

VII Meeting Internacional da Póvoa de Varzim
Póvoa de Varzim, 13-14-2-2016

Prova 36

Masc., 400m Estilos

Absolutos

14-02-2016 - 16:40

Resultados

| | | | | | |
|---------------------------------|---------|------------------------|---------|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 4:16.30 | SANTOS, Alexis Manacas | POR | Barcelona (ESP) | 04-09-2013 |
| Recordes Nacionais 50m Inf B | 4:54.87 | RUIVO, Andre Vilas | DNMG | S. João da Madeira | 12-07-2013 |
| Recordes Nacionais 50m Inf A | 4:46.20 | FREITAS, Tomas Miguel | CDN | Póvoa Varzim | 23-07-2004 |
| Recordes Nacionais 50m Juv B | 4:37.06 | VITAL, Joao Alexandre | POR | Utrecht (NED) | 16-07-2013 |
| Recordes Nacionais 50m Juv A | 4:32.66 | VITAL, Joao Alexandre | ADRCIMM | Coimbra | 01-06-2014 |
| Recordes Nacionais 50m 17 | 4:25.23 | VITAL, Joao Alexandre | POR | Singapore (SIN) | 29-08-2015 |
| Recordes Nacionais 50m 18 | 4:25.52 | VITAL, Joao Alexandre | POR | Antwerpen (BEL) | 24-01-2016 |
| Recordes Nacionais 50m Sen | 4:16.30 | SANTOS, Alexis Manacas | POR | Barcelona (ESP) | 04-08-2013 |
| Recorde Meeting | 4:25.14 | OPELL, Aaron | USA | Póvoa de Varzim | 06-02-2011 |

TLP ABS MASCULINOS : 5:01.15

Pontos: FINA 2016

| Lugar | Nome | Sexo | Licença | Ano | Clube | Tempo Final | FINA | PTS | OBS |
|-------|----------------------------|------|---------------|-----|--------------------------------|----------------|---------------|-------|-------|
| 1. | VELOSO, Tomas Miguel | M | 10868 | 96 | Clube Nautico Academico/Urgice | 4:33.38 | 709 | 20,00 | |
| | 50m: 29.43 29.43 | | 150m: 1:38.68 | | 36.64 250m: 2:52.50 | 37.56 | 350m: 4:03.04 | | 32.37 |
| | 100m: 1:02.04 32.61 | | 200m: 2:14.94 | | 36.26 300m: 3:30.67 | 38.17 | 400m: 4:33.38 | | 30.34 |
| 2. | MOURA, Andre Magalhaes | M | 104988 | 98 | Ac.Viseu | 4:39.46 | 664 | 18,00 | |
| | 50m: 29.92 29.92 | | 150m: 1:42.26 | | 37.90 250m: 2:58.20 | 38.29 | 350m: 4:08.97 | | 31.70 |
| | 100m: 1:04.36 34.44 | | 200m: 2:19.91 | | 37.65 300m: 3:37.27 | 39.07 | 400m: 4:39.46 | | 30.49 |
| 3. | ALVES, Nuno Rafael | M | 25140 | 90 | Vilacondense | 4:41.93 | 646 | 16,00 | |
| | 50m: 29.88 29.88 | | 150m: 1:42.10 | | 38.12 250m: 2:57.40 | 37.96 | 350m: 4:09.88 | | 33.54 |
| | 100m: 1:03.98 34.10 | | 200m: 2:19.44 | | 37.34 300m: 3:36.34 | 38.94 | 400m: 4:41.93 | | 32.05 |
| 4. | PINTO, Antonio Fernando | M | 109280 | 99 | Lousada Seculo XXI | 4:44.04 | 632 | 14,00 | |
| | 50m: 29.80 29.80 | | 150m: 1:42.55 | | 39.00 250m: 3:00.70 | 40.12 | 350m: 4:12.95 | | 32.08 |
| | 100m: 1:03.55 33.75 | | 200m: 2:20.58 | | 38.03 300m: 3:40.87 | 40.17 | 400m: 4:44.04 | | 31.09 |
| 5. | LOPES, Jose Paulo | M | 117924 | 00 | Braga | 4:45.96 | 620 | 13,00 | |
| | 50m: 29.86 29.86 | | 150m: 1:41.05 | | 36.83 250m: 2:59.50 | 42.56 | 350m: 4:14.60 | | 33.01 |
| | 100m: 1:04.22 34.36 | | 200m: 2:16.94 | | 35.89 300m: 3:41.59 | 42.09 | 400m: 4:45.96 | | 31.36 |
| 6. | SAMPAIO, Jose Pedro | M | 108295 | 98 | Foca | 4:49.98 | 594 | 12,00 | |
| | 50m: 30.25 30.25 | | 150m: 1:40.68 | | 35.86 250m: 2:58.29 | 41.33 | 350m: 4:14.73 | | 34.62 |
| | 100m: 1:04.82 34.57 | | 200m: 2:16.96 | | 36.28 300m: 3:40.11 | 41.82 | 400m: 4:49.98 | | 35.25 |
| 7. | BESSA, Pedro Maria | M | 18656 | 95 | Clube Nautico Academico/Urgice | 4:55.79 | 560 | 11,00 | |
| | 50m: 29.84 29.84 | | 150m: 1:45.23 | | 40.95 250m: 3:08.09 | 42.46 | 350m: 4:23.73 | | 33.37 |
| | 100m: 1:04.28 34.44 | | 200m: 2:25.63 | | 40.40 300m: 3:50.36 | 42.27 | 400m: 4:55.79 | | 32.06 |
| 8. | CARVALHO, Alexandre Magno | M | 108284 | 98 | Fluvial Portuense | 4:56.32 | 557 | 10,00 | |
| | 50m: 30.71 30.71 | | 150m: 1:46.67 | | 40.40 250m: 3:06.94 | 41.98 | 350m: 4:23.75 | | 33.97 |
| | 100m: 1:06.27 35.56 | | 200m: 2:24.96 | | 38.29 300m: 3:49.78 | 42.84 | 400m: 4:56.32 | | 32.57 |
| 9. | SANTOS, Miguel Angelo | M | 109306 | 00 | Famalição | 4:56.47 | 556 | 9,00 | |
| | 50m: 32.64 32.64 | | 150m: 1:51.44 | | 40.52 250m: 3:12.26 | 40.93 | 350m: 4:25.13 | | 32.20 |
| | 100m: 1:10.92 38.28 | | 200m: 2:31.33 | | 39.89 300m: 3:52.93 | 40.67 | 400m: 4:56.47 | | 31.34 |
| 10. | TRAVANCA, Sergio Filipe | M | 117385 | 00 | Fluvial Portuense | 4:57.20 | 552 | 7,00 | |
| | 50m: 31.50 31.50 | | 150m: 1:46.97 | | 39.74 250m: 3:08.52 | 42.19 | 350m: 4:24.59 | | 32.75 |
| | 100m: 1:07.23 35.73 | | 200m: 2:26.33 | | 39.36 300m: 3:51.84 | 43.32 | 400m: 4:57.20 | | 32.61 |
| 11. | TRAVANCA, Joao Luis | M | 104716 | 97 | Fluvial Portuense | 4:57.36 | 551 | 6,00 | |
| | 50m: 30.97 30.97 | | 150m: 1:46.02 | | 40.00 250m: 3:07.40 | 43.56 | 350m: 4:26.18 | | 34.26 |
| | 100m: 1:06.02 35.05 | | 200m: 2:23.84 | | 37.82 300m: 3:51.92 | 44.52 | 400m: 4:57.36 | | 31.18 |
| 12. | BESSA, Antonio Rafael | M | 102089 | 94 | Aquatico Pacense | 5:00.61 | 533 | 5,00 | |
| | 50m: 30.41 30.41 | | 150m: 1:44.58 | | 39.35 250m: 3:07.48 | 43.53 | 350m: 4:26.52 | | 34.85 |
| | 100m: 1:05.23 34.82 | | 200m: 2:23.95 | | 39.37 300m: 3:51.67 | 44.19 | 400m: 5:00.61 | | 34.09 |
| 13. | MAXIMO, Joao Luis | M | 125641 | 98 | O Crasto | 5:00.75 | 532 | 4,00 | |
| | 50m: 32.21 32.21 | | 150m: 1:47.57 | | 39.42 250m: 3:10.84 | 43.91 | 350m: 4:28.88 | | 33.55 |
| | 100m: 1:08.15 35.94 | | 200m: 2:26.93 | | 39.36 300m: 3:55.33 | 44.49 | 400m: 5:00.75 | | 31.87 |
| 14. | SILVA, Diogo Vicente FL | M | 107040 | 98 | Nautico Marinha Grande | 5:01.92 | 526 | - | |
| | 50m: 31.77 31.77 | | 150m: 1:44.69 | | 38.19 250m: 3:06.95 | 43.45 | 350m: 4:26.97 | | 36.62 |
| | 100m: 1:06.50 34.73 | | 200m: 2:23.50 | | 38.81 300m: 3:50.35 | 43.40 | 400m: 5:01.92 | | 34.95 |
| 15. | ALMEIDA, Luis Carlos FL | M | 104527 | 98 | Aquatico Pacense | 5:03.23 | 519 | - | |
| | 50m: 30.17 30.17 | | 150m: 1:45.29 | | 39.77 250m: 3:08.41 | 43.50 | 350m: 4:28.51 | | 35.18 |
| | 100m: 1:05.52 35.35 | | 200m: 2:24.91 | | 39.62 300m: 3:53.33 | 44.92 | 400m: 5:03.23 | | 34.72 |
| WDR | RUIVO, Andre Vilas | M | 112718 | 00 | Bairro dos Anjos/Bomcar | | | | - |
| WDR | OLIVEIRA, Tiago Silva | M | 15465 | 94 | Fluvial Portuense | | | | - |
| WDR | BESSA, Daniel Silva | M | 123018 | 99 | Aquatico Pacense | | | | - |

O Juiz  rbitro

O Secretariado do J ri

Splash Meet Manager 11, 11.41263

Registered to Associa o de Nata o do Norte de Portugal

14-02-2016 17:38 - P gina 1

