

Prova 27	Masc., 400m Livres				Absolutos
06-06-2010 - 10:55	Águas de Carvalhelhos, S.A.				Resultados Elimin
Recordes Nacionais 50m Open	3:52.29	Jorge Manuel, MAIA	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura, OLIVEIRA	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura, OLIVEIRA	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv A	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv B	3:59.38	Gustavo Manuel, SANTA	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun	3:58.26	Ivo Emanuel, CARNEIRO	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel, MAIA	FPN	Málaga (ESP)	05-04-2009
MEETREC	3:55.56	Eugeni, SADOVI	RUS	Porto	27-06-1993

TLP JUN_SEN MASC 17 +: 4:23.00 / TLP INF_JUV MASC 13 - 16: 4:42.50

Pontos: FINA 2010

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Fernando Eurico, COSTA	M	24698	85	Individual Norte de Portugal	4:08.94	690	A
	50m: 28.37 28.37		150m: 1:30.99 1:30.99		31.66 250m: 2:34.85 32.20	350m: 3:37.62 31.65		
	100m: 59.33 30.96		200m: 2:02.65 31.66		300m: 3:05.97 31.12	400m: 4:08.94 31.32		
2.	Jorge Manuel, MAIA	M	23220	89	Famalição	4:11.12	673	A
	50m: 29.38 29.38		150m: 1:33.07 32.03		250m: 2:37.86 32.08	350m: 3:41.41 31.43		
	100m: 1:01.04 31.66		200m: 2:05.78 32.71		300m: 3:09.98 32.12	400m: 4:11.12 29.71		
3.	Federico, VANELLI	M		91	Lombardia	4:11.19	672	A
	50m: 29.17 29.17		150m: 1:32.97 32.15		250m: 2:37.27 32.10	350m: 3:41.35 31.89		
	100m: 1:00.82 31.65		200m: 2:05.17 32.20		300m: 3:09.46 32.19	400m: 4:11.19 29.84		
4.	Rui Filipe, COSTA	M	24004	91	Vitória Sport Clube	4:11.55	669	A
	50m: 29.55 29.55		150m: 1:34.00 32.64		250m: 2:38.42 31.88	350m: 3:41.74 30.75		
	100m: 1:01.36 31.81		200m: 2:06.54 32.54		300m: 3:10.99 32.57	400m: 4:11.55 29.81		
5.	Michal, SPURNY	M		88	VSC MSMT	4:11.58	669	A
	50m: 28.02 28.02		150m: 1:30.49 31.68		250m: 2:34.64 32.21	350m: 3:39.77 32.71		
	100m: 58.81 30.79		200m: 2:02.43 31.94		300m: 3:07.06 32.42	400m: 4:11.58 31.81		
6.	Matteo, MONTANARI	M		89	Lombardia	4:11.69	668	A
	50m: 30.58 30.58		150m: 1:34.31 32.07		250m: 2:38.39 31.88	350m: 3:41.99 31.95		
	100m: 1:02.24 31.66		200m: 2:06.51 32.20		300m: 3:10.04 31.65	400m: 4:11.69 29.70		
7.	Nuno Vieira, MALHEIRO	M	13279	93	Braga	4:13.90	651	A
	50m: 29.48 29.48		150m: 1:34.41 32.52		250m: 2:39.40 31.86	350m: 3:43.43 31.60		
	100m: 1:01.89 32.41		200m: 2:07.54 33.13		300m: 3:11.83 32.43	400m: 4:13.90 30.47		
8.	Ricardo Manuel, MACHADO	M	13278	93	Braga	4:13.92	651	A
	50m: 29.89 29.89		150m: 1:33.76 32.37		250m: 2:38.20 32.46	350m: 3:42.51 32.10		
	100m: 1:01.39 31.50		200m: 2:05.74 31.98		300m: 3:10.41 32.21	400m: 4:13.92 31.41		
9.	Tiago Silva, OLIVEIRA	M	15465	94	Leixões Sport Clube	4:16.87	628	B
	50m: 29.98 29.98		150m: 1:35.11 32.92		250m: 2:40.63 32.51	350m: 3:45.70 32.63		
	100m: 1:02.19 32.21		200m: 2:08.12 33.01		300m: 3:13.07 32.44	400m: 4:16.87 31.17		
10.	Igor, DUPUIS	M		95	D'Ile de France	4:17.18	626	B
	50m: 30.26 30.26		150m: 1:36.52 33.54		250m: 2:42.32 32.42	350m: 3:46.34 31.35		
	100m: 1:02.98 32.72		200m: 2:09.90 33.38		300m: 3:14.99 32.67	400m: 4:17.18 30.84		
11.	Stefano, CONTENTI	M		93	Lombardia	4:17.22	626	B
	50m: 30.29 30.29		150m: 1:35.66 33.08		250m: 2:42.52 32.92	350m: 3:47.71 31.88		
	100m: 1:02.58 32.29		200m: 2:09.60 33.94		300m: 3:15.83 33.31	400m: 4:17.22 29.51		
12.	Marcos Garcia, DEL RIO	M		90	Santa Olaya	4:17.28	625	B
	50m: 29.86 29.86		150m: 1:33.64 32.40		250m: 2:38.84 32.88	350m: 3:45.02 33.23		
	100m: 1:01.24 31.38		200m: 2:05.96 32.32		300m: 3:11.79 32.95	400m: 4:17.28 32.26		
13.	Adrian Vallina, GUERRA	M		93	Santa Olaya	4:19.23	611	B
	50m: 29.61 29.61		150m: 1:35.63 32.92		250m: 2:42.14 32.67	350m: 3:47.79 32.23		
	100m: 1:02.71 33.10		200m: 2:09.47 33.84		300m: 3:15.56 33.42	400m: 4:19.23 31.44		
14.	Miguel Machado, LOPES	M	11467	92	Benedita Sport Club Natação	4:19.56	609	B
	50m: 30.30 30.30		150m: 1:35.49 33.00		250m: 2:41.09 32.82	350m: 3:47.06 33.52		
	100m: 1:02.49 32.19		200m: 2:08.27 32.78		300m: 3:13.54 32.45	400m: 4:19.56 32.50		
15.	Joao Pedro, ALMEIDA	M	24029	92	Porto/Dolce Vita	4:19.65	608	B
	50m: 29.14 29.14		150m: 1:33.54 32.49		250m: 2:39.92 33.38	350m: 3:47.46 33.54		
	100m: 1:01.05 31.91		200m: 2:06.54 33.00		300m: 3:13.92 34.00	400m: 4:19.65 32.19		
16.	Joao Nuno, PIRES	M	10866	94	Náutico/Matobra	4:20.36	603	B
	50m: 29.89 29.89		150m: 1:35.38 32.83		250m: 2:41.49 32.70	350m: 3:47.76 32.64		
	100m: 1:02.55 32.66		200m: 2:08.79 33.41		300m: 3:15.12 33.63	400m: 4:20.36 32.60		
17.	Marcos Garcia, RODRIGUEZ	M		91	Santa Olaya	4:21.22	597	R
	50m: 29.60 29.60		150m: 1:35.34 33.53		250m: 2:42.42 33.86	350m: 3:49.27 33.57		
	100m: 1:01.81 32.21		200m: 2:08.56 33.22		300m: 3:15.70 33.28	400m: 4:21.22 31.95		
18.	Pedro Miguel, MAGANINHO	M	13177	92	Braga	4:21.84	593	R
	50m: 30.00 30.00		150m: 1:35.28 33.39		250m: 2:41.75 33.18	350m: 3:49.27 33.75		
	100m: 1:01.89 31.89		200m: 2:08.57 33.29		300m: 3:15.52 33.77	400m: 4:21.84 32.57		
19.	Nuno Filipe, MAGALHAES	M	102016	94	Porto/Dolce Vita	4:22.89	586	
	50m: 30.29 30.29		150m: 1:36.11 32.99		250m: 2:42.91 32.94	350m: 3:49.49 32.95		
	100m: 1:03.12 32.83		200m: 2:09.97 33.86		300m: 3:16.54 33.63	400m: 4:22.89 33.40		

Associação de Natacao do Norte de Portugal
www.anpp.pt/portomeeting10/

Prova 27, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
20.	Andre Filipe, ALVES <i>FTL</i>	M	24261	92	Vitória Sport Clube	4:24.80	574	
	50m: 29.29 29.29		150m: 1:35.18		33.27	250m: 2:42.46		33.99
	100m: 1:01.91 32.62		200m: 2:09.36		34.18	300m: 3:16.62		34.19
21.	Miguel Polidoro, ALEXANDRE	M	24774	94	Bairro dos Anjos	4:28.00	553	
	50m: 30.45 30.45		150m: 1:37.09		33.85	250m: 2:46.05		34.57
	100m: 1:03.24 32.79		200m: 2:11.23		34.14	300m: 3:20.24		33.19
22.	Joao Nuno, ABREU	M	103432	95	Vitória Sport Clube	4:30.93	535	
	50m: 30.32 30.32		150m: 1:38.70		34.81	250m: 2:47.68		34.33
	100m: 1:03.89 33.57		200m: 2:13.50		34.80	300m: 3:21.95		34.65
23.	Florian, SALAMANCA	M		95	D'Ile de France	4:32.45	527	
	50m: 29.88 29.88		150m: 1:36.79		33.74	250m: 2:46.14		35.24
	100m: 1:03.05 33.17		200m: 2:11.96		35.17	300m: 3:21.87		35.34
24.	Tiago Manuel, TEIXEIRA	M	102485	96	Assoc. Desportiva de Fafe	4:33.31	522	
	50m: 31.03 31.03		150m: 1:41.00		35.74	250m: 2:49.43		34.32
	100m: 1:05.26 34.23		200m: 2:15.64		34.64	300m: 3:24.74		34.25
25.	Cesar Filipe, MAGALHAES	M	15473	95	Felgueiras	4:34.77	513	
	50m: 30.37 30.37		150m: 1:38.69		34.55	250m: 2:48.52		35.35
	100m: 1:04.14 33.77		200m: 2:13.45		34.76	300m: 3:24.27		35.15
26.	Manuel Silva, BARROS	M	12877	94	Braga	4:36.81	502	
	50m: 30.43 30.43		150m: 1:38.87		34.70	250m: 2:49.15		35.48
	100m: 1:04.17 33.74		200m: 2:14.34		35.47	300m: 3:25.40		35.93
27.	Antonio Jorge, ROCHA	M	15322	94	Penafiel	4:37.17	500	
	50m: 29.03 29.03		150m: 1:35.46		33.84	250m: 2:46.65		36.81
	100m: 1:01.62 32.59		200m: 2:10.67		35.21	300m: 3:23.81		36.55
28.	Joao Barbosa, MOREIRA	M	11196	94	Náutico/Matobra	4:37.97	496	
	50m: 30.66 30.66		150m: 1:39.91		35.64	250m: 2:51.81		35.73
	100m: 1:04.27 33.61		200m: 2:15.82		35.91	300m: 3:27.79		34.45
29.	Mohammad Shams, AZAD	M	109652	95	Seleccao dos Acores	4:38.35	494	
	50m: 31.12 31.12		150m: 1:41.26		35.73	250m: 2:52.77		35.64
	100m: 1:05.53 34.41		200m: 2:16.80		35.54	300m: 3:28.89		33.82
30.	Marcelo Jose, PINTO	M	19400	94	Felgueiras	4:40.64	482	
	50m: 31.45 31.45		150m: 1:41.58		35.71	250m: 2:53.06		36.17
	100m: 1:05.87 34.42		200m: 2:17.26		35.68	300m: 3:29.48		34.99
31.	Tiago Miguel, ALVES	M	102773	95	Columbófila/Cantanhedense	4:41.19	479	
	50m: 31.14 31.14		150m: 1:41.13		35.34	250m: 2:52.45		36.26
	100m: 1:05.79 34.65		200m: 2:16.51		35.38	300m: 3:28.61		36.32
32.	Joao Petinga de, ALMEIDA <i>FTL</i>	M	14611	94	Naval da Nazare	4:42.94	470	
	50m: 32.06 32.06		150m: 1:42.28		35.56	250m: 2:54.56		36.43
	100m: 1:06.72 34.66		200m: 2:18.32		36.04	300m: 3:31.29		35.22
33.	Andre Machado, VALE <i>FTL</i>	M	25817	95	Viana NC	4:44.69	461	
	50m: 32.16 32.16		150m: 1:43.60		35.71	250m: 2:56.44		36.33
	100m: 1:07.89 35.73		200m: 2:19.70		36.10	300m: 3:33.21		35.15
34.	Jose Carlos, TEIXEIRA <i>FTL</i>	M	102982	96	Felgueiras	4:46.99	450	
	50m: 32.23 32.23		150m: 1:43.87		36.17	250m: 2:57.62		36.85
	100m: 1:07.70 35.47		200m: 2:20.35		36.48	300m: 3:34.58		35.56
35.	Renato Almeida, DOMINGUES <i>FTL</i>	M	102987	95	Felgueiras	4:55.13	414	
	50m: 31.66 31.66		150m: 1:43.16		36.44	250m: 2:58.87		38.46
	100m: 1:06.72 35.06		200m: 2:21.00		37.84	300m: 3:37.88		38.79