

VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

Progress o de Atletas (Detalhes)

Todas as provas

Prova	Jornada	Lugar	Tempo total	Pts	Tp inscr.	Data	%	RP
Academia Cult Rec Concelho Castro Daire								9
ALMEIDA, Albino David, 29-01-1999								-
200m Livres	Elimin	43.	2:11.73	464	2:09.70	04-07-2015	97%	
400m Livres	Elimin	33.	4:38.74	492	4:33.04	05-07-2015	96%	
1500m Livres	Tempo Final	20.	18:13.35	505	17:38.68	14-03-2015	94%	
MAXIMO, Joao Luis, 23-08-1998								1
100m Livres	Elimin	45.	58.96	503	57.50	05-07-2015	95%	
200m Livres	Elimin	35.	2:07.07	517	2:04.62	04-07-2015	96%	
200m Estilos	Final	15.	2:21.12	527	2:21.91		101%	
200m Estilos	Elimin	12.	2:21.91	518	2:19.56		97%	
400m Estilos	Tempo Final	13.	5:00.75	532	4:53.41		95%	
PINA, Ana Sofia, 23-01-2002								8
100m Livres	Final	6.	1:02.10	589	1:02.05		100%	
100m Livres	Elimin	1.	1:02.05	590	1:04.23	19-07-2015	107%	
200m Livres	Final	5.	2:14.41	593	2:16.11		103%	
200m Livres	Elimin	3.	2:16.11	571	2:14.24	19-07-2015	97%	
100m Mariposa	Final	9.	1:07.85	551	1:09.36		105%	
100m Mariposa	Elimin	4.	1:09.36	516	1:10.66	17-07-2015	104%	
200m Mariposa	Final	9.	2:27.56	562	2:31.38		105%	
200m Mariposa	Elimin	3.	2:31.38	521	2:33.38	18-07-2015	103%	
200m Estilos	Final	7.	2:32.05	570	2:32.88		101%	
200m Estilos	Elimin	2.	2:32.88	561	2:30.45	18-07-2015	97%	
400m Estilos	Tempo Final	5.	5:13.05	630	5:15.15	17-07-2015	101%	
SILVA, Joana Filipa, 28-10-1998								-
100m Livres	Elimin	24.	1:06.48	480	1:04.99	05-07-2015	96%	
200m Livres	Elimin	21.	2:24.31	479	2:20.47	04-07-2015	95%	
400m Livres	Elimin	23.	5:00.98	496	4:58.99	05-07-2015	99%	

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Acad�mico De Viseu Futebol Clube							10
CUNHA, Filipe Fonte, 09-01-1998							2
100m Livres	Elimin	31.	57.49	543	57.39	100%	
100m Mariposa	Final	12.	1:00.37	562	1:01.32	103%	
100m Mariposa	Elimin	14.	1:01.32	536	1:00.26	97%	
200m Mariposa	Final	3.	2:12.89	590	2:14.86	103%	
200m Mariposa	Elimin	3.	2:14.86	565	2:10.70	94%	
GARCIA, Pedro Rafael, 09-06-1996							-
100m Livres	Elimin	29.	57.34	547	56.57	14-03-2015 97%	
200m Livres	Elimin	21.	2:04.68	547	2:02.44	96%	
400m Livres	Elimin	19.	4:24.00	579	4:16.99	15-03-2015 95%	
MACHADO, Madalena Amaro, 25-04-1998							4
200m Livres	Final	4.	2:13.37	607	2:15.56	103%	
200m Livres	Elimin	2.	2:15.56	578	2:11.65	12-04-2015 94%	
400m Livres	Final	15.	4:44.84	586	4:46.48	101%	
400m Livres	Elimin	10.	4:46.48	576	4:35.60	93%	
100m Mariposa	Final	4.	1:07.47	560	1:07.61	100%	
100m Mariposa	Elimin	4.	1:07.61	557	1:05.52	25-07-2015 94%	
200m Mariposa	Final	4.	2:25.76	583	2:30.88	107%	
200m Mariposa	Elimin	5.	2:30.88	526	2:23.36	11-04-2015 90%	
MACHADO, Sebastiao Amaro, 27-07-1993							-
50m Livres	Elimin	26.	26.34	500	25.74	95%	
100m Livres	Elimin	38.	57.98	529	56.44	95%	
MOURA, Andre Magalhaes, 19-04-1998							4
100m Bruços	Final	5.	1:07.60	628	1:08.90	104%	
100m Bruços	Elimin	4.	1:08.90	594	1:07.47	01-04-2015 96%	
200m Bruços	Final	2.	2:25.19	669	2:29.61	106%	
200m Bruços	Elimin	3.	2:29.61	611	2:23.71	03-04-2015 92%	
200m Estilos	Final	4.	2:13.06	628	2:17.41	107%	
200m Estilos	Elimin	6.	2:17.41	571	2:12.18	04-04-2015 93%	
400m Estilos	Tempo Final	2.	4:39.46	664	4:41.46	24-07-2015 101%	
RODRIGUES, Rafaela Ferreira, 03-01-1998							-
200m Livres	Elimin	15.	2:21.85	505	2:20.04	97%	
400m Livres	Elimin	21.	4:58.47	509	4:50.58	95%	

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Al Nasr Club/UAE

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LAJNEF, Sarra, 05-09-1989

3

200m Bruços	Final	2.	2:40.73	648	2:42.15		102%
200m Bruços	Elimin	1.	2:42.15	631	2:43.80	15-08-2015	102%
200m Estilos	Final	1.	2:23.96	672	2:27.47		105%
200m Estilos	Elimin	1.	2:27.47	625	2:26.36	13-08-2015	99%

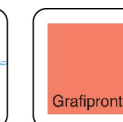
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Arouca							3
AZEVEDO, Ines Gomes, 27-12-2001							1
200m Bruços	Final	3.	2:46.75	580	2:49.70	104%	
200m Bruços	Elimin	2.	2:49.70	550	2:43.54	93%	
CARDOSO, Margarida Candido, 14-04-2002							1
200m Bruços	Elimin	16.	3:04.98	425	3:05.68	101%	
MACHADO, Ana Santos, 18-03-2003							-
200m Bruços	Elimin	23.	3:14.87	363	3:08.84	94%	
MACHADO, Rita Santos, 23-06-2004							1
200m Bruços	Elimin	22.	3:14.05	368	3:15.56	102%	

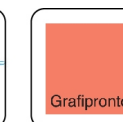
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Ass. Desp. Bairro dos Anjos /BOMCAR								8
CLEMENTE, Bernardo Santos, 02-05-1998								4
50m Livres	Final	6.	24.79	600	24.92		101%	
50m Livres	Elimin	7.	24.92	590	24.53	03-04-2015	97%	
100m Livres	Elimin	42.	58.29	521	54.61	26-07-2015	88%	
50m Mariposa	Final	4.	26.02	640	26.30		102%	
50m Mariposa	Elimin	5.	26.30	620	26.23	23-07-2015	99%	
100m Mariposa	Final	3.	57.46	651	57.72		101%	
100m Mariposa	Elimin	1.	57.72	643	57.85	03-04-2015	100%	
GOMES, Filipe Miguel, 07-04-1997								2
50m Bruços	Final	10.	32.15	554	32.05		99%	
50m Bruços	Elimin	9.	32.05	560	32.88	19-12-2015	105%	
100m Bruços	Final	12.	1:11.30	536	1:11.74		101%	
100m Bruços	Elimin	12.	1:11.74	526	1:08.91	19-12-2015	92%	
200m Bruços	Elimin	11.	2:48.14	431	2:32.97		83%	
PECA, Sara Conceicao, 07-08-1999								1
200m Bruços	Final	15.	2:55.53	497	2:54.93		99%	
200m Bruços	Elimin	7.	2:54.93	502	2:49.47		94%	
50m Mariposa	Final	6.	31.08	485	31.04		100%	
50m Mariposa	Elimin	6.	31.04	487	30.71	04-07-2015	98%	
100m Mariposa	Final	2.	1:07.02	572	1:06.94		100%	
100m Mariposa	Elimin	2.	1:06.94	574	1:08.66	25-07-2015	105%	
200m Mariposa	Final	6.	2:29.46	541	2:28.02		98%	
200m Mariposa	Elimin	4.	2:28.02	557	2:26.14		97%	
RUIVO, Andre Vilas, 04-01-2000								-
100m Livres	Elimin	4.	57.81	534	56.79	31-05-2015	97%	
100m Mariposa	Elimin	6.	1:02.24	512	1:00.58		95%	
200m Mariposa	Final	7.	2:16.03	550	2:14.89		98%	
200m Mariposa	Elimin	2.	2:14.89	564	2:11.62		95%	
400m Estilos	Tempo Final	WDR		-	4:44.05	24-07-2015	-	
SANTOS, Tiago Andre, 18-07-2000								1
400m Livres	Elimin	7.	4:29.27	545	4:24.30		96%	
100m Mariposa	Elimin	5.	1:01.67	527	58.70		91%	
200m Mariposa	Final	1.	2:11.63	607	2:14.67		105%	
200m Mariposa	Elimin	1.	2:14.67	567	2:06.16		88%	

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Assoc Pais Amigos Crianças Gafanha da Encarnação								28
BALTAZAR, Telmo Sequeira, 06-10-2000								2
100m Livres	Elimin	46.	1:04.36	387	1:05.58		104%	
100m Costas	Elimin	25.	1:12.30	370	1:14.41		106%	
BENTO, Regina Lopes, 04-11-2000								2
100m Livres	Elimin	29.	1:08.47	439	1:07.79		98%	
50m Bruços	Final	15.	37.87	471	38.13		101%	
50m Bruços	Elimin	16.	38.13	462	38.17	14-03-2015	100%	
CAROLA, Hugo Filipe, 14-11-2001								2
100m Livres	Elimin	45.	1:03.95	394	1:04.09		100%	
200m Livres	Elimin	45.	2:22.97	363	2:25.57		104%	
FERREIRA PINTO, Susana, 06-02-2001								1
100m Livres	Elimin	52.	1:12.08	376	1:10.10	14-03-2015	95%	
200m Livres	Elimin	43.	2:37.69	367	2:39.53	14-03-2015	102%	
GOMES, Claudio Dias, 10-08-1995								1
100m Livres	Elimin	33.	57.53	542	55.55	12-07-2015	93%	
50m Mariposa	Final	9.	26.65	596	27.29		105%	
50m Mariposa	Elimin	15.	27.29	555	25.83	14-03-2015	90%	
100m Mariposa	Elimin	12.	1:01.02	544	59.06		94%	
MELO, Edgar Ribau, 14-10-1999								2
50m Bruços	Final	14.	33.51	490	33.71		101%	
50m Bruços	Elimin	15.	33.71	481	34.27	04-07-2015	103%	
100m Bruços	Elimin	18.	1:14.05	478	1:13.90	07-02-2015	100%	
PEREIRA, Joana Santos, 12-04-2000								2
100m Livres	Elimin	26.	1:06.64	477	1:06.04		98%	
200m Livres	Elimin	22.	2:26.30	460	2:27.45		102%	
200m Costas	Final	13.	2:40.26	463	2:42.11		102%	
200m Costas	Elimin	6.	2:42.11	448	2:39.92		97%	
SANTOS, Joao Martins, 05-04-1996								2
50m Livres	Elimin	19.	25.81	531	24.84		93%	
100m Livres	Final	11.	55.26	611	55.67		101%	
100m Livres	Elimin	13.	55.67	598	55.16		98%	
200m Livres	Elimin	24.	2:05.27	539	2:01.20		94%	
400m Livres	Elimin	22.	4:27.75	555	4:27.95		100%	
50m Mariposa	Final	15.	27.69	531	27.40		98%	
50m Mariposa	Elimin	16.	27.40	548	27.13	14-03-2015	98%	
SILVA, Ana Beatriz, 07-07-1996								4
50m Livres	Final	5.	28.76	561	28.90		101%	
50m Livres	Elimin	7.	28.90	553	28.27		96%	
100m Livres	Final	10.	1:02.29	584	1:02.62		101%	
100m Livres	Elimin	8.	1:02.62	574	1:01.39		96%	
200m Livres	Elimin	12.	2:18.75	539	2:19.89	05-07-2015	102%	
50m Bruços	Final	10.	36.29	536	37.16		105%	
50m Bruços	Elimin	15.	37.16	499	36.26		95%	
SILVA, Mariana Lopes, 30-04-1999								4
50m Livres	Final	13.	29.66	512	30.02		102%	
50m Livres	Elimin	16.	30.02	493	30.15	15-02-2015	101%	
100m Livres	Elimin	20.	1:05.21	509	1:06.04	05-07-2015	103%	
50m Mariposa	Elimin	13.	33.72	380	33.74	08-02-2015	100%	
VAZ, Patr�cia Neves, 15-03-2001								-
100m Livres	Elimin	50.	1:11.75	382	1:09.80	14-03-2015	95%	
100m Costas	Elimin	21.	1:23.54	336	1:21.59	15-03-2015	95%	
VEIGA, Ana Filipa, 31-01-2001								1
50m Bruços	Final	14.	37.77	475	36.99		96%	
50m Bruços	Elimin	11.	36.99	506	36.80		99%	
100m Bruços	Final	15.	1:22.12	481	1:21.64		99%	
100m Bruços	Elimin	7.	1:21.64	489	1:20.59		97%	
200m Bruços	Final	8.	2:56.89	486	2:51.23		94%	
200m Bruços	Elimin	3.	2:51.23	536	2:53.32	05-07-2015	102%	
200m Estilos	Elimin	14.	2:41.32	477	2:40.77	10-07-2015	99%	
ZINCA, Andrei Iulian, 08-02-2000								5
100m Livres	Elimin	10.	58.37	519	58.56		101%	
200m Livres	Elimin	17.	2:10.85	473	2:12.94	14-03-2015	103%	
100m Costas	Final	14.	1:04.89	512	1:05.36		101%	
100m Costas	Elimin	3.	1:05.36	501	1:05.44		100%	

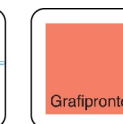
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200m Costas	Final	10.	2:20.18	508	2:20.42		100%
200m Costas	Elimin	3.	2:20.42	506	2:19.34	24-07-2015	98%

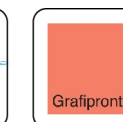
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Povo a de Varzim, 13-14-2-2016

Assoc. Desportiva de Fafe								23
CASTRO, Maria Freitas, 12-03-2003								5
800m Livres	Tempo Final	16.	10:10.11	509	10:29.28	22-11-2015	106%	
100m Bruços	Final	10.	1:20.93	502	1:21.74		102%	
100m Bruços	Elimin	8.	1:21.74	487	1:23.96	19-07-2015	106%	
200m Bruços	Final	10.	2:50.48	543	2:53.30		103%	
200m Bruços	Elimin	6.	2:53.30	517	3:01.90	27-06-2015	110%	
FERNANDES, Romeu Ribeiro, 03-01-2001								3
100m Livres	Elimin	7.	57.89	532	57.74	19-07-2015	99%	
100m Mariposa	Elimin	11.	1:03.82	475	1:04.01	18-07-2015	101%	
200m Mariposa	Final	14.	2:27.02	436	2:27.62		101%	
200m Mariposa	Elimin	9.	2:27.62	431	2:30.27	13-06-2015	104%	
FREITAS, Joao Pinto, 02-05-2001								3
400m Livres	Elimin	31.	4:47.21	449	4:45.83	13-06-2015	99%	
100m Costas	Elimin	4.	1:06.31	480	1:07.04	17-07-2015	102%	
200m Costas	Final	11.	2:21.29	497	2:23.04		102%	
200m Costas	Elimin	6.	2:23.04	479	2:23.61	13-06-2015	101%	
200m Estilos	Elimin	15.	2:32.36	418	2:28.87	19-07-2015	95%	
HENRIQUES, Maria Vitoria, 28-04-2003								-
100m Costas	Elimin	13.	1:18.85	400	1:17.23	18-07-2015	96%	
200m Costas	Elimin	13.	2:49.23	393	2:44.63	27-06-2015	95%	
MARTINS, Rui Pires, 24-04-2001								2
400m Livres	Elimin	35.	4:52.33	426	4:57.73	13-06-2015	104%	
100m Costas	Elimin	16.	1:08.85	429	1:10.39	17-07-2015	105%	
200m Costas	Elimin	18.	2:33.64	386	2:31.73	13-06-2015	98%	
MOURA, Diogo Goncalves, 25-03-2002								2
100m Bruços	Elimin	12.	1:22.13	350	1:23.00	18-07-2015	102%	
200m Bruços	Elimin	11.	2:58.75	358	2:59.64	27-06-2015	101%	
OLIVEIRA, Beatriz Rodrigues, 07-08-2001								-
400m Livres	Elimin	WDR	-	-	5:16.25	13-03-2015	-	
100m Mariposa	Elimin	WDR	-	-	1:11.47	15-03-2015	-	
200m Mariposa	Elimin	WDR	-	-	2:43.30	14-03-2015	-	
PEIXOTO, Joao Freitas, 03-04-2001								2
100m Costas	Elimin	12.	1:07.67	452	1:10.54	17-07-2015	109%	
200m Costas	Elimin	7.	2:24.32	466	2:32.26	27-06-2015	111%	
SAMPAIO, Mariana Magalhaes, 11-03-2003								1
100m Livres	Elimin	11.	1:05.36	505	1:05.13	18-07-2015	99%	
200m Livres	Elimin	22.	2:26.95	454	2:23.46	14-06-2015	95%	
400m Livres	Elimin	22.	5:05.48	475	5:18.10	27-06-2015	108%	
SILVA, Ana Pereira, 24-07-2003								2
400m Livres	Elimin	36.	5:16.17	428	5:27.06	27-06-2015	107%	
200m Estilos	Elimin	24.	2:51.98	394	2:54.93	28-06-2015	103%	
TEIXEIRA, Tiago Manuel, 31-03-1996								3
50m Livres	Final	9.	24.91	591	25.12		102%	
50m Livres	Elimin	10.	25.12	576	24.53	23-05-2015	95%	
100m Livres	Final	15.	57.57	541	55.34		92%	
100m Livres	Elimin	10.	55.34	609	53.06	04-04-2015	92%	
50m Costas	Final	4.	28.05	629	28.43		103%	
50m Costas	Elimin	4.	28.43	604	27.60	23-07-2015	94%	
100m Costas	Final	9.	1:01.47	603	1:03.07		105%	
100m Costas	Elimin	10.	1:03.07	558	1:01.01	03-04-2015	94%	

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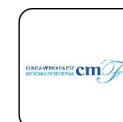


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ASSS Columb Cantanhedense								11
ALVES, Sara Sofia, 13-02-2001								3
100m Livres	Final	16.	1:04.65	522	1:03.41		96%	
100m Livres	Elimin	4.	1:03.41	553	1:05.62	28-03-2015	107%	
400m Livres	Final	4.	4:31.40	677	4:34.59		102%	
400m Livres	Elimin	1.	4:34.59	654	4:32.65	28-03-2015	99%	
800m Livres	Tempo Final	4.	9:17.68	667	9:21.37	05-07-2015	101%	
200m Mariposa	Final	8.	2:32.17	512	2:28.69		95%	
200m Mariposa	Elimin	1.	2:28.69	549	2:28.57	21-06-2015	100%	
COUTINHO, Alexandre Valdagua, 26-05-1997								3
100m Livres	Elimin	24.	56.93	559	55.63		95%	
200m Livres	Final	2.	1:58.00	645	2:00.07		104%	
200m Livres	Elimin	3.	2:00.07	613	2:00.55	01-04-2015	101%	
400m Livres	Final	1.	4:03.61	737	4:08.84		104%	
400m Livres	Elimin	1.	4:08.84	691	4:02.42	23-06-2015	95%	
1500m Livres	Tempo Final	1.	15:59.39	748	15:43.34	23-07-2015	97%	
JOSE, Diogo Coelho, 03-08-2001								4
400m Livres	Elimin	4.	4:24.66	574	4:36.56	27-06-2015	109%	
100m Mariposa	Elimin	8.	1:02.76	500	1:05.01		107%	
200m Mariposa	Final	11.	2:17.38	534	2:19.80		104%	
200m Mariposa	Elimin	6.	2:19.80	507	2:20.31	19-07-2015	101%	
MARQUES, Diogo Manuel, 19-03-1998								-
100m Livres	Elimin	37.	57.80	534	56.98		97%	
200m Livres	Elimin	22.	2:04.81	545	2:03.15	30-05-2015	97%	
400m Livres	Final	8.	4:15.66	637	4:14.13		99%	
400m Livres	Elimin	4.	4:14.13	649	4:11.34	25-07-2015	98%	
1500m Livres	Tempo Final	4.	16:30.67	679	16:17.66	23-07-2015	97%	
TINOCO, David Joao, 10-06-2001								1
100m Livres	Elimin	42.	1:02.62	420	1:01.96	19-07-2015	98%	
200m Livres	Elimin	24.	2:13.85	442	2:13.22	18-07-2015	99%	
400m Livres	Elimin	19.	4:38.55	493	4:43.64	18-07-2015	104%	

VII Meeting Internacional da Povia de Varzim
Povia de Varzim, 13-14-2-2016

Centro Gallego Tecnificacion Deportiva								8
CAMPOS VARELA, Sergio, 01-01-1996								3
50m Livres	Final	3.	24.40	629	24.75		103%	
50m Livres	Elimin	4.	24.75	603	24.32	09-07-2015	97%	
50m Costas	Final	1.	27.02	704	27.36		103%	
50m Costas	Elimin	1.	27.36	678	26.34	29-03-2015	93%	
100m Costas	Final	1.	58.83	688	59.47		102%	
100m Costas	Elimin	1.	59.47	666	57.70	31-03-2015	94%	
GARCIA SOTO, Marcos, 01-01-1988								2
50m Livres	Final	1.	23.93	667	23.85		99%	
50m Livres	Elimin	1.	23.85	673	22.72	09-07-2015	91%	
100m Livres	Final	7.	55.12	616	53.78		95%	
100m Livres	Elimin	1.	53.78	663	50.79	11-07-2015	89%	
50m Mariposa	Final	1.	25.05	717	25.13		101%	
50m Mariposa	Elimin	1.	25.13	711	23.77	31-03-2015	89%	
100m Mariposa	Final	2.	57.29	657	57.84		102%	
100m Mariposa	Elimin	2.	57.84	639	53.37	10-07-2015	85%	
SANTALLA TRIGO, Laura, 01-01-1996								3
50m Bruços	Final	1.	35.37	578	35.61		101%	
50m Bruços	Elimin	1.	35.61	567	34.96	30-03-2015	96%	
100m Bruços	Final	3.	1:16.76	589	1:16.73		100%	
100m Bruços	Elimin	2.	1:16.73	589	1:14.13	11-07-2015	93%	
200m Bruços	Final	7.	2:49.91	548	2:50.22		100%	
200m Bruços	Elimin	5.	2:50.22	545	2:46.97	06-03-2015	96%	
200m Estilos	Final	16.	2:38.68	502	2:34.44		95%	
200m Estilos	Elimin	7.	2:34.44	544	2:36.42	07-03-2015	103%	



VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

Clube Aquatico Pacense

ALMEIDA, Luis Carlos, 31-07-1998								22
200m Livres	Elimin	34.	2:07.00	518	2:02.79	19-12-2015	93%	-
50m Costas	Elimin	11.	30.55	487	29.77	20-12-2015	95%	-
400m Estilos	Tempo Final	15.	5:03.23	519	4:52.71	04-07-2015	93%	-
BARBOSA, Sara Lopes, 09-08-2000								-
200m Livres	Elimin	19.	2:22.53	498	2:19.28	15-03-2015	95%	-
400m Livres	Elimin	22.	4:59.71	503	4:46.60	14-03-2015	91%	-
800m Livres	Tempo Final	13.	10:02.45	529	9:54.08	13-03-2015	97%	-
BESSA, Antonio Rafael, 25-03-1994								-
200m Livres	Elimin	16.	2:04.05	555	2:00.43	01-04-2015	94%	-
400m Livres	Elimin	17.	4:23.08	585	4:17.10	11-04-2015	96%	-
200m Mariposa	Final	5.	2:14.31	572	2:13.45		99%	-
200m Mariposa	Elimin	2.	2:13.45	583	2:08.39	26-07-2015	93%	-
400m Estilos	Tempo Final	12.	5:00.61	533	4:40.53	02-04-2015	87%	-
BESSA, Daniel Silva, 24-10-1999								-
200m Mariposa	Elimin	WDR		-	2:16.54	26-07-2015	-	-
400m Estilos	Tempo Final	WDR		-	4:56.30	24-07-2015	-	-
COSTA, Beatriz Neto, 12-08-2000								-
50m Costas	Elimin	12.	35.01	461	33.25	12-04-2015	90%	-
100m Costas	Elimin	10.	1:14.96	466	1:10.04	03-04-2015	87%	-
COSTA, Helena Neto, 12-08-2000								1
200m Mariposa	Final	11.	2:30.47	530	2:31.07		101%	-
200m Mariposa	Elimin	7.	2:31.07	524	2:28.02	26-07-2015	96%	-
400m Estilos	Tempo Final	10.	5:33.49	521	5:29.62	04-07-2015	98%	-
CRUZ, Miguel Angelo, 09-05-1996								1
200m Livres	Elimin	25.	2:05.37	538	2:06.87	13-03-2015	102%	-
400m Livres	Elimin	27.	4:29.07	547	4:23.64	19-12-2015	96%	-
DIAS, Sergio Eduardo, 01-07-2000								1
200m Livres	Elimin	23.	2:13.79	443	2:15.29	14-02-2015	102%	-
400m Livres	Elimin	30.	4:45.86	456	4:40.06	15-02-2015	96%	-
FONSECA, Filipe Rodrigues, 09-05-2001								2
100m Costas	Elimin	22.	1:10.77	395	1:11.78	13-06-2015	103%	-
200m Costas	Elimin	13.	2:30.90	407	2:35.39	27-06-2015	106%	-
FRAGA, Julia Albuquerque, 02-09-2001								3
50m Livres	Final	16.	29.86	501	29.49		98%	-
50m Livres	Elimin	11.	29.49	521	29.80	15-02-2015	102%	-
100m Livres	Elimin	12.	1:05.78	495	1:03.56	12-04-2015	93%	-
50m Costas	Final	4.	32.79	562	32.83		100%	-
50m Costas	Elimin	3.	32.83	559	32.39	20-12-2015	97%	-
100m Costas	Final	9.	1:12.64	512	1:12.94		101%	-
100m Costas	Elimin	5.	1:12.94	505	1:10.81	04-04-2015	94%	-
GOMES, Ana Carolina, 02-02-2002								-
200m Livres	Elimin	44.	2:42.21	337	2:40.01	28-06-2015	97%	-
LINO, Pedro Miguel, 10-06-1998								1
50m Bruços	Final	15.	34.58	445	34.82		101%	-
50m Bruços	Elimin	17.	34.82	436	32.39	20-12-2015	87%	-
MAGALHAES, Ines Filipa, 21-06-2002								1
400m Livres	Elimin	43.	5:28.62	381	5:31.62	13-06-2015	102%	-
MARQUES, Sara Silva, 01-08-2001								3
100m Livres	Elimin	23.	1:06.74	474	1:07.10	14-02-2015	101%	-
50m Mariposa	Final	4.	30.55	511	30.67		101%	-
50m Mariposa	Elimin	3.	30.67	505	30.93	04-07-2015	102%	-
100m Mariposa	Final	5.	1:08.58	534	1:08.04		98%	-
100m Mariposa	Elimin	2.	1:08.04	546	1:06.77	25-07-2015	96%	-
MARTINS, Maria Leonor, 14-04-1999								3
400m Livres	Elimin	18.	4:56.29	520	5:01.86	05-07-2015	104%	-
50m Mariposa	Final	5.	30.66	505	30.90		102%	-
50m Mariposa	Elimin	5.	30.90	494	30.42	23-07-2015	97%	-
100m Mariposa	Final	8.	1:09.96	503	1:07.69		94%	-
100m Mariposa	Elimin	5.	1:07.69	555	1:07.22	20-12-2015	99%	-
200m Mariposa	Final	10.	2:30.38	531	2:31.30		101%	-
200m Mariposa	Elimin	8.	2:31.30	521	2:28.26	19-12-2015	96%	-

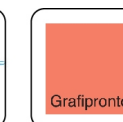
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Splash Meet Manager 11, 11.41263

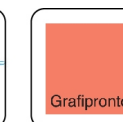
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VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

NUNES, Joao Miguel, 02-03-2000								-
100m Livres	Elimin	18.	59.23	496	57.75	04-04-2015	95%	
100m Costas	Elimin	18.	1:09.10	424	1:06.89	19-12-2015	94%	
200m Estilos	Elimin	14.	2:32.15	420	2:25.99	05-07-2015	92%	
PINTO, Ines Carneiro, 15-02-2001								1
400m Livres	Elimin	44.	5:36.57	355	5:36.67	02-05-2015	100%	
RIBEIRO, Angela Filipa, 09-12-2002								1
400m Livres	Elimin	38.	5:18.82	417	5:35.13	13-06-2015	110%	
ROCHA, Daniela Filipa, 31-12-2002								1
200m Mariposa	Elimin	8.	2:56.66	327	2:59.21		103%	
ROCHA, Ines Neto, 23-07-2001								3
50m Mariposa	Final	3.	30.34	522	30.29		100%	
50m Mariposa	Elimin	2.	30.29	524	30.40	19-12-2015	101%	
100m Mariposa	Final	6.	1:09.06	522	1:07.12		94%	
100m Mariposa	Elimin	1.	1:07.12	569	1:07.28	05-07-2015	100%	
200m Estilos	Final	5.	2:28.17	616	2:28.64		101%	
200m Estilos	Elimin	1.	2:28.64	610	2:23.85	26-07-2015	94%	
400m Estilos	Tempo Final	3.	5:07.44	665	5:01.00	24-07-2015	96%	
SILVA, Pedro Ferraz, 12-07-1998								-
50m Livres	Elimin	24.	26.27	504	25.59	20-12-2015	95%	
100m Livres	Elimin	40.	58.22	523	56.19	19-12-2015	93%	
50m Mariposa	Elimin	20.	27.79	525	26.73	19-12-2015	93%	
100m Mariposa	Elimin	19.	1:01.69	526	59.59	25-07-2015	93%	



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Povoada de Varzim, 13-14-2-2016

Clube de Nataç�o da Maia								11
COSTA, Mariana Cardoso, 12-09-2001								-
400m Livres	Elimin	21.	5:04.77	478	4:58.67	05-07-2015	96%	
100m Bruços	Elimin	10.	1:22.90	467	1:22.85	04-07-2015	100%	
200m Bruços	Elimin	11.	2:58.58	472	2:56.95	03-04-2015	98%	
200m Estilos	Elimin	17.	2:42.55	467	2:38.60	26-07-2015	95%	
JACINTO, Joana Daniela, 20-01-2001								1
100m Livres	Elimin	26.	1:06.85	472	1:08.19	05-07-2015	104%	
200m Livres	Elimin	23.	2:27.61	448	2:26.17	15-03-2015	98%	
400m Livres	Elimin	23.	5:06.55	470	4:58.97	02-05-2015	95%	
MAIA, Bruno Miguel, 22-01-2001								1
100m Bruços	Elimin	6.	1:16.90	427	1:16.52	18-07-2015	99%	
200m Bruços	Final	15.	2:48.62	427	2:47.98		99%	
200m Bruços	Elimin	7.	2:47.98	432	2:50.50	19-07-2015	103%	
MAIA, Joana Marques, 16-03-1991								-
50m Bruços	Final	7.	36.50	526	36.47		100%	
50m Bruços	Elimin	8.	36.47	528	35.42	02-04-2015	94%	
100m Bruços	Final	4.	1:18.15	558	1:17.57		99%	
100m Bruços	Elimin	4.	1:17.57	570	1:15.55	01-04-2015	95%	
200m Bruços	Final	4.	2:46.98	578	2:44.90		98%	
200m Bruços	Elimin	3.	2:44.90	600	2:41.42	25-07-2015	96%	
SANTOS, Carolina Ascenso, 13-06-2001								4
400m Livres	Elimin	13.	4:59.43	504	4:59.21	05-07-2015	100%	
100m Costas	Final	13.	1:13.20	500	1:13.82		102%	
100m Costas	Elimin	6.	1:13.82	488	1:15.84	15-03-2015	106%	
100m Bruços	Elimin	11.	1:23.38	459	1:22.05	04-07-2015	97%	
200m Bruços	Final	13.	2:54.11	510	2:55.23		101%	
200m Bruços	Elimin	9.	2:55.23	500	2:59.61	14-02-2015	105%	
SEIXAS, Bruno Miguel, 12-10-2001								2
200m Livres	Elimin	42.	2:21.02	378	2:30.15	28-06-2015	113%	
400m Livres	Elimin	37.	4:54.46	417	5:12.44	27-06-2015	113%	
SILVA, Paulo Filipe, 01-04-1998								1
200m Livres	Elimin	19.	2:04.61	548	2:05.24	14-02-2015	101%	
400m Livres	Elimin	18.	4:23.83	580	4:23.06	15-02-2015	99%	
SOUSA, Carolina Amaral, 10-01-2001								1
400m Livres	Elimin	40.	5:24.88	394	5:20.31	02-05-2015	97%	
100m Bruços	Elimin	18.	1:26.88	406	1:27.61	14-03-2015	102%	
200m Bruços	Elimin	21.	3:08.87	399	3:07.07	05-07-2015	98%	
ZENZA, Francisco Manuel, 10-02-2001								1
100m Costas	Elimin	19.	1:09.42	418	1:08.80	17-07-2015	98%	
200m Costas	Elimin	12.	2:30.52	411	2:34.26	18-07-2015	105%	

VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

Clube de Nataçao de Valongo								19
COSTA, Ana Rita, 20-03-2001								2
100m Livres	Elimin	48.	1:10.43	404	1:10.43	05-07-2015	100%	
200m Livres	Elimin	31.	2:30.81	420	2:34.36	04-07-2015	105%	
100m Bruços	Elimin	14.	1:25.43	427	1:24.66		98%	
200m Bruços	Elimin	14.	3:03.73	434	3:07.10		104%	
FELGUEIRAS, Humberto Fernandes, 18-01-1998								-
100m Livres	Elimin	23.	56.89	560	56.25		98%	
200m Livres	Elimin	31.	2:06.40	525	2:03.99	14-03-2015	96%	
400m Livres	Elimin	31.	4:32.28	528	4:25.48	02-05-2015	95%	
FERREIRA, Maria Ines, 27-07-2002								2
200m Livres	Elimin	27.	2:29.08	435	2:27.87		98%	
400m Livres	Elimin	35.	5:13.18	440	5:21.31	13-06-2015	105%	
200m Bruços	Elimin	20.	3:06.65	413	3:07.99	27-06-2015	101%	
GUIMARAES, Nuno Henrique, 06-02-1999								4
200m Livres	Elimin	23.	2:04.83	545	2:05.72	13-03-2015	101%	
100m Costas	Final	6.	1:02.47	574	1:02.63		101%	
100m Costas	Elimin	7.	1:02.63	570	1:02.26	03-04-2015	99%	
200m Costas	Final	6.	2:17.64	537	2:17.77		100%	
200m Costas	Elimin	6.	2:17.77	536	2:18.11	02-04-2015	100%	
LOURENCO, Tiago Campos, 12-06-2002								2
100m Livres	Elimin	37.	1:02.04	432	1:03.90	26-06-2015	106%	
100m Costas	Elimin	14.	1:08.47	436	1:09.46		103%	
MACHADO, Joana Sofia, 27-02-2002								1
100m Livres	Elimin	22.	1:06.72	475	1:05.00		95%	
200m Livres	Elimin	20.	2:26.06	462	2:23.40		96%	
400m Livres	Elimin	32.	5:12.42	444	5:08.53	27-06-2015	98%	
200m Estilos	Elimin	22.	2:47.03	430	2:47.65		101%	
MOREIRA, Mariana Filipa, 01-08-2002								-
100m Livres	Elimin	29.	1:07.44	460	1:06.87		98%	
200m Livres	Elimin	13.	2:24.88	474	2:23.89		99%	
400m Livres	Elimin	17.	5:00.01	501	4:57.38		98%	
MOREIRA, Ricardo Jorge, 25-01-2001								3
100m Livres	Elimin	28.	1:01.11	452	1:02.32	26-06-2015	104%	
200m Livres	Elimin	22.	2:13.36	447	2:14.20		101%	
400m Livres	Elimin	23.	4:41.32	478	4:43.65		102%	
RODRIGUES, Daniela Oliveira, 08-03-2002								1
200m Livres	Elimin	12.	2:24.04	482	2:26.67		104%	
400m Livres	Elimin	19.	5:02.47	489	4:59.53		98%	
100m Mariposa	Elimin	13.	1:13.86	427	1:13.24	19-07-2015	98%	
200m Estilos	Elimin	19.	2:45.86	439	2:45.23		99%	
SOARES, Carolina Silva, 01-08-2003								1
100m Livres	Elimin	37.	1:08.93	431	1:10.09		103%	
200m Livres	Elimin	35.	2:31.76	412	2:30.19	26-06-2015	98%	
VALE, Mariana Almeida, 13-07-2003								-
400m Livres	Elimin	42.	5:27.74	384	5:24.87		98%	
VIEIRA, Pedro Nuno, 16-09-1998								2
100m Mariposa	Elimin	15.	1:01.34	535	1:01.57	05-07-2015	101%	
200m Mariposa	Final	4.	2:13.16	587	2:15.98		104%	
200m Mariposa	Elimin	4.	2:15.98	551	2:14.60	05-07-2015	98%	
VITORIA, Marcos Daniel, 03-11-2000								1
100m Livres	Elimin	26.	1:00.90	457	1:02.63	05-07-2015	106%	
200m Livres	Elimin	37.	2:17.46	408	2:15.44	04-07-2015	97%	

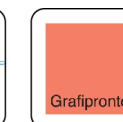
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VII Meeting Internacional da Pova de Varzim
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Clube Desportivo de Campinho							1
FERREIRA, Beatriz Marques, 12-12-2000							1
800m Livres	Tempo Final	12.	9:58.65	539	10:05.50	04-07-2015	102%
GONCALVES, Ana Sofia, 04-05-2001							-
100m Costas	Elimin	16.	1:19.85	385	1:19.82		100%
MENDES, Rafaela Cunha, 14-01-1998							-
50m Mariposa	Elimin	11.	32.08	441	31.78		98%
RODRIGUES, Ana Luis, 10-08-2000							-
100m Bruços	Elimin	9.	1:23.12	464	1:19.46		91%

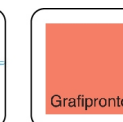
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Povoada de Varzim, 13-14-2-2016

Clube Desportivo Estarreja								26
ARROJADO, Ana Miguel, 24-05-1999								-
50m Bruços	Elimin	17.	38.31	455	37.36		95%	
CARDOSO, Beatriz Sofia, 26-02-2003								1
200m Livres	Elimin	41.	2:36.14	378	2:40.62		106%	
CASTRO, Andreia Rodrigues, 31-01-2001								2
100m Livres	Elimin	16.	1:06.08	489	1:05.37	06-06-2015	98%	
100m Mariposa	Elimin	11.	1:13.64	431	1:14.39		102%	
200m Estilos	Elimin	12.	2:40.86	481	2:45.28	05-07-2015	106%	
FERREIRA, Joao Renato, 17-01-2001								2
100m Livres	Elimin	44.	1:03.46	403	1:03.88		101%	
200m Livres	Elimin	41.	2:20.39	383	2:21.56	17-07-2015	102%	
FIDALGO, Mateus Valente, 08-05-2001								2
100m Livres	Elimin	22.	59.68	485	1:00.59		103%	
100m Costas	Elimin	9.	1:07.43	457	1:09.19		105%	
FIGUEIRA, Pedro Daniel, 23-06-1998								-
50m Livres	Elimin	31.	27.02	463	26.12		93%	
50m Mariposa	Elimin	22.	28.40	492	27.68	23-01-2016	95%	
100m Mariposa	Elimin	21.	1:02.96	495	1:01.63		96%	
LOPES, Ariana Santos, 30-08-2000								3
100m Livres	Elimin	27.	1:07.15	466	1:08.53	14-03-2015	104%	
50m Bruços	Final	6.	36.46	528	36.32		99%	
50m Bruços	Elimin	6.	36.32	534	36.09	04-07-2015	99%	
100m Bruços	Final	6.	1:19.07	539	1:19.93		102%	
100m Bruços	Elimin	5.	1:19.93	521	1:20.18	31-05-2015	101%	
LOPES, Margarida Santos, 09-07-2004								2
100m Bruços	Elimin	19.	1:30.01	365	1:32.93		107%	
200m Bruços	Elimin	19.	3:06.43	415	3:10.56		104%	
MACHADO, Raquel Cruz, 23-11-2003								2
100m Bruços	Elimin	16.	1:26.35	413	1:29.47		107%	
200m Bruços	Elimin	17.	3:05.32	422	3:06.64		101%	
MARQUES, Mariana Nunes, 20-11-2003								1
200m Costas	Elimin	15.	2:53.13	367	3:00.99	28-06-2015	109%	
OLIVEIRA, David Miguel, 23-01-2001								2
100m Livres	Elimin	31.	1:01.51	443	1:02.58	27-06-2015	104%	
200m Livres	Elimin	36.	2:17.42	408	2:17.65	28-06-2015	100%	
PERES, Maria Helena, 05-01-2002								1
100m Livres	Elimin	36.	1:08.90	431	1:07.69		97%	
200m Livres	Elimin	24.	2:27.73	447	2:28.20		101%	
100m Mariposa	Elimin	15.	1:16.21	389	NT		-	
RAMOS, Carlos Daniel, 08-12-1996								-
50m Bruços	Elimin	16.	33.73	480	32.73	04-07-2015	94%	
RODRIGUES, Cintia Cardoso, 03-07-2003								2
200m Livres	Elimin	36.	2:32.22	408	2:35.16		104%	
200m Bruços	Elimin	24.	3:19.65	338	3:19.70		100%	
SANTOS, Diana Sofia, 08-02-2002								1
100m Livres	Elimin	27.	1:07.20	465	1:12.32	27-06-2015	116%	
100m Bruços	Elimin	13.	1:24.82	436	1:24.16	06-06-2015	98%	
SANTOS, Joao Pedro, 17-06-1995								-
50m Livres	Final	13.	25.44	555	25.41		100%	
50m Livres	Elimin	14.	25.41	557	25.05	28-06-2015	97%	
100m Livres	Elimin	15.	55.89	591	54.69	05-07-2015	96%	
50m Costas	Final	6.	28.56	596	28.51		100%	
50m Costas	Elimin	6.	28.51	599	28.26	30-05-2015	98%	
SILVA, Luis Afonso, 02-12-2002								2
100m Livres	Elimin	47.	1:04.60	382	1:05.38	27-06-2015	102%	
100m Mariposa	Elimin	24.	1:09.33	371	1:09.34	28-06-2015	100%	
200m Mariposa	Elimin	12.	2:41.20	331	2:36.10	19-07-2015	94%	
SOARES, Ana Margarida, 08-11-2001								1
100m Livres	Elimin	33.	1:08.04	448	1:07.86	05-07-2015	99%	
200m Livres	Elimin	30.	2:30.20	425	2:34.18	14-03-2015	105%	

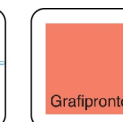
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VII Meeting Internacional da Póvoa de Varzim
Póvoa de Varzim, 13-14-2-2016

TEIXEIRA, Ines Oliveira, 19-02-2002

2

50m Bruços	Final	13.	37.76	475	37.02		96%
50m Bruços	Elimin	12.	37.02	504	36.63	23-01-2016	98%
100m Bruços	Elimin	9.	1:22.83	468	1:25.23	27-06-2015	106%
200m Estilos	Elimin	18.	2:44.24	452	2:48.31		105%

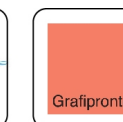
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VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

Clube Desportivo Feirense								9
COELHO, Rodrigo Manuel, 04-03-2001								3
100m Mariposa	Elimin	16.	1:04.77	455	1:05.65		103%	
200m Mariposa	Final	13.	2:23.82	466	2:25.12		102%	
200m Mariposa	Elimin	8.	2:25.12	453	2:29.13		106%	
CORREIA, Ana Marques, 31-01-2002								-
100m Bruços	Elimin	20.	1:31.24	350	1:27.92	06-06-2015	93%	
CORREIA, Andre Filipe, 19-05-1997								2
50m Bruços	Final	12.	33.29	499	33.36		100%	
50m Bruços	Elimin	12.	33.36	496	32.26	30-05-2015	94%	
100m Bruços	Final	15.	1:12.28	514	1:12.57		101%	
100m Bruços	Elimin	15.	1:12.57	508	1:11.06	31-05-2015	96%	
PAIVA, Ruben Silva, 13-07-2000								-
200m Livres	Elimin	29.	2:15.08	430	2:14.02	04-07-2015	98%	
PINHO, Manuel Antonio, 12-03-2001								2
100m Livres	Elimin	12.	58.56	514	58.74		101%	
100m Costas	Elimin	6.	1:06.77	470	1:05.48		96%	
100m Mariposa	Elimin	19.	1:05.78	434	1:07.33		105%	
PINTO, Mara Ribeiro, 23-01-2001								-
100m Livres	Elimin	51.	1:11.88	380	1:10.06	05-07-2015	95%	
PINTO, Nair Ribeiro, 23-01-2001								-
100m Mariposa	Elimin	16.	1:17.46	370	1:15.85		96%	
SILVA, Ema Santos, 08-09-2003								-
100m Costas	Elimin	19.	1:21.64	360	1:19.35	05-07-2015	94%	
200m Costas	Elimin	16.	2:59.16	332	2:49.70	04-07-2015	90%	
SILVA, Job Santos, 11-08-1996								2
50m Costas	Final	7.	28.88	576	29.09		101%	
50m Costas	Elimin	8.	29.09	564	28.37	31-05-2015	95%	
100m Costas	Final	10.	1:02.59	571	1:02.72		100%	
100m Costas	Elimin	8.	1:02.72	567	1:00.79	11-04-2015	94%	

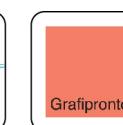
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VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

Clube dos Galitos / Bresimar

								57
AMADOR, Joana Costa, 09-01-2001								3
100m Livres	Final	9.	1:02.08	590	1:02.27		101%	
100m Livres	Elimin	3.	1:02.27	584	59.41	26-07-2015	91%	
200m Livres	Final	1.	2:10.35	651	2:12.73		104%	
200m Livres	Elimin	1.	2:12.73	616	2:10.63	24-07-2015	97%	
400m Livres	Final	7.	4:38.32	628	4:40.66		102%	
400m Livres	Elimin	2.	4:40.66	612	4:29.79	25-07-2015	92%	
AMADOR, Rita Costa, 14-01-1999								3
50m Livres	Final	12.	29.63	513	30.01		103%	
50m Livres	Elimin	15.	30.01	494	28.12	20-12-2015	88%	
100m Livres	Elimin	14.	1:03.80	543	1:01.81	24-07-2015	94%	
100m Mariposa	Final	12.	1:10.79	485	1:10.92		100%	
100m Mariposa	Elimin	7.	1:10.92	482	1:08.35	20-12-2015	93%	
200m Estilos	Final	6.	2:29.06	605	2:34.06		107%	
200m Estilos	Elimin	6.	2:34.06	548	2:25.55	19-12-2015	89%	
400m Estilos	Tempo Final	6.	5:15.25	617	5:04.72	24-07-2015	93%	
ANTUNES, Jose Pedro, 26-03-2000								-
100m Livres	Elimin	24.	1:00.66	462	57.43	24-07-2015	90%	
100m Costas	Elimin	11.	1:07.65	452	1:04.79	03-04-2015	92%	
100m Mariposa	Elimin	15.	1:04.68	456	1:02.69	25-07-2015	94%	
200m Estilos	Elimin	5.	2:26.21	474	2:21.67	26-07-2015	94%	
CARVALHO, Diogo Filipe, 26-03-1988								9
50m Livres	Final	2.	24.01	660	24.57		105%	
50m Livres	Elimin	2.	24.57	616	24.70	06-06-2015	101%	
100m Livres	Final	2.	52.48	714	54.14		106%	
100m Livres	Elimin	4.	54.14	650	50.55	11-04-2015	87%	
50m Braços	Final	1.	29.67	706	31.66		114%	
50m Braços	Elimin	4.	31.66	581	29.50	04-07-2015	87%	
100m Braços	Final	1.	1:04.95	709	1:08.76		112%	
100m Braços	Elimin	2.	1:08.76	597	1:04.19	10-06-2015	87%	
200m Braços	Final	1.	2:21.59	721	2:29.17		111%	
200m Braços	Elimin	2.	2:29.17	617	2:15.58	06-08-2015	83%	
50m Mariposa	Final	2.	25.48	682	26.25		106%	
50m Mariposa	Elimin	3.	26.25	623	24.92		90%	
100m Mariposa	Final	1.	55.47	724	58.70		112%	
100m Mariposa	Elimin	4.	58.70	611	54.05	06-06-2015	85%	
200m Estilos	Final	1.	2:03.18	792	2:14.42		119%	
200m Estilos	Elimin	2.	2:14.42	609	1:59.61	05-08-2015	79%	
CARVALHO, Gabriel Vidal, 29-12-1999								3
100m Costas	Elimin	18.	1:07.50	455	1:08.01	15-03-2015	102%	
200m Costas	Final	14.	2:22.88	480	2:23.54		101%	
200m Costas	Elimin	9.	2:23.54	474	2:24.06	04-07-2015	101%	
FERREIRA, Ines Sofia, 16-11-2002								4
100m Livres	Elimin	13.	1:05.81	495	1:06.22	18-07-2015	101%	
200m Livres	Elimin	9.	2:21.55	508	2:25.01	19-07-2015	105%	
400m Livres	Elimin	14.	4:59.48	504	5:04.20	19-07-2015	103%	
800m Livres	Tempo Final	14.	10:03.67	526	10:26.12	18-07-2015	108%	
GONCALVES, Bernardo Marques, 07-03-2000								-
100m Livres	Elimin	36.	1:01.83	436	1:01.19	05-07-2015	98%	
200m Livres	Elimin	18.	2:10.97	472	2:10.84	04-07-2015	100%	
400m Livres	Elimin	11.	4:32.31	527	4:29.23	25-07-2015	98%	
1500m Livres	Tempo Final	14.	17:40.82	553	17:21.67	20-12-2015	96%	
GRANJEIA, Teresa Isabel, 06-01-2001								2
50m Costas	Elimin	9.	33.81	512	32.86	20-12-2015	94%	
100m Costas	Final	6.	1:11.36	540	1:12.23		102%	
100m Costas	Elimin	1.	1:12.23	520	1:08.47	25-07-2015	90%	
200m Costas	Final	3.	2:30.10	564	2:32.38		103%	
200m Costas	Elimin	1.	2:32.38	539	2:28.27	20-12-2015	95%	
200m Estilos	Elimin	8.	2:39.01	498	2:37.55	15-03-2015	98%	
JORGE, Duarte Miguel, 09-10-2001								2
100m Livres	Elimin	15.	59.14	499	58.20	19-07-2015	97%	
200m Livres	Elimin	5.	2:06.16	528	2:04.41	19-12-2015	97%	
400m Livres	Elimin	3.	4:23.65	581	4:24.12	18-07-2015	100%	
1500m Livres	Tempo Final	11.	17:16.67	593	17:50.59	28-06-2015	107%	

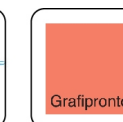
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VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

KLIER, Afonso Miguel, 28-09-2001								2
100m Bruços	Elimin	5.	1:16.53	433	1:14.86	18-07-2015	96%	
200m Bruços	Elimin	10.	2:51.83	403	2:45.41	19-07-2015	93%	
100m Mariposa	Elimin	25.	1:13.91	306	1:14.05	17-07-2015	100%	
200m Estilos	Elimin	16.	2:35.16	396	2:37.97	13-06-2015	104%	
LARANJEIRA, Joao Jose, 07-12-1998								4
50m Livres	Elimin	23.	26.12	513	27.62	20-12-2015	112%	
200m Livres	Elimin	19.	2:04.61	548	2:02.67	20-12-2015	97%	
50m Costas	Final	3.	27.93	637	28.36		103%	
50m Costas	Elimin	3.	28.36	609	27.75	01-04-2015	96%	
100m Costas	Final	3.	59.43	667	1:01.09		106%	
100m Costas	Elimin	2.	1:01.09	614	59.17	19-12-2015	94%	
200m Costas	Final	2.	2:09.45	646	2:13.02		106%	
200m Costas	Elimin	2.	2:13.02	595	2:10.35	20-12-2015	96%	
LOURENCO, Eliana Dirce, 13-05-2000								6
100m Livres	Elimin	15.	1:03.89	541	1:04.18	24-07-2015	101%	
200m Livres	Final	3.	2:13.34	608	2:15.61		103%	
200m Livres	Elimin	3.	2:15.61	578	2:16.63	14-03-2015	102%	
400m Livres	Final	11.	4:42.91	598	4:44.53		101%	
400m Livres	Elimin	8.	4:44.53	587	4:47.71	19-12-2015	102%	
800m Livres	Tempo Final	9.	9:45.67	576	9:54.50	23-07-2015	103%	
MARTINS, Maria Esteves, 10-02-2001								3
400m Livres	Elimin	7.	4:52.60	540	4:56.67	05-07-2015	103%	
800m Livres	Tempo Final	10.	9:54.85	550	10:03.15	23-07-2015	103%	
100m Costas	Elimin	9.	1:15.48	456	1:11.06	14-02-2015	89%	
200m Costas	Final	9.	2:35.98	503	2:37.34		102%	
200m Costas	Elimin	5.	2:37.34	490	2:30.05	31-05-2015	91%	
MELO, Maria Miguel, 17-12-2002								1
50m Bruços	Final	15.	37.87	471	37.12		96%	
50m Bruços	Elimin	13.	37.12	500	36.64	20-12-2015	97%	
100m Bruços	Elimin	5.	1:21.11	499	1:18.35	19-12-2015	93%	
200m Bruços	Final	14.	2:54.64	505	2:52.63		98%	
200m Bruços	Elimin	5.	2:52.63	523	2:52.06	20-12-2015	99%	
200m Estilos	Final	15.	2:38.35	505	2:38.62		100%	
200m Estilos	Elimin	7.	2:38.62	502	2:37.42	18-07-2015	98%	
MONTEIRO, Margarida Cabral, 05-01-2002								2
400m Livres	Elimin	9.	4:53.79	534	4:51.50	19-07-2015	98%	
800m Livres	Tempo Final	18.	10:16.05	495	10:02.18	18-07-2015	96%	
200m Estilos	Final	14.	2:38.02	508	2:38.33		100%	
200m Estilos	Elimin	6.	2:38.33	505	2:44.88	13-06-2015	108%	
400m Estilos	Tempo Final	9.	5:31.95	528	5:29.97	17-07-2015	99%	
PAIS, Francisca Vieira, 08-05-2001								-
100m Livres	Elimin	35.	1:08.86	432	1:07.05	05-07-2015	95%	
200m Livres	Elimin	19.	2:25.83	465	2:22.76	02-04-2015	96%	
400m Livres	Elimin	25.	5:07.09	467	4:58.81	03-04-2015	95%	
PALHINHA, Andre Martins, 11-03-1999								-
100m Livres	Elimin	44.	58.66	511	56.30	20-12-2015	92%	
200m Livres	Elimin	42.	2:10.84	473	2:03.79	02-04-2015	90%	
PASCOAL, Nuno Durao, 08-03-1992								2
50m Livres	Elimin	17.	25.68	539	24.59	03-04-2015	92%	
100m Livres	Elimin	28.	57.31	548	54.23	19-12-2015	90%	
50m Bruços	Final	4.	31.36	597	31.61		102%	
50m Bruços	Elimin	3.	31.61	583	29.90	20-12-2015	89%	
100m Bruços	Final	9.	1:08.68	599	1:10.96		107%	
100m Bruços	Elimin	11.	1:10.96	543	1:06.08	11-04-2015	87%	
PELAIJO, Jose Pedro, 23-11-2001								-
100m Livres	Elimin	WDR	-	-	1:04.76	27-06-2015	-	
200m Livres	Elimin	WDR	-	-	2:19.02	28-06-2015	-	
100m Mariposa	Elimin	WDR	-	-	1:09.93	28-06-2015	-	
RAINHO, Joao Tiago, 24-01-2000								2
400m Livres	Elimin	18.	4:37.83	496	4:38.51	15-03-2015	100%	
100m Bruços	Elimin	WDR	-	-	1:14.57	04-07-2015	-	
200m Bruços	Final	11.	2:40.71	493	2:41.64		101%	
200m Bruços	Elimin	3.	2:41.64	485	2:38.41	25-07-2015	96%	
200m Estilos	Elimin	WDR	-	-	2:25.19	05-07-2015	-	

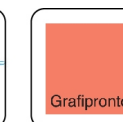
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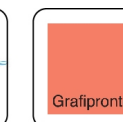
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VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

RAINHO, Nuno Filipe, 11-06-2001								2
100m Livres	Elimin	13.	58.78	508	58.35	19-07-2015	99%	
200m Livres	Elimin	4.	2:05.94	531	2:13.55	28-06-2015	112%	
100m Mariposa	Elimin	9.	1:02.84	498	1:01.15	20-12-2015	95%	
200m Mariposa	Final	15.	2:27.26	434	2:30.34		104%	
200m Mariposa	Elimin	10.	2:30.34	408	2:25.63	19-07-2015	94%	
RODRIGUES, Ana Margarida, 03-09-1996								5
100m Livres	Elimin	15.	1:03.89	541	1:03.15	14-02-2015	98%	
50m Costas	Final	7.	33.64	520	33.78		101%	
50m Costas	Elimin	8.	33.78	514	34.01	04-07-2015	101%	
50m Mariposa	Final	1.	29.51	567	30.07		104%	
50m Mariposa	Elimin	1.	30.07	536	29.34	23-07-2015	95%	
100m Mariposa	Final	1.	1:04.96	628	1:06.38		104%	
100m Mariposa	Elimin	1.	1:06.38	588	1:04.39		94%	
200m Mariposa	Final	3.	2:24.40	600	2:28.01		105%	
200m Mariposa	Elimin	3.	2:28.01	557	2:23.71	11-04-2015	94%	
SILVA, Adriana Rodrigues, 12-06-2001								2
100m Livres	Elimin	42.	1:09.51	420	1:09.60	05-07-2015	100%	
200m Livres	Elimin	32.	2:31.03	418	2:30.84	04-07-2015	100%	
400m Livres	Elimin	30.	5:12.10	445	5:13.67	05-07-2015	101%	



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Povoada de Varzim, 13-14-2-2016

Clube Fluvial Portuense								42
AMORIM, Ivan Emanuel, 01-01-2002								1
200m Livres	Elimin	26.	2:14.55	435	2:18.37	18-07-2015	106%	
400m Livres	Elimin	14.	4:34.30	516	NT		-	
ANDRE, Angelica Maria, 13-10-1994								1
100m Bruços	Final	2.	1:16.07	605	1:17.18		103%	
100m Bruços	Elimin	3.	1:17.18	579	1:15.67	19-12-2015	96%	
200m Bruços	Elimin	WDR	-	-	2:41.64	20-12-2015	-	
200m Estilos	Elimin	WDR	-	-	2:25.18	15-03-2015	-	
BAPTISTA, Leandro Miguel, 01-01-1998								2
50m Livres	Elimin	22.	26.03	518	26.72	14-03-2015	105%	
100m Livres	Elimin	32.	57.51	542	58.11	15-03-2015	102%	
BASTOS, Diogo Moreno, 30-07-2000								-
200m Livres	Elimin	WDR	-	-	2:10.93	05-07-2015	-	
400m Livres	Elimin	WDR	-	-	4:25.93	05-07-2015	-	
200m Bruços	Elimin	WDR	-	-	2:45.96	03-05-2015	-	
CARVALHO, Alexandre Magno, 22-02-1998								-
200m Livres	Elimin	27.	2:05.61	535	2:01.93	04-07-2015	94%	
400m Livres	Elimin	30.	4:32.12	528	4:17.90	05-07-2015	90%	
1500m Livres	Tempo Final	16.	17:45.13	546	17:02.16	14-02-2015	92%	
400m Estilos	Tempo Final	8.	4:56.32	557	4:51.45	31-05-2015	97%	
COSTA, Joao Miguel, 10-08-1995								-
50m Livres	Elimin	29.	26.61	485	25.83	14-03-2015	94%	
100m Livres	Elimin	25.	57.01	557	56.72	15-02-2015	99%	
50m Mariposa	Elimin	17.	27.60	536	27.43	13-03-2015	99%	
100m Mariposa	Elimin	17.	1:01.64	527	1:00.86	15-03-2015	97%	
COSTA, Samson Silva, 09-03-2002								2
200m Livres	Elimin	35.	2:17.40	409	2:20.28	26-06-2015	104%	
400m Livres	Elimin	28.	4:45.15	459	5:04.88	27-06-2015	114%	
CUNHA, Mafalda Pacheco, 01-01-2002								4
100m Costas	Final	15.	1:13.84	487	1:14.27		101%	
100m Costas	Elimin	8.	1:14.27	479	1:15.24	20-12-2015	103%	
200m Costas	Final	10.	2:36.95	493	2:40.22		104%	
200m Costas	Elimin	7.	2:40.22	464	2:37.58	20-12-2015	97%	
200m Estilos	Elimin	20.	2:45.87	439	2:50.13	28-06-2015	105%	
GRACA, Bernardo Leitao, 21-02-1993								3
50m Livres	Final	8.	25.05	581	24.94		99%	
50m Livres	Elimin	8.	24.94	589	24.24	03-04-2015	94%	
100m Livres	Final	9.	54.46	639	55.35		103%	
100m Livres	Elimin	11.	55.35	608	53.95	04-04-2015	95%	
200m Livres	Final	5.	2:01.24	595	2:00.19		98%	
200m Livres	Elimin	4.	2:00.19	611	1:59.34	02-04-2015	99%	
400m Livres	Final	13.	4:19.49	609	4:19.51		100%	
400m Livres	Elimin	11.	4:19.51	609	4:22.47	07-02-2015	102%	
MACHADO, Bruno Rafael, 13-04-2001								3
100m Bruços	Elimin	10.	1:18.38	403	1:18.70	27-06-2015	101%	
200m Bruços	Elimin	8.	2:48.11	431	2:52.56	27-06-2015	105%	
200m Estilos	Elimin	8.	2:29.05	447	2:30.08	28-06-2015	101%	
MARTINS, Ines Alves, 04-05-2001								2
100m Livres	Elimin	15.	1:05.97	491	1:07.49	14-02-2015	105%	
200m Livres	Elimin	8.	2:20.71	517	2:22.81	15-02-2015	103%	
400m Livres	Elimin	12.	4:55.33	525	4:54.04	25-07-2015	99%	
MORAIS, Ricardo Filipe, 01-01-2000								-
200m Livres	Elimin	39.	2:20.02	386	2:19.79	04-07-2015	100%	
400m Livres	Elimin	38.	4:55.68	412	4:51.99	05-07-2015	98%	
NEVES, Vania Soares, 04-09-1990								3
400m Livres	Final	3.	4:31.26	678	4:38.42		105%	
400m Livres	Elimin	4.	4:38.42	627	4:25.44	25-07-2015	91%	
800m Livres	Tempo Final	2.	9:09.05	699	8:58.13	23-07-2015	96%	
100m Costas	Final	2.	1:07.97	625	1:10.11		106%	
100m Costas	Elimin	2.	1:10.11	569	1:06.45	26-07-2015	90%	
200m Costas	Final	1.	2:23.98	639	2:29.53		108%	
200m Costas	Elimin	1.	2:29.53	571	2:24.42	24-07-2015	93%	

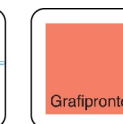
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VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

NOGUEIRA, Alexandre Jose, 18-06-2001								3
100m Livres	Elimin	29.	1:01.46	444	1:04.05	26-06-2015	109%	
200m Livres	Elimin	28.	2:14.96	431	2:25.70	13-06-2015	117%	
400m Livres	Elimin	29.	4:45.32	458	4:57.43	27-06-2015	109%	
NUNES, Diogo Barbosa, 10-03-2000								-
200m Livres	Final	8.	2:01.48	591	2:01.24		100%	
200m Livres	Elimin	1.	2:01.24	595	2:00.20	24-07-2015	98%	
OLIVEIRA, Mariana Alexandre, 21-03-1999								-
50m Livres	Elimin	17.	30.03	493	29.77	14-03-2015	98%	
100m Livres	Elimin	25.	1:06.51	479	1:05.31	13-03-2015	96%	
OLIVEIRA, Patricia Isabel, 18-03-1994								-
50m Livres	Final	11.	29.62	514	29.47		99%	
50m Livres	Elimin	10.	29.47	522	28.88	20-12-2015	96%	
50m Costas	Final	5.	32.95	553	32.84		99%	
50m Costas	Elimin	4.	32.84	559	32.30	20-12-2015	97%	
OLIVEIRA, Tiago Silva, 15-04-1994								-
200m Livres	Final	16.	2:04.10	555	2:01.83		96%	
200m Livres	Elimin	10.	2:01.83	586	1:59.24	04-07-2015	96%	
400m Livres	Final	7.	4:15.44	639	4:15.04		100%	
400m Livres	Elimin	7.	4:15.04	642	4:01.99	11-04-2015	90%	
1500m Livres	Tempo Final	6.	16:52.83	636	16:03.87	12-04-2015	91%	
400m Estilos	Tempo Final	WDR		-	4:40.32	12-04-2015	-	
PEREIRA, Francisca Santos, 12-05-1998								-
100m Livres	Elimin	13.	1:03.59	549	1:02.17	20-12-2015	96%	
200m Livres	Final	8.	2:18.82	539	2:16.48		97%	
200m Livres	Elimin	5.	2:16.48	567	2:13.80	19-12-2015	96%	
50m Costas	Final	6.	33.23	539	32.86		98%	
50m Costas	Elimin	5.	32.86	558	32.45	01-04-2015	98%	
100m Costas	Final	7.	1:13.08	503	1:12.05		97%	
100m Costas	Elimin	5.	1:12.05	524	1:10.62	19-12-2015	96%	
RAMOS, Ana Sofia, 23-07-2000								-
200m Livres	Elimin	16.	2:22.36	499	2:21.13	15-03-2015	98%	
400m Livres	Elimin	20.	4:57.85	512	4:48.17	19-12-2015	94%	
800m Livres	Tempo Final	17.	10:13.68	500	9:57.81	04-07-2015	95%	
RIBEIRO, Jose Ricardo, 10-06-1999								1
400m Livres	Elimin	24.	4:28.15	552	4:30.54	14-03-2015	102%	
1500m Livres	Tempo Final	18.	18:10.05	510	17:41.73	04-07-2015	95%	
SANTOS, Joao Pedro, 02-04-1998								1
50m Bruços	Final	11.	33.09	508	33.38		102%	
50m Bruços	Elimin	13.	33.38	495	32.46	04-07-2015	95%	
100m Bruços	Elimin	17.	1:13.17	496	1:11.34	14-03-2015	95%	
SILVA, Jose Miguel, 05-05-1995								1
50m Livres	Elimin	EXH	37.48	173	38.48	13-12-2015	105%	
100m Livres	Elimin	WDR		-	1:45.64	22-02-2015	-	
50m Costas	Elimin	WDR		-	44.38	13-12-2015	-	
100m Costas	Elimin	EXH	1:46.71	115	1:38.96	12-12-2015	86%	
SOARES, Joao Diogo, 01-01-2000								4
100m Livres	Elimin	20.	59.29	495	1:00.29	04-07-2015	103%	
200m Livres	Elimin	6.	2:06.85	519	2:09.00	04-07-2015	103%	
400m Livres	Elimin	6.	4:26.90	560	4:32.11	02-05-2015	104%	
1500m Livres	Tempo Final	15.	17:44.31	548	17:54.65	04-07-2015	102%	
SOUSA, Miguel Filipe, 01-01-2000								2
200m Livres	Elimin	31.	2:15.25	428	2:20.09	04-07-2015	107%	
400m Livres	Elimin	27.	4:44.41	463	4:52.92	05-07-2015	106%	
SOUSA, Nuno Correia, 01-01-2000								4
100m Livres	Elimin	2.	57.04	556	1:02.22	13-03-2015	119%	
200m Livres	Elimin	7.	2:06.91	519	2:10.24	13-03-2015	105%	
100m Costas	Elimin	8.	1:07.39	457	1:08.68	04-04-2015	104%	
200m Costas	Elimin	8.	2:26.39	446	2:27.55	12-04-2015	102%	
TRAVANCA, Joao Luis, 01-01-1997								1
200m Livres	Elimin	17.	2:04.12	554	2:04.49	13-03-2015	101%	
400m Livres	Elimin	16.	4:22.34	590	4:16.39	14-03-2015	96%	
1500m Livres	Tempo Final	9.	17:09.77	605	16:40.03	12-04-2015	94%	
400m Estilos	Tempo Final	11.	4:57.36	551	4:54.41	04-07-2015	98%	

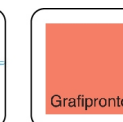
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VII Meeting Internacional da Povia de Varzim
Povia de Varzim, 13-14-2-2016

TRAVANCA, Sergio Filipe, 01-01-2000

4

200m Livres	Elimin	8.	2:07.39	513	2:10.30	25-07-2015	105%
100m Mariposa	Elimin	13.	1:04.18	467	1:04.49	15-03-2015	101%
200m Mariposa	Final	10.	2:17.15	537	2:19.47		103%
200m Mariposa	Elimin	4.	2:19.47	511	2:18.31	26-07-2015	98%
400m Estilos	Tempo Final	10.	4:57.20	552	4:58.69	24-07-2015	101%

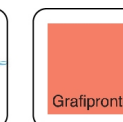
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VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

Clube Fluvial Vilacondense								30
AGUIAR, Ana Sofia, 06-01-2002								2
200m Livres	Elimin	34.	2:31.25	416	2:33.71	28-06-2015	103%	
400m Livres	Elimin	34.	5:12.88	442	5:14.86	27-06-2015	101%	
ALVES, Nuno Rafael, 12-09-1990								3
100m Bruços	Final	6.	1:08.03	617	1:09.56		105%	
100m Bruços	Elimin	7.	1:09.56	577	1:07.28	14-03-2015	94%	
200m Bruços	Final	5.	2:25.60	663	2:29.92		106%	
200m Bruços	Elimin	4.	2:29.92	608	2:23.76	13-03-2015	92%	
200m Estilos	Final	8.	2:19.11	550	2:16.22		96%	
200m Estilos	Elimin	4.	2:16.22	586	2:13.43	15-03-2015	96%	
400m Estilos	Tempo Final	3.	4:41.93	646	4:42.15	14-03-2015	100%	
ANJO, Joana Rocha, 02-04-2001								2
100m Livres	Elimin	38.	1:08.97	430	1:10.92	05-07-2015	106%	
200m Livres	Elimin	37.	2:33.48	398	2:34.97	04-07-2015	102%	
BRANDAO, Guilherme Goncalves, 15-07-2000								1
100m Livres	Elimin	34.	1:01.72	439	1:06.70	05-07-2015	117%	
COENTRAO, Bruna Fanguero, 09-10-1993								1
50m Livres	Final	7.	28.84	557	28.76		99%	
50m Livres	Elimin	6.	28.76	561	28.34	03-04-2015	97%	
50m Costas	Elimin	10.	33.82	512	32.82	12-04-2015	94%	
50m Mariposa	Final	7.	31.18	480	31.56		102%	
50m Mariposa	Elimin	7.	31.56	463	30.77	23-07-2015	95%	
COSTA, Francisco Vilhena, 11-09-2000								1
100m Livres	Elimin	11.	58.54	514	58.43	05-07-2015	100%	
200m Livres	Elimin	13.	2:10.19	480	2:11.37	04-07-2015	102%	
COSTA, Joao Pedro, 02-04-2001								1
400m Livres	Elimin	34.	4:50.92	432	4:53.43		102%	
200m Estilos	Elimin	12.	2:31.82	423	2:31.68		100%	
FERNANDES, Maria Joao, 30-07-1997								1
100m Livres	Elimin	21.	1:05.24	508	1:03.96	24-07-2015	96%	
200m Livres	Final	11.	2:16.01	573	2:17.03		102%	
200m Livres	Elimin	8.	2:17.03	560	2:12.86	23-07-2015	94%	
400m Livres	Final	14.	4:44.43	588	4:42.61		99%	
400m Livres	Elimin	7.	4:42.61	600	4:36.61	03-04-2015	96%	
800m Livres	Tempo Final	6.	9:33.95	612	9:25.55	15-02-2015	97%	
GOMES, Sofia Xavier, 05-02-2002								-
100m Livres	Elimin	43.	1:09.65	417	1:08.47	27-06-2015	97%	
200m Livres	Elimin	28.	2:29.54	431	2:27.76	26-06-2015	98%	
GONCALVES, Ana Margarida, 31-10-2001								-
100m Bruços	Elimin	15.	1:26.33	414	1:25.82	04-07-2015	99%	
200m Bruços	Elimin	15.	3:04.05	431	3:03.53	13-03-2015	99%	
GONDAR, Joao Alberto, 19-02-1998								-
100m Livres	Elimin	48.	59.49	490	58.48	27-02-2015	97%	
200m Livres	Elimin	41.	2:10.81	474	2:04.66	13-03-2015	91%	
50m Costas	Elimin	13.	31.19	457	29.67	15-03-2015	90%	
100m Costas	Elimin	16.	1:06.94	467	1:04.25	15-02-2015	92%	
GRACA, Francisca Alexandra, 01-03-2001								1
100m Costas	Elimin	17.	1:19.94	384	1:20.81	05-07-2015	102%	
200m Costas	Elimin	12.	2:48.94	396	2:47.57	13-03-2015	98%	
LEMONS, Leila Tavarria, 07-11-2000								1
100m Livres	Elimin	19.	1:04.89	516	1:04.42	14-03-2015	99%	
200m Livres	Elimin	14.	2:20.77	516	2:17.17	04-07-2015	95%	
400m Livres	Elimin	13.	4:50.13	554	4:54.21	05-07-2015	103%	
100m Costas	Elimin	11.	1:16.15	444	1:14.19	14-02-2015	95%	
LIMA, David Dias, 21-08-2000								-
400m Livres	Elimin	10.	4:32.24	528	4:27.84	14-03-2015	97%	
MATIAS, Rui Jorge, 18-01-1999								-
100m Livres	Elimin	43.	58.59	513	56.35	24-07-2015	92%	
200m Livres	Elimin	36.	2:07.10	516	2:01.55	02-04-2015	91%	
400m Livres	Elimin	29.	4:31.67	531	4:16.46	03-04-2015	89%	
1500m Livres	Tempo Final	19.	18:13.03	506	17:08.28	01-04-2015	89%	

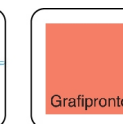
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VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

MORIM, Ruben Jose, 03-04-1997								4
100m Livres	Final	10.	54.96	621	55.28		101%	
100m Livres	Elimin	9.	55.28	611	54.09	24-07-2015	96%	
200m Livres	Final	3.	1:59.01	629	2:01.09		104%	
200m Livres	Elimin	6.	2:01.09	597	1:56.50	02-04-2015	93%	
400m Livres	Final	5.	4:13.44	654	4:15.86		102%	
400m Livres	Elimin	8.	4:15.86	636	4:08.34	11-04-2015	94%	
200m Mariposa	Final	2.	2:12.33	598	2:13.19		101%	
200m Mariposa	Elimin	1.	2:13.19	586	2:09.64	11-04-2015	95%	
NUNES, Porfirio Braga, 27-12-2000								4
100m Mariposa	Final	11.	59.71	580	1:00.51		103%	
100m Mariposa	Elimin	3.	1:00.51	558	1:01.16	25-07-2015	102%	
200m Mariposa	Final	6.	2:15.18	561	2:15.35		100%	
200m Mariposa	Elimin	3.	2:15.35	559	2:17.45	26-07-2015	103%	
OLIVEIRA, Rafaela Campos, 07-06-2000								-
200m Livres	Elimin	23.	2:27.74	447	2:24.50	13-03-2015	96%	
400m Livres	Elimin	24.	5:03.21	485	4:58.36	14-03-2015	97%	
800m Livres	Tempo Final	19.	10:18.63	489	10:15.34	04-07-2015	99%	
PACHECO, Rui Tiago, 13-10-2001								1
200m Livres	Elimin	44.	2:21.73	372	2:31.87	28-06-2015	115%	
RAMOS, Filipe Carmo, 13-05-1997								4
50m Bruços	Final	9.	31.90	568	32.77		106%	
50m Bruços	Elimin	11.	32.77	524	29.95	20-12-2015	84%	
100m Bruços	Final	11.	1:09.63	575	1:09.98		101%	
100m Bruços	Elimin	9.	1:09.98	566	1:04.79	01-04-2015	86%	
200m Bruços	Final	6.	2:29.89	608	2:31.80		103%	
200m Bruços	Elimin	7.	2:31.80	585	2:19.88	25-07-2015	85%	
50m Mariposa	Final	16.	27.91	519	27.28		96%	
50m Mariposa	Elimin	14.	27.28	555	25.98	23-07-2015	91%	
100m Mariposa	Elimin	22.	1:03.03	493	1:01.77		96%	
200m Estilos	Final	11.	2:17.96	564	2:20.53		104%	
200m Estilos	Elimin	10.	2:20.53	533	2:15.50	04-04-2015	93%	
REBELO, Luis Miguel, 10-07-2000								-
200m Costas	Elimin	17.	2:32.63	394	2:31.19	13-03-2015	98%	
200m Estilos	Elimin	17.	2:35.86	391	2:32.50	05-07-2015	96%	
RUIZ, Leonor Paiva, 14-10-1999								1
100m Livres	Elimin	23.	1:06.35	483	1:05.57	27-02-2015	98%	
200m Mariposa	Final	14.	2:41.10	432	2:47.81		109%	
200m Mariposa	Elimin	10.	2:47.81	382	2:40.02	14-03-2015	91%	
SANTOS, Ana Lopes, 11-01-2002								-
400m Livres	Elimin	WDR		-	5:22.01	13-06-2015	-	
SANTOS, Andre Miguel, 06-11-2000								-
200m Livres	Elimin	25.	2:14.20	439	2:14.01	04-07-2015	100%	
200m Costas	Elimin	16.	2:32.58	394	2:30.54	04-07-2015	97%	
VASCONCELOS, Beatriz Pereira, 21-03-1998								1
200m Bruços	Elimin	8.	2:55.91	494	2:49.96	14-02-2015	93%	
200m Estilos	Final	10.	2:35.34	535	2:36.46		101%	
200m Estilos	Elimin	9.	2:36.46	523	2:32.26	11-04-2015	95%	
400m Estilos	Tempo Final	12.	5:36.81	506	5:27.44	14-03-2015	95%	
VIEIRA, Daniel Costa, 27-03-1995								1
200m Livres	Elimin	40.	2:10.75	474	2:04.31	13-03-2015	90%	
200m Costas	Final	13.	2:22.86	480	2:23.56		101%	
200m Costas	Elimin	10.	2:23.56	473	2:18.72	13-03-2015	93%	



VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

Clube Nautico Academico/Urgicentro-Sanfil

11

ALMEIDA, Joao Pedro, 03-06-1992

1

50m Livres	Final	14.	25.80	532	25.37		97%
50m Livres	Elimin	13.	25.37	559	24.76	20-12-2015	95%
100m Livres	Elimin	21.	56.78	563	54.83		93%
50m Mariposa	Final	12.	27.23	558	27.02		98%
50m Mariposa	Elimin	12.	27.02	572	26.72		98%
100m Mariposa	Final	9.	59.07	599	1:00.32		104%
100m Mariposa	Elimin	10.	1:00.32	563	59.24		96%

BESSA, Pedro Maria, 21-06-1995

1

200m Livres	Final	13.	2:02.63	575	2:02.32		99%
200m Livres	Elimin	13.	2:02.32	579	2:02.68	19-12-2015	101%
400m Livres	Final	6.	4:14.56	646	4:14.51		100%
400m Livres	Elimin	5.	4:14.51	646	4:10.61	19-12-2015	97%
1500m Livres	Tempo Final	5.	16:41.32	658	16:14.78	23-07-2015	95%
400m Estilos	Tempo Final	7.	4:55.79	560	4:51.47	14-03-2015	97%

GONCALVES, Francisco Xavier, 02-07-1997

2

100m Livres	Elimin	18.	56.49	572	53.94	19-12-2015	91%
200m Livres	Final	7.	2:01.34	594	1:59.84		98%
200m Livres	Elimin	2.	1:59.84	616	1:56.67	24-07-2015	95%
400m Livres	Final	3.	4:12.14	664	4:14.05		102%
400m Livres	Elimin	3.	4:14.05	650	4:10.29	25-07-2015	97%
1500m Livres	Tempo Final	10.	17:10.41	604	17:18.52	14-03-2015	102%

PEREIRA, Mario Alexandre, 18-11-1992

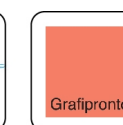
4

100m Livres	Final	1.	52.22	724	54.06		107%
100m Livres	Elimin	3.	54.06	653	50.92	26-07-2015	89%
200m Livres	Final	1.	1:52.58	743	1:59.50		113%
200m Livres	Elimin	1.	1:59.50	621	1:49.62	19-12-2015	84%
50m Mariposa	Final	6.	26.14	631	26.27		101%
50m Mariposa	Elimin	4.	26.27	622	25.80	14-03-2015	96%
100m Mariposa	Final	5.	57.66	645	58.96		105%
100m Mariposa	Elimin	5.	58.96	603	56.40	20-12-2015	92%

VELOSO, Tomas Miguel, 21-02-1996

3

100m Bruços	Final	2.	1:05.90	678	1:09.40		111%
100m Bruços	Elimin	6.	1:09.40	581	1:04.16	23-07-2015	85%
200m Bruços	Final	4.	2:25.54	664	2:31.03		108%
200m Bruços	Elimin	6.	2:31.03	594	2:24.19	03-04-2015	91%
100m Mariposa	Elimin	18.	1:01.65	527	58.79	30-05-2015	91%
200m Estilos	Final	2.	2:10.31	669	2:14.35		106%
200m Estilos	Elimin	1.	2:14.35	610	2:05.27	26-07-2015	87%
400m Estilos	Tempo Final	1.	4:33.38	709	4:24.27	24-07-2015	93%

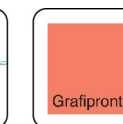


VII Meeting Internacional da Póvoa de Varzim
Póvoa de Varzim, 13-14-2-2016

Clube Nautico de Miranda do Corvo
CANCELA, Diogo Luis, 21-07-2002
200m Estilos Elimin

EXH 2:58.90 258 2:58.04 17-01-2016 99%

-
-

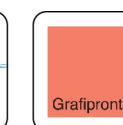


VII Meeting Internacional da Povoada Varzim
Povoada Varzim, 13-14-2-2016

Clube Naval Povoense								17
ALEXANDRE, Ines Cadilhe, 16-06-2002								1
100m Livres	Elimin	49.	1:11.43	387	1:10.05	26-06-2015	96%	
100m Costas	Elimin	20.	1:23.13	341	1:22.45		98%	
100m Mariposa	Elimin	17.	1:23.59	294	1:24.64	28-06-2015	103%	
200m Mariposa	Elimin	9.	3:05.83	281	2:49.18		83%	
AMORIM, Henrique Maieiro, 23-04-2001								3
400m Livres	Elimin	26.	4:43.85	466	5:17.98	27-06-2015	125%	
100m Mariposa	Elimin	22.	1:07.26	406	1:15.37	28-06-2015	126%	
200m Mariposa	Final	16.	2:33.02	386	2:33.21		100%	
200m Mariposa	Elimin	11.	2:33.21	385	2:31.02		97%	
CASANOVA, Joana Carvalhido, 16-05-2002								3
100m Costas	Elimin	18.	1:21.35	364	1:24.80	13-06-2015	109%	
200m Costas	Elimin	14.	2:52.64	371	2:54.06	27-06-2015	102%	
100m Bruos	Elimin	21.	1:35.24	308	1:35.27	06-06-2015	100%	
200m Bruos	Elimin	25.	3:21.79	327	3:19.72	13-06-2015	98%	
NOVA, Ines Neiva, 06-09-2002								2
400m Livres	Elimin	45.	5:45.53	328	5:49.55	13-06-2015	102%	
100m Costas	Elimin	23.	1:27.68	291	1:22.45		88%	
200m Costas	Elimin	17.	3:03.00	311	3:18.91	13-06-2015	118%	
PEREIRA, Joana Martins, 16-06-2000								-
50m Livres	Elimin	20.	30.58	467	30.23		98%	
100m Livres	Elimin	30.	1:08.84	432	1:04.98	13-03-2015	89%	
200m Livres	Elimin	WDR		-	2:19.72	04-07-2015	-	
SOARES, Miguel Carlos, 28-12-1992								4
50m Livres	Elimin	25.	26.31	501	26.15	14-02-2015	99%	
100m Livres	Elimin	27.	57.29	548	57.31	15-02-2015	100%	
50m Bruos	Elimin	10.	32.58	533	32.91	04-07-2015	102%	
100m Bruos	Final	14.	1:12.17	516	1:12.66		101%	
100m Bruos	Elimin	16.	1:12.66	506	1:13.66	06-06-2015	103%	
VIEIRA, Hugo Azurara, 25-05-2001								4
100m Bruos	Elimin	7.	1:17.40	419	1:20.44	18-07-2015	108%	
200m Bruos	Final	12.	2:43.02	472	2:46.37		104%	
200m Bruos	Elimin	5.	2:46.37	444	2:46.92	19-07-2015	101%	
200m Estilos	Elimin	18.	2:38.59	371	2:42.65	28-06-2015	105%	

VII Meeting Internacional da Povia de Varzim
Povia de Varzim, 13-14-2-2016

Clube Sport Alg�s e �gueda XXI								4
ALMEIDA, Ana Beatriz, 20-06-2001								1
200m Livres	Elimin	26.	2:28.85	437	2:26.71	14-03-2015	97%	
100m Mariposa	Elimin	12.	1:13.76	429	1:14.95	05-07-2015	103%	
CHULA, Ana Sousa, 09-05-2001								2
200m Costas	Final	15.	2:41.74	451	2:41.73		100%	
200m Costas	Elimin	8.	2:41.73	451	2:48.68	14-03-2015	109%	
200m Estilos	Elimin	11.	2:40.43	485	2:45.34	05-07-2015	106%	
LIN, Patricia Cai, 31-05-2001								-
200m Livres	Elimin	38.	2:33.86	395	2:26.82	06-06-2015	91%	
400m Livres	Elimin	39.	5:20.19	412	5:11.52		95%	
POSSE, Barbara Outeiro, 31-07-2000								-
100m Costas	Elimin	12.	1:16.74	434	1:12.66	14-02-2015	90%	
RODRIGUES, Helena Nunes, 02-08-2003								1
100m Livres	Elimin	10.	1:05.19	509	1:05.41	28-06-2015	101%	
200m Livres	Elimin	21.	2:26.22	461	2:26.19	27-06-2015	100%	



VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

Colegio Liceal Santa Maria de Lamas								26
AMORIM, Alexandre Ferreira, 16-06-1999								3
50m Bruços	Final	6.	31.77	575	32.01		102%	
50m Bruços	Elimin	7.	32.01	562	31.41	04-07-2015	96%	
100m Bruços	Final	6.	1:08.03	617	1:08.87		102%	
100m Bruços	Elimin	3.	1:08.87	594	1:08.28	02-05-2015	98%	
200m Bruços	Elimin	8.	2:36.03	539	2:30.91	13-03-2015	94%	
200m Estilos	Final	9.	2:17.42	570	2:18.60		102%	
200m Estilos	Elimin	8.	2:18.60	556	2:18.00	26-07-2015	99%	
ANDRADE, Filipa Oliveira, 27-08-1997								-
50m Costas	Elimin	13.	35.09	458	34.41	04-07-2015	96%	
100m Costas	Elimin	9.	1:14.76	469	1:13.06	31-05-2015	96%	
BARBOSA, Tiago Oliveira, 20-07-1999								1
50m Bruços	Final	13.	33.38	495	33.63		102%	
50m Bruços	Elimin	14.	33.63	484	32.13	30-05-2015	91%	
100m Bruços	Final	16.	1:12.65	506	1:12.13		99%	
100m Bruços	Elimin	14.	1:12.13	517	1:10.52	01-04-2015	96%	
200m Bruços	Final	14.	2:45.24	454	2:44.24		99%	
200m Bruços	Elimin	10.	2:44.24	462	2:35.02	25-07-2015	89%	
CARDOSO, Beatriz Neves, 07-03-1998								2
50m Livres	Final	14.	29.69	510	29.55		99%	
50m Livres	Elimin	12.	29.55	517	29.18	30-05-2015	98%	
100m Livres	Final	12.	1:02.97	565	1:03.41		101%	
100m Livres	Elimin	12.	1:03.41	553	1:02.18	13-03-2015	96%	
200m Livres	Final	6.	2:15.25	582	2:15.53		100%	
200m Livres	Elimin	1.	2:15.53	579	2:13.13	15-03-2015	96%	
400m Livres	Elimin	14.	4:52.26	542	4:43.08	14-03-2015	94%	
50m Mariposa	Elimin	10.	31.84	451	31.34	13-03-2015	97%	
CERDEIRINHA, Xavier Gomes, 05-02-2002								1
100m Bruços	Elimin	11.	1:18.48	401	1:20.42	27-06-2015	105%	
200m Bruços	Elimin	9.	2:49.50	420	2:47.76	19-07-2015	98%	
COELHO, Alfredo Castro, 01-02-2001								1
100m Livres	Elimin	30.	1:01.49	443	1:01.81	26-06-2015	101%	
200m Livres	Elimin	40.	2:20.28	384	2:18.50	28-06-2015	97%	
DOMINGUES, Matilde Mota, 23-01-2003								2
100m Bruços	Elimin	12.	1:23.48	458	1:22.72	19-07-2015	98%	
200m Bruços	Elimin	12.	3:01.84	447	3:00.37	18-07-2015	98%	
100m Mariposa	Final	13.	1:11.33	474	1:11.33		100%	
100m Mariposa	Elimin	8.	1:11.33	474	1:15.97	19-07-2015	113%	
200m Estilos	Elimin	16.	2:41.45	476	2:42.59	18-07-2015	101%	
FONTES, Beatriz Sousa, 27-06-2001								2
100m Livres	Elimin	41.	1:09.37	422	1:09.33	05-07-2015	100%	
200m Livres	Elimin	33.	2:31.05	418	2:32.09	04-07-2015	101%	
400m Livres	Elimin	37.	5:17.45	423	5:15.22	05-07-2015	99%	
100m Costas	Elimin	15.	1:19.35	392	1:19.51	05-07-2015	100%	
PINTO, Mariana Baptista, 21-06-2002								3
100m Livres	Elimin	46.	1:10.13	409	1:10.29	26-06-2015	100%	
200m Livres	Elimin	40.	2:35.29	385	2:37.35	28-06-2015	103%	
400m Livres	Elimin	41.	5:25.62	392	5:28.09	14-02-2015	102%	
PINTO, Sofia Gales, 09-06-2001								4
100m Livres	Elimin	17.	1:06.13	488	1:07.31	13-03-2015	104%	
100m Costas	Elimin	11.	1:17.27	425	1:16.84	14-03-2015	99%	
200m Costas	Final	16.	2:42.58	444	2:42.85		100%	
200m Costas	Elimin	10.	2:42.85	442	2:47.76	03-05-2015	106%	
200m Estilos	Elimin	15.	2:41.37	477	2:43.18	05-07-2015	102%	
RIBEIRO, Mariana Oliveira, 09-07-2001								3
100m Livres	Elimin	18.	1:06.22	486	1:05.19	04-07-2015	97%	
100m Mariposa	Final	14.	1:11.57	469	1:12.33		102%	
100m Mariposa	Elimin	10.	1:12.33	455	1:12.77	05-07-2015	101%	
200m Mariposa	Final	15.	2:41.95	425	2:41.24		99%	
200m Mariposa	Elimin	5.	2:41.24	431	2:45.95	05-07-2015	106%	
SA, Iris Rodrigues, 16-04-2001								2
50m Livres	Elimin	17.	30.03	493	30.73	14-03-2015	105%	
100m Livres	Elimin	30.	1:07.47	459	1:07.87	05-07-2015	101%	

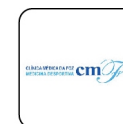
O Juiz  rbitro

O Secretariado do J ri

Splash Meet Manager 11, 11.41263

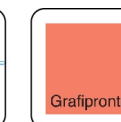
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14-02-2016 19:07 - P gina 31



VII Meeting Internacional da Povia de Varzim
Povia de Varzim, 13-14-2-2016

SILVA, Joana Gabriela, 24-08-1995								1
50m Livres	Elimin	21.	30.67	463	30.89	05-07-2015	101%	
50m Bruços	Elimin	18.	38.96	433	37.03	30-05-2015	90%	
50m Mariposa	Elimin	12.	33.05	403	31.50	31-05-2015	91%	
SILVA, Rodrigo Reis, 31-10-1998								1
50m Costas	Elimin	12.	30.56	486	30.20	31-05-2015	98%	
100m Costas	Final	15.	1:05.17	506	1:05.12		100%	
100m Costas	Elimin	13.	1:05.12	507	1:07.23	15-02-2015	107%	
100m Mariposa	Elimin	23.	1:03.36	486	1:02.03	15-03-2015	96%	



VII Meeting Internacional da Povia de Varzim
Povia de Varzim, 13-14-2-2016

Colegio Luso-Internacional do Porto							3
BAPTISTA COELHO, Alex, 22-08-2003							-
100m Livres	Elimin	52.	1:12.27	273	1:11.00	97%	-
BATISTA, Barbara Vivas, 21-07-2004							-
100m Costas	Elimin	24.	1:28.44	283	1:26.00	95%	-
FERREIRA, Bernardo Felgueiras, 24-02-2003							1
100m Livres	Elimin	50.	1:04.99	376	1:07.00	106%	1
RODRIGUES, Tiago Moura, 15-04-2003							1
100m Livres	Elimin	48.	1:04.65	382	1:07.00	107%	1
VILACA, Joao Machado, 07-11-2003							1
100m Livres	Elimin	51.	1:10.88	289	1:11.00	100%	1

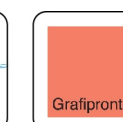
O Juiz  rbitro

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VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

Desportivo Nautico da Marinha Grande								19
ANDRE, Sofia Oliveira, 21-01-2001								-
100m Costas	Final	16.	1:14.79	469	1:14.20		98%	
100m Costas	Elimin	7.	1:14.20	480	1:13.47	03-04-2015	98%	
200m Costas	Final	7.	2:37.51	488	2:37.18		100%	
200m Costas	Elimin	4.	2:37.18	491	2:36.00	08-02-2015	99%	
COSTA, Ana Ferreira, 22-01-2002								2
50m Bruços	Final	3.	35.87	555	36.03		101%	
50m Bruços	Elimin	2.	36.03	547	35.10	20-12-2015	95%	
100m Bruços	Final	5.	1:18.21	557	1:20.13		105%	
100m Bruços	Elimin	2.	1:20.13	517	1:17.14	19-12-2015	93%	
200m Bruços	Final	6.	2:49.44	553	2:48.75		99%	
200m Bruços	Elimin	1.	2:48.75	560	2:46.46	20-12-2015	97%	
200m Estilos	Elimin	13.	2:40.91	481	2:38.68	18-07-2015	97%	
DOMINGUES, Monica Seara, 01-09-2000								2
100m Costas	Final	4.	1:10.23	566	1:12.12		105%	
100m Costas	Elimin	6.	1:12.12	523	1:08.84	25-07-2015	91%	
200m Costas	Final	2.	2:27.64	593	2:30.04		103%	
200m Costas	Elimin	2.	2:30.04	565	2:24.91	24-07-2015	93%	
200m Mariposa	Final	7.	2:32.10	513	2:31.00		99%	
200m Mariposa	Elimin	6.	2:31.00	524	2:26.55	26-07-2015	94%	
400m Estilos	Tempo Final	7.	5:25.98	558	5:16.19	02-04-2015	94%	
DUARTE, Pedro Domingues, 12-01-2001								1
100m Bruços	Elimin	2.	1:14.20	475	1:11.88	18-07-2015	94%	
200m Bruços	Final	9.	2:37.39	525	2:36.64		99%	
200m Bruços	Elimin	2.	2:36.64	533	2:39.42	19-07-2015	104%	
200m Estilos	Elimin	6.	2:27.88	458	2:24.00	19-07-2015	95%	
ELOI, Ana Monica, 29-12-1996								1
400m Livres	Elimin	12.	4:49.02	561	4:48.68	27-06-2015	100%	
200m Estilos	Final	8.	2:33.44	555	2:33.59		100%	
200m Estilos	Elimin	5.	2:33.59	553	2:30.68	19-12-2015	96%	
FONSECA, Jose Diogo, 05-08-1998								1
400m Livres	Elimin	23.	4:28.01	553	4:31.41	15-03-2015	103%	
1500m Livres	Tempo Final	12.	17:28.06	574	17:24.53	01-04-2015	99%	
KOT, Viktor, 25-06-1998								4
50m Livres	Final	16.	25.93	524	25.50		97%	
50m Livres	Elimin	15.	25.50	551	25.61	05-07-2015	101%	
50m Costas	Final	2.	27.91	639	28.01		101%	
50m Costas	Elimin	2.	28.01	632	28.00	23-07-2015	100%	
100m Costas	Final	2.	59.00	682	1:01.51		109%	
100m Costas	Elimin	3.	1:01.51	602	59.12	30-05-2015	92%	
200m Costas	Final	1.	2:08.70	657	2:12.73		106%	
200m Costas	Elimin	1.	2:12.73	599	2:11.32	24-07-2015	98%	
MARQUES, Goncalo Reconha, 07-11-2000								1
100m Livres	Elimin	19.	59.25	496	58.64	05-07-2015	98%	
100m Bruços	Elimin	4.	1:16.27	437	1:15.62		98%	
100m Mariposa	Elimin	14.	1:04.65	457	1:05.17	05-07-2015	102%	
MARQUES, Margarida Reconha, 06-11-2000								1
50m Mariposa	Elimin	9.	31.70	457	31.33	19-12-2015	98%	
200m Estilos	Final	12.	2:36.86	519	2:34.90		98%	
200m Estilos	Elimin	8.	2:34.90	539	2:36.88	08-02-2015	103%	
OLIVEIRA, Tomas Gomes, 04-02-1999								1
200m Livres	Final	12.	2:02.49	577	2:01.81		99%	
200m Livres	Elimin	9.	2:01.81	587	1:59.93	24-07-2015	97%	
400m Livres	Final	10.	4:17.22	626	4:19.89		102%	
400m Livres	Elimin	12.	4:19.89	607	4:13.08	25-07-2015	95%	
1500m Livres	Tempo Final	8.	17:07.54	609	17:02.95	08-02-2015	99%	
PIRES, Rui Miguel, 31-01-2001								2
400m Livres	Elimin	12.	4:32.65	525	4:35.97	19-07-2015	102%	
1500m Livres	Tempo Final	17.	17:49.50	540	17:23.16	19-07-2015	95%	
100m Costas	Elimin	13.	1:07.70	451	1:08.44	28-06-2015	102%	
200m Costas	Final	15.	2:23.79	471	2:22.37		98%	
200m Costas	Elimin	4.	2:22.37	485	2:22.12	18-07-2015	100%	

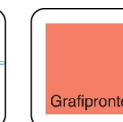
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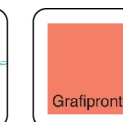
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VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

ROSADO, Maria Joao, 03-09-2002								1
100m Mariposa	Final	15.	1:12.30	455	1:11.26		97%	
100m Mariposa	Elimin	7.	1:11.26	476	1:13.64	19-07-2015	107%	
SILVA, Afonso Varelas, 31-10-2001								-
200m Costas	Elimin	11.	2:29.71	417	2:27.84	18-07-2015	98%	
SILVA, Diogo Vicente, 16-07-1998								-
400m Estilos	Tempo Final	14.	5:01.92	526	4:54.78		95%	
TEODOSIO, Barbara Coimbra, 28-09-1999								-
200m Livres	Final	7.	2:18.00	548	2:16.40		98%	
200m Livres	Elimin	4.	2:16.40	568	2:12.04	02-04-2015	94%	
400m Livres	Final	8.	4:43.64	593	4:40.30		98%	
400m Livres	Elimin	6.	4:40.30	615	4:35.99	03-04-2015	97%	
800m Livres	Tempo Final	8.	9:39.64	594	9:17.85	07-02-2015	93%	
VARGAS, Giovanna Vaz, 08-03-2000								2
100m Mariposa	Final	3.	1:07.06	571	1:07.78		102%	
100m Mariposa	Elimin	6.	1:07.78	553	1:05.73	25-07-2015	94%	
200m Mariposa	Final	1.	2:22.32	626	2:23.69		102%	
200m Mariposa	Elimin	1.	2:23.69	609	2:21.83	11-04-2015	97%	
400m Estilos	Tempo Final	4.	5:10.43	646	5:01.52	24-07-2015	94%	



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Povoada de Varzim, 13-14-2-2016

Escola Desportiva de Viana								14
ALVES, Tiago Martim, 14-01-1997								-
100m Bruços	Final	8.	1:10.65	550	1:09.78		98%	
100m Bruços	Elimin	8.	1:09.78	571	1:07.85	11-04-2015	95%	
ANTAS, Francisco Rodrigues, 13-06-1998								1
200m Livres	Elimin	30.	2:05.89	531	2:06.47	14-02-2015	101%	
400m Livres	Elimin	26.	4:28.33	551	4:27.66	15-02-2015	100%	
BRANCO, Andre Castro, 26-11-2000								-
200m Livres	Elimin	20.	2:12.24	458	2:09.20		95%	
400m Livres	Elimin	22.	4:40.86	481	4:35.80		96%	
BRANDAO, Beatriz Aires, 04-01-2002								-
100m Livres	Elimin	14.	1:05.84	494	1:04.22		95%	
100m Costas	Elimin	12.	1:17.51	421	1:17.00		99%	
200m Costas	Elimin	11.	2:45.40	421	2:40.52		94%	
CARVALHO, Joao Afonso, 16-08-2000								2
100m Mariposa	Elimin	12.	1:03.92	473	1:04.16	25-07-2015	101%	
200m Estilos	Elimin	7.	2:27.99	457	2:29.22		102%	
COSTA, Rui Filipe, 17-02-1998								1
50m Livres	Elimin	21.	25.96	522	25.21	20-12-2015	94%	
100m Livres	Final	12.	55.81	593	55.83		100%	
100m Livres	Elimin	14.	55.83	593	54.24	20-12-2015	94%	
200m Livres	Elimin	29.	2:05.80	533	2:01.39	20-12-2015	93%	
FERREIRA, Catarina Maria, 22-06-1998								3
50m Livres	Final	1.	27.35	653	27.28		99%	
50m Livres	Elimin	1.	27.28	658	26.58	25-07-2015	95%	
100m Livres	Final	2.	1:00.09	650	1:01.38		104%	
100m Livres	Elimin	3.	1:01.38	610	58.73	26-07-2015	92%	
50m Costas	Final	1.	31.00	665	31.59		104%	
50m Costas	Elimin	1.	31.59	628	31.05	20-12-2015	97%	
100m Costas	Final	1.	1:07.57	636	1:10.38		108%	
100m Costas	Elimin	3.	1:10.38	563	1:07.88	19-12-2015	93%	
FONTE, Bruna Filipa, 26-12-2002								-
200m Livres	Elimin	16.	2:25.29	470	2:24.80		99%	
400m Livres	Elimin	26.	5:09.19	458	5:05.22		97%	
GONCALVES, Flavia Daniela, 19-02-1996								2
50m Costas	Final	8.	33.83	511	33.51		98%	
50m Costas	Elimin	7.	33.51	526	33.69		101%	
100m Costas	Final	8.	1:14.42	476	1:12.23		94%	
100m Costas	Elimin	7.	1:12.23	520	1:13.82		104%	
GRACA, Nuno Miguel, 19-02-1998								-
50m Livres	Elimin	20.	25.87	528	25.22	03-04-2015	95%	
100m Livres	Elimin	35.	57.60	540	55.74	04-04-2015	94%	
50m Mariposa	Final	13.	27.44	546	26.84		96%	
50m Mariposa	Elimin	9.	26.84	583	26.39	23-07-2015	97%	
100m Mariposa	Final	13.	1:01.32	536	59.80		95%	
100m Mariposa	Elimin	9.	59.80	578	58.69	20-12-2015	96%	
NEVES, Tomas Quintas, 12-04-2000								1
200m Livres	Elimin	14.	2:10.35	479	2:13.20		104%	
400m Livres	Elimin	15.	4:34.71	514	4:34.19		100%	
NOGUEIRA, Joao Magro, 01-03-2000								-
200m Livres	Elimin	38.	2:17.53	407	2:16.63		99%	
NOVAIS, Tiago Miguel, 18-10-2000								-
200m Livres	Elimin	10.	2:09.04	493	2:08.40	24-07-2015	99%	
400m Livres	Elimin	9.	4:31.93	530	4:28.45	25-07-2015	97%	
PASSOS, Miguel Angelo, 02-03-1996								1
50m Costas	Elimin	10.	29.81	524	28.50	03-04-2015	91%	
100m Costas	Final	11.	1:02.84	564	1:02.98		100%	
100m Costas	Elimin	9.	1:02.98	560	1:00.29	11-04-2015	92%	
PEREIRA, Simao Santos, 16-08-2001								1
100m Livres	Elimin	39.	1:02.30	426	1:02.73		101%	
SILVA, Ana Pimenta, 26-10-2001								1
100m Livres	Elimin	9.	1:05.11	511	1:04.43	04-04-2015	98%	
200m Livres	Elimin	7.	2:19.58	530	2:17.31	24-07-2015	97%	
400m Livres	Elimin	8.	4:53.58	535	4:54.64	25-07-2015	101%	

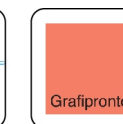
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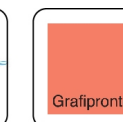
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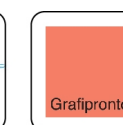
VII Meeting Internacional da Povia de Varzim
Povia de Varzim, 13-14-2-2016

SILVA, Mariana Pereira, 02-06-1999								1
100m Livres	Elimin	18.	1:04.59	523	1:04.84	14-02-2015	101%	
VAZ, Lara Alexandra, 19-02-1999								-
50m Mariposa	Elimin	WDR		-	29.89	19-12-2015	-	
100m Mariposa	Elimin	WDR		-	1:07.28	20-12-2015	-	



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Povo de Varzim, 13-14-2-2016

Estamos Juntos							9
ALMEIDA, Paulo Filipe, 09-03-1999							1
100m Costas	Final	16.	1:05.33	502	1:04.99	99%	
100m Costas	Elimin	12.	1:04.99	510	1:01.78	90%	
200m Costas	Final	12.	2:22.30	486	2:22.82	101%	
200m Costas	Elimin	8.	2:22.82	481	2:14.94	89%	
DUARTE, Jorge Antonio, 20-03-2000							1
100m Livres	Elimin	33.	1:01.68	439	1:02.18	102%	
100m Costas	Elimin	24.	1:12.20	372	1:11.93	99%	
OLIVEIRA, Claudia Sofia, 28-12-2002							1
100m Livres	Elimin	34.	1:08.30	443	1:11.11	108%	
200m Livres	Elimin	39.	2:34.51	390	2:31.49	96%	
OLIVEIRA, Lino Ricardo, 23-03-1999							1
100m Livres	Elimin	39.	58.21	523	56.92	96%	
200m Livres	Elimin	33.	2:06.96	518	2:07.25	100%	
PEREIRA, Ines Eira, 16-06-1999							2
100m Livres	Final	11.	1:02.74	571	1:03.04	101%	
100m Livres	Elimin	11.	1:03.04	563	1:02.13	97%	
200m Livres	Final	12.	2:16.36	568	2:18.35	103%	
200m Livres	Elimin	11.	2:18.35	544	2:16.20	97%	
RIBAS, Rafael Lages, 07-04-1993							-
50m Livres	Final	12.	25.41	557	25.36	100%	
50m Livres	Elimin	12.	25.36	560	24.16	91%	
100m Livres	Elimin	17.	56.25	580	53.88	92%	
RODRIGUES, Ana Pinho, 21-04-1994							3
100m Livres	Elimin	6.	1:02.16	587	57.12	84%	
100m Bruços	Final	1.	1:11.39	732	1:13.63	106%	
100m Bruços	Elimin	1.	1:13.63	667	1:08.82	87%	
200m Bruços	Final	1.	2:35.66	713	2:43.36	110%	
200m Bruços	Elimin	2.	2:43.36	617	2:32.45	87%	
200m Estilos	Final	3.	2:26.66	635	2:30.76	106%	
200m Estilos	Elimin	3.	2:30.76	585	2:26.17	94%	



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Povoada de Varzim, 13-14-2-2016

FOCA - Clube de Natacao de Felgueiras							22
CUNHA, Beatriz Ribeiro, 24-11-2001							2
100m Livres	Elimin	7.	1:03.79	543	1:03.84	100%	
50m Bruços	Final	9.	36.15	542	36.51	102%	
50m Bruços	Elimin	9.	36.51	526	35.11	92%	
100m Bruços	Final	7.	1:20.02	520	1:19.65	99%	
100m Bruços	Elimin	1.	1:19.65	527	1:15.75	90%	
200m Estilos	Final	9.	2:34.51	543	2:34.10	99%	
200m Estilos	Elimin	3.	2:34.10	548	2:33.85	100%	
DIAS, Ivo Manuel, 06-07-2000							4
100m Livres	Elimin	9.	58.20	523	1:00.63	109%	
100m Costas	Elimin	10.	1:07.54	454	1:09.01	104%	
100m Mariposa	Elimin	4.	1:01.33	536	1:02.74	105%	
200m Mariposa	Final	9.	2:16.53	544	2:20.01	105%	
200m Mariposa	Elimin	7.	2:20.01	505	2:19.41	99%	
FERREIRA, Nuno Filipe, 06-07-2000							2
1500m Livres	Tempo Final	WDR	-	-	19:34.40	04-07-2015	
100m Costas	Elimin	21.	1:10.50	399	1:12.05	104%	
200m Costas	Elimin	9.	2:26.92	442	2:34.48	111%	
FREITAS, Ricardo Jose, 29-03-2000							-
100m Livres	Elimin	49.	1:04.80	379	1:03.85	97%	
200m Livres	Elimin	46.	2:23.29	360	2:20.51	96%	
LEITE, Nuno Filipe, 30-04-2000							4
100m Livres	Elimin	32.	1:01.66	440	1:02.65	103%	
200m Livres	Elimin	43.	2:21.05	378	2:21.63	101%	
100m Costas	Elimin	23.	1:10.87	393	1:11.49	102%	
200m Costas	Elimin	14.	2:32.41	395	2:34.48	103%	
MACEDO, Rosana Marinho, 22-01-1999							1
50m Costas	Final	3.	32.19	594	33.10	106%	
50m Costas	Elimin	6.	33.10	546	32.46	96%	
100m Costas	Final	12.	1:12.95	505	1:12.90	100%	
100m Costas	Elimin	8.	1:12.90	506	1:11.41	96%	
MARTINS, Ana Filipa, 16-02-1997							1
50m Livres	Final	8.	28.90	553	28.57	98%	
50m Livres	Elimin	5.	28.57	573	27.57	93%	
100m Livres	Final	5.	1:01.88	595	1:02.11	101%	
100m Livres	Elimin	5.	1:02.11	589	1:00.25	94%	
50m Mariposa	Final	8.	31.67	459	31.58	99%	
50m Mariposa	Elimin	8.	31.58	462	30.68	94%	
RIBEIRO, Ivo Pinto, 10-08-1997							3
100m Livres	Elimin	22.	56.79	563	54.97	94%	
200m Livres	Final	10.	2:00.89	600	2:01.66	101%	
200m Livres	Elimin	8.	2:01.66	589	1:59.50	96%	
50m Costas	Elimin	9.	29.18	559	27.91	91%	
100m Costas	Final	4.	1:01.58	600	1:02.12	102%	
100m Costas	Elimin	5.	1:02.12	584	1:00.03	93%	
200m Costas	Final	3.	2:13.65	587	2:16.95	105%	
200m Costas	Elimin	5.	2:16.95	545	2:10.64	91%	
RIBEIRO, Nina Pinto, 02-07-2002							2
100m Livres	Final	14.	1:03.54	550	1:03.42	100%	
100m Livres	Elimin	5.	1:03.42	553	1:01.62	94%	
200m Livres	Final	15.	2:17.31	557	2:19.12	103%	
200m Livres	Elimin	6.	2:19.12	535	2:15.63	95%	
100m Mariposa	Final	11.	1:10.14	499	1:12.22	106%	
100m Mariposa	Elimin	9.	1:12.22	457	1:08.92	91%	
200m Mariposa	Final	16.	2:46.01	395	2:43.66	97%	
200m Mariposa	Elimin	6.	2:43.66	412	2:41.19	97%	
SAMPAIO, Jose Pedro, 25-05-1998							3
100m Costas	Final	8.	1:03.10	557	1:02.39	98%	
100m Costas	Elimin	6.	1:02.39	576	1:03.25	103%	
200m Costas	Final	8.	2:19.61	515	2:15.98	95%	
200m Costas	Elimin	4.	2:15.98	557	2:15.36	99%	
200m Estilos	Final	5.	2:14.99	602	2:15.70	101%	
200m Estilos	Elimin	3.	2:15.70	592	2:21.99	109%	
400m Estilos	Tempo Final	6.	4:49.98	594	4:43.83	96%	

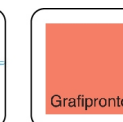
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Povia de Varzim, 13-14-2-2016

SILVA, Ricardo David, 27-12-1997

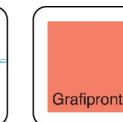
50m Livres	Elimin	27.	26.51	490	25.49	92%	-
100m Livres	Elimin	30.	57.42	545	55.62	94%	-
200m Livres	Elimin	44.	2:12.00	461	2:05.62	91%	-

TEIXEIRA, Ana Margarida, 22-01-2002

100m Livres	Elimin	44.	1:09.81	414	1:06.77	91%	-
200m Livres	Elimin	29.	2:30.18	425	2:27.51	96%	-
400m Livres	Elimin	27.	5:10.70	451	5:09.35	99%	-

TEIXEIRA, Jose Carlos, 21-09-1996

100m Livres	Elimin	47.	59.37	493	57.41	94%	-
200m Livres	Elimin	32.	2:06.94	518	2:03.88	95%	-
400m Livres	Elimin	28.	4:29.45	544	4:26.36	98%	-



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Povoada de Varzim, 13-14-2-2016

								64
Futebol Clube do Porto								
ALMEIDA, Andre Filipe, 07-02-2000								-
200m Livres	Elimin	33.	2:15.93	422	2:14.62	13-03-2015	98%	
400m Livres	Elimin	25.	4:42.32	473	4:40.68		99%	
AMORIM, Maria Luis, 09-06-1995								1
50m Livres	Final	10.	29.58	516	29.60		100%	
50m Livres	Elimin	13.	29.60	515	28.71	30-05-2015	94%	
100m Livres	Final	13.	1:03.13	561	1:03.03		100%	
100m Livres	Elimin	10.	1:03.03	563	1:01.24	05-07-2015	94%	
AMORIM, Maria Teresa, 02-10-1997								-
800m Livres	Tempo Final	3.	9:09.22	698	9:03.01	01-04-2015	98%	
ASCENSAO, Joao Miguel, 20-03-1997								3
50m Livres	Final	4.	24.48	623	24.79		103%	
50m Livres	Elimin	5.	24.79	600	23.27		88%	
100m Livres	Final	5.	53.96	657	54.29		101%	
100m Livres	Elimin	6.	54.29	645	52.27	12-04-2015	93%	
50m Mariposa	Final	10.	26.69	593	26.88		101%	
50m Mariposa	Elimin	10.	26.88	581	25.69		91%	
BARBOSA, Mariana Fernandes, 18-06-2002								3
400m Livres	Elimin	6.	4:48.83	562	4:41.06		95%	
100m Mariposa	Final	10.	1:09.92	503	1:10.33		101%	
100m Mariposa	Elimin	5.	1:10.33	495	1:10.62		101%	
200m Mariposa	Final	12.	2:33.27	501	2:32.00		98%	
200m Mariposa	Elimin	4.	2:32.00	514	2:33.36		102%	
BORGES, Tomas Pimentel, 02-06-2000								-
100m Livres	Elimin	27.	1:01.09	452	58.23	15-03-2015	91%	
200m Livres	Elimin	12.	2:09.72	486	2:05.56		94%	
400m Livres	Elimin	24.	4:41.88	475	4:28.11		90%	
CABRAL, Maria Francisca, 09-08-2000								4
50m Livres	Final	4.	28.40	583	28.48		101%	
50m Livres	Elimin	4.	28.48	578	28.13		98%	
100m Livres	Final	3.	1:00.43	639	1:01.69		104%	
100m Livres	Elimin	4.	1:01.69	601	59.09		92%	
400m Livres	Final	5.	4:31.95	673	4:39.32		105%	
400m Livres	Elimin	5.	4:39.32	621	4:27.30	03-04-2015	92%	
200m Estilos	Final	4.	2:27.70	622	2:31.16		105%	
200m Estilos	Elimin	4.	2:31.16	580	2:22.81	11-04-2015	89%	
CAMPOS, Rita Alexandra, 02-06-2002								3
200m Livres	Elimin	14.	2:25.04	472	2:27.32		103%	
200m Costas	Final	14.	2:40.34	463	2:42.58		103%	
200m Costas	Elimin	9.	2:42.58	444	2:43.23		101%	
CASTRO, Adriana Daniela, 01-08-1997								3
50m Livres	Final	2.	27.68	630	27.97		102%	
50m Livres	Elimin	2.	27.97	610	26.80	25-07-2015	92%	
100m Livres	Final	3.	1:00.43	639	1:01.31		103%	
100m Livres	Elimin	2.	1:01.31	612	59.40	04-04-2015	94%	
50m Mariposa	Final	2.	29.56	564	30.79		108%	
50m Mariposa	Elimin	4.	30.79	499	29.51		92%	
COSTA, Diogo Miguel, 17-07-1998								2
50m Bruços	Final	8.	31.92	567	32.02		101%	
50m Bruços	Elimin	8.	32.02	561	30.93	02-04-2015	93%	
100m Bruços	Final	10.	1:09.45	580	1:10.18		102%	
100m Bruços	Elimin	10.	1:10.18	562	1:06.51	01-04-2015	90%	
200m Bruços	Final	7.	2:34.41	556	2:30.66		95%	
200m Bruços	Elimin	5.	2:30.66	599	2:25.56	03-04-2015	93%	
200m Estilos	Final	6.	2:17.79	566	2:17.21		99%	
200m Estilos	Elimin	5.	2:17.21	573	2:17.14	23-05-2015	100%	
COSTA, Maria Carolina, 12-02-2001								1
100m Livres	Elimin	8.	1:04.16	534	1:01.97		93%	
400m Livres	Final	9.	4:36.99	637	4:41.95		104%	
400m Livres	Elimin	3.	4:41.95	604	4:37.03		97%	
800m Livres	Tempo Final	7.	9:38.14	599	9:36.75	01-04-2015	100%	
DURAES, Diana Margarida, 08-06-1996								3
100m Livres	Final	1.	58.98	688	59.95		103%	
100m Livres	Elimin	1.	59.95	655	57.08		91%	

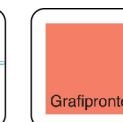
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400m Livres	Final	1.	4:17.27	795	4:27.51		108%	
400m Livres	Elimin	2.	4:27.51	707	4:14.36		90%	
400m Estilos	Tempo Final	1.	4:53.18	767	4:54.78	20-12-2015	101%	
FARIA, Ana Rita, 16-06-2000								
100m Livres	Final	8.	1:02.51	577	1:02.25		99%	1
100m Livres	Elimin	7.	1:02.25	585	59.18	23-06-2015	90%	
400m Livres	Final	6.	4:32.65	668	4:37.53		104%	
400m Livres	Elimin	3.	4:37.53	633	4:26.76	31-03-2015	92%	
800m Livres	Tempo Final	5.	9:21.75	653	9:13.62	28-03-2015	97%	
FERREIRA, Rute Santos, 16-02-1997								
200m Livres	Final	10.	2:15.51	579	2:17.84		103%	1
200m Livres	Elimin	10.	2:17.84	550	2:15.68	15-03-2015	97%	
400m Livres	Elimin	15.	4:52.54	541	4:48.05	14-02-2015	97%	
FONSECA, Ariana Maia, 23-10-2002								
200m Costas	Elimin	WDR		-	2:44.21	19-07-2015	-	-
LA FERIA, Ana Beatriz, 01-02-1999								
200m Livres	Elimin	13.	2:20.66	518	2:21.96		102%	2
400m Livres	Elimin	16.	4:53.00	538	4:55.67		102%	
MAGALHAES, Barbara Vilela, 07-02-2001								
50m Bruços	Final	2.	35.68	564	36.43		104%	3
50m Bruços	Elimin	7.	36.43	529	36.65	04-07-2015	101%	
100m Bruços	Final	8.	1:20.61	508	1:20.59		100%	
100m Bruços	Elimin	3.	1:20.59	509	1:18.78		96%	
200m Bruços	Final	12.	2:53.10	519	2:54.70		102%	
200m Bruços	Elimin	7.	2:54.70	504	2:51.57		96%	
NETO, Pedro Goncalves, 07-08-1998								
100m Livres	Elimin	34.	57.54	541	55.45	04-04-2015	93%	1
200m Livres	Elimin	18.	2:04.39	551	2:00.62	13-03-2015	94%	
400m Livres	Final	12.	4:19.28	611	4:19.44		100%	
400m Livres	Elimin	9.	4:19.44	610	4:17.30	31-05-2015	98%	
NOGUEIRA, Goncalo Miguel, 09-03-1998								
200m Livres	Final	9.	2:00.18	611	2:01.99		103%	2
200m Livres	Elimin	11.	2:01.99	584	1:58.32	02-04-2015	94%	
400m Livres	Final	4.	4:13.14	657	4:14.96		101%	
400m Livres	Elimin	6.	4:14.96	643	4:10.43	11-04-2015	96%	
OLIVEIRA, Luis Carlos, 15-04-1997								
200m Livres	Final	15.	2:03.36	565	2:03.28		100%	2
200m Livres	Elimin	15.	2:03.28	566	2:04.59	04-07-2015	102%	
400m Livres	Elimin	20.	4:24.29	577	4:25.80	02-05-2015	101%	
OLIVEIRA, Mafalda Malafaia, 09-06-1999								
200m Livres	Elimin	17.	2:22.39	499	2:20.54	04-07-2015	97%	-
OLIVEIRA, Rosa Maria, 05-03-1996								
50m Livres	Final	3.	28.19	596	28.21		100%	1
50m Livres	Elimin	3.	28.21	595	27.06	30-05-2015	92%	
100m Livres	Final	15.	1:03.63	547	1:02.96		98%	
100m Livres	Elimin	9.	1:02.96	565	59.99	04-04-2015	91%	
50m Bruços	Final	12.	37.24	496	36.70		97%	
50m Bruços	Elimin	10.	36.70	518	35.82		95%	
PEGO, Isabel Porfirio, 14-02-2001								
50m Livres	Final	6.	28.83	557	29.00		101%	5
50m Livres	Elimin	8.	29.00	547	29.03	05-07-2015	100%	
100m Livres	Elimin	6.	1:03.49	551	1:02.15		96%	
200m Livres	Final	2.	2:12.14	625	2:16.04		106%	
200m Livres	Elimin	2.	2:16.04	572	2:11.51		93%	
400m Livres	Final	10.	4:37.93	630	4:42.97		104%	
400m Livres	Elimin	4.	4:42.97	597	4:45.17		102%	
PINHEIRO, Andre Resende, 18-05-1997								
50m Livres	Elimin	18.	25.75	535	25.89	14-03-2015	101%	3
200m Livres	Final	4.	1:59.39	623	2:00.66		102%	
200m Livres	Elimin	5.	2:00.66	604	1:58.61	01-04-2015	97%	
400m Livres	Final	11.	4:18.05	620	4:19.49		101%	
400m Livres	Elimin	10.	4:19.49	609	4:16.36	14-03-2015	98%	
PINTO, Bruno Miguel, 13-06-2000								
200m Livres	Elimin	21.	2:12.80	453	2:10.39	13-03-2015	96%	1
400m Livres	Elimin	17.	4:36.44	504	4:37.64		101%	

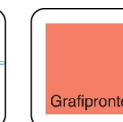
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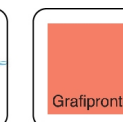
VII Meeting Internacional da Povoada de Varzim
Povoada de Varzim, 13-14-2-2016

RAMOS, Ana Rita, 25-11-2002								4
200m Livres	Final	9.	2:15.38	581	2:17.28		103%	
200m Livres	Elimin	4.	2:17.28	557	2:21.00	19-07-2015	105%	
400m Livres	Final	12.	4:43.62	593	4:48.67		104%	
400m Livres	Elimin	5.	4:48.67	563	4:53.44		103%	
RAMOS, Eduardo Salgado, 29-08-1997								1
100m Livres	Elimin	16.	56.20	581	54.29	31-05-2015	93%	
200m Livres	Final	6.	2:01.28	594	2:01.65		101%	
200m Livres	Elimin	7.	2:01.65	589	1:55.54		90%	
SANTOS, Iris Cunha, 28-10-2000								3
200m Livres	Final	14.	2:17.20	558	2:17.76		101%	
200m Livres	Elimin	9.	2:17.76	551	2:20.67		104%	
400m Livres	Final	16.	4:47.66	569	4:47.79		100%	
400m Livres	Elimin	11.	4:47.79	568	4:47.49		100%	
SANTOS, Pedro Miguel, 22-04-2001								3
400m Livres	Elimin	8.	4:29.40	545	4:32.10		102%	
200m Costas	Final	16.	2:24.82	461	2:22.51		97%	
200m Costas	Elimin	5.	2:22.51	484	2:25.94		105%	
200m Estilos	Final	16.	2:21.66	521	2:20.82		99%	
200m Estilos	Elimin	4.	2:20.82	530	2:34.20		120%	
SILVA, Sergio Baptista, 06-04-1991								1
50m Bruços	Final	2.	30.29	663	29.95		98%	
50m Bruços	Elimin	1.	29.95	686	29.54	20-12-2015	97%	
100m Bruços	Final	3.	1:06.61	657	1:08.48		106%	
100m Bruços	Elimin	1.	1:08.48	605	1:05.51	19-12-2015	92%	
SOARES, Luis Filipe, 08-01-1998								1
100m Costas	Final	13.	1:04.44	523	1:04.82		101%	
100m Costas	Elimin	11.	1:04.82	514	1:03.70	03-04-2015	97%	
100m Mariposa	Elimin	16.	1:01.35	535	59.73	03-04-2015	95%	
SOARES, Tiago Silva, 17-04-1999								4
100m Livres	Final	8.	55.26	611	55.24		100%	
100m Livres	Elimin	8.	55.24	612	53.83	26-07-2015	95%	
100m Costas	Elimin	14.	1:05.38	501	1:05.80	25-07-2015	101%	
200m Costas	Final	9.	2:18.84	523	2:21.77		104%	
200m Costas	Elimin	7.	2:21.77	492	2:23.86	03-05-2015	103%	
200m Estilos	Final	12.	2:18.13	562	2:20.54		104%	
200m Estilos	Elimin	11.	2:20.54	533	2:18.24	14-02-2015	97%	
SOUSA, Joao Ribeiro, 24-06-2001								2
100m Livres	Elimin	14.	59.07	500	1:03.77		117%	
200m Livres	Elimin	19.	2:11.38	467	2:09.38		97%	
100m Mariposa	Elimin	7.	1:02.69	501	1:04.30		105%	



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Ginasio Clube de Vila Real								3
BAPTISTA, Francisca Teixeira, 23-03-2000								1
50m Livres	Elimin	19.	30.33	478	30.34		100%	-
BARROS, Tomas Tinoco, 24-02-1999								1
50m Mariposa	Elimin	21.	27.98	515	27.54	22-11-2015	97%	-
CARVALHO, Luis Miguel, 22-03-2000								1
100m Livres	Elimin	17.	59.19	497	59.70		102%	-
ENCARNACAO, Rita Afonso, 28-02-2002								-
100m Livres	Elimin	45.	1:09.99	411	1:09.04		97%	-
MATIAS, Jose Rafael, 18-06-1999								-
50m Livres	Elimin	30.	26.63	484	26.39		98%	-
100m Livres	Elimin	41.	58.28	521	57.89		99%	-
RIBEIRO, Fernando Miguel, 14-05-2000								1
100m Mariposa	Elimin	20.	1:05.91	431	1:06.63		102%	-
SALCEDAS, Rodrigo Matos, 05-04-2000								-
200m Estilos	Elimin	13.	2:32.06	421	2:29.20		96%	-



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Povoada de Varzim, 13-14-2-2016

Grupo Desportivo Nataç�o de V.N.Famalic�o								30
CARVALHO, Mateus Ribeiro, 03-04-1999								-
50m Livres	Elimin	WDR	-	28.89	02-05-2015	-	-	
50m Mariposa	Elimin	WDR	-	27.22	13-03-2015	-	-	
100m Mariposa	Elimin	WDR	-	58.01	25-07-2015	-	-	
200m Estilos	Elimin	WDR	-	2:20.31	26-07-2015	-	-	
CARVALHO, Pedro Romanoski, 08-01-1994								2
50m Costas	Final	8.	28.97	571	29.02		100%	
50m Costas	Elimin	7.	29.02	568	28.69	15-02-2015	98%	
100m Costas	Final	5.	1:02.42	576	1:02.00		99%	
100m Costas	Elimin	4.	1:02.00	587	1:01.70	15-02-2015	99%	
200m Costas	Final	4.	2:14.17	580	2:15.52		102%	
200m Costas	Elimin	3.	2:15.52	563	2:13.34	02-04-2015	97%	
COSTA, Ana Silva, 06-03-1998								2
200m Livres	Elimin	6.	2:16.55	566	2:16.45	11-04-2015	100%	
400m Livres	Final	13.	4:44.27	589	4:45.06		101%	
400m Livres	Elimin	9.	4:45.06	584	4:36.60	11-04-2015	94%	
200m Mariposa	Elimin	9.	2:32.85	506	2:32.86	03-05-2015	100%	
COUTO, Adriana Azevedo, 11-06-2000								1
50m Costas	Elimin	11.	33.85	510	33.96	15-03-2015	101%	
100m Costas	Elimin	13.	1:16.97	430	1:14.68	14-02-2015	94%	
CUNHA, Afonso Passos, 04-04-2001								-
100m Costas	Elimin	5.	1:06.36	479	1:04.63	17-07-2015	95%	
200m Costas	Elimin	10.	2:27.04	440	2:24.35		96%	
100m Mariposa	Elimin	17.	1:04.98	450	1:03.23	18-07-2015	95%	
200m Mariposa	Elimin	WDR	-	-	2:23.19	19-07-2015	-	
FERNANDES, Luis Tiago, 01-01-2001								-
400m Livres	Elimin	33.	4:48.93	441	4:47.27	13-06-2015	99%	
1500m Livres	Tempo Final	22.	19:00.99	444	18:53.13	19-07-2015	99%	
200m Estilos	Elimin	WDR	-	-	2:47.93		-	
FREITAS, Jose Pedro, 18-05-2000								-
100m Livres	Final	13.	56.04	586	55.98		100%	
100m Livres	Elimin	1.	55.98	588	54.67	26-07-2015	95%	
200m Livres	Elimin	3.	2:04.14	554	2:00.76	02-04-2015	95%	
400m Livres	Elimin	5.	4:25.33	570	4:25.11	03-04-2015	100%	
JARDIM, Catarina Alexandra, 09-04-1998								1
100m Costas	Final	5.	1:10.27	565	1:10.55		101%	
100m Costas	Elimin	4.	1:10.55	559	1:08.84	25-07-2015	95%	
200m Costas	Final	4.	2:33.66	526	2:32.81		99%	
200m Costas	Elimin	3.	2:32.81	535	2:31.97	12-04-2015	99%	
MAIA, Mariana Sousa, 27-11-2002								5
100m Livres	Elimin	WDR	-	-	1:04.85	19-07-2015	-	
200m Livres	Elimin	WDR	-	-	2:19.72	02-05-2015	-	
100m Costas	Final	10.	1:12.71	510	1:12.78		100%	
100m Costas	Elimin	2.	1:12.78	509	1:13.03	17-07-2015	101%	
200m Costas	Final	11.	2:37.58	487	2:38.06		101%	
200m Costas	Elimin	6.	2:38.06	483	2:36.47	13-06-2015	98%	
200m Estilos	Final	13.	2:37.58	512	2:37.46		100%	
200m Estilos	Elimin	5.	2:37.46	513	2:37.58	15-02-2015	100%	
400m Estilos	Tempo Final	7.	5:25.98	558	5:29.06	14-06-2015	102%	
MARTINS, Ana Beatriz, 23-03-1999								4
200m Bruços	Final	5.	2:48.61	561	2:48.34		100%	
200m Bruços	Elimin	4.	2:48.34	564	2:43.46	03-04-2015	94%	
100m Mariposa	Elimin	3.	1:07.01	572	1:08.81	20-12-2015	105%	
200m Mariposa	Final	2.	2:23.71	608	2:25.62		103%	
200m Mariposa	Elimin	2.	2:25.62	585	2:28.16	05-07-2015	104%	
200m Estilos	Final	2.	2:26.30	640	2:29.42		104%	
200m Estilos	Elimin	2.	2:29.42	601	2:24.04	19-12-2015	93%	
400m Estilos	Tempo Final	2.	5:03.35	692	5:02.42	04-07-2015	99%	
MARTINS, Ines Araujo, 18-04-2001								1
100m Bruços	Final	12.	1:21.55	491	1:20.82		98%	
100m Bruços	Elimin	4.	1:20.82	504	1:18.47	04-07-2015	94%	
200m Bruços	Final	11.	2:51.19	536	2:51.75		101%	
200m Bruços	Elimin	4.	2:51.75	531	2:46.49	25-07-2015	94%	

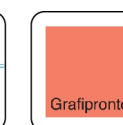
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MATOS, Lara Beatriz, 29-09-2001								-
400m Livres	Elimin	11.	4:55.24	526	4:51.30	14-03-2015	97%	
800m Livres	Tempo Final	15.	10:08.54	513	9:53.36	23-07-2015	95%	
200m Estilos	Elimin	10.	2:40.34	486	2:37.05	15-03-2015	96%	
MELO, Joao Sa, 14-03-2001								2
200m Livres	Elimin	30.	2:15.17	429	2:17.73	28-06-2015	104%	
400m Livres	Elimin	21.	4:39.46	488	4:41.51	18-07-2015	101%	
1500m Livres	Tempo Final	21.	18:39.72	470	18:25.39	27-06-2015	97%	
MORAIS, Hugo Gabriel, 19-02-2000								2
100m Livres	Elimin	6.	57.87	532	1:05.12	02-05-2015	127%	
100m Mariposa	Elimin	10.	1:03.22	489	1:04.09	03-04-2015	103%	
MOREIRA, Jose Salgado, 14-12-2001								1
100m Costas	Elimin	7.	1:06.85	469	1:04.45	17-07-2015	93%	
200m Costas	Final	7.	2:19.55	515	2:19.97		101%	
200m Costas	Elimin	2.	2:19.97	511	2:17.91	18-07-2015	97%	
QUEIROS, Maria Oliveira, 25-02-2002								-
100m Costas	Elimin	14.	1:19.11	396	1:15.23	17-07-2015	90%	
REGO, Ricardo Amorim, 24-06-1984								1
200m Estilos	Final	14.	2:18.78	554	2:19.46		101%	
200m Estilos	Elimin	9.	2:19.46	546	2:14.04	11-04-2015	92%	
RIBEIRO, Cristiana Sofia, 10-06-2000								-
100m Mariposa	Elimin	WDR		-	1:07.98	12-04-2015	-	
SANTOS, Miguel Angelo, 11-05-2000								3
100m Bruços	Elimin	1.	1:12.73	505	1:11.27	01-04-2015	96%	
200m Bruços	Final	8.	2:36.24	537	2:34.30		98%	
200m Bruços	Elimin	1.	2:34.30	557	2:33.24	25-07-2015	99%	
200m Estilos	Final	13.	2:18.72	555	2:19.17		101%	
200m Estilos	Elimin	3.	2:19.17	549	2:19.49	04-04-2015	100%	
400m Estilos	Tempo Final	9.	4:56.47	556	4:59.25	04-07-2015	102%	
SARAIVA, Joao Leite, 17-04-2001								1
200m Livres	Elimin	16.	2:10.59	476	2:11.24	18-07-2015	101%	
400m Livres	Elimin	16.	4:35.41	510	4:33.25	18-07-2015	98%	
SILVA, Daniel Pereira, 06-02-2000								-
100m Bruços	Elimin	3.	1:15.07	459	1:12.22	23-07-2015	93%	
SILVA, Joao Carlos, 18-06-1998								-
50m Mariposa	Elimin	19.	27.70	530	26.68	12-04-2015	93%	
100m Mariposa	Final	doente		-	1:01.16		-	
100m Mariposa	Elimin	13.	1:01.16	540	57.26	25-07-2015	88%	
SOUSA, Clara Ribeiro, 17-03-2002								-
100m Bruços	Elimin	WDR		-	1:20.54	19-07-2015	-	
SOUSA, Jose Moreira, 13-02-2001								1
100m Bruços	Elimin	9.	1:18.13	407	1:18.10	18-07-2015	100%	
200m Bruços	Final	13.	2:43.98	464	2:44.09		100%	
200m Bruços	Elimin	4.	2:44.09	463	2:43.24	27-06-2015	99%	
TINOCO, Joao Pereira, 19-02-2000								1
100m Livres	Elimin	3.	57.48	543	57.36	15-03-2015	100%	
200m Livres	Elimin	11.	2:09.09	493	2:07.77	14-02-2015	98%	
100m Costas	Final	12.	1:03.48	547	1:03.39		100%	
100m Costas	Elimin	2.	1:03.39	550	1:01.68	03-04-2015	95%	
200m Costas	Final	5.	2:14.49	576	2:16.23		103%	
200m Costas	Elimin	1.	2:16.23	554	2:12.74	02-04-2015	95%	
VAZ, Luis Emanuel, 04-06-1991								2
50m Livres	Final	11.	25.34	561	25.31		100%	
50m Livres	Elimin	11.	25.31	563	23.86	25-07-2015	89%	
100m Livres	Final	3.	53.55	672	54.02		102%	
100m Livres	Elimin	2.	54.02	654	50.89	12-04-2015	89%	
50m Mariposa	Final	14.	27.67	532	27.26		97%	
50m Mariposa	Elimin	13.	27.26	557	27.12	15-02-2015	99%	
100m Mariposa	Final	8.	59.66	582	59.15		98%	
100m Mariposa	Elimin	7.	59.15	597	59.57	14-02-2015	101%	

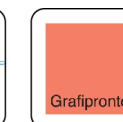
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VII Meeting Internacional da Povo a de Varzim
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Leixões Sport Clube								16
BARBOSA, Daniela Fernanda, 05-01-2001								-
100m Costas	Elimin	WDR	-	1:14.24	25-07-2015	-	-	
BARROSO, Bruno Carvalho, 09-11-2001								1
100m Livres	Elimin	25.	1:00.73	460	59.59	19-07-2015	96%	
200m Livres	Elimin	34.	2:16.21	419	2:15.30	18-07-2015	99%	
400m Livres	Elimin	32.	4:47.39	449	4:49.09	13-06-2015	101%	
CALONIO, Pedro Vicente, 02-03-1998								-
400m Livres	Elimin	32.	4:36.37	504	4:26.53	05-07-2015	93%	
CAMPOS, Alexandra Martins, 24-02-2002								3
100m Livres	Elimin	32.	1:07.92	450	1:13.18	26-06-2015	116%	
200m Livres	Elimin	25.	2:27.93	445	2:38.50	28-06-2015	115%	
400m Livres	Elimin	33.	5:12.45	444	5:34.30	13-06-2015	114%	
DUARTE, Daniel Jose, 01-09-2000								-
200m Livres	Elimin	WDR	-	2:07.89	23-07-2015	-	-	
400m Livres	Elimin	WDR	-	4:29.98	05-07-2015	-	-	
FREIRE, Tiago Mendonca, 08-09-2001								3
100m Livres	Elimin	35.	1:01.73	438	1:03.98	26-06-2015	107%	
200m Livres	Elimin	32.	2:15.92	422	2:26.21	28-06-2015	116%	
400m Livres	Elimin	36.	4:52.36	426	5:08.64	13-06-2015	111%	
GONCALVES, Sofia Filipa, 01-08-2001								-
50m Bruços	Final	5.	36.40	531	36.22		99%	
50m Bruços	Elimin	3.	36.22	539	35.54	30-05-2015	96%	
100m Bruços	Elimin	WDR	-	-	1:15.68	23-07-2015	-	
200m Bruços	Elimin	10.	2:56.09	493	2:52.70	13-03-2015	96%	
200m Estilos	Elimin	WDR	-	-	2:30.39	11-04-2015	-	
400m Estilos	Tempo Final	13.	5:41.07	487	5:31.83	14-03-2015	95%	
MENDES, Joao Santos, 01-07-1998								-
200m Livres	Elimin	38.	2:09.13	492	2:08.39	19-12-2015	99%	
400m Livres	Elimin	21.	4:27.16	558	4:26.89	15-03-2015	100%	
1500m Livres	Tempo Final	13.	17:35.35	562	17:13.73	04-07-2015	96%	
MONTEIRO, Ricardo Manuel, 22-01-1998								-
50m Bruços	Elimin	WDR	-	33.14	04-07-2015	-	-	
MOREIRA, Diogo Fontes, 01-01-1993								4
100m Livres	Elimin	20.	56.72	565	55.57	19-12-2015	96%	
200m Livres	Final	11.	2:01.67	589	2:02.12		101%	
200m Livres	Elimin	12.	2:02.12	582	2:00.23	12-04-2015	97%	
400m Livres	Final	15.	4:22.48	589	4:22.11		100%	
400m Livres	Elimin	14.	4:22.11	591	4:31.67		107%	
50m Mariposa	Final	5.	26.11	633	26.32		102%	
50m Mariposa	Elimin	6.	26.32	618	25.51	23-07-2015	94%	
100m Mariposa	Final	6.	57.76	641	58.54		103%	
100m Mariposa	Elimin	3.	58.54	616	56.28	12-04-2015	92%	
NEVES, Joao Pedro, 01-01-1993								-
100m Mariposa	Final	14.	1:01.67	527	1:00.93		98%	
100m Mariposa	Elimin	11.	1:00.93	546	59.78		96%	
PICAO, Joao Afonso, 12-06-1997								1
100m Livres	Elimin	36.	57.79	534	57.81	15-03-2015	100%	
200m Livres	Elimin	28.	2:05.77	533	2:05.60	04-07-2015	100%	
PICAO, Jose Pedro, 10-02-2001								1
100m Livres	Elimin	41.	1:02.59	420	1:03.93	26-06-2015	104%	
200m Livres	Elimin	WDR	-	-	2:25.94	28-06-2015	-	
QUINTA, Jorge Coelho, 23-04-2001								1
100m Livres	Elimin	40.	1:02.47	423	1:02.55	26-06-2015	100%	
ROCHA, Marta Ferreira, 18-03-1999								-
50m Livres	Elimin	WDR	-	28.44	12-04-2015	-	-	
200m Livres	Elimin	WDR	-	2:17.50	04-07-2015	-	-	
400m Livres	Elimin	WDR	-	4:59.65	02-05-2015	-	-	
50m Mariposa	Elimin	WDR	-	29.77	19-12-2015	-	-	
100m Mariposa	Elimin	WDR	-	1:08.77	02-05-2015	-	-	
SANTOS, Alexandra Jesus, 03-04-2000								2
200m Livres	Elimin	20.	2:22.65	496	2:15.71	04-07-2015	91%	
400m Livres	Elimin	17.	4:55.96	522	5:02.48	02-05-2015	104%	
50m Costas	Final	2.	32.12	597	32.36		101%	

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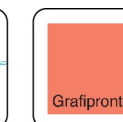
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VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

50m Costas	Elimin	2.	32.36	584	31.71	14-02-2015	96%
100m Costas	Final	3.	1:09.81	577	1:09.77		100%
100m Costas	Elimin	1.	1:09.77	578	1:07.18	19-12-2015	93%
200m Costas	Final	6.	2:36.29	500	2:33.60		97%
200m Costas	Elimin	4.	2:33.60	526	2:26.79	24-07-2015	91%



VII Meeting Internacional da Povo de Varzim
Povo de Varzim, 13-14-2-2016

Lousada Seculo XXI								6
MAGALHAES, Ana Catarina, 03-06-2002								-
100m Livres	Elimin	31.	1:07.72	454	1:05.00	18-07-2015	92%	
200m Livres	Elimin	18.	2:25.68	466	2:21.99	19-07-2015	95%	
400m Livres	Elimin	29.	5:11.96	446	4:59.00	19-07-2015	92%	
MARQUES, Ricardo Alexandre, 09-07-2000								-
100m Mariposa	Elimin	23.	1:08.16	390	1:05.24	15-03-2015	92%	
OLIVEIRA, Mafalda Joana, 17-07-2002								-
200m Costas	Final	8.	2:40.31	463	2:35.34		94%	
200m Costas	Elimin	2.	2:35.34	509	2:35.31	19-07-2015	100%	
100m Bruços	Final	13.	1:21.73	488	1:21.59		100%	
100m Bruços	Elimin	6.	1:21.59	490	1:19.65	19-07-2015	95%	
200m Bruços	Final	16.	2:57.17	484	2:55.22		98%	
200m Bruços	Elimin	8.	2:55.22	500	2:51.48	18-07-2015	96%	
200m Estilos	Final	11.	2:36.39	524	2:36.03		100%	
200m Estilos	Elimin	4.	2:36.03	528	2:35.65	18-07-2015	100%	
400m Estilos	Tempo Final	11.	5:33.87	519	5:27.08	17-07-2015	96%	
PINTO, Antonio Fernando, 29-10-1999								6
400m Livres	Final	2.	4:08.85	691	4:10.86		102%	
400m Livres	Elimin	2.	4:10.86	675	4:13.92		102%	
1500m Livres	Tempo Final	3.	16:23.11	695	17:56.56		120%	
100m Costas	Elimin	17.	1:07.09	464	1:08.13		103%	
200m Estilos	Final	10.	2:17.53	569	2:18.21		101%	
200m Estilos	Elimin	7.	2:18.21	561	2:17.58	26-07-2015	99%	
400m Estilos	Tempo Final	4.	4:44.04	632	4:48.08	02-04-2015	103%	

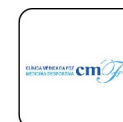
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Nucleo Sportinguista do Concelho da Golega

2

LUZ, Jose Henriques, 05-04-1999

-

50m Livres	Elimin	28.	26.52	490	26.20		98%
100m Livres	Elimin	18.	56.49	572	53.68	28-03-2015	90%
200m Livres	Elimin	26.	2:05.49	536	1:57.02	29-03-2015	87%
400m Livres	Elimin	24.	4:28.15	552	4:10.54	28-03-2015	87%

RIACHOS, Frederico Sucena, 02-06-1998

2

50m Livres	Final	5.	24.76	602	24.89		101%
50m Livres	Elimin	6.	24.89	592	23.82	03-04-2015	92%
100m Livres	Final	6.	54.42	640	54.82		101%
100m Livres	Elimin	7.	54.82	626	52.63	31-05-2015	92%
50m Mariposa	Final	11.	27.04	570	27.00		100%
50m Mariposa	Elimin	11.	27.00	573	26.01	23-07-2015	93%

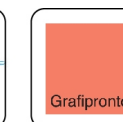
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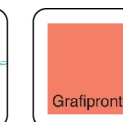
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VII Meeting Internacional da Povo a de Varzim
Povo a de Varzim, 13-14-2-2016

Sport Clube de Mirandela								5
LEMOS, Jose Pedro, 21-07-1999								3
50m Bruços	Final	7.	31.88	569	31.87		100%	
50m Bruços	Elimin	5.	31.87	569	33.13	01-04-2015	108%	
100m Bruços	Final	13.	1:11.54	530	1:11.74		101%	
100m Bruços	Elimin	12.	1:11.74	526	1:11.61	23-07-2015	100%	
200m Bruços	Final	10.	2:38.02	519	2:38.76		101%	
200m Bruços	Elimin	9.	2:38.76	512	2:34.84	25-07-2015	95%	
LEMOS, Maria Ines, 21-08-2002								-
100m Livres	Elimin	47.	1:10.41	404	1:09.14		96%	
100m Costas	Elimin	22.	1:23.96	331	1:23.19		98%	
MARTINS, Ana Joao, 21-04-2000								-
50m Bruços	Elimin	4.	36.27	536	35.05		93%	
100m Bruços	Final	14.	1:21.95	484	1:21.47		99%	
100m Bruços	Elimin	8.	1:21.47	492	1:19.61		95%	
MARTINS, Tomas Tavares, 06-03-2001								1
100m Livres	Elimin	23.	59.84	481	59.84	19-07-2015	100%	
100m Costas	Elimin	17.	1:08.89	428	1:08.10	17-07-2015	98%	
200m Costas	Elimin	19.	2:34.47	380	2:25.88	18-07-2015	89%	
200m Estilos	Elimin	9.	2:30.43	435	2:30.73	19-07-2015	100%	
PIRES, Francisco Joao, 28-04-2000								1
100m Livres	Elimin	21.	59.64	486	59.45	26-07-2015	99%	
100m Costas	Elimin	15.	1:08.53	435	1:08.07	26-07-2015	99%	
200m Costas	Elimin	15.	2:32.51	395	2:33.84		102%	
200m Estilos	Elimin	11.	2:31.77	423	2:28.32		96%	



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Povo de Varzim, 13-14-2-2016

Sporting Clube de Aveiro								12
ANDIAS, Catarina Salome, 10-01-2002								-
400m Livres	Elimin	28.	5:11.74	447	5:08.44	28-06-2015	98%	-
CAETANO, Gino Santos, 12-05-1994								-
200m Livres	Elimin	39.	2:10.33	479	2:07.61	14-03-2015	96%	-
COSTA, Carolina Jorge, 02-02-2002								-
100m Livres	Elimin	39.	1:09.13	427	1:07.71	06-06-2015	96%	-
FELIX, Marta Silva, 11-11-1999								1
100m Costas	Elimin	WDR		-	1:11.36	05-07-2015	-	-
200m Costas	Final	12.	2:39.26	472	2:39.29		100%	-
200m Costas	Elimin	5.	2:39.29	472	2:32.40	04-07-2015	92%	-
LEBRE, Diogo Ramos, 27-06-2001								3
100m Livres	Elimin	5.	57.84	533	59.71	19-07-2015	107%	-
200m Livres	Elimin	9.	2:08.54	499	2:08.62	18-07-2015	100%	-
400m Livres	Elimin	13.	4:32.77	525	4:36.73	18-07-2015	103%	-
MACHADO, Tiago Andrade, 13-06-2002								3
100m Livres	Elimin	16.	59.15	498	1:01.81	06-06-2015	109%	-
200m Livres	Elimin	15.	2:10.39	478	2:15.29	06-06-2015	108%	-
100m Mariposa	Elimin	18.	1:05.35	443	1:06.43	18-07-2015	103%	-
MARQUES, Carla Laranjeira, 17-10-2000								1
400m Livres	Elimin	19.	4:57.65	513	5:00.24	15-03-2015	102%	-
SANTOS, Ana Pedro, 09-07-2002								1
100m Livres	Final	7.	1:02.33	583	1:02.24		100%	-
100m Livres	Elimin	2.	1:02.24	585	1:03.88	28-06-2015	105%	-
100m Costas	Final	11.	1:12.92	506	1:12.88		100%	-
100m Costas	Elimin	4.	1:12.88	507	1:10.56	27-06-2015	94%	-
TOME, Maria de Castro, 04-04-2002								1
100m Livres	Elimin	20.	1:06.37	482	1:06.53	18-07-2015	100%	-
200m Estilos	Elimin	21.	2:46.67	433	2:45.77	27-06-2015	99%	-
TRIGO, Hugo Guilherme, 30-10-1997								2
50m Livres	Final	7.	24.89	592	24.68		98%	-
50m Livres	Elimin	3.	24.68	608	24.27	25-07-2015	97%	-
100m Livres	Final	14.	56.47	573	55.44		96%	-
100m Livres	Elimin	12.	55.44	605	55.18	26-07-2015	99%	-
50m Mariposa	Final	3.	25.91	648	25.94		100%	-
50m Mariposa	Elimin	2.	25.94	646	25.37	23-07-2015	96%	-
100m Mariposa	Final	4.	57.65	645	59.05		105%	-
100m Mariposa	Elimin	6.	59.05	600	56.71	30-05-2015	92%	-

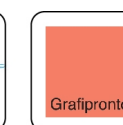
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Povoada de Varzim, 13-14-2-2016

Sporting Clube de Braga										35
CARNEIRO, Fabio Lucas, 16-02-2001										3
100m Mariposa	Elimin	21.	1:06.51	420	1:06.68	18-07-2015	101%			
200m Mariposa	Final	12.	2:19.01	516	2:19.57		101%			
200m Mariposa	Elimin	5.	2:19.57	509	2:26.38	19-07-2015	110%			
CORREIA, Narciso Daniel, 11-08-1997										-
1500m Livres	Tempo Final	7.	17:02.96	617	16:40.77	01-04-2015	96%			
COSTA, Joao Mano, 08-01-2001										1
200m Livres	Elimin	27.	2:14.59	435	2:14.20		99%			
400m Livres	Elimin	20.	4:39.37	488	4:43.45		103%			
FERNANDES, Ana Sofia, 05-04-1993										-
100m Livres	Elimin	17.	1:03.96	539	1:02.72		96%			
200m Livres	Final	16.	2:17.84	550	2:16.63		98%			
200m Livres	Elimin	7.	2:16.63	565	2:13.95		96%			
FERNANDES, Jose Pedro, 31-05-1999										2
50m Livres	Final	15.	25.83	530	25.66		99%			
50m Livres	Elimin	16.	25.66	541	26.49	26-07-2015	107%			
100m Livres	Elimin	26.	57.09	554	54.75	26-07-2015	92%			
200m Livres	Final	14.	2:02.77	573	2:02.86		100%			
200m Livres	Elimin	14.	2:02.86	572	2:00.18	24-07-2015	96%			
400m Livres	Elimin	13.	4:21.85	593	4:14.23	25-07-2015	94%			
FREIXO, Juliana Lima, 13-08-1997										-
50m Costas	Elimin				31.65	20-12-2015	-			
100m Costas	Elimin				1:08.80	19-12-2015	-			
200m Costas	Elimin				2:29.78	20-12-2015	-			
50m Mariposa	Elimin				30.20		-			
HOLUB, Tamila Hryhorivna, 15-05-1999										1
400m Livres	Final	2.	4:18.30	785	4:25.48		106%			
400m Livres	Elimin	1.	4:25.48	723	4:17.92	24-01-2016	94%			
800m Livres	Tempo Final	1.	8:48.44	784	8:45.53	30-05-2015	99%			
LIMA, Jessica Soares, 24-10-2002										2
100m Livres	Elimin	19.	1:06.28	484	1:04.88	18-07-2015	96%			
200m Livres	Final	13.	2:16.86	562	2:18.79		103%			
200m Livres	Elimin	5.	2:18.79	539	2:17.20	02-05-2015	98%			
400m Livres	Elimin	10.	4:55.03	527	4:50.09	19-07-2015	97%			
800m Livres	Tempo Final	11.	9:55.86	547	10:07.64	18-07-2015	104%			
LOPES, Joao Francisco, 13-08-1998										3
50m Costas	Final	5.	28.24	616	28.47		102%			
50m Costas	Elimin	5.	28.47	602	27.70	25-07-2015	95%			
50m Mariposa	Final	8.	26.57	601	26.62		100%			
50m Mariposa	Elimin	8.	26.62	598	25.88	19-12-2015	95%			
100m Mariposa	Final	7.	59.19	596	59.39		101%			
100m Mariposa	Elimin	8.	59.39	590	58.21	02-05-2015	96%			
LOPES, Jose Paulo, 16-10-2000										4
1500m Livres	Tempo Final	2.	16:14.56	713	16:32.91	20-12-2015	104%			
100m Mariposa	Final	15.	1:02.75	500	1:00.48		93%			
100m Mariposa	Elimin	2.	1:00.48	558	1:04.22	04-04-2015	113%			
200m Estilos	Final	7.	2:17.83	565	2:16.02		97%			
200m Estilos	Elimin	2.	2:16.02	588	2:16.46		101%			
400m Estilos	Tempo Final	5.	4:45.96	620	4:47.87	24-07-2015	101%			
MARQUES, Erika Almeida, 31-10-2001										1
100m Livres	Elimin	28.	1:07.41	460	1:08.01	24-07-2015	102%			
200m Livres	Elimin	10.	2:23.27	490	2:21.75	24-07-2015	98%			
400m Livres	Elimin	15.	4:59.85	502	4:54.72	25-07-2015	97%			
MARTINS, David Emanuel, 12-11-1997										1
400m Livres	Elimin	15.	4:22.13	591	4:27.31		104%			
200m Mariposa	Final	8.	2:17.97	527	2:17.55		99%			
200m Mariposa	Elimin	5.	2:17.55	532	2:15.85		98%			
MIRANDA, Rita Catarina, 10-01-1997										3
50m Bruços	Final	11.	37.11	501	37.13		100%			
50m Bruços	Elimin	14.	37.13	500	36.44	12-04-2015	96%			
100m Bruços	Final	9.	1:19.50	530	1:20.62		103%			
100m Bruços	Elimin	6.	1:20.62	508	1:18.47	23-07-2015	95%			
200m Bruços	Final	9.	2:50.20	546	2:52.17		102%			
200m Bruços	Elimin	6.	2:52.17	527	2:44.40	25-07-2015	91%			

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NEVES, Margarida Malheiro, 02-08-2001								2
100m Mariposa	Final	7.	1:09.16	520	1:08.82		99%	
100m Mariposa	Elimin	3.	1:08.82	528	1:09.64	25-07-2015	102%	
200m Mariposa	Final	5.	2:27.46	563	2:28.99		102%	
200m Mariposa	Elimin	2.	2:28.99	546	2:28.62	26-07-2015	100%	
PEREIRA, Joao Peixoto, 28-06-2001								3
100m Livres	Elimin	8.	58.00	529	58.11	18-07-2015	100%	
200m Livres	Elimin	2.	2:03.53	562	2:03.80	18-07-2015	100%	
400m Livres	Final	14.	4:22.21	591	4:21.74		100%	
400m Livres	Elimin	2.	4:21.74	594	4:23.09	18-07-2015	101%	
RIBEIRO, Beatriz Carvalho, 28-08-1997								-
50m Bruços	Final	4.	36.31	535	36.29		100%	
50m Bruços	Elimin	5.	36.29	536	35.19	20-12-2015	94%	
100m Bruços	Final	11.	1:21.17	498	1:21.15		100%	
100m Bruços	Elimin	7.	1:21.15	498	1:18.02		92%	
RIBEIRO, Edgar Oliveira, 10-12-1993								-
100m Livres	Elimin	WDR		-	58.11		-	
200m Livres	Elimin	37.	2:08.23	503	2:05.29	14-02-2015	95%	
100m Costas	Elimin	15.	1:06.23	482	1:04.36	29-11-2015	94%	
SILVA, Beatriz Ferreira, 10-03-2001								2
100m Livres	Elimin	25.	1:06.81	473	1:08.94	14-02-2015	106%	
200m Livres	Elimin	11.	2:23.29	490	2:28.42	15-02-2015	107%	
400m Livres	Elimin	20.	5:03.01	486	5:01.53		99%	
SILVA, Jorge Jesus, 29-03-2000								4
400m Livres	Final	9.	4:17.11	627	4:19.10		102%	
400m Livres	Elimin	1.	4:19.10	612	4:14.70		97%	
100m Costas	Final	7.	1:02.52	573	1:02.47		100%	
100m Costas	Elimin	1.	1:02.47	574	1:05.30		109%	
100m Mariposa	Final	10.	59.50	587	1:00.35		103%	
100m Mariposa	Elimin	1.	1:00.35	562	1:00.20	14-02-2015	100%	
200m Estilos	Final	3.	2:12.66	634	2:14.04		102%	
200m Estilos	Elimin	1.	2:14.04	615	2:10.83	26-07-2015	95%	
VELOSO, Mario Jorge, 17-03-1998								3
50m Bruços	Final	5.	31.76	575	31.89		101%	
50m Bruços	Elimin	6.	31.89	568	30.70	20-12-2015	93%	
100m Bruços	Final	4.	1:07.58	629	1:08.94		104%	
100m Bruços	Elimin	5.	1:08.94	593	1:06.65	11-04-2015	93%	
200m Bruços	Final	3.	2:25.25	668	2:28.65		105%	
200m Bruços	Elimin	1.	2:28.65	623	2:25.61	12-04-2015	96%	

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Sporting Clube de Espinho								1
ALMEIDA, Martim Neiva, 01-09-2001								-
100m Livres	Elimin	WDR	-	1:04.84	27-06-2015	-	-	
200m Livres	Elimin	WDR	-	2:26.15	28-06-2015	-	-	
BRANCO, Joao Miguel, 12-03-1998								-
50m Mariposa	Elimin	18.	27.61	536	27.41	04-07-2015	99%	
MARQUES, Tiago Andre, 17-09-1993								-
50m Bruços	Final	3.	31.33	599	31.24		99%	
50m Bruços	Elimin	2.	31.24	604	31.20	04-07-2015	100%	
MELO, Ines Pinheiro, 07-08-2001								1
100m Livres	Elimin	40.	1:09.18	426	1:11.79	14-03-2015	108%	
200m Livres	Elimin	42.	2:37.17	371	2:34.89	14-03-2015	97%	
POINHO, Maria Ines, 17-06-2001								-
200m Bruços	Elimin	26.	3:22.43	324	3:15.12		93%	
SILVA, Carolina Rocha, 27-05-1999								-
100m Livres	Elimin	28.	1:07.40	461	1:06.82	05-07-2015	98%	

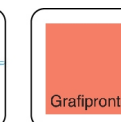
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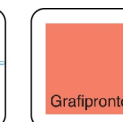
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Viana Natacao Clube							5
LOURENCO, Alice Carmo, 19-04-2002							4
200m Livres	Elimin	15.	2:25.15	471	2:30.00	107%	
400m Livres	Elimin	18.	5:01.59	493	5:16.82	110%	
100m Costas	Final	14.	1:13.23	499	1:12.78	99%	
100m Costas	Elimin	2.	1:12.78	509	1:15.34	107%	
200m Costas	Final	5.	2:36.05	502	2:36.67	101%	
200m Costas	Elimin	3.	2:36.67	496	2:33.00	95%	
OLIVEIRA, Goncalo Santos, 16-02-2000							-
100m Bruços	Elimin	8.	1:17.84	411	1:16.00	95%	
200m Bruços	Final	16.	2:49.18	423	2:47.91	99%	
200m Bruços	Elimin	6.	2:47.91	432	2:45.00	97%	
200m Estilos	Elimin	10.	2:31.21	428	2:30.00	98%	
OLIVEIRA, Renato Torre, 08-01-1999							-
400m Livres	Elimin	34.	4:39.61	487	4:30.00	93%	
PINTO, Ana Miguel, 25-03-1999							-
400m Livres	Elimin	WDR	-	-	4:56.95	-	
200m Estilos	Elimin	WDR	-	-	2:35.84	-	
SANTOS, Joao Francisco, 28-06-1999							-
100m Livres	Elimin	46.	59.17	498	56.88	92%	04-04-2015
SILVA, Margarida Magalhaes, 15-10-2002							1
100m Mariposa	Elimin	14.	1:14.24	420	1:15.00	102%	



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Vit�ria Sport Clube/Olicargo								20
COSTA, Joao Nogueira, 06-08-2001								1
100m Costas	Elimin	20.	1:09.61	415	1:10.49		103%	
200m Costas	Elimin	WDR		-	2:37.62		-	
FARIA, Ricardo Manuel, 26-02-2000								1
100m Livres	Elimin	38.	1:02.26	427	1:04.06	05-07-2015	106%	
FERNANDES, Ana Ines, 27-02-2000								2
50m Livres	Final	15.	29.84	502	29.90		100%	
50m Livres	Elimin	14.	29.90	499	29.92	14-03-2015	100%	
100m Livres	Elimin	22.	1:05.33	506	1:05.25	14-03-2015	100%	
200m Livres	Elimin	18.	2:22.44	499	2:22.17	15-02-2015	100%	
FERNANDES, Filipa Viamonte, 17-12-2002								5
100m Livres	Elimin	21.	1:06.66	476	1:07.12	14-02-2015	101%	
400m Livres	Elimin	16.	4:59.98	501	5:09.56	19-07-2015	106%	
100m Costas	Elimin	10.	1:15.56	455	1:16.12	27-06-2015	101%	
100m Mariposa	Final	16.	1:13.39	435	1:10.35		92%	
100m Mariposa	Elimin	6.	1:10.35	494	1:13.35	28-06-2015	109%	
200m Mariposa	Final	13.	2:39.50	445	2:43.81		105%	
200m Mariposa	Elimin	7.	2:43.81	411	2:43.64	27-06-2015	100%	
FERNANDES, Pedro Miguel, 10-04-1999								2
50m Livres	Final	10.	25.19	571	25.02		99%	
50m Livres	Elimin	9.	25.02	583	25.01	30-05-2015	100%	
100m Livres	Final	4.	53.73	665	54.20		102%	
100m Livres	Elimin	5.	54.20	648	53.74	26-07-2015	98%	
50m Mariposa	Final	7.	26.28	621	26.32		100%	
50m Mariposa	Elimin	6.	26.32	618	26.17	04-07-2015	99%	
100m Mariposa	Elimin	20.	1:02.18	514	1:01.23	25-07-2015	97%	
MACEDO, Beatriz Daniela, 04-07-2002								3
100m Livres	Elimin	24.	1:06.80	473	1:08.11	27-06-2015	104%	
200m Livres	Elimin	17.	2:25.31	470	2:32.29	15-02-2015	110%	
400m Livres	Elimin	31.	5:12.22	445	5:12.76	14-02-2015	100%	
MAGALHAES, Eduardo Miguel, 08-09-2002								-
100m Livres	Elimin	43.	1:03.38	405	1:03.25	19-07-2015	100%	
RODRIGUES, Maria Carolina, 12-09-2001								3
400m Livres	Elimin	24.	5:06.65	469	5:16.29	04-07-2015	106%	
200m Bruços	Elimin	13.	3:02.70	441	3:07.78	13-03-2015	106%	
200m Estilos	Elimin	9.	2:39.75	492	2:44.19	05-07-2015	106%	
SILVA, Noemia Verdi, 05-01-1999								-
50m Livres	Final	9.	29.44	523	29.40		100%	
50m Livres	Elimin	9.	29.40	525	28.98		97%	
VIEIRA, Valeria Goncalves, 06-12-2002								3
100m Bruços	Elimin	17.	1:26.85	406	1:28.23	19-07-2015	103%	
200m Bruços	Elimin	18.	3:06.37	415	3:07.97	14-02-2015	102%	
200m Estilos	Elimin	23.	2:47.19	429	2:49.26	15-02-2015	102%	

