

Prova 17	Femin., 400m Estilos				Absolutos
05-06-2010 - 12:30	Modelo Continente Hipermercados, SA				Resultados
Recordes Nacionais 50m Open	4:50.58	Nadia Morais, VIEIRA	GESL	Coimbra	10-04-2010
Recordes Nacionais 50m Inf B	5:14.05	Filipa Vilas, RUIVO	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	5:11.29	Diana Ramos, ROCHA	EDV	Faro	20-07-2007
Recordes Nacionais 50m Juv	5:01.04	Susana Patricia, MIGUEL	SFUAP	Lisboa	08-07-2004
Recordes Nacionais 50m Jun	4:58.87	Susana Patricia, MIGUEL	FPN	Palma Maiorca (ESP)	06-07-2006
Recordes Nacionais 50m Sen	4:50.58	Nadia Morais, VIEIRA	GESL	Coimbra	10-04-2010
MEETREC	4:47.89	Yana, KLOCHKOVA	UKR	Porto	01-07-1995

TLP ABS_FEM : 5:47.00

Pontos: FINA 2010

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Stina, GARDELL	F	90		SWE	4:52.24	783	
	50m: 30.46 30.46				150m: 1:44.13 38.28	250m: 3:03.56 42.60	350m: 4:20.14 4:20.14	34.96
	100m: 1:05.85 35.39				200m: 2:20.96 36.83	300m: 3:45.18 41.62	400m: 4:52.24	32.10
2.	Susanna, NEGRI	F	90		Lombardia	4:53.25	775	
	50m: 31.81 31.81				150m: 1:46.37 39.40	250m: 3:06.43 42.32	350m: 4:22.08 4:22.08	33.89
	100m: 1:06.97 35.16				200m: 2:24.11 37.74	300m: 3:48.19 41.76	400m: 4:53.25	31.17
3.	Amit, BECHAR	F	90		ISR	5:00.71	719	
	50m: 32.42 32.42				150m: 1:46.47 39.77	250m: 3:09.21 44.24	350m: 4:27.85 4:27.85	35.13
	100m: 1:06.70 34.28				200m: 2:24.97 38.50	300m: 3:52.72 43.51	400m: 5:00.71	32.86
4.	Julie, FOURTIER	F	93		D'Ile de France	5:01.11	716	
	50m: 31.63 31.63				150m: 1:48.53 40.07	250m: 3:11.53 44.27	350m: 4:28.92 4:28.92	33.75
	100m: 1:08.46 36.83				200m: 2:27.26 38.73	300m: 3:55.17 43.64	400m: 5:01.11	32.19
5.	Gloria, MOTTARELLA	F	94		Lombardia	5:07.47	673	
	50m: 32.16 32.16				150m: 1:49.05 40.82	250m: 3:11.67 43.47	350m: 4:32.09 4:32.09	36.26
	100m: 1:08.23 36.07				200m: 2:28.20 39.15	300m: 3:55.83 44.16	400m: 5:07.47	35.38
6.	Patricia Garcia, MARINHO	F	23004	94	Sporting Clube de Portugal	5:09.74	658	
	50m: 32.23 32.23				150m: 1:51.02 41.26	250m: 3:15.29 44.10	350m: 4:35.44 4:35.44	35.23
	100m: 1:09.76 37.53				200m: 2:31.19 40.17	300m: 4:00.21 44.92	400m: 5:09.74	34.30
7.	Diana Margarida, DURAES	F	102992	96	Felgueiras	5:09.80	657	
	50m: 32.61 32.61				150m: 1:50.85 40.90	250m: 3:14.40 44.20	350m: 4:35.19 4:35.19	36.20
	100m: 1:09.95 37.34				200m: 2:30.20 39.35	300m: 3:58.99 44.59	400m: 5:09.80	34.61
8.	Alice, CECCATO	F	95		Lombardia	5:11.71	645	
	50m: 32.90 32.90				150m: 1:50.31 40.23	250m: 3:14.72 45.63	350m: 4:36.79 4:36.79	36.11
	100m: 1:10.08 37.18				200m: 2:29.09 38.78	300m: 4:00.68 45.96	400m: 5:11.71	34.92
9.	Maria Miguel, VELOSO	F	10879	93	Náutico/Matobra	5:11.93	644	
	50m: 33.68 33.68				150m: 1:50.80 41.53	250m: 3:16.97 46.66	350m: 4:38.16 4:38.16	35.24
	100m: 1:09.27 35.59				200m: 2:30.31 39.51	300m: 4:02.92 45.95	400m: 5:11.93	33.77
10.	Samoila Elena, ROXANA	F	5043	88	CSM Brasov	5:13.35	635	
	50m: 31.12 31.12				150m: 1:49.72 41.24	250m: 3:14.20 43.79	350m: 4:37.45 4:37.45	37.57
	100m: 1:08.48 37.36				200m: 2:30.41 40.69	300m: 3:59.88 45.68	400m: 5:13.35	35.90
11.	Catarina Tiago, NUNES	F	100949	95	Uniao Piedense	5:13.64	634	
	50m: 33.32 33.32				150m: 1:54.01 42.24	250m: 3:18.62 43.79	350m: 4:39.22 4:39.22	37.07
	100m: 1:11.77 38.45				200m: 2:34.83 40.82	300m: 4:02.15 43.53	400m: 5:13.64	34.42
12.	Ana Marta, MIRANDA	F	100377	96	Uniao Piedense	5:14.89	626	
	50m: 33.06 33.06				150m: 1:52.54 41.44	250m: 3:16.94 44.38	350m: 4:38.63 4:38.63	36.64
	100m: 1:11.10 38.04				200m: 2:32.56 40.02	300m: 4:01.99 45.05	400m: 5:14.89	36.26
13.	Mara Lisboa e, SILVA	F	10737	93	Bairro dos Anjos	5:15.92	620	
	50m: 33.71 33.71				150m: 1:52.17 40.58	250m: 3:17.93 46.34	350m: 4:41.09 4:41.09	35.70
	100m: 1:11.59 37.88				200m: 2:31.59 39.42	300m: 4:05.39 47.46	400m: 5:15.92	34.83
14.	Angelica Maria, ANDRE	F	15497	94	Leixões Sport Clube	5:22.47	583	
	50m: 33.58 33.58				150m: 1:57.24 43.88	250m: 3:25.10 45.53	350m: 4:47.92 4:47.92	36.48
	100m: 1:13.36 39.78				200m: 2:39.57 42.33	300m: 4:11.44 46.34	400m: 5:22.47	34.55
15.	Adriana Correia, LOPES	F	24491	95	Náutico/Matobra	5:24.10	574	
	50m: 34.72 34.72				150m: 1:55.33 41.49	250m: 3:23.38 47.40	350m: 4:47.60 4:47.60	37.40
	100m: 1:13.84 39.12				200m: 2:35.98 40.65	300m: 4:10.20 46.82	400m: 5:24.10	36.50
16.	LISA, FAUCONNIER	F	240652	96	Le Aquitane	5:32.01	534	
	50m: 36.53 36.53				150m: 2:01.25 42.77	250m: 3:29.57 48.83	350m: 4:55.68 4:55.68	37.99
	100m: 1:18.48 41.95				200m: 2:40.74 39.49	300m: 4:17.69 48.12	400m: 5:32.01	36.33