 37.29 37.29           | 100m: 1:18.57 |         |     | 41.28 150m: 1:59.91        | 41.34          | 200m: 2:39.29 | 39.38 |     |
| 12.              | CUNHA, Mafalda Pacheco     | F             | 121589  | 02  | Fluvial Portuense          | <b>2:40.22</b> | 464           | -     | B   |
|                  | 50m: 36.13 36.13           | 100m: 1:16.42 |         |     | 40.29 150m: 1:58.39        | 41.97          | 200m: 2:40.22 | 41.83 |     |
| 13.              | CHULA, Ana Sousa           | F             | 125019  | 01  | Algés e Águeda XXI         | <b>2:41.73</b> | 451           | -     | B   |
|                  | 50m: 37.54 37.54           | 100m: 1:18.70 |         |     | 41.16 150m: 2:01.17        | 42.47          | 200m: 2:41.73 | 40.56 |     |
| 14.              | PEREIRA, Joana Santos      | F             | 116524  | 00  | Gafanha da Encarnacao      | <b>2:42.11</b> | 448           | -     | B   |
|                  | 50m: 37.54 37.54           | 100m: 1:18.56 |         |     | 41.02 150m: 2:00.97        | 42.41          | 200m: 2:42.11 | 41.14 |     |
| 15.              | CAMPOS, Rita Alexandra     | F             | 120820  | 02  | Porto                      | <b>2:42.58</b> | 444           | -     | B   |
|                  | 50m: 38.24 38.24           | 100m: 1:19.57 |         |     | 41.33 150m: 2:01.15        | 41.58          | 200m: 2:42.58 | 41.43 |     |
| 16.              | PINTO, Sofia Gales         | F             | 129409  | 01  | Colegio SMLamas            | <b>2:42.85</b> | 442           | -     | B   |
|                  | 50m: 37.72 37.72           | 100m: 1:19.05 |         |     | 41.33 150m: 2:01.05        | 42.00          | 200m: 2:42.85 | 41.80 |     |
| 17.              | BRANDAO, Beatriz Aires     | F             | 125145  | 02  | Escola Desportiva de Viana | <b>2:45.40</b> | 421           | -     | R   |
|                  | 50m: 37.35 37.35           | 100m: 1:19.25 |         |     | 41.90 150m: 2:02.45        | 43.20          | 200m: 2:45.40 | 42.95 |     |
| 18.              | GRACA, Francisca Alexandra | F             | 118051  | 01  | Vilacondense               | <b>2:48.94</b> | 396           | -     | R   |
|                  | 50m: 38.72 38.72           | 100m: 1:22.29 |         |     | 43.57 150m: 2:05.40        | 43.11          | 200m: 2:48.94 | 43.54 |     |
| 19.              | HENRIQUES, Maria Vitoria   | F             | 128311  | 03  | Assoc. Desportiva de Fafe  | <b>2:49.23</b> | 393           | -     |     |
|                  | 50m: 38.66 38.66           | 100m: 1:21.98 |         |     | 43.32 150m: 2:06.99        | 45.01          | 200m: 2:49.23 | 42.24 |     |
| 20.              | CASANOVA, Joana Carvalhido | F             | 127095  | 02  | Clube Naval Povoense       | <b>2:52.64</b> | 371           | -     |     |
|                  | 50m: 39.55 39.55           | 100m: 1:23.29 |         |     | 43.74 150m: 2:08.65        | 45.36          | 200m: 2:52.64 | 43.99 |     |
| 21.              | MARQUES, Mariana Nunes     | F             | 126768  | 03  | Clube Desportivo Estarreja | <b>2:53.13</b> | 367           | -     |     |
|                  | 50m: 41.01 41.01           | 100m: 1:25.72 |         |     | 44.71 150m: 2:11.14        | 45.42          | 200m: 2:53.13 | 41.99 |     |
| 22.              | SILVA, Ema Santos          | F             | 121891  | 03  | Clube Desportivo Feirense  | <b>2:59.16</b> | 332           | -     |     |
|                  | FTL<br>50m: 39.17 39.17    | 100m: 1:23.99 |         |     | 44.82 150m: 2:10.99        | 47.00          | 200m: 2:59.16 | 48.17 |     |

O Juiz  rbitro

O Secretariado do J ri

Splash Meet Manager 11, 11.41263

Registered to Associa o de Nata o do Norte de Portugal

14-02-2016 17:38 - P gina 1



VII Meeting Internacional da Póvoa de Varzim  
Póvoa de Varzim, 13-14-2-2016

Prova 4, Femin., 200m Costas, Elimin, Absolutos

| Lugar | Nome                           | Sexo | Licença       | Ano | Clube                | Tempo Final    | FINA          | PTS   | OBS |
|-------|--------------------------------|------|---------------|-----|----------------------|----------------|---------------|-------|-----|
| 23.   | NOVA, Ines Neiva<br><i>FTL</i> | F    | 125002        | 02  | Clube Naval Povoense | <b>3:03.00</b> | 311           | -     |     |
|       | 50m: 42.45 42.45               |      | 100m: 1:28.61 |     | 46.16 150m: 2:16.16  | 47.55          | 200m: 3:03.00 | 46.84 |     |
| WDR   | FREIXO, Juliana Lima           | F    | 100827        | 97  | Braga                |                |               | -     |     |
| WDR   | FONSECA, Ariana Maia           | F    | 121975        | 02  | Porto                |                |               | -     |     |

16 anos e mais velhos

|     |                            |   |               |    |                          |                |               |       |   |
|-----|----------------------------|---|---------------|----|--------------------------|----------------|---------------|-------|---|
| 1.  | NEVES, Vania Soares        | F | 12380         | 90 | Fluvial Portuense        | <b>2:29.53</b> | 571           | -     | A |
|     | 50m: 34.89 34.89           |   | 100m: 1:13.21 |    | 38.32 150m: 1:51.89      | 38.68          | 200m: 2:29.53 | 37.64 |   |
| 2.  | DOMINGUES, Monica Seara    | F | 110972        | 00 | Nautico Marinha Grande   | <b>2:30.04</b> | 565           | -     | A |
|     | 50m: 36.54 36.54           |   | 100m: 1:15.05 |    | 38.51 150m: 1:53.12      | 38.07          | 200m: 2:30.04 | 36.92 |   |
| 3.  | JARDIM, Catarina Alexandra | F | 104449        | 98 | Famalição                | <b>2:32.81</b> | 535           | -     | A |
|     | 50m: 35.22 35.22           |   | 100m: 1:14.07 |    | 38.85 150m: 1:53.44      | 39.37          | 200m: 2:32.81 | 39.37 |   |
| 4.  | SANTOS, Alexandra Jesus    | F | 117408        | 00 | Leixoes                  | <b>2:33.60</b> | 526           | -     | A |
|     | 50m: 34.91 34.91           |   | 100m: 1:13.50 |    | 38.59 150m: 1:53.68      | 40.18          | 200m: 2:33.60 | 39.92 |   |
| 5.  | FELIX, Marta Silva         | F | 119385        | 99 | Sporting Clube de Aveiro | <b>2:39.29</b> | 472           | -     | B |
|     | 50m: 37.29 37.29           |   | 100m: 1:18.57 |    | 41.28 150m: 1:59.91      | 41.34          | 200m: 2:39.29 | 39.38 |   |
| 6.  | PEREIRA, Joana Santos      | F | 116524        | 00 | Gafanha da Encarnacao    | <b>2:42.11</b> | 448           | -     | B |
|     | 50m: 37.54 37.54           |   | 100m: 1:18.56 |    | 41.02 150m: 2:00.97      | 42.41          | 200m: 2:42.11 | 41.14 |   |
| WDR | FREIXO, Juliana Lima       | F | 100827        | 97 | Braga                    |                |               | -     |   |

12 - 15 anos

|     |                                 |   |               |    |                            |                |               |       |   |
|-----|---------------------------------|---|---------------|----|----------------------------|----------------|---------------|-------|---|
| 1.  | GRANJEIA, Teresa Isabel         | F | 112368        | 01 | Galitos/Bresimar           | <b>2:32.38</b> | 539           | -     | A |
|     | 50m: 35.11 35.11                |   | 100m: 1:13.13 |    | 38.02 150m: 1:52.70        | 39.57          | 200m: 2:32.38 | 39.68 |   |
| 2.  | OLIVEIRA, Mafalda Joana         | F | 119096        | 02 | Lousada Seculo XXI         | <b>2:35.34</b> | 509           | -     | A |
|     | 50m: 36.57 36.57                |   | 100m: 1:15.97 |    | 39.40 150m: 1:57.00        | 41.03          | 200m: 2:35.34 | 38.34 |   |
| 3.  | LOURENCO, Alice Carmo           | F | 122236        | 02 | Viana Natacao              | <b>2:36.67</b> | 496           | -     | A |
|     | 50m: 36.86 36.86                |   | 100m: 1:16.29 |    | 39.43 150m: 1:57.10        | 40.81          | 200m: 2:36.67 | 39.57 |   |
| 4.  | ANDRE, Sofia Oliveira           | F | 121038        | 01 | Nautico Marinha Grande     | <b>2:37.18</b> | 491           | -     | A |
|     | 50m: 37.27 37.27                |   | 100m: 1:16.62 |    | 39.35 150m: 1:57.26        | 40.64          | 200m: 2:37.18 | 39.92 |   |
| 5.  | MARTINS, Maria Esteves          | F | 112378        | 01 | Galitos/Bresimar           | <b>2:37.34</b> | 490           | -     | B |
|     | 50m: 36.68 36.68                |   | 100m: 1:16.60 |    | 39.92 150m: 1:57.78        | 41.18          | 200m: 2:37.34 | 39.56 |   |
| 6.  | MAIA, Mariana Sousa             | F | 118219        | 02 | Famalição                  | <b>2:38.06</b> | 483           | -     | B |
|     | 50m: 37.15 37.15                |   | 100m: 1:17.01 |    | 39.86 150m: 1:58.28        | 41.27          | 200m: 2:38.06 | 39.78 |   |
| 7.  | CUNHA, Mafalda Pacheco          | F | 121589        | 02 | Fluvial Portuense          | <b>2:40.22</b> | 464           | -     | B |
|     | 50m: 36.13 36.13                |   | 100m: 1:16.42 |    | 40.29 150m: 1:58.39        | 41.97          | 200m: 2:40.22 | 41.83 |   |
| 8.  | CHULA, Ana Sousa                | F | 125019        | 01 | Algés e Águeda XXI         | <b>2:41.73</b> | 451           | -     | B |
|     | 50m: 37.54 37.54                |   | 100m: 1:18.70 |    | 41.16 150m: 2:01.17        | 42.47          | 200m: 2:41.73 | 40.56 |   |
| 9.  | CAMPOS, Rita Alexandra          | F | 120820        | 02 | Porto                      | <b>2:42.58</b> | 444           | -     | B |
|     | 50m: 38.24 38.24                |   | 100m: 1:19.57 |    | 41.33 150m: 2:01.15        | 41.58          | 200m: 2:42.58 | 41.43 |   |
| 10. | PINTO, Sofia Gales              | F | 129409        | 01 | Colegio SMLamas            | <b>2:42.85</b> | 442           | -     | B |
|     | 50m: 37.72 37.72                |   | 100m: 1:19.05 |    | 41.33 150m: 2:01.05        | 42.00          | 200m: 2:42.85 | 41.80 |   |
| 11. | BRANDAO, Beatriz Aires          | F | 125145        | 02 | Escola Desportiva de Viana | <b>2:45.40</b> | 421           | -     | R |
|     | 50m: 37.35 37.35                |   | 100m: 1:19.25 |    | 41.90 150m: 2:02.45        | 43.20          | 200m: 2:45.40 | 42.95 |   |
| 12. | GRACA, Francisca Alexandra      | F | 118051        | 01 | Vilacondense               | <b>2:48.94</b> | 396           | -     | R |
|     | 50m: 38.72 38.72                |   | 100m: 1:22.29 |    | 43.57 150m: 2:05.40        | 43.11          | 200m: 2:48.94 | 43.54 |   |
| 13. | HENRIQUES, Maria Vitoria        | F | 128311        | 03 | Assoc. Desportiva de Fafe  | <b>2:49.23</b> | 393           | -     |   |
|     | 50m: 38.66 38.66                |   | 100m: 1:21.98 |    | 43.32 150m: 2:06.99        | 45.01          | 200m: 2:49.23 | 42.24 |   |
| 14. | CASANOVA, Joana Carvalhido      | F | 127095        | 02 | Clube Naval Povoense       | <b>2:52.64</b> | 371           | -     |   |
|     | 50m: 39.55 39.55                |   | 100m: 1:23.29 |    | 43.74 150m: 2:08.65        | 45.36          | 200m: 2:52.64 | 43.99 |   |
| 15. | MARQUES, Mariana Nunes          | F | 126768        | 03 | Clube Desportivo Estarreja | <b>2:53.13</b> | 367           | -     |   |
|     | 50m: 41.01 41.01                |   | 100m: 1:25.72 |    | 44.71 150m: 2:11.14        | 45.42          | 200m: 2:53.13 | 41.99 |   |
| 16. | SILVA, Ema Santos<br><i>FTL</i> | F | 121891        | 03 | Clube Desportivo Feirense  | <b>2:59.16</b> | 332           | -     |   |
|     | 50m: 39.17 39.17                |   | 100m: 1:23.99 |    | 44.82 150m: 2:10.99        | 47.00          | 200m: 2:59.16 | 48.17 |   |
| 17. | NOVA, Ines Neiva<br><i>FTL</i>  | F | 125002        | 02 | Clube Naval Povoense       | <b>3:03.00</b> | 311           | -     |   |
|     | 50m: 42.45 42.45                |   | 100m: 1:28.61 |    | 46.16 150m: 2:16.16        | 47.55          | 200m: 3:03.00 | 46.84 |   |
| WDR | FONSECA, Ariana Maia            | F | 121975        | 02 | Porto                      |                |               | -     |   |

O Juiz  rbitro

O Secretariado do J ri

Splash Meet Manager 11, 11.41263

Registered to Associa o de Nata o do Norte de Portugal

14-02-2016 17:38 - P gina 2

