

VII Meeting Internacional da Póvoa de Varzim
Póvoa de Varzim, 13-14-2-2016

Prova 17

Masc., 1500m Livres

Absolutos

13-02-2016 - 16:30

Resultados

Recordes Nacionais 50m Absoluto	15:16.22	COSTA, Fernando Eurico	POR	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Inf B	17:21.58	OLIVEIRA, Pedro Fontoura	CFB	Restelo	27-07-2003
Recordes Nacionais 50m Inf A	16:43.48	OLIVEIRA, Pedro Fontoura	CFB	Rio Maior	19-06-2004
Recordes Nacionais 50m Juv B	16:31.97	OLIVEIRA, Pedro Fontoura	CFB	Lisboa	28-05-2005
Recordes Nacionais 50m Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SIN)	30-08-2015
Recordes Nacionais 50m 18	15:34.51	COSTA, Fernando Eurico	POR	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	COSTA, Fernando Eurico	POR	Bangkok (THA)	14-08-2007
Recorde Meeting	15:21.94	, START		Póvoa de Varzim	

TLP ABS MASCULINOS : 17:56.56

Pontos: FINA 2016

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
1.	COUTINHO, Alexandre Valdagua	M	102769	97	ASSS Columb Cantanhedense	15:59.39	748	20,00	
	50m: 28.80		450m: 4:43.52		32.14	850m: 9:02.38	32.56	1250m: 13:20.73	32.33
	100m: 59.92		500m: 5:15.74		32.22	900m: 9:34.50	32.12	1300m: 13:53.13	32.40
	150m: 1:30.91		550m: 5:48.01		32.27	950m: 10:06.84	32.34	1350m: 14:25.44	32.31
	200m: 2:02.43		600m: 6:20.45		32.44	1000m: 10:39.16	32.32	1400m: 14:57.99	32.55
	250m: 2:34.68		650m: 6:52.95		32.50	1050m: 11:11.62	32.46	1450m: 15:30.08	32.09
	300m: 3:06.80		700m: 7:25.21		32.26	1100m: 11:43.76	32.14	1500m: 15:59.39	29.31
	350m: 3:39.07		750m: 7:57.61		32.40	1150m: 12:16.17	32.41		
	400m: 4:11.38		800m: 8:29.82		32.21	1200m: 12:48.40	32.23		
2.	LOPES, Jose Paulo	M	117924	00	Braga	16:14.56	713	18,00	
	50m: 29.31		450m: 4:48.11		32.65	850m: 9:11.10	32.68	1250m: 13:33.43	32.50
	100m: 1:01.13		500m: 5:21.03		32.92	900m: 9:44.00	32.90	1300m: 14:06.20	32.77
	150m: 1:33.24		550m: 5:53.76		32.73	950m: 10:16.86	32.86	1350m: 14:38.98	32.78
	200m: 2:05.57		600m: 6:26.73		32.97	1000m: 10:49.89	33.03	1400m: 15:11.67	32.69
	250m: 2:37.87		650m: 6:59.70		32.97	1050m: 11:22.66	32.77	1450m: 15:43.88	32.21
	300m: 3:10.25		700m: 7:32.61		32.91	1100m: 11:55.48	32.82	1500m: 16:14.56	30.68
	350m: 3:42.75		750m: 8:05.55		32.94	1150m: 12:28.22	32.74		
	400m: 4:15.46		800m: 8:38.42		32.87	1200m: 13:00.93	32.71		
3.	PINTO, Antonio Fernando	M	109280	99	Lousada Seculo XXI	16:23.11	695	16,00	
	50m: 29.28		450m: 4:47.83		32.66	850m: 9:10.85	32.98	1250m: 13:38.44	34.04
	100m: 1:01.18		500m: 5:20.22		32.39	900m: 9:44.01	33.16	1300m: 14:11.51	33.07
	150m: 1:33.30		550m: 5:53.08		32.86	950m: 10:17.65	33.64	1350m: 14:45.14	33.63
	200m: 2:05.28		600m: 6:25.73		32.65	1000m: 10:50.64	32.99	1400m: 15:18.20	33.06
	250m: 2:37.82		650m: 6:58.72		32.99	1050m: 11:24.11	33.47	1450m: 15:51.38	33.18
	300m: 3:10.14		700m: 7:31.58		32.86	1100m: 11:57.38	33.27	1500m: 16:23.11	31.73
	350m: 3:42.64		750m: 8:04.86		33.28	1150m: 12:31.08	33.70		
	400m: 4:15.17		800m: 8:37.87		33.01	1200m: 13:04.40	33.32		
4.	MARQUES, Diogo Manuel	M	118567	98	ASSS Columb Cantanhedense	16:30.67	679	14,00	
	50m: 30.29		450m: 4:56.73		33.60	850m: 9:24.94	32.74	1250m: 13:47.43	33.12
	100m: 1:02.47		500m: 5:30.36		33.63	900m: 9:57.71	32.77	1300m: 14:20.62	33.19
	150m: 1:34.91		550m: 6:04.31		33.95	950m: 10:30.00	32.29	1350m: 14:53.58	32.96
	200m: 2:08.31		600m: 6:38.21		33.90	1000m: 11:02.84	32.84	1400m: 15:26.63	33.05
	250m: 2:41.74		650m: 7:12.24		34.03	1050m: 11:35.46	32.62	1450m: 15:59.03	32.40
	300m: 3:15.56		700m: 7:46.08		33.84	1100m: 12:08.21	32.75	1500m: 16:30.67	31.64
	350m: 3:49.29		750m: 8:19.16		33.08	1150m: 12:41.24	33.03		
	400m: 4:23.13		800m: 8:52.20		33.04	1200m: 13:14.31	33.07		
5.	BESSA, Pedro Maria	M	18656	95	Clube Náutico Académico/Urgice	16:41.32	658	13,00	
	50m: 29.22		450m: 4:52.50		33.50	850m: 9:20.69	33.96	1250m: 13:50.35	33.24
	100m: 1:00.83		500m: 5:25.55		33.05	900m: 9:54.55	33.86	1300m: 14:24.58	34.23
	150m: 1:33.40		550m: 5:58.97		33.42	950m: 10:28.34	33.79	1350m: 14:59.26	34.68
	200m: 2:06.31		600m: 6:32.31		33.34	1000m: 11:02.12	33.78	1400m: 15:33.70	34.44
	250m: 2:39.36		650m: 7:05.74		33.43	1050m: 11:36.05	33.93	1450m: 16:07.71	34.01
	300m: 3:12.50		700m: 7:39.22		33.48	1100m: 12:09.88	33.83	1500m: 16:41.32	33.61
	350m: 3:45.77		750m: 8:13.30		34.08	1150m: 12:43.20	33.32		
	400m: 4:19.00		800m: 8:46.73		33.43	1200m: 13:17.11	33.91		
6.	OLIVEIRA, Tiago Silva	M	15465	94	Fluvial Portuense	16:52.83	636	12,00	
	50m: 29.52		450m: 4:57.10		33.84	850m: 9:26.93	33.89	1250m: 14:01.74	34.28
	100m: 1:01.47		500m: 5:30.67		33.57	900m: 10:01.34	34.41	1300m: 14:36.21	34.47
	150m: 1:34.48		550m: 6:04.64		33.97	950m: 10:35.65	34.31	1350m: 15:10.65	34.44
	200m: 2:08.19		600m: 6:38.43		33.79	1000m: 11:09.90	34.25	1400m: 15:44.86	34.21
	250m: 2:42.05		650m: 7:12.42		33.98	1050m: 11:44.06	34.16	1450m: 16:19.19	34.33
	300m: 3:15.73		700m: 7:46.62		34.20	1100m: 12:18.63	34.57	1500m: 16:52.83	33.64
	350m: 3:49.62		750m: 8:19.92		33.30	1150m: 12:53.27	34.64		
	400m: 4:23.26		800m: 8:53.04		33.12	1200m: 13:27.46	34.19		

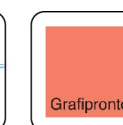
O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager 11, 11.41263

Registered to Associação de Natação do Norte de Portugal

14-02-2016 17:38 - Página 1



VII Meeting Internacional da Póvoa de Varzim
Póvoa de Varzim, 13-14-2-2016

Prova 17, Masc., 1500m Livres, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
7.	CORREIA, Narciso Daniel	M	111197	97	Braga	17:02.96	617	11,00	
	50m: 29.95		450m: 5:02.78		35.14	850m: 9:37.98	34.52	1250m: 14:13.07	34.14
	100m: 1:02.38		500m: 5:37.18		34.40	900m: 10:12.36	34.38	1300m: 14:47.58	34.51
	150m: 1:35.91		550m: 6:11.04		33.86	950m: 10:46.83	34.47	1350m: 15:22.24	34.66
	200m: 2:09.85		600m: 6:45.55		34.51	1000m: 11:21.50	34.67	1400m: 15:56.84	34.60
	250m: 2:44.09		650m: 7:19.89		34.34	1050m: 11:55.60	34.10	1450m: 16:30.21	33.37
	300m: 3:18.84		700m: 7:54.68		34.79	1100m: 12:30.07	34.47	1500m: 17:02.96	32.75
	350m: 3:53.29		750m: 8:29.03		34.35	1150m: 13:04.52	34.45		
	400m: 4:27.64		800m: 9:03.46		34.43	1200m: 13:38.93	34.41		
8.	OLIVEIRA, Tomas Gomes	M	112715	99	Nautico Marinha Grande	17:07.54	609	10,00	
	50m: 30.02		450m: 4:59.28		33.85	850m: 9:35.98	34.73	1250m: 14:14.32	34.52
	100m: 1:02.06		500m: 5:33.91		34.63	900m: 10:11.03	35.05	1300m: 14:49.46	35.14
	150m: 1:35.04		550m: 6:08.48		34.57	950m: 10:45.53	34.50	1350m: 15:24.16	34.70
	200m: 2:08.84		600m: 6:43.45		34.97	1000m: 11:20.37	34.84	1400m: 15:58.79	34.63
	250m: 2:42.51		650m: 7:17.76		34.31	1050m: 11:55.18	34.81	1450m: 16:33.60	34.81
	300m: 3:16.64		700m: 7:52.54		34.78	1100m: 12:30.17	34.99	1500m: 17:07.54	33.94
	350m: 3:50.87		750m: 8:26.75		34.21	1150m: 13:04.93	34.76		
	400m: 4:25.43		800m: 9:01.25		34.50	1200m: 13:39.80	34.87		
9.	TRAVANCA, Joao Luis	M	104716	97	Fluvial Portuense	17:09.77	605	9,00	
	50m: 30.58		450m: 4:58.12		33.91	850m: 9:34.92	34.84	1250m: 14:15.25	35.14
	100m: 1:03.16		500m: 5:32.02		33.90	900m: 10:09.91	34.99	1300m: 14:50.29	35.04
	150m: 1:35.83		550m: 6:06.08		34.06	950m: 10:44.81	34.90	1350m: 15:25.77	35.48
	200m: 2:09.27		600m: 6:40.39		34.31	1000m: 11:19.91	35.10	1400m: 16:00.71	34.94
	250m: 2:42.62		650m: 7:15.15		34.76	1050m: 11:55.21	35.30	1450m: 16:35.78	35.07
	300m: 3:16.38		700m: 7:50.15		35.00	1100m: 12:30.00	34.79	1500m: 17:09.77	33.99
	350m: 3:50.35		750m: 8:25.11		34.96	1150m: 13:05.21	35.21		
	400m: 4:24.21		800m: 9:00.08		34.97	1200m: 13:40.11	34.90		
10.	GONCALVES, Francisco Xavier	M	26878	97	Clube Nautico Academico/Urgice	17:10.41	604	7,00	
	50m: 31.09		450m: 5:01.93		34.33	850m: 9:38.10	34.72	1250m: 14:17.05	35.27
	100m: 1:04.42		500m: 5:36.00		34.07	900m: 10:12.85	34.75	1300m: 14:51.89	34.84
	150m: 1:38.15		550m: 6:10.71		34.71	950m: 10:47.64	34.79	1350m: 15:26.99	35.10
	200m: 2:11.72		600m: 6:45.06		34.35	1000m: 11:22.24	34.60	1400m: 16:01.94	34.95
	250m: 2:45.62		650m: 7:19.81		34.75	1050m: 11:57.06	34.82	1450m: 16:36.80	34.86
	300m: 3:19.34		700m: 7:54.32		34.51	1100m: 12:31.71	34.65	1500m: 17:10.41	33.61
	350m: 3:53.54		750m: 8:28.97		34.65	1150m: 13:06.87	35.16		
	400m: 4:27.60		800m: 9:03.38		34.41	1200m: 13:41.78	34.91		
11.	JORGE, Duarte Miguel	M	117045	01	Galitos/Bresimar	17:16.67	593	6,00	
	50m: 31.56		450m: 5:07.24		35.20	850m: 9:46.40	34.84	1250m: 14:24.64	34.52
	100m: 1:05.30		500m: 5:42.19		34.95	900m: 10:21.15	34.75	1300m: 14:59.23	34.59
	150m: 1:39.65		550m: 6:16.99		34.80	950m: 10:55.71	34.56	1350m: 15:33.18	33.95
	200m: 2:14.36		600m: 6:52.01		35.02	1000m: 11:30.72	35.01	1400m: 16:07.95	34.77
	250m: 2:48.54		650m: 7:26.72		34.71	1050m: 12:05.14	34.42	1450m: 16:42.51	34.56
	300m: 3:22.88		700m: 8:01.58		34.86	1100m: 12:40.34	35.20	1500m: 17:16.67	34.16
	350m: 3:57.13		750m: 8:36.25		34.67	1150m: 13:15.47	35.13		
	400m: 4:32.04		800m: 9:11.56		35.31	1200m: 13:50.12	34.65		
12.	FONSECA, Jose Diogo	M	112714	98	Nautico Marinha Grande	17:28.06	574	5,00	
	50m: 30.58		450m: 5:05.37		34.68	850m: 9:46.42	34.92	1250m: 14:31.61	35.88
	100m: 1:04.07		500m: 5:40.41		35.04	900m: 10:21.99	35.57	1300m: 15:07.38	35.77
	150m: 1:37.88		550m: 6:15.62		35.21	950m: 10:57.32	35.33	1350m: 15:42.61	35.23
	200m: 2:12.19		600m: 6:50.80		35.18	1000m: 11:33.31	35.99	1400m: 16:18.24	35.63
	250m: 2:46.27		650m: 7:25.67		34.87	1050m: 12:08.67	35.36	1450m: 16:53.71	35.47
	300m: 3:21.03		700m: 8:01.11		35.44	1100m: 12:44.52	35.85	1500m: 17:28.06	34.35
	350m: 3:55.61		750m: 8:35.68		34.57	1150m: 13:20.00	35.48		
	400m: 4:30.69		800m: 9:11.50		35.82	1200m: 13:55.73	35.73		
13.	MENDES, Joao Santos	M	111648	98	Leixoes	17:35.35	562	4,00	
	50m: 30.92		450m: 5:13.28		35.16	850m: 9:59.47	35.37	1250m: 14:39.85	34.95
	100m: 1:05.87		500m: 5:48.88		35.60	900m: 10:34.26	34.79	1300m: 15:15.58	35.73
	150m: 1:41.04		550m: 6:24.35		35.47	950m: 11:09.05	34.79	1350m: 15:50.51	34.93
	200m: 2:16.51		600m: 7:00.05		35.70	1000m: 11:44.23	35.18	1400m: 16:25.77	35.26
	250m: 2:51.91		650m: 7:35.63		35.58	1050m: 12:19.06	34.83	1450m: 17:00.62	34.85
	300m: 3:27.40		700m: 8:11.89		36.26	1100m: 12:54.55	35.49	1500m: 17:35.35	34.73
	350m: 4:02.81		750m: 8:48.09		36.20	1150m: 13:29.41	34.86		
	400m: 4:38.12		800m: 9:24.10		36.01	1200m: 14:04.90	35.49		
14.	GONCALVES, Bernardo Marques	M	112379	00	Galitos/Bresimar	17:40.82	553	3,00	
	50m: 31.52		450m: 5:12.73		35.30	850m: 9:57.17	35.80	1250m: 14:42.99	35.75
	100m: 1:05.74		500m: 5:48.04		35.31	900m: 10:32.92	35.75	1300m: 15:19.11	36.12
	150m: 1:40.70		550m: 6:23.48		35.44	950m: 11:08.69	35.77	1350m: 15:55.01	35.90
	200m: 2:16.12		600m: 6:58.94		35.46	1000m: 11:44.51	35.82	1400m: 16:30.84	35.83
	250m: 2:51.45		650m: 7:34.24		35.30	1050m: 12:19.84	35.33	1450m: 17:06.15	35.31
	300m: 3:26.82		700m: 8:09.68		35.44	1100m: 12:55.56	35.72	1500m: 17:40.82	34.67
	350m: 4:02.03		750m: 8:45.30		35.62	1150m: 13:31.31	35.75		
	400m: 4:37.43		800m: 9:21.37		36.07	1200m: 14:07.24	35.93		

VII Meeting Internacional da Póvoa de Varzim
Póvoa de Varzim, 13-14-2-2016

Prova 17, Masc., 1500m Livres, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
15.	SOARES, Joao Diogo	M	122731	00	Fluvial Portuense	17:44.31	548	2,00	
	50m: 32.26	32.26	450m: 5:11.52	34.97	850m: 9:57.58	36.06	1250m: 14:46.37	36.35	
	100m: 1:06.58	34.32	500m: 5:46.95	35.43	900m: 10:33.81	36.23	1300m: 15:22.12	35.75	
	150m: 1:41.60	35.02	550m: 6:22.24	35.29	950m: 11:09.88	36.07	1350m: 15:57.97	35.85	
	200m: 2:16.38	34.78	600m: 6:58.08	35.84	1000m: 11:46.26	36.38	1400m: 16:33.96	35.99	
	250m: 2:51.05	34.67	650m: 7:33.72	35.64	1050m: 12:22.22	35.96	1450m: 17:09.61	35.65	
	300m: 3:26.21	35.16	700m: 8:09.76	36.04	1100m: 12:58.15	35.93	1500m: 17:44.31	34.70	
	350m: 4:01.12	34.91	750m: 8:45.62	35.86	1150m: 13:34.29	36.14			
	400m: 4:36.55	35.43	800m: 9:21.52	35.90	1200m: 14:10.02	35.73			
16.	CARVALHO, Alexandre Magno	M	108284	98	Fluvial Portuense	17:45.13	546	1,00	
	50m: 30.52	30.52	450m: 5:09.20	35.51	850m: 9:55.12	35.79	1250m: 14:45.79	36.13	
	100m: 1:04.25	33.73	500m: 5:44.52	35.32	900m: 10:31.55	36.43	1300m: 15:22.17	36.38	
	150m: 1:38.10	33.85	550m: 6:20.10	35.58	950m: 11:08.02	36.47	1350m: 15:58.14	35.97	
	200m: 2:13.05	34.95	600m: 6:56.10	36.00	1000m: 11:44.43	36.41	1400m: 16:34.21	36.07	
	250m: 2:47.81	34.76	650m: 7:31.65	35.55	1050m: 12:20.53	36.10	1450m: 17:10.12	35.91	
	300m: 3:22.95	35.14	700m: 8:07.40	35.75	1100m: 12:57.30	36.77	1500m: 17:45.13	35.01	
	350m: 3:57.98	35.03	750m: 8:43.43	36.03	1150m: 13:33.29	35.99			
	400m: 4:33.69	35.71	800m: 9:19.33	35.90	1200m: 14:09.66	36.37			
17.	PIRES, Rui Miguel	M	121043	01	Nautico Marinha Grande	17:49.50	540	-	
	50m: 31.22	31.22	450m: 5:13.60	35.74	850m: 10:01.63	36.03	1250m: 14:50.54	36.06	
	100m: 1:05.51	34.29	500m: 5:49.05	35.45	900m: 10:37.61	35.98	1300m: 15:26.76	36.22	
	150m: 1:40.40	34.89	550m: 6:25.20	36.15	950m: 11:14.11	36.50	1350m: 16:02.71	35.95	
	200m: 2:15.85	35.45	600m: 7:00.86	35.66	1000m: 11:49.88	35.77	1400m: 16:38.51	35.80	
	250m: 2:51.09	35.24	650m: 7:37.02	36.16	1050m: 12:26.01	36.13	1450m: 17:13.86	35.35	
	300m: 3:26.66	35.57	700m: 8:13.05	36.03	1100m: 13:02.06	36.05	1500m: 17:49.50	35.64	
	350m: 4:01.97	35.31	750m: 8:48.95	35.90	1150m: 13:38.13	36.07			
	400m: 4:37.86	35.89	800m: 9:25.60	36.65	1200m: 14:14.48	36.35			
18.	RIBEIRO, Jose Ricardo	M	108185	99	Fluvial Portuense	18:10.05	510	-	
	<i>FTL</i>		450m: 5:17.55	36.10	850m: 10:10.70	37.00	1250m: 15:05.06	37.08	
	50m: 31.92	31.92	500m: 5:53.76	36.21	900m: 10:48.03	37.33	1300m: 15:42.52	37.46	
	100m: 1:06.24	34.32	550m: 6:30.12	36.36	950m: 11:24.38	36.35	1350m: 16:19.98	37.46	
	150m: 1:41.82	35.58	600m: 7:06.86	36.74	1000m: 12:00.41	36.03	1400m: 16:56.99	37.01	
	200m: 2:17.04	35.22	650m: 7:43.49	36.63	1050m: 12:37.33	36.92	1450m: 17:33.55	36.56	
	250m: 2:52.51	35.47	700m: 8:20.62	37.13	1100m: 13:14.48	37.15	1500m: 18:10.05	36.50	
	300m: 3:28.79	36.28	750m: 8:57.02	36.40	1150m: 13:51.35	36.87			
	350m: 4:05.12	36.33	800m: 9:33.70	36.68	1200m: 14:27.98	36.63			
19.	MATIAS, Rui Jorge	M	107735	99	Vilacondense	18:13.03	506	-	
	<i>FTL</i>		450m: 5:20.27	36.69	850m: 10:13.63	36.94	1250m: 15:10.07	36.99	
	50m: 31.24	31.24	500m: 5:56.58	36.31	900m: 10:50.63	37.00	1300m: 15:47.83	37.76	
	100m: 1:05.51	34.27	550m: 6:33.27	36.69	950m: 11:27.40	36.77	1350m: 16:24.83	37.00	
	150m: 1:41.50	35.99	600m: 7:10.04	36.77	1000m: 12:04.50	37.10	1400m: 17:02.39	37.56	
	200m: 2:16.98	35.48	650m: 7:46.80	36.76	1050m: 12:41.25	36.75	1450m: 17:38.11	35.72	
	250m: 2:53.02	36.04	700m: 8:23.17	36.37	1100m: 13:18.76	37.51	1500m: 18:13.03	34.92	
	300m: 3:29.67	36.65	750m: 8:59.81	36.64	1150m: 13:56.27	37.51			
	350m: 4:06.16	36.49	800m: 9:36.69	36.88	1200m: 14:33.08	36.81			
20.	ALMEIDA, Albino David	M	125643	99	O Crasto	18:13.35	505	-	
	<i>FTL</i>		450m: 5:19.50	36.49	850m: 10:13.53	36.53	1250m: 15:09.67	36.98	
	50m: 31.58	31.58	500m: 5:56.02	36.52	900m: 10:50.54	37.01	1300m: 15:47.26	37.59	
	100m: 1:06.25	34.67	550m: 6:32.43	36.41	950m: 11:27.18	36.64	1350m: 16:23.80	36.54	
	150m: 1:41.69	35.44	600m: 7:09.54	37.11	1000m: 12:04.25	37.07	1400m: 17:01.03	37.23	
	200m: 2:17.50	35.81	650m: 7:46.04	36.50	1050m: 12:41.23	36.98	1450m: 17:37.69	36.66	
	250m: 2:53.63	36.13	700m: 8:23.09	37.05	1100m: 13:18.49	37.26	1500m: 18:13.35	35.66	
	300m: 3:30.17	36.54	750m: 8:59.78	36.69	1150m: 13:55.57	37.08			
	350m: 4:06.63	36.46	800m: 9:37.00	37.22	1200m: 14:32.69	37.12			
21.	MELO, Joao Sa	M	118226	01	Famalicao	18:39.72	470	-	
	<i>FTL</i>		450m: 5:24.20	37.13	850m: 10:25.42	38.12	1250m: 15:30.15	38.42	
	50m: 32.41	32.41	500m: 6:01.22	37.02	900m: 11:03.28	37.86	1300m: 16:08.59	38.44	
	100m: 1:08.06	35.65	550m: 6:38.96	37.74	950m: 11:41.57	38.29	1350m: 16:47.32	38.73	
	150m: 1:43.77	35.71	600m: 7:16.76	37.80	1000m: 12:19.22	37.65	1400m: 17:25.47	38.15	
	200m: 2:20.34	36.57	650m: 7:54.47	37.71	1050m: 12:57.30	38.08	1450m: 18:02.95	37.48	
	250m: 2:56.36	36.02	700m: 8:32.14	37.67	1100m: 13:35.57	38.27	1500m: 18:39.72	36.77	
	300m: 3:33.43	37.07	750m: 9:09.95	37.81	1150m: 14:13.60	38.03			
	350m: 4:10.14	36.71	800m: 9:47.30	37.35	1200m: 14:51.73	38.13			
22.	FERNANDES, Luis Tiago	M	111447	01	Famalicao	19:00.99	444	-	
	<i>FTL</i>		450m: 5:32.38	37.89	850m: 10:40.20	38.59	1250m: 15:50.32	38.67	
	50m: 31.76	31.76	500m: 6:10.52	38.14	900m: 11:19.41	39.21	1300m: 16:28.30	37.98	
	100m: 1:07.98	36.22	550m: 6:49.02	38.50	950m: 11:58.23	38.82	1350m: 17:06.45	38.15	
	150m: 1:45.60	37.62	600m: 7:27.49	38.47	1000m: 12:37.09	38.86	1400m: 17:44.67	38.22	
	200m: 2:23.16	37.56	650m: 8:05.68	38.19	1050m: 13:15.51	38.42	1450m: 18:23.15	38.48	
	250m: 3:00.76	37.60	700m: 8:43.97	38.29	1100m: 13:54.08	38.57	1500m: 19:00.99	37.84	
	300m: 3:38.72	37.96	750m: 9:22.53	38.56	1150m: 14:32.80	38.72			
	350m: 4:16.54	37.82	800m: 10:01.61	39.08	1200m: 15:11.65	38.85			
DNS	BASTOS, Diogo Moreno	M	108285	00	Fluvial Portuense				-
WDR	FERREIRA, Nuno Filipe	M	119654	00	Foca				-

O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager 11, 11.41263

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14-02-2016 17:38 - Página 3

