

Prova 9 Absolutos  
05-06-2010 - 18:10 Resultados Final  
Femin., 400m Livres  
Águas de Carvalhelhos, S.A.

Recordes Nacionais 50m Open	4:19.89	Ana Feio, ALEGRIA	FPN	Barcelona (ESP)	30-05-1996
Recordes Nacionais 50m Inf B	4:43.70	tempo limite,			
Recordes Nacionais 50m Inf A	4:31.53	tempo limite,			
Recordes Nacionais 50m Juv	4:28.67	tempo limite,			
Recordes Nacionais 50m Jun	4:20.37	Marta Andreia, FERREIRA	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	4:19.89	Ana Feio, ALEGRIA	FPN	Barcelona (ESP)	30-05-1996
MEETREC	4:16.00	Camelia, POTEC	ROU	Porto	26-06-1999

TLP JUN\_SEN FEM 15 +: 4:51.50 / TLP INF\_JUV FEM 12 - 14: 5:02.50

Pontos: FINA 2010

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
<b>Final A</b>								
1.	Rotsztein, EFRAT	F	92		ISR	<b>4:24.57</b>	738	
	50m: 30.30 30.30				150m: 1:36.65 33.25	250m: 2:44.08 33.72	350m: 3:52.08 34.15	400m: 4:24.57 32.49
	100m: 1:03.40 33.10				200m: 2:10.36 33.71	300m: 3:17.93 33.85		
2.	Ana Ribeiro, FERREIRA	F	15634	92	Famalicao	<b>4:25.58</b>	730	
	50m: 31.53 31.53				150m: 1:38.88 33.84	250m: 2:46.45 33.84	350m: 3:53.31 33.30	400m: 4:25.58 32.27
	100m: 1:04.83 33.30				200m: 2:12.61 33.73	300m: 3:20.01 33.56		
3.	Valeria, BARONI	F	92		Lombardia	<b>4:27.66</b>	713	
	50m: 31.73 31.73				150m: 1:38.63 33.84	250m: 2:46.36 33.87	350m: 3:54.20 33.61	400m: 4:27.66 33.46
	100m: 1:04.79 33.06				200m: 2:12.49 33.86	300m: 3:20.59 34.23		
4.	Andreia Catarina, GOMES	F	103701	94	Vitória Sport Clube	<b>4:28.41</b>	707	
	50m: 31.88 31.88				150m: 1:39.74 34.23	250m: 2:48.33 34.71	350m: 3:55.79 33.55	400m: 4:28.41 32.62
	100m: 1:05.51 33.63				200m: 2:13.62 33.88	300m: 3:22.24 33.91		
5.	Joana Aguiar, RODRIGUES	F	15401	93	Porto/Dolce Vita	<b>4:31.24</b>	685	
	50m: 31.48 31.48				150m: 1:39.09 33.95	250m: 2:46.48 33.78	350m: 3:56.32 35.36	400m: 4:31.24 34.92
	100m: 1:05.14 33.66				200m: 2:12.70 33.61	300m: 3:20.96 34.48		
6.	Maria Miguel, VELOSO	F	10879	93	Náutico/Matobra	<b>4:33.76</b>	666	
	50m: 32.55 32.55				150m: 1:41.65 34.58	250m: 2:51.00 34.78	350m: 3:59.98 34.49	400m: 4:33.76 33.78
	100m: 1:07.07 34.52				200m: 2:16.22 34.57	300m: 3:25.49 34.49		
7.	OLIVIA, BRIOT	F	02033020	20054489	Pole Aquitane	<b>4:34.02</b>	664	
	50m: 32.37 32.37				150m: 1:41.08 34.62	250m: 2:50.58 34.47	350m: 4:00.30 34.52	400m: 4:34.02 33.72
	100m: 1:06.46 34.09				200m: 2:16.11 35.03	300m: 3:25.78 35.20		
8.	Joana Filipa, SANTOS	F	24081	93	Vitória Sport Clube	<b>4:36.17</b>	649	
	50m: 31.46 31.46				150m: 1:40.27 34.84	250m: 2:50.43 35.28	350m: 4:01.41 35.69	400m: 4:36.17 34.76
	100m: 1:05.43 33.97				200m: 2:15.15 34.88	300m: 3:25.72 35.29		
<b>Final B</b>								
9.	Diana Margarida, DURAES	F	102992	96	Felgueiras	<b>4:34.38</b>	662	
	50m: 31.37 31.37				150m: 1:40.63 34.99	250m: 2:51.62 35.60	350m: 4:02.15 35.12	400m: 4:34.38 32.23
	100m: 1:05.64 34.27				200m: 2:16.02 35.39	300m: 3:27.03 35.41		
10.	Patricia Garcia, MARINHO	F	23004	94	Sporting Clube de Portugal	<b>4:35.66</b>	652	
	50m: 31.71 31.71				150m: 1:40.80 35.29	250m: 2:51.34 35.45	350m: 4:01.98 35.26	400m: 4:35.66 33.68
	100m: 1:05.51 33.80				200m: 2:15.89 35.09	300m: 3:26.72 35.38		
11.	Angelica Maria, ANDRE	F	15497	94	Leixões Sport Clube	<b>4:35.75</b>	652	
	50m: 31.94 31.94				150m: 1:41.22 35.49	250m: 2:51.77 35.24	350m: 4:02.67 35.32	400m: 4:35.75 33.08
	100m: 1:05.73 33.79				200m: 2:16.53 35.31	300m: 3:27.35 35.58		
12.	Ana Margarida, DOMINGOS	F	13416	93	Ac.Viseu	<b>4:36.83</b>	644	
	50m: 32.30 32.30				150m: 1:42.28 34.98	250m: 2:52.79 34.89	350m: 4:03.04 34.93	400m: 4:36.83 33.79
	100m: 1:07.30 35.00				200m: 2:17.90 35.62	300m: 3:28.11 35.32		
13.	Carolina Cunha, MARTINS	F	10881	95	Náutico/Matobra	<b>4:38.13</b>	635	
	50m: 31.86 31.86				150m: 1:42.26 35.39	250m: 2:52.77 35.08	350m: 4:03.72 35.16	400m: 4:38.13 34.41
	100m: 1:06.87 35.01				200m: 2:17.69 35.43	300m: 3:28.56 35.79		
14.	Alexandra Paiva, OLIVEIRA	F	15139	91	Porto/Dolce Vita	<b>4:38.91</b>	630	
	50m: 31.38 31.38				150m: 1:40.42 35.38	250m: 2:51.32 35.68	350m: 4:02.88 35.69	400m: 4:38.91 36.03
	100m: 1:05.04 33.66				200m: 2:15.64 35.22	300m: 3:27.19 35.87		
15.	Maria Ana, MAGALHAES	F	13039	93	Escola Desportiva Limiana	<b>4:39.10</b>	629	
	50m: 31.23 31.23				150m: 1:40.26 35.26	250m: 2:51.78 35.79	350m: 4:03.70 35.84	400m: 4:39.10 35.40
	100m: 1:05.00 33.77				200m: 2:15.99 35.73	300m: 3:27.86 36.08		
16.	Mafalda Gomes, BELEZA	F	26890	94	Sporting Clube de Portugal	<b>4:46.94</b>	578	
	50m: 32.12 32.12				150m: 1:43.07 35.50	250m: 2:56.14 36.35	350m: 4:10.32 36.95	400m: 4:46.94 36.62
	100m: 1:07.57 35.45				200m: 2:19.79 36.72	300m: 3:33.37 37.23		