

Prova 7
02-02-2013 - 10:35

Femin., 400m Livres

12 - 16 anos
Resultados Elimin

| | | | | | |
|-------------|---------|-------------------------|-------|------------|------------|
| CN Absoluto | 4:13.97 | Sara Beatriz, LOUREIRO | FCP | Leiria | 05-12-2009 |
| CN Inf B | 4:38.40 | Filipa Vilas, RUIVO | DNMG | Alcobaça | 13-06-2009 |
| CN Inf A | 4:25.30 | tempo limite, | | | |
| CN Juv | 4:23.08 | Susana Patricia, MIGUEL | SFUAP | Alhandra | 15-05-2004 |
| CN Jun | 4:18.39 | Ana Claudia, SANTOS | SFUAP | Cantanhede | 20-12-2004 |

Infantis B Fem Inf B: 5:36.00 / Infantis A Fem Inf A: 5:26.00 / Juvenis Fem Juv: 5:16.50 / Juniores Fem Jun: 5:06.00

Pontos: FINA 2012

| Lugar | Nome | Sexo | Licença | Ano | Clube | Tempo Final | FINA | Pts | OBS |
|-------------------|---------------------------|------|---------------|-----|---------------------|----------------|-------|---------------|-------|
| Infantis B | | | | | | | | | |
| 1. | Ines Alves, MARTINS | F | 112126 | 01 | Fluvial Portuense | 5:07.78 | 444 | | A |
| | 50m: 35.15 35.15 | | 150m: 1:52.66 | | 39.16 250m: 3:11.04 | | 38.99 | 350m: 4:29.71 | 39.26 |
| | 100m: 1:13.50 38.35 | | 200m: 2:32.05 | | 39.39 300m: 3:50.45 | | 39.41 | 400m: 5:07.78 | 38.07 |
| 2. | Mariana Oliveira, RIBEIRO | F | 112134 | 01 | Lamas | 5:15.07 | 414 | | |
| | 50m: 36.16 36.16 | | 150m: 1:57.03 | | 40.95 250m: 3:18.38 | | 41.05 | 350m: 4:38.18 | 39.09 |
| | 100m: 1:16.08 39.92 | | 200m: 2:37.33 | | 40.30 300m: 3:59.09 | | 40.71 | 400m: 5:15.07 | 36.89 |
| 3. | Jessica Goncalves, VILACA | F | 121309 | 01 | Braga | 5:25.58 | 375 | | |
| | 50m: 37.57 37.57 | | 150m: 1:59.77 | | 41.55 250m: 3:23.35 | | 41.60 | 350m: 4:45.68 | 40.94 |
| | 100m: 1:18.22 40.65 | | 200m: 2:41.75 | | 41.98 300m: 4:04.74 | | 41.39 | 400m: 5:25.58 | 39.90 |

Infantis A

| | | | | | | | | | |
|-----|----------------------------|---|---------------|----|---------------------------|----------------|-------|---------------|-------|
| 1. | Ana Rita, FARIA | F | 117417 | 00 | Porto | 4:51.93 | 521 | | A |
| | 50m: 33.77 33.77 | | 150m: 1:47.42 | | 37.33 250m: 3:01.04 | | 36.67 | 350m: 4:15.45 | 37.34 |
| | 100m: 1:10.09 36.32 | | 200m: 2:24.37 | | 36.95 300m: 3:38.11 | | 37.07 | 400m: 4:51.93 | 36.48 |
| 2. | Gracia Suarez, GONZALEZ | F | 536791800 | | Santa Olaya | 4:52.06 | 520 | | A |
| | 50m: 33.14 33.14 | | 150m: 1:47.04 | | 37.56 250m: 3:01.64 | | 37.28 | 350m: 4:15.55 | 37.24 |
| | 100m: 1:09.48 36.34 | | 200m: 2:24.36 | | 37.32 300m: 3:38.31 | | 36.67 | 400m: 4:52.06 | 36.51 |
| 3. | Joana Francisca, COSTA | F | 118312 | 00 | Felgueiras | 4:57.89 | 490 | | A |
| | 50m: 34.24 34.24 | | 150m: 1:48.29 | | 37.36 250m: 3:03.84 | | 37.53 | 350m: 4:20.26 | 38.23 |
| | 100m: 1:10.93 36.69 | | 200m: 2:26.31 | | 38.02 300m: 3:42.03 | | 38.19 | 400m: 4:57.89 | 37.63 |
| 4. | Noemi Alonso, VALLE | F | 537773700 | | Santa Olaya | 5:02.23 | 469 | | A |
| | 50m: 34.45 34.45 | | 150m: 1:51.58 | | 38.80 250m: 3:08.64 | | 38.58 | 350m: 4:25.79 | 38.93 |
| | 100m: 1:12.78 38.33 | | 200m: 2:30.06 | | 38.48 300m: 3:46.86 | | 38.22 | 400m: 5:02.23 | 36.44 |
| 5. | Alexandra Jesus, SANTOS | F | 117408 | 00 | Leixões Sport Clube | 5:03.19 | 465 | | A |
| | 50m: 34.68 34.68 | | 150m: 1:51.62 | | 38.41 250m: 3:09.11 | | 38.68 | 350m: 4:26.49 | 38.75 |
| | 100m: 1:13.21 38.53 | | 200m: 2:30.43 | | 38.81 300m: 3:47.74 | | 38.63 | 400m: 5:03.19 | 36.70 |
| 6. | Sara Abралdes, ALVAREZ | F | 584300800 | | Santa Olaya | 5:05.35 | 455 | | A |
| | 50m: 33.41 33.41 | | 150m: 1:50.03 | | 38.71 250m: 3:08.51 | | 39.55 | 350m: 4:26.82 | 38.78 |
| | 100m: 1:11.32 37.91 | | 200m: 2:28.96 | | 38.93 300m: 3:48.04 | | 39.53 | 400m: 5:05.35 | 38.53 |
| 7. | Lucia Iglesias, GUTIERREZ | F | 537819500 | | Santa Olaya | 5:07.25 | 446 | | A |
| | 50m: 36.25 36.25 | | 150m: 1:52.76 | | 38.60 250m: 3:10.83 | | 39.23 | 350m: 4:29.52 | 39.44 |
| | 100m: 1:14.16 37.91 | | 200m: 2:31.60 | | 38.84 300m: 3:50.08 | | 39.25 | 400m: 5:07.25 | 37.73 |
| 8. | Adriana Marisa, FIGUEIREDO | F | 109297 | 00 | Famalicão | 5:08.69 | 440 | | R |
| | 50m: 34.44 34.44 | | 150m: 1:51.30 | | 39.10 250m: 3:10.24 | | 39.26 | 350m: 4:30.32 | 40.26 |
| | 100m: 1:12.20 37.76 | | 200m: 2:30.98 | | 39.68 300m: 3:50.06 | | 39.82 | 400m: 5:08.69 | 38.37 |
| 9. | Daniela Domingues, SOUSA | F | 117411 | 00 | Valongo | 5:13.51 | 420 | | R |
| | 50m: 35.25 35.25 | | 150m: 1:52.57 | | 38.89 250m: 3:11.57 | | 39.90 | 350m: 4:32.83 | 40.81 |
| | 100m: 1:13.68 38.43 | | 200m: 2:31.67 | | 39.10 300m: 3:52.02 | | 40.45 | 400m: 5:13.51 | 40.68 |
| 10. | Natalia Matos, CUNHA | F | 120259 | 00 | Assoc. Desportiva de Fafe | 5:16.28 | 409 | | |
| | 50m: 35.55 35.55 | | 150m: 1:55.27 | | 40.23 250m: 3:16.26 | | 40.57 | 350m: 4:38.96 | 42.26 |
| | 100m: 1:15.04 39.49 | | 200m: 2:35.69 | | 40.42 300m: 3:56.70 | | 40.44 | 400m: 5:16.28 | 37.32 |
| 11. | Ines Silva, OLIVEIRA | F | 116890 | 00 | Leixões Sport Clube | 5:18.29 | 402 | | |
| | 50m: 35.90 35.90 | | 150m: 1:55.76 | | 40.13 250m: 3:16.22 | | 40.43 | 350m: 4:37.84 | 40.65 |
| | 100m: 1:15.63 39.73 | | 200m: 2:35.79 | | 40.03 300m: 3:57.19 | | 40.97 | 400m: 5:18.29 | 40.45 |
| 12. | Maria Leonor, VALENTE | F | 108288 | 00 | Fluvial Portuense | 5:18.99 | 399 | | |
| | 50m: 35.81 35.81 | | 150m: 1:55.73 | | 40.52 250m: 3:17.37 | | 40.93 | 350m: 4:39.21 | 40.94 |
| | 100m: 1:15.21 39.40 | | 200m: 2:36.44 | | 40.71 300m: 3:58.27 | | 40.90 | 400m: 5:18.99 | 39.78 |
| 13. | Helena Neto, COSTA | F | 111309 | 00 | Gespacos | 5:20.29 | 394 | | |
| | 50m: 34.95 34.95 | | 150m: 1:55.06 | | 40.96 250m: 3:18.38 | | 41.91 | 350m: 4:41.18 | 41.65 |
| | 100m: 1:14.10 39.15 | | 200m: 2:36.47 | | 41.41 300m: 3:59.53 | | 41.15 | 400m: 5:20.29 | 39.11 |
| 14. | Alexandra Santos, FERREIRA | F | 110546 | 00 | Fluvial Portuense | 5:22.19 | 387 | | |
| | 50m: 36.55 36.55 | | 150m: 1:56.41 | | 40.47 250m: 3:18.85 | | 40.98 | 350m: 4:41.72 | 41.47 |
| | 100m: 1:15.94 39.39 | | 200m: 2:37.87 | | 41.46 300m: 4:00.25 | | 41.40 | 400m: 5:22.19 | 40.47 |

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 24593

Registered to Associação de Natacao do Norte de Portugal

03-02-2013 18:47 - Página 1

Prova 7, Femin., 400m Livres, Elimin

Juvenis

| | | | | | | | |
|-----|-----------------------------|---|---------------------|------------------------------|---------------------|-----|---|
| 1. | Tamila Hryhorivna, HOLUB | F | 116887 99 | Braga | 4:37.57 | 606 | A |
| | 50m: 32.16 32.16 | | 150m: 1:41.68 34.94 | 250m: 2:51.80 35.01 | 350m: 4:03.01 35.61 | | |
| | 100m: 1:06.74 34.58 | | 200m: 2:16.79 35.11 | 300m: 3:27.40 35.60 | 400m: 4:37.57 34.56 | | |
| 2. | Mariana Alexandre, OLIVEIRA | F | 107368 99 | Porto | 4:38.85 | 597 | A |
| | 50m: 33.03 33.03 | | 150m: 1:43.03 34.88 | 250m: 2:53.39 35.31 | 350m: 4:04.74 35.64 | | |
| | 100m: 1:08.15 35.12 | | 200m: 2:18.08 35.05 | 300m: 3:29.10 35.71 | 400m: 4:38.85 34.11 | | |
| 3. | Ana Beatriz La, FERIA | F | 116885 99 | Porto | 4:45.49 | 557 | A |
| | 50m: 33.82 33.82 | | 150m: 1:45.71 36.31 | 250m: 2:58.17 36.35 | 350m: 4:10.37 35.84 | | |
| | 100m: 1:09.40 35.58 | | 200m: 2:21.82 36.11 | 300m: 3:34.53 36.36 | 400m: 4:45.49 35.12 | | |
| 4. | Sofia Castano, BUSON | F | 584285299 | Santa Olaya | 4:48.03 | 542 | A |
| | 50m: 33.30 33.30 | | 150m: 1:45.37 36.51 | 250m: 2:59.01 36.92 | 350m: 4:12.72 36.71 | | |
| | 100m: 1:09.21 35.91 | | 200m: 2:22.09 36.72 | 300m: 3:36.01 37.00 | 400m: 4:48.03 35.31 | | |
| 5. | Viviana Pinto, CUNHA | F | 125474 99 | Famalicao | 4:50.43 | 529 | A |
| | 50m: 33.22 33.22 | | 150m: 1:45.06 36.51 | 250m: 2:58.65 36.78 | 350m: 4:13.64 37.73 | | |
| | 100m: 1:08.55 35.33 | | 200m: 2:21.87 36.81 | 300m: 3:35.91 37.26 | 400m: 4:50.43 36.79 | | |
| 6. | Ana Caetano, OLIVEIRA | F | 118366 99 | Leixoes Sport Clube | 4:50.59 | 528 | A |
| | 50m: 33.41 33.41 | | 150m: 1:46.08 37.09 | 250m: 3:00.58 37.13 | 350m: 4:15.63 37.50 | | |
| | 100m: 1:08.99 35.58 | | 200m: 2:23.45 37.37 | 300m: 3:38.13 37.55 | 400m: 4:50.59 34.96 | | |
| 7. | Ines Maria, NEVES | F | 104492 99 | Porto | 4:52.76 | 516 | A |
| | 50m: 33.25 33.25 | | 150m: 1:45.91 36.69 | 250m: 3:00.59 37.26 | 350m: 4:15.87 37.54 | | |
| | 100m: 1:09.22 35.97 | | 200m: 2:23.33 37.42 | 300m: 3:38.33 37.74 | 400m: 4:52.76 36.89 | | |
| 8. | Ines Maria, PEREIRA | F | 105607 99 | Leixoes Sport Clube | 4:52.92 | 515 | A |
| | 50m: 33.69 33.69 | | 150m: 1:45.93 36.68 | 250m: 2:59.01 36.77 | 350m: 4:14.62 38.17 | | |
| | 100m: 1:09.25 35.56 | | 200m: 2:22.24 36.31 | 300m: 3:36.45 37.44 | 400m: 4:52.92 38.30 | | |
| 9. | Marta Ferreira, ROCHA | F | 110558 99 | Leixoes Sport Clube | 4:54.58 | 507 | R |
| | 50m: 33.26 33.26 | | 150m: 1:47.08 37.35 | 250m: 3:02.27 37.40 | 350m: 4:17.79 37.80 | | |
| | 100m: 1:09.73 36.47 | | 200m: 2:24.87 37.79 | 300m: 3:39.99 37.72 | 400m: 4:54.58 36.79 | | |
| 10. | Carina Rodrigues, MARINHO | F | 111716 99 | Felgueiras | 4:59.65 | 481 | R |
| | 50m: 33.12 33.12 | | 150m: 1:46.89 37.62 | 250m: 3:03.53 38.28 | 350m: 4:21.18 38.97 | | |
| | 100m: 1:09.27 36.15 | | 200m: 2:25.25 38.36 | 300m: 3:42.21 38.68 | 400m: 4:59.65 38.47 | | |
| 11. | Maria Migueis, TEIXEIRA, | F | 107574 99 | Clube Natacao Interior Norte | 5:00.76 | 476 | |
| | 50m: 34.30 34.30 | | 150m: 1:50.16 38.12 | 250m: 3:07.22 38.44 | 350m: 4:24.30 39.22 | | |
| | 100m: 1:12.04 37.74 | | 200m: 2:28.78 38.62 | 300m: 3:45.08 37.86 | 400m: 5:00.76 36.46 | | |
| 12. | Ines Ferreira, LOPES | F | 107956 99 | Leixoes Sport Clube | 5:01.30 | 473 | |
| | 50m: 35.01 35.01 | | 150m: 1:51.03 38.22 | 250m: 3:08.97 38.33 | 350m: 4:26.37 38.81 | | |
| | 100m: 1:12.81 37.80 | | 200m: 2:30.64 39.61 | 300m: 3:47.56 38.59 | 400m: 5:01.30 34.93 | | |
| 13. | Carolina, SOUSA | F | 112244 99 | Ginasio Clube de Vila Real | 5:01.44 | 473 | |
| | 50m: 34.61 34.61 | | 150m: 1:49.96 38.09 | 250m: 3:06.89 38.86 | 350m: 4:24.07 38.75 | | |
| | 100m: 1:11.87 37.26 | | 200m: 2:28.03 38.07 | 300m: 3:45.32 38.43 | 400m: 5:01.44 37.37 | | |
| 14. | Catarina Azevedo, NOBREGA | F | 109833 99 | Ginasio Clube de Vila Real | 5:01.72 | 472 | |
| | 50m: 33.51 33.51 | | 150m: 1:48.44 37.78 | 250m: 3:05.86 38.55 | 350m: 4:24.31 39.05 | | |
| | 100m: 1:10.66 37.15 | | 200m: 2:27.31 38.87 | 300m: 3:45.26 39.40 | 400m: 5:01.72 37.41 | | |
| 15. | Maria Ines, MACHADO | F | 108320 99 | Famalicao | 5:03.20 | 465 | |
| | 50m: 33.38 33.38 | | 150m: 1:47.85 37.92 | 250m: 3:05.37 39.06 | 350m: 4:24.52 39.43 | | |
| | 100m: 1:09.93 36.55 | | 200m: 2:26.31 38.46 | 300m: 3:45.09 39.72 | 400m: 5:03.20 38.68 | | |
| 16. | Catarina vieira, CORREIA | F | 121076 99 | Leixoes Sport Clube | 5:03.49 | 463 | |
| | 50m: 35.44 35.44 | | 150m: 1:53.11 39.38 | 250m: 3:10.08 38.29 | 350m: 4:27.45 38.53 | | |
| | 100m: 1:13.73 38.29 | | 200m: 2:31.79 38.68 | 300m: 3:48.92 38.84 | 400m: 5:03.49 36.04 | | |
| 17. | Tatiana Isabel, CARDOSO | F | 108175 99 | Porto | 5:08.39 | 442 | |
| | 50m: 34.75 34.75 | | 150m: 1:51.94 38.78 | 250m: 3:10.21 39.35 | 350m: 4:29.58 39.97 | | |
| | 100m: 1:13.16 38.41 | | 200m: 2:30.86 38.92 | 300m: 3:49.61 39.40 | 400m: 5:08.39 38.81 | | |

Juniores

| | | | | | | | |
|----|-------------------------------|---|---------------------|---------------------|---------------------|-----|---|
| 1. | Adriana Daniela, CASTRO | F | 104515 97 | Porto | 4:33.76 | 631 | A |
| | 50m: 32.42 32.42 | | 150m: 1:42.00 34.84 | 250m: 2:51.91 34.75 | 350m: 4:01.22 34.77 | | |
| | 100m: 1:07.16 34.74 | | 200m: 2:17.16 35.16 | 300m: 3:26.45 34.54 | 400m: 4:33.76 32.54 | | |
| 2. | Alba Ortiz de Guineia, BASTON | F | 537812797 | Santa Olaya | 4:33.87 | 631 | A |
| | 50m: 32.20 32.20 | | 150m: 1:42.02 35.26 | 250m: 2:51.89 34.72 | 350m: 4:01.00 34.51 | | |
| | 100m: 1:06.76 34.56 | | 200m: 2:17.17 35.15 | 300m: 3:26.49 34.60 | 400m: 4:33.87 32.87 | | |
| 3. | Ana Silva, COSTA | F | 104446 98 | Famalicao | 4:34.54 | 626 | A |
| | 50m: 32.54 32.54 | | 150m: 1:42.13 34.77 | 250m: 2:51.18 34.40 | 350m: 4:00.47 34.54 | | |
| | 100m: 1:07.36 34.82 | | 200m: 2:16.78 34.65 | 300m: 3:25.93 34.75 | 400m: 4:34.54 34.07 | | |
| 4. | Lucia Vergara, SEVILLANO | F | 536776297 | Santa Olaya | 4:39.53 | 593 | A |
| | 50m: 32.45 32.45 | | 150m: 1:42.02 34.99 | 250m: 2:52.53 35.32 | 350m: 4:04.33 35.93 | | |
| | 100m: 1:07.03 34.58 | | 200m: 2:17.21 35.19 | 300m: 3:28.40 35.87 | 400m: 4:39.53 35.20 | | |
| 5. | Maria Carolina, RIBEIRO | F | 106805 98 | Porto | 4:39.57 | 593 | A |
| | 50m: 32.80 32.80 | | 150m: 1:43.11 35.17 | 250m: 2:53.53 34.41 | 350m: 4:04.56 35.66 | | |
| | 100m: 1:07.94 35.14 | | 200m: 2:19.12 36.01 | 300m: 3:28.90 35.37 | 400m: 4:39.57 35.01 | | |
| 6. | Ana Filipa, MARTINS | F | 104438 97 | Felgueiras | 4:41.17 | 583 | A |
| | 50m: 32.35 32.35 | | 150m: 1:42.56 35.24 | 250m: 2:53.92 36.04 | 350m: 4:05.37 36.07 | | |
| | 100m: 1:07.32 34.97 | | 200m: 2:17.88 35.32 | 300m: 3:29.30 35.38 | 400m: 4:41.17 35.80 | | |

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 24593

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03-02-2013 18:47 - Página 2

Prova 7, Femin., 400m Livres, Elimin, Juniores

| Lugar | Nome | Sexo | Licença | Ano | Clube | Tempo Final | FINA | Pts | OBS |
|-------|----------------------------|------|---------------|-----|---------------------------|----------------|---------------|-------|-----|
| 7. | Maria Joao, FERNANDES | F | 102092 | 97 | Vilacondense | 4:42.66 | 574 | | A |
| | 50m: 32.05 32.05 | | 150m: 1:42.46 | | 35.67 250m: 2:54.64 | 35.95 | 350m: 4:07.00 | 36.64 | |
| | 100m: 1:06.79 34.74 | | 200m: 2:18.69 | | 36.23 300m: 3:30.36 | 35.72 | 400m: 4:42.66 | 35.66 | |
| 8. | Paula Alonso, GUTIERREZ | F | 584279297 | | Santa Olaya | 4:42.78 | 573 | | A |
| | 50m: 32.97 32.97 | | 150m: 1:44.84 | | 36.03 250m: 2:56.70 | 35.88 | 350m: 4:08.30 | 35.76 | |
| | 100m: 1:08.81 35.84 | | 200m: 2:20.82 | | 35.98 300m: 3:32.54 | 35.84 | 400m: 4:42.78 | 34.48 | |
| 9. | Catarina Alexandra, JARDIM | F | 104449 | 98 | Famalicão | 4:44.03 | 565 | | R |
| | 50m: 32.83 32.83 | | 150m: 1:44.00 | | 35.82 250m: 2:55.52 | 35.78 | 350m: 4:08.02 | 36.22 | |
| | 100m: 1:08.18 35.35 | | 200m: 2:19.74 | | 35.74 300m: 3:31.80 | 36.28 | 400m: 4:44.03 | 36.01 | |
| 10. | Rute Santos, FERREIRA | F | 103823 | 97 | Porto | 4:44.82 | 561 | | R |
| | 50m: 32.95 32.95 | | 150m: 1:43.62 | | 35.51 250m: 2:55.96 | 35.77 | 350m: 4:08.86 | 36.66 | |
| | 100m: 1:08.11 35.16 | | 200m: 2:20.19 | | 36.57 300m: 3:32.20 | 36.24 | 400m: 4:44.82 | 35.96 | |
| 11. | Mafalda Mendes, MAGALHAES | F | 107706 | 97 | Porto | 4:47.70 | 544 | | |
| | 50m: 32.74 32.74 | | 150m: 1:45.91 | | 36.41 250m: 2:58.86 | 36.27 | 350m: 4:11.96 | 36.58 | |
| | 100m: 1:09.50 36.76 | | 200m: 2:22.59 | | 36.68 300m: 3:35.38 | 36.52 | 400m: 4:47.70 | 35.74 | |
| 12. | Joana Cunha, SOUSA | F | 103054 | 98 | Felgueiras | 4:49.22 | 535 | | |
| | 50m: 33.16 33.16 | | 150m: 1:45.22 | | 36.22 250m: 2:58.53 | 36.76 | 350m: 4:12.93 | 37.35 | |
| | 100m: 1:09.00 35.84 | | 200m: 2:21.77 | | 36.55 300m: 3:35.58 | 37.05 | 400m: 4:49.22 | 36.29 | |
| 13. | Patricia Daniela, MACHADO | F | 107567 | 97 | Braga | 4:50.30 | 529 | | |
| | 50m: 33.06 33.06 | | 150m: 1:45.09 | | 36.12 250m: 2:59.57 | 37.36 | 350m: 4:14.00 | 37.01 | |
| | 100m: 1:08.97 35.91 | | 200m: 2:22.21 | | 37.12 300m: 3:36.99 | 37.42 | 400m: 4:50.30 | 36.30 | |
| 14. | Diana Filipa, PORTELA | F | 105488 | 98 | Vitoria Sport Clube | 4:53.14 | 514 | | |
| | 50m: 33.91 33.91 | | 150m: 1:46.53 | | 36.58 250m: 3:00.70 | 37.65 | 350m: 4:16.67 | 37.69 | |
| | 100m: 1:09.95 36.04 | | 200m: 2:23.05 | | 36.52 300m: 3:38.98 | 38.28 | 400m: 4:53.14 | 36.47 | |
| 15. | Ana Sofia, RAMOS | F | 102593 | 97 | Assoc. Desportiva de Fafe | 4:53.29 | 513 | | |
| | 50m: 33.44 33.44 | | 150m: 1:46.39 | | 36.90 250m: 3:01.31 | 37.56 | 350m: 4:16.58 | 37.82 | |
| | 100m: 1:09.49 36.05 | | 200m: 2:23.75 | | 37.36 300m: 3:38.76 | 37.45 | 400m: 4:53.29 | 36.71 | |
| 16. | Beatriz Neves, CARDOSO | F | 105741 | 98 | Lamas | 4:54.53 | 507 | | |
| | 50m: 32.86 32.86 | | 150m: 1:45.43 | | 36.47 250m: 2:59.98 | 37.43 | 350m: 4:16.45 | 38.37 | |
| | 100m: 1:08.96 36.10 | | 200m: 2:22.55 | | 37.12 300m: 3:38.08 | 38.10 | 400m: 4:54.53 | 38.08 | |
| 17. | Francisca Santos, PEREIRA | F | 102019 | 98 | Porto | 4:57.45 | 492 | | |
| | 50m: 33.61 33.61 | | 150m: 1:46.96 | | 36.94 250m: 3:03.43 | 38.29 | 350m: 4:20.33 | 38.83 | |
| | 100m: 1:10.02 36.41 | | 200m: 2:25.14 | | 38.18 300m: 3:41.50 | 38.07 | 400m: 4:57.45 | 37.12 | |
| 18. | Joana Margarida, SOUSA | F | 104510 | 97 | Valongo | 4:57.62 | 491 | | |
| | 50m: 34.33 34.33 | | 150m: 1:48.49 | | 37.32 250m: 3:03.53 | 37.08 | 350m: 4:20.01 | 38.45 | |
| | 100m: 1:11.17 36.84 | | 200m: 2:26.45 | | 37.96 300m: 3:41.56 | 38.03 | 400m: 4:57.62 | 37.61 | |
| 19. | Lucia Ponton, GONZALEZ | F | 155053898 | | Santa Olaya | 4:57.93 | 490 | | |
| | 50m: 34.29 34.29 | | 150m: 1:49.72 | | 38.03 250m: 3:05.90 | 38.13 | 350m: 4:22.31 | 38.15 | |
| | 100m: 1:11.69 37.40 | | 200m: 2:27.77 | | 38.05 300m: 3:44.16 | 38.26 | 400m: 4:57.93 | 35.62 | |
| 20. | Daniela Ferreira, COSTA | F | 103627 | 97 | Leixões Sport Clube | 4:58.69 | 486 | | |
| | 50m: 34.18 34.18 | | 150m: 1:47.65 | | 37.11 250m: 3:03.07 | 37.84 | 350m: 4:17.93 | 37.33 | |
| | 100m: 1:10.54 36.36 | | 200m: 2:25.23 | | 37.58 300m: 3:40.60 | 37.53 | 400m: 4:58.69 | 40.76 | |
| 21. | Miriam Ferreiro, FERNANDEZ | F | 537787998 | | Santa Olaya | 4:59.88 | 480 | | |
| | 50m: 34.94 34.94 | | 150m: 1:50.76 | | 38.67 250m: 3:06.67 | 38.15 | 350m: 4:23.32 | 38.39 | |
| | 100m: 1:12.09 37.15 | | 200m: 2:28.52 | | 37.76 300m: 3:44.93 | 38.26 | 400m: 4:59.88 | 36.56 | |
| 22. | Ana Beatriz, MEIRELES | F | 110663 | 98 | Assoc. Desportiva de Fafe | 5:00.18 | 479 | | |
| | 50m: 33.65 33.65 | | 150m: 1:47.85 | | 37.58 250m: 3:05.01 | 38.55 | 350m: 4:22.16 | 38.75 | |
| | 100m: 1:10.27 36.62 | | 200m: 2:26.46 | | 38.61 300m: 3:43.41 | 38.40 | 400m: 5:00.18 | 38.02 | |
| 23. | Cristiana Ferreira, SANTOS | F | 108222 | 97 | Valongo | 5:01.86 | 471 | | |
| | 50m: 33.97 33.97 | | 150m: 1:48.86 | | 37.97 250m: 3:05.23 | 38.00 | 350m: 4:23.48 | 39.69 | |
| | 100m: 1:10.89 36.92 | | 200m: 2:27.23 | | 38.37 300m: 3:43.79 | 38.56 | 400m: 5:01.86 | 38.38 | |