

Prova 18  
03-02-2013 - 17:05

Masc., 400m Livres

13 - 18 anos  
Resultados Final

CN Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istambul (TUR)	10-12-2009
CN Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
CN Inf A	4:13.24	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	05-06-2004
CN Juv B	4:03.22	Joao Pedro, GIL	ANAM	Algés	08-07-2012
CN Juv A	3:59.31	Joao Carlos, SANTOS	ANAM	Algés	08-07-2012
CN Jun	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26-06-2004

Infantis B Masc Inf B: 5:17.00 / Infantis A Masc Inf A: 5:07.00 / Juvenis B Masc Juv B: 4:57.00 / Juvenis A Masc Juv A: 4:47.50 /  
Juniores Masc Jun: 4:37.00

Pontos: FINA 2012

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Pts	OBS
<b>Infantis</b>									
<b>Final</b>									
1.	Jose Pedro, FERNANDES	M	111611	99	Braga	<b>4:26.39</b>	509	10	
	50m: 30.20 30.20		150m: 1:37.76		34.04 250m: 2:45.81	34.21	350m: 3:54.50		34.07
	100m: 1:03.72 33.52		200m: 2:11.60		33.84 300m: 3:20.43	34.62	400m: 4:26.39		31.89
2.	Francisco Oliveira, FERREIRA	M	125477	99	Famalição	<b>4:36.53</b>	455	7	
	50m: 30.92 30.92		150m: 1:39.62		34.92 250m: 2:49.89	35.38	350m: 4:01.62		36.22
	100m: 1:04.70 33.78		200m: 2:14.51		34.89 300m: 3:25.40	35.51	400m: 4:36.53		34.91
3.	Nuno Filipe, COSTA	M	102449	99	Gespacos	<b>4:40.15</b>	438	6	
	50m: 31.87 31.87		150m: 1:41.45		35.33 250m: 2:52.96	35.64	350m: 4:05.44		36.07
	100m: 1:06.12 34.25		200m: 2:17.32		35.87 300m: 3:29.37	36.41	400m: 4:40.15		34.71
4.	Nuno Henrique, GUIMARAES	M	119147	99	Valongo	<b>4:45.93</b>	412	5	
	50m: 31.66 31.66		150m: 1:42.27		35.64 250m: 2:55.99	37.11	350m: 4:09.77		36.80
	100m: 1:06.63 34.97		200m: 2:18.88		36.61 300m: 3:32.97	36.98	400m: 4:45.93		36.16
5.	Jose Pedro, FREITAS	M	111446	00	AquaBrito	<b>4:46.47</b>	409	4	
	50m: 31.66 31.94		150m: 1:41.99		35.94 250m: 2:55.39	36.78	350m: 4:10.36		37.37
	100m: 1:06.05 34.11		200m: 2:18.61		36.62 300m: 3:32.99	37.60	400m: 4:46.47		36.11
6.	Joao Silva, COSTA	M	111101	99	CNMaia	<b>4:48.40</b>	401	3	
	50m: 30.22 30.22		150m: 1:43.88		37.15 250m: 2:58.41	37.20	350m: 4:13.38		37.51
	100m: 1:06.73 36.51		200m: 2:21.21		37.33 300m: 3:35.87	37.46	400m: 4:48.40		35.02
7.	Ricardo Andre, PINTO	M	120264	99	Gespacos	<b>4:58.54</b>	362	2	
	50m: 31.78 31.78		150m: 1:45.37		37.60 250m: 3:01.99	38.88	350m: 4:20.06		39.13
	100m: 1:07.77 35.99		200m: 2:23.11		37.74 300m: 3:40.93	38.94	400m: 4:58.54		38.48
8.	Jose Paulo, GOMES	M	108296	99	Felgueiras	<b>4:59.01</b>	360	1	
	50m: 32.40 32.40		150m: 1:46.54		37.83 250m: 3:03.87	38.75	350m: 4:21.53		39.05
	100m: 1:08.71 36.31		200m: 2:25.12		38.58 300m: 3:42.48	38.61	400m: 4:59.01		37.48

**Juvenis**

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Pts	OBS
<b>Final</b>									
1.	Vitor Joao, PEREIRA	M	102545	97	Leixões Sport Clube	<b>4:10.16</b>	615	10	
	50m: 29.43 29.43		150m: 1:33.86		32.68 250m: 2:38.08	31.23	350m: 3:39.74		30.77
	100m: 1:01.18 31.75		200m: 2:06.85		32.99 300m: 3:08.97	30.89	400m: 4:10.16		30.42
2.	Joao Luis, TRAVANCA	M	104716	97	Porto	<b>4:14.90</b>	581	7	
	50m: 29.77 29.77		150m: 1:34.20		32.47 250m: 2:38.44	32.12	350m: 3:43.42		32.53
	100m: 1:01.73 31.96		200m: 2:06.32		32.12 300m: 3:10.89	32.45	400m: 4:14.90		31.48
3.	Ricardo Eduardo, AFONSO	M	105414	97	Braga	<b>4:15.28</b>	579	6	
	50m: 29.30 29.30		150m: 1:33.92		32.76 250m: 2:39.72	32.65	350m: 3:44.80		32.57
	100m: 1:01.16 31.86		200m: 2:07.07		33.15 300m: 3:12.23	32.51	400m: 4:15.28		30.48
4.	Goncalo Miguel, NOGUEIRA	M	104471	98	Porto	<b>4:15.87</b>	575	5	
	50m: 29.09 29.09		150m: 1:33.69		32.61 250m: 2:39.40	32.58	350m: 3:45.32		32.94
	100m: 1:01.08 31.99		200m: 2:06.82		33.13 300m: 3:12.38	32.98	400m: 4:15.87		30.55
5.	Pedro Goncalves, NETO	M	102038	98	Porto	<b>4:20.14</b>	547	4	
	50m: 29.61 29.61		150m: 1:35.35		33.10 250m: 2:42.06	33.41	350m: 3:48.70		33.07
	100m: 1:02.25 32.64		200m: 2:08.65		33.30 300m: 3:15.63	33.57	400m: 4:20.14		31.44
6.	Joao Afonso, PICA0	M	102842	97	Leixões Sport Clube	<b>4:20.35</b>	545	3	
	50m: 30.03 30.03		150m: 1:35.42		33.04 250m: 2:41.82	32.97	350m: 3:48.57		33.29
	100m: 1:02.38 32.35		200m: 2:08.85		33.43 300m: 3:15.28	33.46	400m: 4:20.35		31.78
7.	David Emanuel, MARTINS	M	105429	97	Braga	<b>4:21.97</b>	535	2	
	50m: 30.07 30.07		150m: 1:35.15		32.62 250m: 2:41.84	33.66	350m: 3:50.22		34.12
	100m: 1:02.53 32.46		200m: 2:08.18		33.03 300m: 3:16.10	34.26	400m: 4:21.97		31.75
8.	Diogo Miguel, NELAS	M	105636	97	Braga	<b>4:22.52</b>	532	1	
	50m: 30.01 30.01		150m: 1:35.37		33.19 250m: 2:42.86	33.71	350m: 3:50.25		33.59
	100m: 1:02.18 32.17		200m: 2:09.15		33.78 300m: 3:16.66	33.80	400m: 4:22.52		32.27

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 24593

Registered to Associação de Natacao do Norte de Portugal

03-02-2013 18:48 - Página 1

Prova 18, Masc., 400m Livres, Final

Juniores

Final

1.	Andre Filipe, FARINHA	M	105086	96	Benfica					<b>4:03.14</b>	670	10
	50m: 28.47	28.47	150m: 1:30.67	31.28	250m: 2:32.77	30.88	350m: 3:34.00	30.56				
	100m: 59.39	30.92	200m: 2:01.89	31.22	300m: 3:03.44	30.67	400m: 4:03.14	29.14				
2.	Tiago Manuel, TEIXEIRA	M	102485	96	Vitoria Sport Clube					<b>4:06.27</b>	644	7
	50m: 28.43	28.43	150m: 1:30.55	31.39	250m: 2:32.90	30.89	350m: 3:35.39	31.28				
	100m: 59.16	30.73	200m: 2:02.01	31.46	300m: 3:04.11	31.21	400m: 4:06.27	30.88				
3.	Artur Manuel, FERREIRA	M	101981	95	Porto					<b>4:09.82</b>	617	6
	50m: 28.62	28.62	150m: 1:31.51	31.62	250m: 2:34.98	31.51	350m: 3:38.51	31.96				
	100m: 59.89	31.27	200m: 2:03.47	31.96	300m: 3:06.55	31.57	400m: 4:09.82	31.31				
4.	David Nunes, SOUSA	M	112204	96	Famalicao					<b>4:14.22</b>	586	5
	50m: 28.59	28.59	150m: 1:32.36	32.14	250m: 2:38.09	32.94	350m: 3:44.02	33.01				
	100m: 1:00.22	31.63	200m: 2:05.15	32.79	300m: 3:11.01	32.92	400m: 4:14.22	30.20				
5.	Pedro Veiguiha, MARTINS	M	107233	96	Braga					<b>4:14.82</b>	582	4
	50m: 29.00	29.00	150m: 1:31.21	31.44	250m: 2:35.92	32.53	350m: 3:41.34	32.39				
	100m: 59.77	30.77	200m: 2:03.39	32.18	300m: 3:08.95	33.03	400m: 4:14.82	33.48				
6.	Daniel Rento, LAUREANO	M	103707	95	Leixoes Sport Clube					<b>4:16.20</b>	572	3
	50m: 29.77	29.77	150m: 1:34.68	32.59	250m: 2:39.98	32.77	350m: 3:45.36	32.46				
	100m: 1:02.09	32.32	200m: 2:07.21	32.53	300m: 3:12.90	32.92	400m: 4:16.20	30.84				
7.	Joao Marcelo, GOMES	M	102025	95	Porto					<b>4:22.72</b>	531	2
	50m: 28.93	28.93	150m: 1:33.59	33.09	250m: 2:40.76	33.63	350m: 3:49.39	34.32				
	100m: 1:00.50	31.57	200m: 2:07.13	33.54	300m: 3:15.07	34.31	400m: 4:22.72	33.33				
8.	Bernardo Manuel, VALENTE	M	23497	95	Fluvial Portuense					<b>4:30.03</b>	489	1
	50m: 30.02	30.02	150m: 1:36.91	33.91	250m: 2:45.27	34.04	350m: 3:55.12	35.38				
	100m: 1:03.00	32.98	200m: 2:11.23	34.32	300m: 3:19.74	34.47	400m: 4:30.03	34.91				