

Prova 7  
02-02-2013 - 17:05

Femin., 400m Livres

12 - 16 anos  
Resultados Final

CN Absoluto	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009
CN Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009
CN Inf A	4:25.30	tempo limite,			
CN Juv	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15-05-2004
CN Jun	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20-12-2004

Infantis B Fem Inf B: 5:36.00 / Infantis A Fem Inf A: 5:26.00 / Juvenis Fem Juv: 5:16.50 / Juniores Fem Jun: 5:06.00

Pontos: FINA 2012

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Pts	OBS
<b>Infantis</b>								
<b>Final</b>								
1.	Ana Rita, FARIA	F	117417 00	Porto	<b>4:44.27</b>	564	10	
	50m: 33.69 33.69		150m: 1:45.58 36.46	250m: 2:57.76 36.16	350m: 4:09.90 36.23			
	100m: 1:09.12 35.43		200m: 2:21.60 36.02	300m: 3:33.67 35.91	400m: 4:44.27 34.37			
2.	Gracia Suarez, GONZALEZ	F	536791800	Santa Olaya	<b>4:44.99</b>	560	7	
	50m: 33.25 33.25		150m: 1:45.87 36.38	250m: 2:58.48 36.33	350m: 4:11.42 36.28			
	100m: 1:09.49 36.24		200m: 2:22.15 36.28	300m: 3:35.14 36.66	400m: 4:44.99 33.57			
3.	Joana Francisca, COSTA	F	118312 00	Felgueiras	<b>4:56.90</b>	495	6	
	50m: 33.34 33.34		150m: 1:46.94 37.47	250m: 3:03.48 38.34	350m: 4:19.67 38.33			
	100m: 1:09.47 36.13		200m: 2:25.14 38.20	300m: 3:41.34 37.86	400m: 4:56.90 37.23			
4.	Noemi Alonso, VALLE	F	537773700	Santa Olaya	<b>4:58.83</b>	485	5	
	50m: 34.34 34.34		150m: 1:48.88 37.39	250m: 3:05.25 38.38	350m: 4:21.86 38.26			
	100m: 1:11.49 37.15		200m: 2:26.87 37.99	300m: 3:43.60 38.35	400m: 4:58.83 36.97			
5.	Alexandra Jesus, SANTOS	F	117408 00	Leixões Sport Clube	<b>5:00.42</b>	478	4	
	50m: 33.97 33.97		150m: 1:48.73 38.25	250m: 3:05.42 38.56	350m: 4:23.33 39.05			
	100m: 1:10.48 36.51		200m: 2:26.86 38.13	300m: 3:44.28 38.86	400m: 5:00.42 37.09			
6.	Lucia Iglesias, GUTIERREZ	F	537819500	Santa Olaya	<b>5:06.22</b>	451	3	
	50m: 35.48 35.48		150m: 1:52.27 38.23	250m: 3:10.73 38.95	350m: 4:28.65 38.64			
	100m: 1:14.04 38.56		200m: 2:31.78 39.51	300m: 3:50.01 39.28	400m: 5:06.22 37.57			
7.	Sara Abraldes, ALVAREZ	F	584300800	Santa Olaya	<b>5:06.32</b>	451	2	
	50m: 34.76 34.76		150m: 1:52.65 39.26	250m: 3:11.12 38.90	350m: 4:29.31 38.98			
	100m: 1:13.39 38.63		200m: 2:32.22 39.57	300m: 3:50.33 39.21	400m: 5:06.32 37.01			
8.	Ines Alves, MARTINS	F	112126 01	Fluvial Portuense	<b>5:08.70</b>	440	1	
	50m: 35.60 35.60		150m: 1:53.27 39.20	250m: 3:12.00 39.24	350m: 4:30.63 39.35			
	100m: 1:14.07 38.47		200m: 2:32.76 39.49	300m: 3:51.28 39.28	400m: 5:08.70 38.07			

Juvenis

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Pts	OBS
<b>Juvenis</b>								
<b>Final</b>								
1.	Tamila Hryhorivna, HOLUB	F	116887 99	Braga	<b>4:32.52</b>	640	10	
	50m: 31.64 31.64		150m: 1:39.50 34.21	250m: 2:49.00 34.94	350m: 3:59.14 35.08			
	100m: 1:05.29 33.65		200m: 2:14.06 34.56	300m: 3:24.06 35.06	400m: 4:32.52 33.38			
2.	Mariana Alexandre, OLIVEIRA	F	107368 99	Porto	<b>4:44.10</b>	565	7	
	50m: 32.03 32.03		150m: 1:42.31 35.81	250m: 2:55.20 36.43	350m: 4:08.36 36.63			
	100m: 1:06.50 34.47		200m: 2:18.77 36.46	300m: 3:31.73 36.53	400m: 4:44.10 35.74			
3.	Sofia Castano, BUSON	F	584285299	Santa Olaya	<b>4:44.54</b>	562	6	
	50m: 32.54 32.54		150m: 1:43.56 35.82	250m: 2:56.10 36.16	350m: 4:09.53 36.81			
	100m: 1:07.74 35.20		200m: 2:19.94 36.38	300m: 3:32.72 36.62	400m: 4:44.54 35.01			
4.	Ana Beatriz La, FERIA	F	116885 99	Porto	<b>4:47.55</b>	545	5	
	50m: 33.02 33.02		150m: 1:43.94 35.99	250m: 2:57.78 37.12	350m: 4:11.80 36.99			
	100m: 1:07.95 34.93		200m: 2:20.66 36.72	300m: 3:34.81 37.03	400m: 4:47.55 35.75			
5.	Ana Caetano, OLIVEIRA	F	118366 99	Leixões Sport Clube	<b>4:48.69</b>	538	4	
	50m: 33.38 33.38		150m: 1:45.91 36.85	250m: 2:59.65 36.63	350m: 4:13.95 37.11			
	100m: 1:09.06 35.68		200m: 2:23.02 37.11	300m: 3:36.84 37.19	400m: 4:48.69 34.74			
6.	Ines Maria, NEVES	F	104492 99	Porto	<b>4:49.33</b>	535	3	
	50m: 33.72 33.72		150m: 1:46.35 36.67	250m: 3:00.33 36.64	350m: 4:13.87 36.65			
	100m: 1:09.68 35.96		200m: 2:23.69 37.34	300m: 3:37.22 36.89	400m: 4:49.33 35.46			
7.	Ines Maria, PEREIRA	F	105607 99	Leixões Sport Clube	<b>4:51.38</b>	524	2	
	50m: 33.49 33.49		150m: 1:46.11 36.69	250m: 3:00.18 36.90	350m: 4:14.63 37.14			
	100m: 1:09.42 35.93		200m: 2:23.28 37.17	300m: 3:37.49 37.31	400m: 4:51.38 36.75			
8.	Viviana Pinto, CUNHA	F	125474 99	Famalicão	<b>4:53.06</b>	515	1	
	50m: 33.50 33.50		150m: 1:45.44 36.60	250m: 3:00.57 37.66	350m: 4:16.05 37.92			
	100m: 1:08.84 35.34		200m: 2:22.91 37.47	300m: 3:38.13 37.56	400m: 4:53.06 37.01			

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 24593

Registered to Associacao de Natacao do Norte de Portugal

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Prova 7, Femin., 400m Livres, Final

Juniores

Final

1.	Adriana Daniela, CASTRO	F	104515 97	Porto					<b>4:33.49</b>	633	10
	50m: 32.27	32.27	150m: 1:41.67	34.59	250m: 2:51.47	35.00	350m: 3:59.39	33.61			
	100m: 1:07.08	34.81	200m: 2:16.47	34.80	300m: 3:25.78	34.31	400m: 4:33.49	34.10			
2.	Alba Ortiz de Guinea, BASTON	F	537812797	Santa Olaya					<b>4:33.60</b>	633	7
	50m: 32.27	32.27	150m: 1:42.02	34.85	250m: 2:51.44	34.98	350m: 3:58.12	33.35			
	100m: 1:07.17	34.90	200m: 2:16.46	34.44	300m: 3:24.77	33.33	400m: 4:33.60	35.48			
3.	Ana Silva, COSTA	F	104446 98	Famalicão					<b>4:36.82</b>	611	6
	50m: 32.58	32.58	150m: 1:42.11	34.61	250m: 2:51.59	34.88	350m: 4:01.29	34.60			
	100m: 1:07.50	34.92	200m: 2:16.71	34.60	300m: 3:26.69	35.10	400m: 4:36.82	35.53			
4.	Lucia Vergara, SEVILLANO	F	536776297	Santa Olaya					<b>4:39.31</b>	594	5
	50m: 32.13	32.13	150m: 1:41.97	35.13	250m: 2:52.65	35.42	350m: 4:03.87	35.74			
	100m: 1:06.84	34.71	200m: 2:17.23	35.26	300m: 3:28.13	35.48	400m: 4:39.31	35.44			
5.	Ana Filipa, MARTINS	F	104438 97	Felgueiras					<b>4:40.90</b>	584	4
	50m: 32.24	32.24	150m: 1:42.54	35.25	250m: 2:53.49	35.81	350m: 4:05.16	36.13			
	100m: 1:07.29	35.05	200m: 2:17.68	35.14	300m: 3:29.03	35.54	400m: 4:40.90	35.74			
6.	Paula Alonso, GUTIERREZ	F	584279297	Santa Olaya					<b>4:41.09</b>	583	3
	50m: 32.17	32.17	150m: 1:43.50	35.98	250m: 2:55.55	36.01	350m: 4:07.13	35.74			
	100m: 1:07.52	35.35	200m: 2:19.54	36.04	300m: 3:31.39	35.84	400m: 4:41.09	33.96			
7.	Maria Carolina, RIBEIRO	F	106805 98	Porto					<b>4:41.11</b>	583	2
	50m: 32.73	32.73	150m: 1:43.11	35.30	250m: 2:54.36	35.72	350m: 4:06.05	35.73			
	100m: 1:07.81	35.08	200m: 2:18.64	35.53	300m: 3:30.32	35.96	400m: 4:41.11	35.06			
8.	Maria Joao, FERNANDES	F	102092 97	Vilacondense					<b>4:41.14</b>	583	1
	50m: 33.01	33.01	150m: 1:44.00	35.71	250m: 2:54.26	35.11	350m: 4:06.05	36.16			
	100m: 1:08.29	35.28	200m: 2:19.15	35.15	300m: 3:29.89	35.63	400m: 4:41.14	35.09			