

XIII Torneio Cidade de Fafe
Fafe, 18-6-2011

Prova 1
18-06-2011 - 15:30

Masc., 400m Livres

Absolutos
Resultados

Pontos: FINA 2010

Lugar	Ano		Tempo final							Pts
1. Fabio Manuel, PEREIRA	86	Fluvial Vilacondense	4:01.26							685
50m: 28.83 28.83	150m: 1:30.79	31.18	250m: 2:33.43	31.27	350m: 3:33.86	29.21	400m: 4:01.26	27.40		
100m: 59.61 30.78	200m: 2:02.16	31.37	300m: 3:04.65	31.22						
2. Rui Filipe, COSTA	91	Vitória Sport Clube	4:01.95							680
50m: 28.54 28.54	150m: 1:30.88	31.21	250m: 2:33.49	31.53	350m: 3:34.35	29.61	400m: 4:01.95	27.60		
100m: 59.67 31.13	200m: 2:01.96	31.08	300m: 3:04.74	31.25						
3. Ruben Filipe, NUNES	94	Gespacos	4:09.10							623
50m: 28.62 28.62	150m: 1:31.40	31.62	250m: 2:34.59	31.40	350m: 3:37.72	31.57	400m: 4:09.10	31.38		
100m: 59.78 31.16	200m: 2:03.19	31.79	300m: 3:06.15	31.56						
4. Tiago Manuel, TEIXEIRA	96	Fafe	4:15.44							577
50m: 29.60 29.60	150m: 1:33.11	31.48	250m: 2:37.76	32.01	350m: 3:42.03	32.57	400m: 4:15.44	33.41		
100m: 1:01.63 32.03	200m: 2:05.75	32.64	300m: 3:09.46	31.70						
5. Joao Pedro, QUEIJO	93	CNMaia	4:21.63							537
50m: 29.05 29.05	150m: 1:33.43	32.77	250m: 2:40.67	33.60	350m: 3:48.82	34.06	400m: 4:21.63	32.81		
100m: 1:00.66 31.61	200m: 2:07.07	33.64	300m: 3:14.76	34.09						
6. Rui Pedro, FARIA	94	Famalicão	4:22.93							529
50m: 30.21 30.21	150m: 1:36.97	33.62	250m: 2:42.95	31.66	350m: 3:49.58	33.52	400m: 4:22.93	33.35		
100m: 1:03.35 33.14	200m: 2:11.29	34.32	300m: 3:16.06	33.11						
7. Miguel Filipe, PINTO	96	Ginásio Santo Tirso	4:28.64							496
50m: 30.11 30.11	150m: 1:37.82	34.30	250m: 2:47.34	34.41	350m: 3:56.36	34.28	400m: 4:28.64	32.28		
100m: 1:03.52 33.41	200m: 2:12.93	35.11	300m: 3:22.08	34.74						
8. Mauro Filipe, MAIA	96	Fluvial Portuense	4:32.15							477
50m: 31.00 31.00	150m: 1:38.99	34.41	250m: 2:48.32	34.04	350m: 3:58.68	35.05	400m: 4:32.15	33.47		
100m: 1:04.58 33.58	200m: 2:14.28	35.29	300m: 3:23.63	35.31						
9. Ricardo Santos, AGUEDA	96	Valongo	4:36.14							457
50m: 30.44 30.44	150m: 1:39.16	34.68	250m: 2:49.78	35.33	350m: 4:01.35	35.86	400m: 4:36.14	34.79		
100m: 1:04.48 34.04	200m: 2:14.45	35.29	300m: 3:25.49	35.71						
10. Paulo Gabriel, MAGALHAES	96	Fafe	4:47.09							407
50m: 30.45 30.45	150m: 1:39.52	35.08	250m: 2:52.74	37.21	350m: 4:09.35	38.77	400m: 4:47.09	37.74		
100m: 1:04.44 33.99	200m: 2:15.53	36.01	300m: 3:30.58	37.84						
11. Paulo Ricardo, MOREIRA	91	Propaganda da Natacao	4:51.22							390
50m: 30.48 30.48	150m: 1:41.94	36.36	250m: 2:56.42	37.46	350m: 4:12.70	38.52	400m: 4:51.22	38.52		
100m: 1:05.58 35.10	200m: 2:18.96	37.02	300m: 3:34.18	37.76						
12. Joao Paulo, PACHECO	98	Penafiel	5:27.17							275
50m: 34.14 34.14	150m: 1:53.89	40.37	250m: 3:18.89	42.88	350m: 4:45.85	44.12	400m: 5:27.17	41.32		
100m: 1:13.52 39.38	200m: 2:36.01	42.12	300m: 4:01.73	42.84						
13. Jose Murteira, PATRAO	98	Clube Desportivo Feirense	5:59.55							207
50m: 37.83 37.83	150m: 2:07.75	45.62	250m: 3:41.14	47.80	350m: 5:16.08	48.17	400m: 5:59.55	43.47		
100m: 1:22.13 44.30	200m: 2:53.34	45.59	300m: 4:27.91	46.77						
EXH Diogo Rodrigues, LEITAO	98	Fafe	5:00.66							354
50m: 33.71 33.71	150m: 1:48.55	37.50	250m: 3:04.91	38.43	350m: 4:22.51	38.54	400m: 5:00.66	38.15		
100m: 1:11.05 37.34	200m: 2:26.48	37.93	300m: 3:43.97	39.06						
EXH Luan Fermino, PIRES	97	Fafe	5:26.38							277
50m: 34.80 34.80	150m: 1:56.80	41.69	250m: 3:21.82	42.63	350m: 4:46.50	43.25	400m: 5:26.38	39.88		
100m: 1:15.11 40.31	200m: 2:39.19	42.39	300m: 4:03.25	41.43						